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ALL THE LONELY PEOPLE

Why loneliness can be more deadly than smoking & alcoholism

EASING THE WAY
Why MPs could be forced to revisit assisted dying

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NEW ZEALAND LISTENER

ISSN 2381-9553: Vol 248, No. 3907. April 4-10, 2015

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SWITZERLAND

Getting it together

The agencies that failed the Roast Busters' victims might look to the Wairarapa to see how to do better in future.

Successive governments have preached the need for agencies to work together on complex social problems. Yet those we should be able to trust to collaborate to keep us safe too often revert to old habits.

The Independent Police Conduct Authority's condemnation of the police investigation into the so-called Roast Busters discloses chronic lack of co-ordination among investigative professionals. They simply did not pool vital information – even after the gang's abuse of young girls became a national public outrage. There are striking parallels here with the bureaucracies that once obstructed efforts to counter domestic violence and child abuse in the Wairarapa, as recounted in the *Listener*'s recent story.

In the Roast Busters case, the schools that first reported concerns about the alleged sexual abuse of under-age girls spoke up swiftly and followed up to try to ensure action, but a subsequent lack of diligence among police and social agencies let the girls down. The police were up against understandable reluctance from some victims, and in some cases their families, to take things further. But there were literally no consequences for the boys, whose identities were not even accurately recorded in official files and who were not issued warnings.

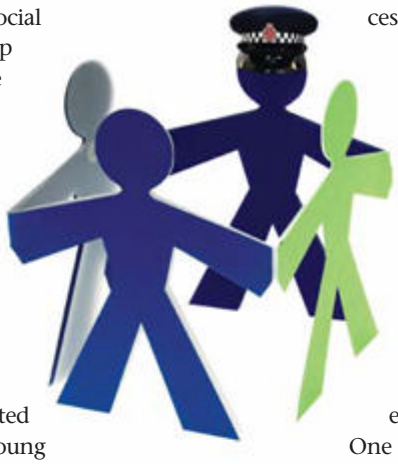
Two boys were interviewed, but the interviews were ill-prepared for and inadequate. Nor did police persist with the investigation to the extent of finding out whether individual cases might be substantiated in court. A specially chilling instance was a young woman's complaint that one of the young men had assaulted her, continuing after she told him to stop. This was witnessed and confirmed to police by three others, two of them Roast Busters members, who said they physically intervened to stop the behaviour. Even then, no action. This leaves the awful likelihood that the boys might have been brought to justice to some extent had the police zeroed in on the evidence available.

The boys' exploits were proudly posted on social media. Yet, alarmingly, some of the girls involved did not seem to see their exploitation as troubling. Female peers of the boys interviewed on television said they still thought them "cool".

As always, parental inattention or neglect was a factor. And we can't overlook the persistent message of popular culture, that early sexualisation of young girls is desirable and status-enhancing.

The IPCA noted that familial influence, the youth of those involved, and the inevitable role of drugs, alcohol and peer pressure meant the case was too complex for the police alone to remediate.

But the flipside to this can be seen in the Wairarapa, where proactive and powerful community efforts following a slew of child murders mean relevant local agencies work together effectively, despite the complex dynamics of abuse. Violence Free Network Wairarapa shows collaboration between 12 agencies, including police, not only is possible, but can also be successful. Domestic violence has fallen as a result of twice-weekly multi-agency meetings at which local knowledge is shared and problems identified.



Crucially, a culture has developed within the Wairarapa police whereby incidents of family violence are treated as matters warranting sustained, long-term focus. Just as crucially, violent men in the Wairarapa can now attend programmes where they can confront their attitudes and behaviour.

The lesson here is that damaging attitudes – in the case of the Roast Busters, their sense of entitlement to sex and lack of empathy for their victims – can be turned around.

One of the disappointments of the IPCA report is that no one seems to have thought beyond the immediate issue to the longer-term possibilities. To that extent the report, like many of its kind, ends in a cul-de-sac.

Tough as the report is, it's hard to accept the IPCA's conclusion that the investigators were simply variously incompetent. There must be something else at play here for such comprehensive failure, for the police are not routinely incompetent.

The answer may lie, immeasurable by the IPCA, in police culture, where perhaps the ethnicity or social standing of those involved influenced the officers. It's fair to ask whether some misapplied notion of productivity – of the kind that invokes such suspicion about road safety policing – adversely affects such investigations.

Yet there was one heartening finding, which whistle-blower Louise Nicholas says shows the police have improved since her rape ordeal: the girls were treated with compassion and courtesy at all stages of the investigation. ▮

Tough as the report is, it's hard to accept the conclusion that the investigators were simply variously incompetent.

GETTY IMAGES/LISTENER ILLUSTRATION

Dying to die

Dr Rob Jonquière's recent visit has contributed to a greater understanding of how the law in the area of assisted dying and end of life choices works in the Netherlands and around the world, from both his personal experience as a doctor and political experience as an advocate ("Live & let die", March 21). He did, however miss one point about the bill that I, with others, drafted for New Zealand legislators when I was an MP.

It does in fact allow for it to be applied to those who have an irreversible mental or physical condition that causes the person unbearable suffering, by their own assessment – not a doctor's or a family member's assessment, but their own. This makes it much more like the Dutch law than Jonquière realised. In conversation with him after the *Listener*'s interview appeared, he acknowledged this point.

My End of Life Choice Bill seeks to decriminalise the assisted dying of anyone with a terminal illness that is likely to end their life within the next 12 months, as well as those whose irreversible condition renders their life unbearable. It would allow those who have been autonomous, self-determining adults all their lives to be autonomous, self-determining adults at their end. No more and no less.

Maryan Street
(Hataitai, Wellington)

Dr Rob Jonquière would love to be able to provide everyone at "a certain age" with a lethal pill that they could take at their convenience when the going gets tough. A gift from the state. No messing around with laws. Imagine the death parties – what a man and what a vision!

David Richmond
(Stonefields, Auckland)

With all due respect, the young and even the middle aged have no idea about how old people feel about life, death and family.

Most offspring would hate the idea of their elders dying. They can't imagine it being painful to get out of bed every morning, the frustration of the body crapping out despite battles to remain fit or genuinely not wanting to be a burden (or to lose independence, the other side of that coin). In this information age, if we have a terminal illness we know in gory detail how horrible death from that illness can be, even with modern medical palliatives.

The great majority of us will not need or want to choose the right to die, but eventually, for a few, pain and disability can accumulate to the point where life may not be worth it. This brings us to the biggest misunderstanding between generations: the young, and the middle aged too, are unable to see that most old people are still perfectly capable of making this type of decision. They confuse bodily weakness and a bit of absent-mindedness with being doolally, and they don't see that the old want the right to be in charge of their own lives, even with some risk attached.

Yes, we should discuss death with our families and break the stiff-upper-lip silence that still predominates here, but we must also have the right to choose if the time comes when our quality of life has dipped too low. We don't make these decisions lightly or quickly.

Lee Pomeroy
(Kilbirnie, Wellington)

Letter of the week

The letter of the week prize is a gardener's delight that includes *Yates Garden Guide*, seeds, fertiliser, weed and pest killers and a watering can.

SCIENCE-LITE DIET

The story about Michael Mosley's 5:2 diet ("The kindest cuts", March 21) is promoted on the *Listener* cover with the words "New research shows …". The article in fact makes only scattered allusions to a few "studies", some of them only prospective, and relies heavily on Mosley's personal dietary experiments.

Meanwhile, Brian Clegg ("The facts of life", March 21) cautions against breathless journalistic hype that has little regard for the true quality of such ephemeral "findings". I would hope Clegg's important book is taken to heart.

Mark Graesser
(Nelson)

There's no question people would lose weight on Michael Mosley's diet. The essential question is: "How long can I keep doing this?" If this rigid fasting regime becomes too much and dieters stop, or the food denial triggers urges to eat unhealthily on non-fasting days, they would regain any lost weight and lose any health benefits.

This is the same question that should be asked about any diet or altered eating programme. Dieting's very high failure rate indicates few people seem to be asking it. Any altered eating programme will not improve health long term until that question is realistically answered.

Jenny Hammond
(Ngaio, Wellington)

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WATCHING THE WATCHERS

We all owe Nicky Hager and Edward Snowden (*Editorial*, March 21) a debt of gratitude for making us aware of the existence of these huge databases of information. The problem is not with extracting relevant portions for security purposes, but with the other potential uses. I'm thinking of those who have a legitimate "need to know" but who are corrupted in some way either for commercial or political gain – for example, they may extract information for a company about a competitor for a major contract.

If such data is obtained by

Caption competition

WINNING CAPTION

Toby Bates, Christchurch

FINALISTS

"The downstream benefits for New Zealand are huge." – Owen McMahon, Auckland

"Woohoo! Thus uz choice!" – Daniel McCourt

"Rapids? What rapids?" – Jessica Matthews, Auckland

THE PRIZE The winner of our weekly caption competition will receive a DVD of *Pride*, about an unlikely alliance between gay activists and striking Welsh miners, described by *Listener* reviewer David Larsen as having "so much heart it's easy to miss the fact it also has a brain". **TO ENTER** Send your captions for the photo above to caption@listener.co.nz, with "Caption Competition No 121" in the subject line. Alternatively, entries can be posted to "Caption Competition No 121", *NZ Listener*, Private Bag 92512, Wellesley St, Auckland 1141, or submitted through listener.co.nz/comps. **Entries must be received by noon, Tuesday, April 14.**

a straightforward user, this would be apparent from analysing computer logs. But there are many other users with system access rights for administration and other purposes. Some would be well placed to modify logs, introduce fake data or extract what they wanted either from the live database or backup copies.

The simple fact that Snowden has large chunks of the database in his possession demonstrates these are no idle fears. It is not only concern about personal freedom or persecution that should worry us but very real criminal and commercial issues.

Perce Harpham
(Lower Hutt)

The *Listener* holds that GCSB's mass of communications data collected from Pacific Island nations could be used "to watch out on their behalf for terrorists or criminals trying to establish a new beachhead". The problem is that no Pacific Island government has given New Zealand permission to hoover up all their communications and Tongan Prime Minister Akilisi Pohiva has expressed his concern.

Such objections will grow now it is revealed that GCSB specifically targeted the communications of the Solomon Islands Prime Minister's chief advisers, the Cabinet secretary and non-government actors such as anti-corruption campaigner Benjamin Afuga.

This follows earlier revelations that GCSB's Five Eyes partners have spied on the private communications of German Chancellor Angela Merkel, Brazil's President Dilma Rousseff and former Indonesian president Susilo Yudhoyono. In each case the leaders responded with justified anger.

Like spying over the generations, the Five Eyes spying is primarily concerned with gaining political and economic intelligence and using it to the advantage of the Five Eyes member states.

You say Nicky Hager can't expect our country to "listen with concern" until he can produce evidence that the GCSB's "political masters are misusing data". The Asian and Pacific leaders targeted by GCSB will not be so complacent about this breach of their privacy, or the manner in which the information obtained is used. The targeted nations don't always see eye to eye with Five Eyes members on political or economic policy and they know the intercepted data could be used against their countries' interests.

As a small country highly dependent on trade and good relations in the Asia-Pacific, being part of this Five Eyes communications dragnet is not in our national interest.

Keith Locke
(Mt Eden, Auckland)

HUNDERTWASSER? REALLY?

If I were to do a painting inspired by a sketch done by Goldie and tried to sell it as a genuine Goldie, I would end up in jail, charged with fraud. Whangarei District Council ("Battle lines", March 28) is proceeding to do just that: promoting the proposed Hundertwasser art centre building as the last genuine design of the Austrian artist.

It's true, the original concept was based on a sketch on the back of an envelope, but it will be designed largely by Austrian architect Heinz Springmann, not by Hundertwasser himself.

The whole concept is diametrically opposed to the specific wishes of Hundertwasser in his famous Mould Manifesto of 1958 and addendum of 1964. He even called it an architectural crime to have an outsider design a building instead of the actual tenants.

Leo Cappel
(Whangarei)

GETTY IMAGES

Quips & Quotes

"A kiss is a lovely trick designed by nature to stop speech when words become superfluous." – *actress Ingrid Bergman*

"Amazon introduced its one-hour delivery service to parts of Miami yesterday. When asked what they want to get delivered so quickly, people in Miami said, 'Are you a cop?'" – *US TV host Jimmy Fallon*

"Sex without love is a meaningless experience, but as far as meaningless experiences go, it's pretty damn good." – *Woody Allen*

"It's not worth doing something unless someone, somewhere, would much rather you weren't doing it." – *Terry Pratchett, quoted in the* Guardian

"If we'd known we were going to be the Beatles, we'd have tried harder." – *George Harrison*

"In three words I can sum up everything I've learnt about life: it goes on." – *poet Robert Frost*

"I am fond of pigs. Dogs look up to us. Cats look down on us. Pigs treat us as equals." – *Sir Winston Churchill*

"Risk! Risk anything! Care no more for the opinions of others, for those voices. Do the hardest thing on earth for you. Act for yourself. Face the truth." – *Katherine Mansfield*

"I have noticed that people who claim everything is predestined, and that we can do nothing to change it, look before they cross the road." – *Stephen Hawking*

CHRIS SLANE

Life in New Zealand

Common signs of dyslexia: Difficulty spelling simple, common wordseg: 'duck' or 'like'
Press, 16/3/15

Residents and ratepayers are invited to attend any of the four community discussion events next week to learn more about what interests them …
Horowhenua Chronicle, 13/3/15

… Smith was rummaging through his blackened draws hoping to find some clothes that weren't too singed. Instead he found a Bible. "It's mostly readable," he said.
Waikato Times, 13/3/15

Relics of the Buddha & other Masters visiting Nelson. Free Event – By Donation.
Guardian Motueka, 11/3/15

Twelve minutes will be cut off the trip between Paengaroa and Bayfair … not 12 metres as stated …
Bay of Plenty Times Weekend, 7/3/15

Police are looking for anyone who has lost skis and boots which have been handed into the station.
Katikati Advertiser, 26/2/15

Fossils expose themselves among the rocks
Farewell Spit Eco Tours brochure

"The car was packed full of clothes and all sorts of stuff you don't get here in Oamaru."
Herald on Sunday, 8/3/15

Mr Noble added that he did not trust the Australians to have fumigated or followed the agreed protocols prior to shipment to New Zealand.
Katikati Advertiser, 26/2/15

LIFE IN NEW ZEALAND: Clippings must describe New Zealand events. The first sender of those accepted will receive a $5 Booksellers voucher. Enclose name, address and source/date of clippings. No correspondence will be entered into. Send to: Life in NZ, Listener, Private Bag 92512, Wellesley St, Auckland 1141. Picture files only can be emailed to: life@listener.co.nz

FLAG WAVING

Your editorial on the New Zealand flag was spot on ("Symbol solution", March 28). I favour the Kyle Lockwood design that was at the top of your illustrated list. I've had one made and fly it regularly. Compelling reasons to change are:

1. The present flag is not distinctively identified with New Zealand.
2. Of 53 Commonwealth countries, only four (other than the UK) include the Union Jack in their national flag.
3. The similarity of the New Zealand and Australian flags confuses many people around the world, including a large proportion of Kiwis.
4. New Zealand is no longer as attached to the UK as when the flag was designed, to the extent that when entering the UK New Zealand passport holders now have to join the Aliens and Others queue.

The silver fern on a black background has had a lot of support but this is fast waning, not helped by associations with Islamic State. Lockwood's design retains both the silver fern and the Southern Cross.

Ken McIntyre
(Half Moon Bay, Auckland)
LETTER OF THE WEEK

You say it's a fact that "our flag is a cringing piece of colonial complaisance", but that can't be allowed to pass. First, it's not a fact; it's your (mistaken) opinion. Second, like millions of my fellow New Zealanders, I am not and never have been embarrassed by our flag.

Don Boswell
(Eastbourne)

It's a shame Hundertwasser's New Zealand flag, which could've settled matters ages ago, seems to have dropped out of the running. Quite unlike any other on the planet, with its clean, green simplicity

10 Quick Questions by GABE ATKINSON

1. Which of these words is the odd one out, and why?
- ❑ *Revolver*
- ❑ *Rotator*
- ❑ *Radar*
- ❑ *Reviver*

2. Which of these men was *not* a member of the 60s Rat Pack?
- ❑ *Frank Sinatra*
- ❑ *Dean Martin*
- ❑ *Paul Newman*
- ❑ *Sammy Davis Jr*

3. Which of these would use tradecraft?
- ❑ *Tinkers*
- ❑ *Tailors*
- ❑ *Soldiers*
- ❑ *Spies*

4. Besides Australia, where can you find wild kangaroos?
- ❑ *New Caledonia*
- ❑ *New Guinea*

5. Who developed vulcanised rubber?
- ❑ *Charles Goodyear*
- ❑ *The Michelin brothers*

6. Chevon is meat from which animal?
- ❑ *Goat*
- ❑ *Donkey*
- ❑ *Horse*
- ❑ *Buffalo*

7. Who wrote the 1955 novel *The Talented Mr Ripley*?
- ❑ *Patricia Highsmith*
- ❑ *Agatha Christie*
- ❑ *Ngaio Marsh*
- ❑ *Ruth Rendell*

8. Which of these is a purely fictional character?
- ❑ *Pocahontas*
- ❑ *Johnny Appleseed*
- ❑ *Daniel Boone*
- ❑ *Paul Bunyan*

9. Which Cold War leader famously said, "We will bury you!"?
- ❑ *Kim Il-sung*
- ❑ *Che Guevara*
- ❑ *Nikita Khrushchev*
- ❑ *Margaret Thatcher*

10. In Maori mythology, who is the god of the sea?
- ❑ *Ranginui*
- ❑ *Rongo*
- ❑ *Tane*
- ❑ *Tangaroa*

Answers on page 64.

and Maori motif, it will always fly at my place, no matter what some overpaid panel chooses. And he gifted it to us. Save all those millions of dollars to spend on our children in need, for goodness' sake.

DL Calder
(New Plymouth)

WHAT'S KILLING THE BIRDS

Fiona McQueen (*Letters*, March 28) infers that the use of 1080 in Fiordland has caused the lack of birdsong in the Routeburn and Hollyford Valleys. I lived in Te Anau in the early 1980s and was similarly shocked at the lack of birdsong in Fiordland National Park, well before the extensive use of 1080. The silence of the birds was because of the predation of stoats and possums.

Bring on the 1080 drops. Until stoats and possums are eliminated, there will be no recovery of the bird population and no dawn chorus.

Kate Mitchell
(Hastings)

RIGHT-ON RALSTON

So is Bill Ralston (*Life*, March 28) just confirming what I'm afraid I've long suspected, which is that Paul Henry and his like being racist, sexist bullies is just a feature of their being right wing?

Ian Jenkins
(Ashburton)

Bill Ralston is spot on with his description of Guyon Espiner and Susie Ferguson's style of reporting as "eviscerating".

How I long for the professionalism of Geoff Robinson, who knew better than to impose his own prejudices on his interviewees. He also had a mellifluous voice that was a pleasure to listen to in the morning.

I'm now waiting for the current presenters to just interview each other as they obviously feel that their personal opinions are very important to us.

Jeanette Forbes
(Christchurch)

Letters to the editor {letters@listener.co.nz}
The Editor, Listener, Private Bag 92512, Wellesley St, Auckland 1141.

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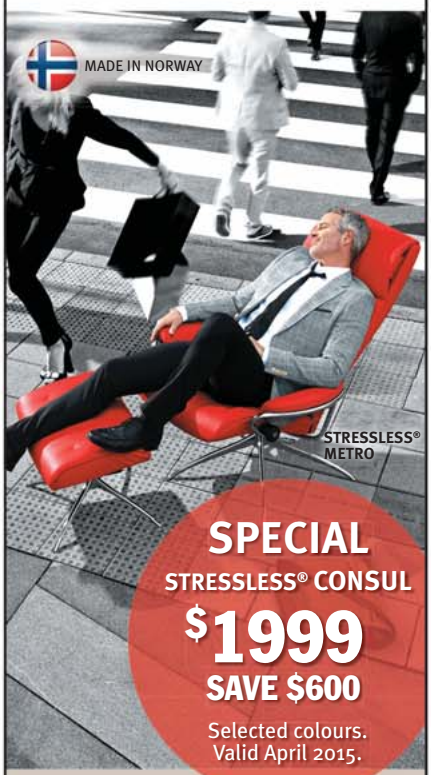

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INVERCARGILL ..... H & J Smith

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BERNARD LAGAN
IN SYDNEY

Twilight zones

The voices lingered in that lifeless air; they revealed that beauty, dreams and spirit lived on in that place.

A government proposal to shut down remote settlements threatens much more than that.

Out west of Alice Springs on the red fringe of the Tanami Desert clings a flimsy, weary hamlet bounded by mulga wood and the ancient, purple folds of a low-rising stone range, Haasts Bluff. It's called Papunya and it's here that 1000 nomadic Aboriginal people – among the very last of the desert wanderers – were settled in the 1960s.

A meandering desert track covers much of the 250km from Alice Springs, its edges littered with beer cans and wrecks the road broke. The corrugated iron roofs of Papunya's shanties flash like signalling mirrors to travellers approaching in the blue heat. Wild, bored kids roam, the houses are crumbling and the white hospital the Whitlam Government built 40 years ago is sinking back into the desert.

When I last travelled that track a decade ago, it was as a newspaperman in search of a story to shock: an epidemic of petrol sniffing – the fumes fry brains and restrict the supply of oxygen to the blood – was taking the minds and lives of children. A white health worker concealed me and the photographer in a freezing hut; he'd be back at dawn to take us to the sniffers stumbling crazily in the half-light, cut-down plastic petrol containers pressed to their faces.

We listened as we waited that night to the noises of the strange, savage place: the mangy dogs, the quarrelsome drunks, the occasional far-off scream. And then, above that barren chaos, rose a pure, magnetic sound. It was a children's choir. The voices lingered in that lifeless air; they revealed that beauty, dreams and spirit lived on in that place. A music teacher could be heard talking gently, encouraging, praising. They sang for hours into the night.

Sleep did not come, not least because of the growing realisation that the petrol sniffers we'd meet at dawn were not the real story here.

This was the place to which curious young social studies teacher Geoffrey Bardon drove a rickety Volkswagen from Sydney in 1970. He studied the shapes and forms the old desert men, now broken and corralled, etched into the sand. He encouraged them to paint and so exploded the desert art movement, a great artistic and spiritual inferno of Aboriginal dot painting that gave luminous expression to the tribes.

The fabled Aboriginal rockers the Warumpi Band also rose out of this humiliated, repressed place in the 1980s, going on to record the first rock song in an Aboriginal language, *Jailanguru Pakarnu (Out from Jail)*, in 1983. They toured the bush. And then Europe.

ALEX GREGORY/THE CARTOON BANK

"Is the light bothering you?"

To know what of the human spirit can glow and rage within the filth, sadness and death of these twilight places is to understand why Australian Prime Minister Tony Abbott seemed to finally lose the inland Aboriginal people recently when he said those who live in remote communities are making "a lifestyle choice".

The Prime Minister was in Perth, lending his support to the Government of Western Australia's intention to shut down up to 150 of the state's 273 remote Aboriginal settlements, claiming – at the end the country's longest-running economic boom – that it can no longer afford to supply them with health care, teachers and other support.

Something much bigger is stirring here: if Western Australia succeeds in shuttering its small Aboriginal settlements, other states, facing similar cost pressures, will surely be emboldened to follow.

There is only one place left for those forced out. They will end up in fresh hovels on the outskirts of larger inland towns – the new fringe dwellers, sleeping in river beds and parks, deadened by booze. The eruption out of that immense desert of glowing, arresting art and rock music that told Aboriginal stories will be only a memory. ▮

New Zealander Bernard Lagan is the Australian correspondent for the Times, *London.*

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TOBY MANHIRE

Call of the wild ones

The same liberal types who "take Walmart and McDonald's to task" flock to SXSW uncritically.

It's hard to never fall foul of the internet's namers and shamers.

In parts of the internet, "calling out" is as commonplace as pictures of kittens. "Call-out culture refers to the tendency among progressives, radicals, activists, and community organisers to publicly name instances or patterns of oppressive behaviour and language use by others," explains **Asam Ahmad** in Canadian magazine *Briarpatch*. "People can be called out for statements and actions that are sexist, racist, ableist, and the list goes on."

Too often, in forums such as Twitter or Facebook, this "particular armchair and academic brand of activism" entails a "public performance where people can demonstrate their wit or how pure their politics are", writes Ahmad. It can become "easy to forget that the individual we are calling out is a human being".

He even detects "a mild totalitarian undercurrent not just in call-out culture but also in how progressive communities police and define the bounds of who's in and who's out. More often than not, this boundary is constructed through the use of appropriate language and terminology – a language and terminology that are forever shifting and almost impossible to keep up with. In such a context, it is impossible not to fail at least some of the time."

bit.ly/NZLcallout

✚ "It is a campaign regarded as a heroic war of defence by Turks, but a catastrophe for Australians and New Zealanders," notes Istanbul-based *Sabah*. One hundred years after the Battle of Gallipoli – known in Turkey as the Battle of Çanakkale – "commemorations demonstrate how the wounds of war can heal into friendships, as people from each side mourn together for a common purpose", says the paper. In another Turkish daily, *Hürriyet*, columnist **Yusuf Kanli** commends visitors to the World War I battleground for helping to "convert a huge disaster for all into a joint commemoration, a source of binding friendship". He writes: "If not for the great efforts of the Australians and New Zealanders who travel to Gallipoli by the tens of thousands every year to respect their fallen heroes, forcing the Gallipoli cemeteries to turn into some sort of 'nationhood pilgrimage', Turks would not have begun to pressure their governments to take care of the Turkish cemeteries, convert the battlegrounds of the Gallipoli Campaign into a national park and make the region easily accessible."

bit.ly/NZLgallipoli
bit.ly/NZLgallipoli2

Kiwis in Gallipoli: wounds healed into friendship.

GETTY IMAGES

✚ South by Southwest, the annual festival of music and interactive technology in Austin, Texas, is "a shell of what it was originally about", writes **Kyle Kramer** at the music site Noisey. The accepted wisdom: "It's overrun with brands grasping at any desperate measure to make people care about them, it's not about the music any more and, worst of all, it's not even cool." Well, obviously, he adds – and the only way to enjoy it is by "giving in completely to the corporatised absurdity". His appraisal, after boarding the hospitality gravy train (or plane, in fact): "SXSW is awesome."

Writing in the *Week*, **Emily L Hauser** finds the corporatised nature of the event deeply unawesome. SXSW had become not just "a corporate behemoth", but "a huge, exploitative scam". Organisers reap profits, argues Hauser, "on the backs of thousands of artists and volunteers who are in every meaningful sense unpaid". The same liberal types who "take Walmart and McDonald's to task for their labour practices" flock to SXSW uncritically, she argues. "Workers everywhere deserve fair recompense – a living wage, common decency, respect. Yet we seem oddly okay with the notion that creative work doesn't deserve similar consideration."

bit.ly/NZLsxsw
bit.ly/NZLsxsw2

✚ Meanwhile, having browsed the South by Southwest programme, Yahoo! technology editor **Jason Gilbert** is drawn to respond with "A Poem Composed Entirely of SXSW Panel Titles". The full work runs to 11 stanzas, but here's a taste: "Changing the Human Experience with Mobile Location/Using Consumer Goods for Cultural Transformation/From Digital Sharecropping to Data Emancipation/From Alien to Alien: Isolation./Content First: Practical Joke or Ideal Jump-start? Connected Health: Being Social Helps Your Heart/Smart vs Smart-Ass: A Brief History of Smart/Humans Are Predictable: Exploit It in Eight Charts."

bit.ly/NZLsxswpoem

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DIANA WICHTEL

Daters gon' date

"She looks like a girl who would love a good kayak."

So much nail polish, so little dignity – the claws are out for the bachelor.

As Jane Austen might have observed had she lived in our enlightened times, a single man in possession of a Paleo food company and a set of ripped abs must be in want of a wife.

One man and an all-day buffet of women: *The Bachelor NZ* is a very simple, slightly Palaeolithic sort of set-up. Nevertheless, host Mike Puru is on hand to over-explain lest any of the participants imagine they're there to sing badly or build a luxury master en suite. The contestants, he declares, "are motivated by one desire and one desire only! To win the affection of the bachelor!"

Arthur seems a nice enough chap. He's apparently a model when he isn't running CleanPaleo, selling the sort of food cavemen would have eaten. Who knew Stone Age man found the time to concoct gluten-free, grain-free, dairy-free cereal?

On the CleanPaleo Facebook page, along with ominous articles – "Even your fruit salad is not what it seems," threatens one – there's evidence of something even more worrying: the Paleo sense of humour. See the photo showing a wardrobe footwear holder filled with lollies. "Life hack," reads the caption. "Use your shoe organiser to hold your candy after the diabetes takes your feet." Lol.

Back at the "mansion of love", a bunch of women in too-tight frocks are at each other's throats as they vie for Arthur's approval. It's like a vintage episode of *Dynasty*.

To counter any sense that these women are being exploited in any way, the show tends to cast Arthur as an antelope harmlessly grazing on the savannah while a pack of over-groomed carnivores circle. Somehow still in the running is Kristie, despite thinking it was a winning tactical move to bark, "Arthur! My glass is empty!" He filled her glass. The only natural predators these ladies have are the battalions of crack journalists who have been assigned to trawl through their backstories hoping for drink-driving convictions.

The contestants may spend their days sitting companionably enough in the garden giving themselves manicures – after this series can peak nail varnish be far off? But forget the sisterhood. It's every bachelorette for herself.

"Chrystal kept flirting, which made me want to vomit," shared Danielle, who in *Dynasty* terms is Linda Evans to Chrystal's Joan Collins. "If I'm out swimming and there's a shark, I don't need to be faster than the shark, I just need to be faster than you," purred Chrystal, in case her housemates were in any doubt about her commitment to the Darwinian dynamics of reality show romance.

It was left to Rosie – "She's crazy!" – to disrupt the first purge of the mansion of love by dumping Arthur before he had a chance to dump her. Rosie was the real estate agent who, in her spare time, enjoys being shot at in the Middle East. "I'd like to go out with a sniper, possibly," she mused. She was initially impressed with the bachelor's physique – "I want tall babies" – but Arthur's idea of living dangerously involves eating refined carbohydrates. Their love was not to be. Rosie left the mansion. Oh dear. Never mind. More for everyone else.

You can tell yoga instructor Poppy doesn't really stand a chance among this lot, though she's dead keen. "I'm off like a rat up a drain!" she confessed, when the bachelor issued a summons. But the most romantic thing he's said about her so far is "She looks like a girl who would love a good kayak".

Still, if she fails to get one of those crappy roses, Poppy will walk away with her head held high, having achieved stardom beyond most contestants' wildest dreams. Her rebellious bodily functions, resistant to any ritualised reality show narrative, made headlines in the *New York Post* after she farted on her first date. My giddy aunt. Top that, Chrystal. ▮

THE BACHELOR NZ, TV3, Tuesdays and Wednesdays, 7.30pm.

TV3

From left: Rosie, Arthur, Chrystal and Poppy.

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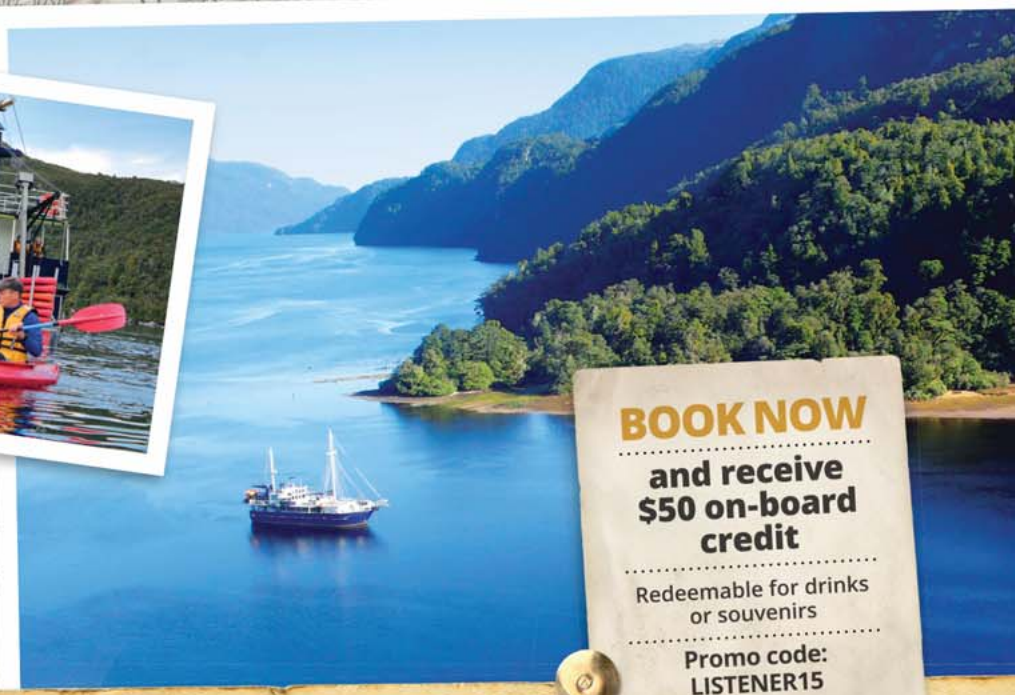

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real JOURNEYS

TIM MOBILISES THE TROOPS

Invercargill is hoping to help pay for a museum in honour of Le Quesnoy's Kiwi liberators, says Mayor Tim Shadbolt. by SALLY BLUNDELL

They came from "the Uttermost Ends of the Earth", the New Zealand soldiers who succeeded in liberating the small French village of Le Quesnoy on November 4, 1918, and today are commemorated on a plaque in the historic walled town.

Now the southern city most deserving of that description is backing moves for a permanent museum dedicated to the actions of the 3rd (Rifle) Brigade that day and the efforts of all New Zealanders who served in two world wars.

"With all the commemorations of World War I, it seems an opportunity to do something very special and that seems to be a town we should be focussing on," says Invercargill Mayor Tim Shadbolt. "I've been up the Somme valley and what upset me was trying to find the New Zealand war graves. There were Irish, Canadian – everyone else had a big sign, but I had to ask people in France [where the New Zealand graves were], which is always a tricky manoeuvre."

He finally found the New Zealand memorial at the Caterpillar Valley Cemetery in Longueval – "a little town off beaten track".

The Le Quesnoy council has already offered New Zealand a large stately 19th-century building on a 10,600sq m piece of land close to the town centre for the venture, at an affordable and – says Herb Farrant, secretary of the New Zealand Memorial Museum Trust behind the scheme to establish a permanent museum there – negotiable $2.1 million. A further $9 million would be required for refurbishment and fitting out, but he says the sale of nine existing residential buildings on the site would more than cover the cost of the land.

A relatively cheap venture, says Shadbolt, to honour a purely New Zealand victory and those who died in the war. He says a local museum reserve fund of $3 million, currently on hold as Invercargill contends with the burgeoning cost of rebuilding the city's stadium, could be used as a loan or seed grant.

"There are so many options to raise what seems like such a small amount of finance for such a memorable occasion. It's worth celebrating – and [Le Quesnoy] is the only place where they're celebrating us. It should be a pilgrimage – more so than Gallipoli, which was an absolute tragedy, whereas this was such a military victory."

For Shadbolt, there is also a mayoral link. During World War I, the building on offer, currently in use as the gendarmerie, was the residence of Le Quesnoy Mayor Achille Carlier, later accused by the Germans of hiding wounded French and British troops and siphoning food from the occupying force.

"When the Germans came in [to Le Quesnoy], they requisitioned all the food supplies – took over bakeries and butcheries and ignored the population of about 3000," says Farrant. "Achille Carlier arranged for bakers to do things on the side without the Germans knowing."

ARCHIVES NEW ZEALAND

"I've been up the Somme valley and what upset me was trying to find the New Zealand war graves."

SOUTHLAND'S MANY FALLEN

Southland paid a heavy price in the war. In 1914, a volunteer force of 227 infantry and 160 mounted riflemen and horses left for the Front. Over the following four years, this figure rose to just over 5000.

Clockwise from left: the liberation of Le Quesnoy; the building offered as a museum; Southland Boys' High, which lost 98 pupils in WWI; Mike Pettit; Le Quesnoy Mayor Marie-Sophie Lesne; Tim Shadbolt.

The Southland contingent served as part of the Otago Infantry Regiment, known as the Unlucky Otagos for their involvement in some of the bloodiest battles of the war and for suffering more casualties than any other regiments in Messines, Passchendaele and the final March to Victory of 1918. "In line with rest of country, about 18% were killed and 40% wounded," says Southland military historian Aaron Fox.

Of the 430 young men from Invercargill who went to fight, 98 did not return. Southland Boys' High School lost almost an entire school roll. At the outbreak of World War I, the school had 118 pupils. By the end of the war, 103 former pupils had died in combat.

On September 28 last year, almost 400 Southlanders boarded a train from Invercargill to Dunedin on a sell-out pilgrimage retracing the steps of soldiers heading to World War I from Port Chalmers 100 years previously.

This legacy is also inscribed in the region's landscape. "We are full of war memorials," says Fox. "Over 400 memorials and other structures, mainly from World War I – everything from school halls to horse troughs."

The vast majority of those commemorated were killed or wounded on the Western Front. "Everyone focuses on Gallipoli but we don't understand that the big battles where [many] relatives served or were wounded or killed occurred later in the war," says Fox. "Most of the people I talk to had relatives at Passchendaele in 1917 – few had relatives at Gallipoli – but people can't necessarily spell Passchendaele, let alone find it on the map."

FRANCE IS WHERE THE ACTION WAS

Despite the fixation with Gallipoli, he says our World War I imagery is concentrated on France. "What is on our collective consciousness is that imagery of a blasted landscape, waterlogged land and mass destruction – that's Passchendaele.

"But while we celebrate Katherine Mansfield at Menton, we don't know how to celebrate or commemorate the First World War by letting people experience a legacy – and the legacy we left at Le Quesnoy is intact."

Shadbolt has some persuading to do. The *Southland Times* awarded the Mayor "full marks for fearlessness" but described the project as "un idée horrible". But the Mayor is confident other councils will back the plan. He has raised the subject with Local Government New Zealand to see what support can be found on a national level.

"So they will be considering it. Even if it is just seen as a loan from our museum and we'll fund-raise with other councils to get it going. The main thing is to buy the building as quickly as we can so the deal is done."

Cambridge, Le Quesnoy's sister city, is already behind the project. Mike Pettit, chairman of the Cambridge Community Board of the Waipa District Council, says the board will be putting in a submission for funding for the museum to the council's long-term plan. ▮

Donations can be made to the Le Quesnoy project through the NZ Memorial Museum Trust website: www.nzmemorialmuseum.co.nz. See previous story at tinyurl.com/NZLQuesnoy.

NEWSPIX

All the LONELY PEOPLE

Everyone experiences loneliness, but as you get older it can be more difficult to stave off, with potentially devastating consequences. by SALLY BLUNDELL

He was still in his pyjamas. While others in Ward 17 were dressed, waiting for their discharge papers, the elderly man in the tartan dressing gown had another night in hospital. He was in no hurry, he said. He lived alone. His daughter lived 40 minutes' drive away and visited only once a fortnight. At least in hospital there was someone to talk to.

"In our globalised world, that man is reasonably representative of the older population in New Zealand," says Age Concern NZ chief executive Robyn Scott. "Post the global financial crisis, we've become very concerned with vulnerable families and at-risk youth, but outside of dementia care, older people have gone off everybody's radar. But loneliness is an important issue for older people. The tipping point seems to be around the 80 mark – that's when people tend to become even more lonely or less able to do the things they were able to do before."

Everyone experiences loneliness. According to the 2010 General Social Survey, the most vulnerable to that pang of perceived social or emotional isolation are young adults aged 15-29 years. But behind the drawn curtains, in the glow of the TV, in a crowded rest home or a single-person house, a large number of older New Zealanders are feeling acutely socially, emotionally and/or physically alone.

The New Zealand Longitudinal Study of Ageing (NZLSA) reports that 41% of 50- to 84-year-olds are moderately lonely. Of these 10% – about 50,000 people – report being severely or very severely lonely. These findings match those from overseas. In the UK, about 10% of the population over 65 – over 900,000 people – is lonely all or most of the time. Nearly 20% of those living alone have no human contact on a typical day.

Why such figures? Those spoken to for this story point to increasing longevity, dispersed families and a general decline in inter-generational living. Others talk of a pervasive culture of possessive individualism, a myopic focus on youth. Others again blame high fences, rough footpaths, the demise of the corner dairy.

Although new subdivisions on the edges of Auckland and Christchurch are appearing fully equipped with family-friendly parks and playgrounds, what has fallen off the plans is the community centre, the convenient bus stop and the local shop where you might chat to the owner.

"I help this old fellow cross the road because he goes to the same dairy every Saturday morning," says Stephen Neville, from Massey University's School of Nursing. "That would be his only social contact for the day."

And many neighbourhoods, says Scott, are almost empty during the day. "So the traditional opportunities where people might have interacted in the past – at the letter box or the washing line, queuing up at the Post Office – don't exist any more."

PERNICIOUS COCKTAIL OF RISK

In a spacious and spotlessly clean brick house in suburban Christchurch, Peggy Garnett, 87, is bright, chatty. The lawn is mowed, the garden tended, the delicate tea set used for bridge games long past carefully laid out on a tray.

"When I used to garden, I'd see people, but I don't work in the garden any more. I sit here, read the paper, do the dishes. I do watch a lot of TV."

She has her routine: daily phone calls with her sister, grocery shopping on Wednesday ("I feel people are friendly"), the Probus club once a month, a fortnightly trip in the Age Concern van to a cafe or garden centre.

But many of her neighbours have gone. Friends – four last year – have died. Her nieces and nephews take her out, "but they have their own lives". Standing around is difficult, the step to her back door is a challenge.

"The last two winters I found a bit lonely. Getting around is hard and I don't want another fall. But you have to keep making the effort. Everybody feels lonely sometimes, but you have to do something."

No one is immune to loneliness, but old age tends to bring a pernicious cocktail of risk factors. According to Age UK, older people are more likely to experience

"People who are in hardship report being more lonely than people who are well off."

GETTY IMAGES/LISTENER ILLUSTRATION

Loneliness can be a killer

No one is immune to that hollow ache of loneliness. Regardless of age, gender, ethnicity or marital status, it is a hurdle we all, at some stage in our lives, have to recognise and surmount. But recent research at Brigham Young University in Utah suggests that a pervasive perception of loneliness – as opposed to actual isolation – does affect physical health.

Based on 70 studies undertaken between 1980 and 2014, the researchers found that the effects on health of loneliness and social isolation are as great or greater than those of obesity and should be regarded as a serious threat.

Loneliness or **living alone seem to be particularly bad for adults under the age of 65, presumably because, research suggests, solitary middle-aged adults are more likely to engage in risky behaviours and are less likely to seek medical treatment.** According to study authors Julianne Holt-Lunstad and Tim Smith, affluent nations have the highest rates of individuals living alone, and as this number increases, social isolation will reach epidemic proportions in the next two decades.

Previous research by Holt-Lunstad and Smith put the heightened risk of mortality from loneliness at the same level as smoking 15 cigarettes a day and being an alcoholic. This more recent study suggests that not only is the risk of mortality in the same category as these well-known risk factors, but it also surpasses health risks associated with obesity.

Peggy Garnett at her Christchurch home; right, Grace Dunstan on New Brighton Beach.

loneliness if they are over 80, live alone, belong to an ethnic minority, are gay, lesbian, bisexual or transgender, or have poorer health than expected and/or a disability.

Men report higher rates of loneliness than women – as Scott says, women tend to have wider social networks than men – and Pacific and Asian people tend to be lonelier than other ethnic groups.

Income also makes a difference. "People in severest hardship or even people who are relatively comfortably off report being more lonely than people who are well off," says Massey University psychology professor Fiona Alpass. "If you are poor, you have fewer resources to get out or have a computer to contact your family."

For many, loneliness is triggered by key events: the death of a spouse, the loss of a driver's licence, a neighbourhood scare, even a fall.

"There are all the [physical] implications to do with that fall," says Age Concern Canterbury chief executive Simon Templeton. "But then there is often a loss of confidence, which means not going out so much. That can be a slippery slope."

There is also the sudden change of location. In Christchurch, many people had to change suburbs following the earthquake. "So people were having to move away from their social connections, their church, the dairy down the road where they bought bread and milk every day."

Three years ago, in the wake of the Christchurch earthquake of 2011, the South Shore Residents Association surveyed 500 local households to gauge their needs. More important than water and insurance advice, says chairman Bill Simpson, was the loss of

MARTIN HUNTER

"bumping into" places.

"Almost all were feeling isolated. We used to have a neighbourhood pub, the fish and chip shop, a cafe – they've gone. There's no school, no church. [Local residents] are not on Facebook or Twitter."

The association established a drop-in facility for coffee, a chat, a weekly game of mah-jong. On a Wednesday morning, there are volunteers from Red Cross; a depression support worker offers confidential advice. For the three women relaxing over a cup of tea, it's about strengthening roots, feeling safe, re-establishing a sense of community.

For others, the response to old age or simply retirement is to leave altogether – to a new life by the sea, a new city close to children, a new home in a new subdivision. A move, says Alpass, that some later regret. "You finally get somewhere and there is not the support as you age and people are quite mobile with their work. You might go there at 65, but when you are 75, who will be looking after you?"

For older migrants this sense of alienation is even more acute.

"Often children think it is the best thing to do," says Templeton. "Dad has died, let's bring Mum over so she won't be sad and lonely. So they move her over here. They're busy at work, she's in a country where she doesn't speak the language, has no friends."

"Scammers abuse them, scare them or groom them. Dating romance scams offering online friendship are a real shocker."

In his work with older Chinese migrants, Auckland psychiatrist Dr Sai Wong describes a debilitating combination of loss of friends, loss of language and loss of culture. "People are proud of their culture in their home of origin. They come here and find it is not the same; they have nothing to hang on to. But they are ashamed to say they are lonely; they are worried people will blame their children."

AS DAMAGING TO HEALTH AS SMOKING

Investing in social opportunities for older people cannot be dismissed as a "nice to have", says Alpass. "What we see from health outcomes [is that] services to ameliorate issues around loneliness are critical to keep people out of hospitals and GP surgeries – the more expensive end of dealing with older people."

According to Age UK, loneliness in old age is as damaging to health as smoking 15

cigarettes a day and twice as damaging as obesity. High blood pressure, cardiovascular disease, cognitive decline and anxiety all become more prevalent when social connections fall away. The lonely are more at risk of drinking too much, smoking, overeating, gambling (older women in particular are gambling in increasing numbers) and being depressed. Ministry of Health figures show an extraordinary 15-20% of people over 65 are affected by depression.

It's a challenge on all fronts. Older people may find it difficult to talk about emotions, particularly if they have grown up with the social stigma attached to mental illness or are worried how such a diagnosis may affect their independence. And family members, even GPs, may assume that downheartedness or general crankiness is an inevitable part of ageing.

"Older people do seek help," says University of Auckland psychiatry lecturer Gary Cheung. "They go to their GP, but they don't necessarily talk about their feelings." In analysing 200 suicide cases among those over-65, he found 70% had seen a GP within a month of their death.

Loneliness in old age is as damaging to health as smoking 15 cigarettes a day and twice as damaging as obesity.

VICTOR CARTER

Provisional suicide figures for the year to June 2014 from the Chief Coroner's office show that 29 people aged 80 or over took their lives. Of these, 24 were men, the highest rate per 100,000 population of any other age group in New Zealand.

In his study, Cheung found three main predictors: depression, self-reported health problems and perceived loneliness. Personality plays a factor, as does community and family support, but he says there is a clear need for a specific strategy for older people, including stronger screening and treatment of depression in primary care.

Any strategy to reduce social isolation will also have a cost benefit. Those struggling with loneliness clock up more doctor visits and more days in hospital. In the UK, at least one in 10 visits by older people to their GP appears to be motivated by social isolation. Emergency services report that elderly people may call just to have someone to talk to.

Lonely older people are also more vulnerable to scams, losing anything up to a reported $850,000 to callers offering prizes, money and friendship by phone, mail, computer or door-to-door encounters. "Scammers are cold-calling, ringing up, becoming friends, making all sorts of promises," says BNZ security and fraud coordinator Bronwyn Groot.

The problem is not naivety but loneliness, she says. Older victims are vulnerable because they are isolated. "And scammers know that. They abuse them, scare them or groom them. Dating romance scams offering online friendship are a real shocker."

Groot takes her Scam-Savvy presentation to community groups across the country. "I say it's okay to hang up the phone, delete emails, say no to someone at the door. People have to be suspicious. I recommend people stop and wait, ring someone before they go ahead with it."

And if they have been sucked in, speak up. "Often they're ashamed. They're scared of what their family might think or that their kids might take their chequebook or force power of attorney. And that is very worrying."

REST HOMES NO PANACEA

Last year Peggy Garnett went to see a

Clockwise from far left: BNZ security and fraud co-ordinator Bronwyn Groot; Age Concern NZ CEO Robyn Scott; Age Concern Canterbury CEO Simon Templeton; Massey University psychology professor Fiona Alpass.

two-room apartment in a retirement village. "I was a wee bit down and lonely and thought it would be lovely but I don't think I want to leave my home. I love my home. I have all my bits and pieces that I've had all my life. It's nice to stay with your memories."

Her curiosity is not unusual. Loneliness has been found to almost double the likelihood of an older person entering residential care.

But rest homes are not a panacea for loneliness. Although there is more opportunity for social contact, says Alpass, if you lack mobility or resources, "it's going to be harder for you to make social contacts".

The Mental Health Foundation in the UK claims that depression affects one in five older people living in the community and two in five living in care homes. "People have this idea they will go into residential care and they'll be with all of these people and not be lonely," says Templeton. "But they go there and suddenly they're sharing lounges, they're having meals when they are told to have meals – they lose so much of their autonomy."

It is much worse if the move is not the older person's choice, he says. "Cognitive impairment aside – and there is a process for that – if you are making decisions for them, that is elder abuse."

Templeton talks of "dignity of risk … Older people have the right to make poor choices. We get families saying Mum has to go into care because she might fall at home and if she does she will lie on the floor for three days – that is about their concern. We talk to [the mother], we say there is a risk of falling and we can get you a walking frame, but she might say, 'I know that but I want to stay at home.' Yes, there is a risk she could fall over and die – I could go home tonight and drink four bottles of whisky and die. It is the choice we make."

As with other OECD countries, New Zealand is committed to ageing in place, supporting older people to remain in their own homes or in supported accommodation of some type in the community, rather than moving into residential care. But in doing that, says Templeton, we need to be thinking about ways we connect with older people, "so they can thrive in a community".

THE SOCIAL NETWORKS

Around the country, Age Concern runs weekly van outings for over-65s to go to a venue or event or simply meet at one of their houses for morning tea. It also runs a one-on-one weekly visiting service to older housebound people that is staffed by volunteers, half of them over 65. "Some older people have days, weeks, not talking to anybody. Often that [Age Concern] visitor is the only person not paid to come and see them."

In 2002 Age Concern Otago in conjunction with the University of Otago pioneered Steady As You Go (Saygo). Designed as a peer-led falls-prevention exercise class, it was found to provide not only important physical benefits but also vital social connections. Such has been the success of the programme that Saygo courses are now rolling out across the country.

"Some older people have days, weeks, not talking to anybody. Often that [Age Concern] visitor is the only person not paid to come and see them."

Church groups, Neighbourhood Support groups and residents' associations are all working, usually on a shoestring budget, to re-establish meaningful social networks for the elderly in their communities.

For the past six years, in the last weekend in March, communities around the country have celebrated Neighbours Day, established in 2001 by Neighbours Day Aotearoa to encourage people to get together for a barbecue, a street makeover, a beer or a cup of tea as a catalyst for connecting or re-connecting neighbours with neighbours.

Last year entrepreneurs Casey Eden and Shane Bradley launched the Neighbourly website and app, an online bush telegraph aimed at fostering a community feeling for neighbourhoods through a local and secure listing service for events and activities, be it a garage sale or community sausage sizzle. Today it has more than 60,000 members in 1400 suburbs.

Around the country some 17,000 retirees are enrolled in SeniorNet programmes, negotiating new computer technologies to master online banking, research family history or keep in contact with family and friends via Skype or email. As executive officer Grant Sidaway says, "We're the largest technical school in the country."

Technology is not *the* answer, says Templeton, but it is *an* answer to an increasing problem. "As the population of that age doubles, we will struggle to double our service, so we need to come up with other ways. Some people will need face to face [contact]. For others Skype is perfect."

Women dancing in a Beijing park; right, the world's oldest dance group, Waiheke Island's Hip Op-eration Crew.

GETTY IMAGES

He describes a programme launched by Age UK, whereby older British citizens link up with overseas students studying English via Skype. "The older person gets to talk to these young 20-year-old students and they get to practise their English. It's a great mix of ages. I'd love to see that here."

FLEXIBLE APPROACHES

We are an ageing population. By the late 2030s, close to a quarter of us will be flashing our SuperGold Cards. The number of single-person households is increasing generally but most dramatically in the over-65 age group. According to Alpass, we will be living longer in, say, widowhood "and many of us will not have family support around us … The most at risk of loneliness are over 80 and we are going to have a lot more people living well past 80 in the future. We need to be thinking about this now."

Many – currently nearly a quarter of over-65s – will continue in paid employment. "A farm labourer might not want to be still working at 70," says Templeton, "but as the population ages and the workforce decreases, there won't be enough nurses, taxi drivers or burger flippers. There just won't be enough people to man the pumps. There's two ways around that – immigration and people working longer."

Which may mean less demanding work and more flexible hours. "It is about workplaces valuing [older people's] input."

More flexible forms of housing are also in demand. Across the world new models are being established to cater to the growing number of single or widowed elderly people wanting to live independently but not alone. The Golden Girls Network in the US runs a database for members seeking compatible housemates. In the Netherlands, the Humanitas Apartments for Life challenges the inevitability of nursing homes with age-friendly housing developments that include

restaurants, shops and other services so older residents can live as they choose in a social and supported environment.

In New Zealand, the Bays Community Housing Trust in Auckland runs two five-bedroom houses for women over 65 with limited assets. Around the country, the Abbeyfield model provides homes staffed by a cook-housekeeper that have a communal lounge, dining room and kitchen. Basically, flatting for ageing baby boomers.

Massey's Neville talks about age-friendly communities and more integrated neighbourhoods that enable older people to engage with others through well-designed housing, public transport, places to meet, footpaths designed so people can safely walk – or use a scooter – to meet friends. "Communities must be designed so older people can easily, safely, confidently move around."

He cites the World Health Organization's Global Age-Friendly Cities Project, by which cities are encouraged to boost the participation, health and independence of older people. "It's about fostering a sense of community within communities, so people feel they belong, and there are activities that bring people together."

To better meet the needs of this growing sector of our population, Templeton is calling for more involvement of older people in planning decisions. "There is a requirement for every government body or organisation to have a statement relating to the Treaty of Waitangi, and that's important, but I'd like the same thing to be mandated for old people. For every change, every decision, every plan, there has to be a statement about how is this going to effect older people? What have we done to consult with them?"

It is a whole of society challenge, he says, and a whole of society responsibility.

"Our children don't stay in the same city; family members live all over the world. So when older people require some support, families aren't in a position to do that. And you often hear, 'My son lives in [the same city] but he is so busy with his own life.' As a society we need to take a look at that. This is not just about old people. It's about the whole continuum of us looking after and supporting each other. It is a two-way street, and the benefits to society are huge."

NEW LEASE OF LIFE

Every Wednesday up to 40 mainly older local residents arrive at the hall at St Faith's Anglican church in Christchurch's New Brighton for a bite of lunch and a sip of companionship. Ben Jensen has been alone for 15 years. His wife died in 2000; he has no family in New Zealand. In summer he plays bowls once or twice a week, and he enjoys outings organised by the local church.

"But days can be long. There are quite a few days when I don't talk to anyone. If you are a person who is chatty, you get on well, but if you are lonely and don't talk much, it's a lot harder."

In the kitchen Grace Dunstan, 83, is helping prepare lunch. After her partner of 34 years died, she says, she "felt a bit lost". She tried volunteering at the local library but they wanted someone with computer skills. "I'm not that kind of person." Now on Tuesdays she helps prepare vegetable boxes and on Wednesdays she's on lunch duty. "I knew I had to do something with my life. I've got friends in a similar position, but they just can't make the effort. Here I'm meeting different people and I go home feeling good about myself. There's no point in looking at four walls all day, and you can't keep going out because that costs money. But this has given me a new lease of life." ▮

REGIME MADNESS

The war on a drugs is an abject failure, says author Johann Hari, who is pushing the benefits of decriminalising most illicit substances. **by GUYON ESPINER**

Johann Hari has declared war on the war on drugs. The British author and journalist says the current approach just increases the harm by treating the problem as a chemical one. It punishes users, which then boosts the chance they will become addicts – yet most people who use these chemicals don't get addicted.

"The one thing we can say from the century-long war on drugs is that we gave it a fair shot. The US government spent a trillion dollars. It turns out we can't even keep drugs out of prisons, when you've got a walled perimeter and you pay people to walk around it the whole time, so good luck keeping them out of New Zealand or Britain or America."

Hari is most effusive about the position adopted in Portugal, which decriminalised nearly all drugs at the turn of the century. According to some analysis, drug use in Portugal has halved under the rules, which allow adults to buy small amounts of drugs, including cocaine, heroin and hashish.

In the week we speak, British Deputy Prime Minister Nick Clegg and business tycoon Richard Branson urge the UK to follow the Portuguese model. Hari wants drug use treated as a health issue rather than being judged as a moral issue in which addicts are corrupt individuals who get what is coming to them.

"I thought about this when Amy Winehouse died," he tells me on the phone from New York. "Quite a few kids I know, like teenagers, said things like, 'Well, she put it on herself.' These are nice kids and it really struck me that, wow, they have really picked this up from a culture that says when an addict dies you blame the addict. I can't think of any other minority where those kids, if a member of them died, would say, 'Well, they deserved it.' You could be a very extreme homophobe and if Elton John died it would be quite shocking if they said, 'Well, I'm glad he died, he brought it on himself.'"

GETTY IMAGES

"The vast majority of people's experience with drugs is positive. Why else would people take them?" – Johann Hari

Hari has outlined his arguments in his latest book, *Chasing the Scream: The First and Last Days of the War on Drugs*. Part of the controversy that will inevitably accompany this book is the breaking of taboos, which even in permissive society still exist around drugs. Drugs can be fun. Yes, lethal and tragic in some cases. But sometimes fun too. Why else would people take them?

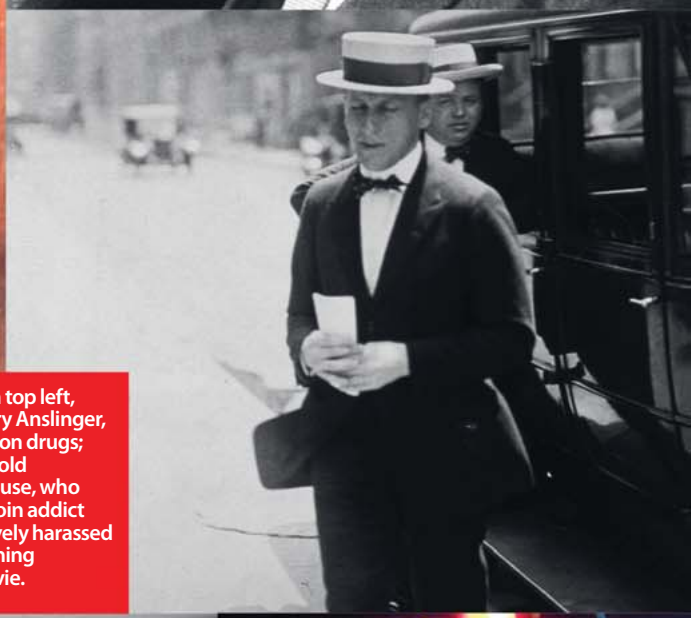
"The vast majority of people's experience with drugs is positive," Hari says, citing United Nations data he interprets as meaning 90% of drug use is "non-problematic".

But exactly what legal structure should be used to control the more dangerous drugs he's not so sure. Crack and P worry him. "These drugs are harmful to lots of people. Nobody disputes that," he writes. "Most of the banned drugs are closer to alcohol with its massive harms than they are to marijuana."

THE FIRST SHOTS

If humans have been consuming substances to alter consciousness for thousands of years, then why in the 20th century did we vow to rid the world of drugs? And who started the war on drugs anyway? Hari reckons he has it nailed down to one man.

Harry Jacob Anslinger was the head of the US Federal Bureau of Narcotics for a staggering 33 years, beginning in 1930. Before that he was the assistant commissioner for prohibition. Hari lays out the story of a man who, seeing the battle for alcohol prohibition was lost, fights to keep his tenuous bureaucracy alive. He finds an ally in the press, eager for



The way it was: clockwise from top left, 1969 *Life* magazine cover; Harry Anslinger, who allegedly started the war on drugs; US drug-dealing gangster Arnold Rothstein; singer Amy Winehouse, who died of alcohol poisoning; heroin addict Billie Holiday, who was effectively harassed to death; ad for a syrup containing morphine; anti-marijuana movie.

sensational stories that now seem comic. "Mexican Family Go Insane," the *New York Times* headlines a story about a widow and her four children who ate a marijuana plant. The story explains that there is no hope for the children and the mother "will be insane for the rest of her life".

After a search of Anslinger's papers held at Penn State University, Hari paints him as a hardline conservative who warned that marijuana "turns man into a wild beast" and makes black men forget their place and lust after white women. For Anslinger, the epicentre of this depravity was the jazz clubs, which were "like the jungles in the dead of night". He and his agents went after the jazz greats, including Thelonious Monk, Charlie Parker and Louis Armstrong. But most of all, they pursued Billie Holiday, a heroin addict who was effectively harassed to death, to the extent she was arrested in a raid on her room as she fought for her life in hospital.

Hari says that all through this time, Anslinger was waging a PR war as part of his war on drugs and that tapping into racial prejudice was a big part of that. "He's very good at taking those kind of electrical sparks that are in the air and building a lightning conductor over his department and saying, 'Look, the solution to these fears and anxieties is to ban these chemicals and these drugs.'" Hari also believes that Anslinger's prescience about the growing power of the mafia in the US gave him a dangerous level of confidence. "It's hard for us to get our heads around now, but in the early 20th century … the mafia was seen as a conspiracy theory the way we would see crazy bullshit like 9/11 Truthers or something. The tragedy of it is that he believes he is fighting the mafia but he is actually transferring a massive industry to them."

Which leads to another great question: who was the first drug dealer? Hari reckons it was American gangster Arnold Rothstein. Anslinger unwittingly handed him a lucrative black market and he cashed in, buying off police and politicians along the way until he was shot and killed in 1928 by an unknown assassin.

"This was the bullet at the birth of drug prohibition and nobody knows where it came from even now," Hari writes. "It is like the bullet that claimed the Archduke Ferdinand at the start of the First World War: the first shot in a global massacre."

The assassination of Archduke Franz Ferdinand of Austria at the start of World War I.

GETTY IMAGES

So, yes, the book seems overwritten in places. Hari compares the war on drugs with World War I again in the book's conclusion, saying both began in 1914. "The First World War lasted four years … miles of men killing and dying to seize a few more meters of mud. The drug war has lasted … for almost one hundred years. I am trying now to imagine its victims laid out like the dead of that more famous war, consecrated in one vast graveyard."

The drug war waged by Anslinger saw more than 20,000 US doctors arrested for prescribing opiates, despite the law providing an exemption.

But don't let the passages of purple prose put you off, because Hari makes some compelling arguments in this book. Having introduced us to Anslinger and Rothstein, he says they are forever being replaced by harder versions of themselves. "The key players in the war continue to be either Anslingers or Rothsteins – the prohibitionist and the gangster locked together in a tango unto the far horizon."

DISAPPOINTMENT WITH NZ

Hari is complimentary about New Zealand's pioneering approach to legal highs but then deflated to learn that the Government backtracked after a media storm and the accompanying moral panic and has effectively banned synthetic drugs. Having raised the bar so high as to prevent the products coming onto a regulated open market, stories are already emerging about gangs selling synthetic cannabis on the black market.

"I find that really dismaying," says Hari, who argues that one of the benefits of a regulated market is that drugs are less likely to be sold to under-18s. "We don't have a choice about whether people are going to use drugs. We have a choice about whether that market is controlled by armed criminal gangs, who cause horrific violence and mayhem and massively endanger the users, or whether it is controlled by doctors and pharmacists."

And indeed that is what used to happen. Hari writes that until cocaine and heroin were banned in the US in 1914, they were sold as remedies or "little helpers', including Mrs Winslow's Soothing Syrup, which contained 65mg of pure morphine in every ounce.

He says the drug war waged by Anslinger saw more than 20,000 doctors arrested in the US for prescribing opiates to patients, despite the 1914 law providing

an exemption for doctors to do so. "The fact that they had to arrest 20,000 doctors because they insisted on carrying on prescribing to addicts astonished me and it's amazing that this history was successfully erased from popular consciousness."

THE NATURE OF ADDICTION

Perhaps the most challenging aspect of Hari's book for many readers will be his handling of addiction. Essentially he claims that it is not exposure to powerful drugs that leads to addiction, rather that people who are damaged, isolated and vulnerable before they start drugs are the ones who become addicted. This will be challenged by some health professionals and probably by many who say their loved ones have had their lives ruined by drugs.

Hari lays out the common belief. "If you and I and the next 20 people who walk past your office all use heroin together for 20 days, on day 21, because there are chemical hooks in the heroin, our bodies would physically need the heroin, we would be physically craving it and we'd all be addicts."

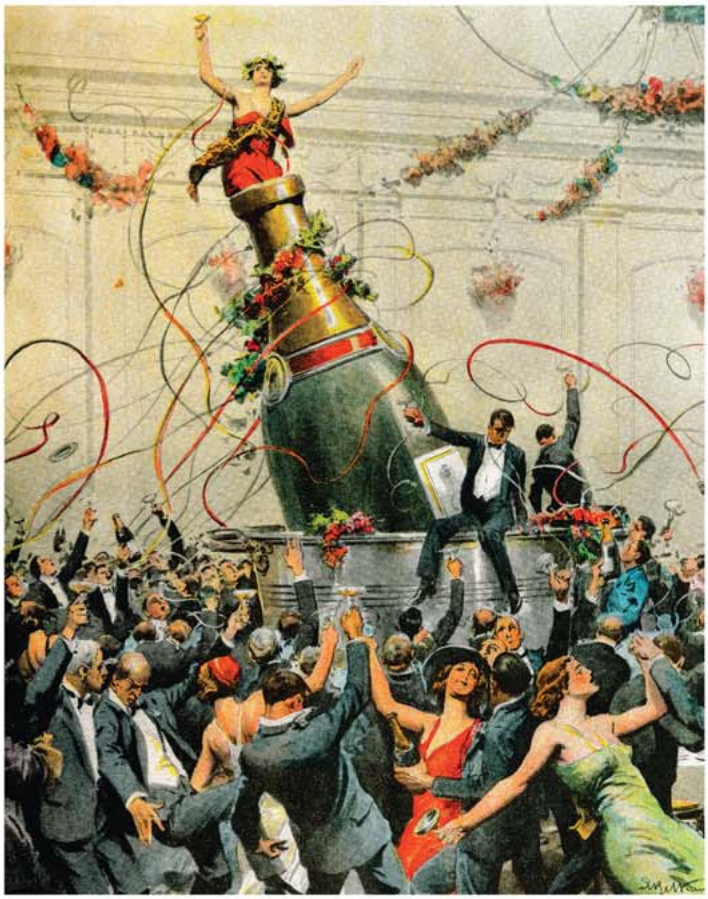
But, he asks, if opiates are so addictive, then why doesn't your grandmother become a junkie when prescribed diamorphine for her hip operation? "There are people being given heroin at a hospital near you for quite a long period of time. What is striking is that if what we think about addiction is right, those people should leave hospital as addicts. That almost never happens. You will have noticed that your grandmother was not turned into a junkie by her hip operation."

Why do a relatively small number of people who use drugs get addicted to them? He cites one study claiming that 20% of US soldiers in Vietnam were using heroin but that 95% of them "simply stopped" within a year of returning home, many without assistance. No war, misery and loneliness – no need to take hard drugs, or so goes his argument.

Hari says that the messages lapped up in drug education mostly come from a single source, because 90% of the global research into illegal drugs is funded by the National Institute on Drug Abuse, founded by Robert Dupont.

REHABILITATION OF A DIFFERENT KIND

Near the end our discussion, Hari tells me he doesn't want to consume the drugs he argues should be legal for adults. Nowadays he limits himself to the occasional glass of wine. He did come to his subject matter with personal experience though: a family history of drug addiction and his own period of abusing narcolepsy drugs to fuel marathon writing binges. Hari opens his book with one of his earliest memories, that of trying in vain to wake a relative from a drugged stupor. He writes that ever since, he's been "oddly drawn to addicts and recovering addicts – they feel like my tribe".



The start of the war on drugs: celebrations in the US to mark the end of prohibition.

"The tragedy of it is that he believes he is fighting the mafia but he is actually transferring a massive industry to them."

One senses the book is also about rehabilitation of a different kind. Hari is trying to rescue his reputation as a writer. He has won a string of journalism prizes but was forced to hand back his Orwell Prize in 2011 after he was found to have committing plagiarism. "What I did was, I sometimes, where I interviewed people, used things that they had said in their books, or in a small number of cases said to other journalists, as if they had been said directly to me, which was obviously completely wrong and a terrible thing to do.

"When you f--- up you should pay a big price, which I did, rightly, and you should very methodically show that you've not done the same thing again." Hence this book is meticulously footnoted and the website, chasingthescream.com, contains full audio copies of the interviews that quotes are drawn from and has a section for corrections and clarifications.

THE END OF THE WAR

It's time to wind up our call but Hari has a final sales pitch, a parting shot: he wants people who despise drug use to join the fight. "Ending the drug war is not about liking or approving of drugs. You can be militantly anti-drugs and against this crazy policy that makes addiction worse, empowers criminal gangs and wastes billions upon billions of dollars that we can spend on better things."

But he is optimistic the drug war is coming to an end – in some cases where it started, with several American states legalising marijuana.

He ends the book describing sitting in a late night meeting in Colorado listening to a soccer mum agonise about the appropriate labelling and licensing regime for hash cookies. Maybe the drug war will end with a whimper rather than a bang. ▮

The rights choice

A Wellington woman's legal bid for assisted dying is likely to force MPs to confront the issue.

by REBECCA MACFIE • photo by HAGEN HOPKINS

"I do not want to die slowly, piece by piece. I do not want to waste away unconscious in a hospital bed. I do not want to die wracked with pain."

The woman who uttered these words was Gloria Taylor, a British Columbian with motor neurone disease, a condition that would gradually deprive her of the ability to walk, chew, swallow, speak and – eventually – breathe. She knew the consequences of her diagnosis and declared she did not want to "live in a bedridden state, stripped of dignity and independence".

Taylor wanted to have assistance to die when she felt her life was no longer worth living, and assurance that those who helped her to end her life would not be prosecuted. She believed this was her right under the Canadian Charter of Rights and Freedoms. Posthumously – she died of an infection in 2012 – she emphatically won that right in February this year, when the Supreme Court of Canada delivered a sweeping decision that declared aid in dying was a constitutional right for Canadians suffering serious and incurable diseases.

The unanimous decision of nine senior Canadian judges is now set to resonate through New Zealand's law books, with 41-year-old brain cancer sufferer Lecretia Seales seeking a declaratory judgment from the High Court that would ensure her GP would not face criminal charges if she helped her to die.

A few weeks ago, Seales' bid for court intervention would have seemed like a legal long shot. But the Canadian decision has produced an extraordinarily broad and robust legal canvas on which her lawyers will draw the argument that the legal prohibitions on assisting suicide or hastening death at a patient's request are a breach of her human rights.

Among the key elements of the Canadian ruling, the court concluded that the prohibition on assisted dying:

- forces some people to take their own lives prematurely out of fear that their disease will render them incapable of doing so, therefore depriving them of their right to life. The law presented people with a "cruel choice" between committing suicide while still able, and putting up with intolerable suffering.
- infringes the liberty of people suffering from a "grievous and irremediable" illness by depriving them of the ability to make decisions concerning their "bodily integrity".
- impinges on their security by leaving them to endure "intolerable suffering".

The sanctity of life is a fundamental value, but it doesn't require that all human life must be preserved at all costs, the court said in Carter v Canada (named for one of Taylor's co-plaintiffs, Lee Carter, who helped her dying mother travel to Switzerland to die at a Dignitas clinic). "It is for this reason that the law has come to recognise that, in certain circumstances, an individual's choice about the end of her life is entitled to respect."

In a rare move to underline the unanimity and strength of the decision, the ruling was issued in the name of "The Court", rather than in the names of individual judges.

The decision upheld the findings of the original trial judge in the Supreme Court of British Columbia, who ruled on the basis of "copious evidence" that permitting assisted dying did not lead to the oft-cited "slippery slope" of abuse in which vulnerable, frail and disabled people would be pressured to die. Evidence from permissive regimes such as those in Oregon and the Netherlands showed that it was possible to design a system that protects vulnerable people. Nor did legalised assisted dying impede

Evolving law

The Canadian Supreme Court ruling on assisted dying is the most far-reaching judicial decision on the issue, but the law is developing rapidly in other jurisdictions too. US lawyer Kathryn Tucker, who has spent more than two decades advocating for people seeking the right to die, outlined the most significant developments during a recent lecture tour of New Zealand.

In New Mexico, the court ruled under the state's constitution that "there is no right more fundamental, more private or more integral to the liberty, safety and happiness of a New Mexican than the right of a competent, terminally ill patient to choose aid in dying".

In evidence, the New Mexico Psychological Association said there was a "clear difference between suicide and the choice of a competent, terminally ill patient for a peaceful death".

The ruling has been appealed.

The Montana Supreme Court ruled in 2009 that aid in dying was lawful under the state constitution, which guarantees citizens the right to dignity and privacy.

In Oregon, 1327 people have chosen assisted dying since it was legalised in 1997. The data shows most are highly educated and affluent, and 93% were enrolled in hospice care.

Lecretia Seales and husband Matt; below, on their wedding day.

the development of palliative care. In some places that allowed assisted dying, palliative care improved. The evidence also showed doctors could detect if a patient was being coerced to die against their will.

The ruling concluded that people who meet certain criteria should be able to have physician assistance to die. They need to be "competent" adults, clearly consent to the hastening of death, and have a grievous and irremediable medical condition (a disease, illness or disability) that causes "intolerable" suffering.

SOLID LEGAL GROUNDS

The Canadian ruling will be front and centre of the legal arguments Seales' lawyers make on her behalf in the High Court. New Zealand's Bill of Rights Act guarantees the right to life, and the right not to be subjected to "cruel, degrading, or disproportionately severe treatment". The facts of Seales' condition are that she has an inoperable and advancing brain tumour that is progressively depriving her of the use of one side of her body. She and her husband have been told she may have only months to live. Confronted with the prospect of "great suffering", she argues that she alone ought to have the right to determine when she has "reached the end of the road".

The Crimes Act makes it unlawful for anyone to aid and abet suicide, punishable by 14 years in jail. A doctor who deliberately hastens the death of a patient – even if the person has made repeated and cogent requests to die and is suffering greatly – faces the risk of prosecution for culpable homicide.

"It's not just built on emotion, it's an actual legal issue to be resolved."

Seales' lawyers will argue that her illness, the prospect of intolerable suffering and her mental competence to make the decision entitle her under the Bill of Rights Act to seek help (either by being given a prescription of medication to enable her to commit suicide or by lethal injection by her doctor).

If the court accepts that Seales meets the criteria laid out in the Canadian decision and that decision is applicable in the New Zealand courts, her lawyers will argue it must therefore conclude that the Crimes Act can't be invoked in her case because any act by her doctor to hasten

Seales argues that she alone should have the right to determine when she has "reached the end of the road".

HAGEN HOPKINS

death would not be unlawful. The Bill of Rights Act states that wherever a law can be given a meaning that is "consistent with the rights and freedoms" in the Act, "that meaning shall be preferred".

If Seales dies before the case is finalised, it would be up to the court to decide whether to continue hearing the evidence and issue a ruling.

Constitutional law expert Andrew Geddis believes Seales' legal team have "extremely solid legal grounds" on which to argue her case. "It's not just built on emotion, it's an actual legal issue to be resolved." But a great deal hinges on how the court receives the plea for a ruling, and how the Crown, as respondent, argues its case.

Geddis says Seales – a respected lawyer who is a senior policy adviser with the Law Commission – is asking the courts to go to "the edge of what they feel comfortable doing, because you are asking them in essence to decide the law on what is a really contested social question".

It won't be lost on the court that New Zealand parliamentarians have repeatedly blocked attempts to change the law. Two private member's bills that would have legalised assisted dying have been defeated at first reading in the past two decades, and late last year Labour leader Andrew Little told his MP Iain Lees-Galloway to remove the End of Life Choice Bill from the ballot. The bill was initially presented by former MP Maryan Street in 2012.

Geddis says the court may try to avoid ruling on Seales' case; under the Declaratory Judgements Act 1908, it is at the discretion of the court to say, "I don't have enough facts" or "It wouldn't be appropriate". He says the Crown's first line of argument may be to say that the court should decline to rule, or alternatively that the Canadian decision doesn't apply in New Zealand and that this country's complete ban on assisted dying is justified under the Bill of Rights Act.

Attorney-General Chris Finlayson declined a request from the *Listener* to discuss the Crown's response to Seales' case.

SELECT COMMITTEE INQUIRY

When Seales decided late last year to tell her story to the *Listener*, her aim was to lend support to the End of Life Choice Bill, which was then still in the ballot. With the bill subsequently sidelined, her only option for pursuing reform has been to seek court intervention. And although her lawyers stress that any favourable ruling the court delivers would apply only to her and would not be precedent-setting, it would almost certainly encourage others in a similar situation to seek a court ruling.

Geddis says having the courts deciding on individual cases would quickly become "messy" and would force Parliament to act on the issue.

Street, who remains a vocal advocate for reform, describes Seales' bid for a court ruling as "elegant". "The courts can't tell Parliament what to do, but if the courts do arrive at the conclusion she is seeking … it would be a brave 121 MPs who then decide to ignore it."

The legal action also gives impetus to a planned bid by Lees-Galloway to have the issue put back on the political agenda. He told the *Listener* this week that Little has backed him to push for a select committee inquiry into assisted dying. This would follow the approach taken in Quebec in 2012, when a bipartisan select committee undertook a wide-ranging inquiry that resulted in a report backing assisted dying as part of end of life care. The law has been changed in Quebec as a result.

Lees-Galloway says this approach would enable New Zealanders to participate in a proper debate, supported by the resources of Parliament. The select committee would not need a bill to prompt such an inquiry. He says the best way to trigger it would be when a petition being circulated by the Voluntary Euthanasia Society is tabled. The petition asks Parliament to investigate public attitudes towards "medically assisted dying in the event of a terminal illness or an irreversible condition which makes life unbearable".

One way or another, says Geddis, "Parliament needs to do its job, and it's shocking that it hasn't." ▮

For more on Seales' story and assisted dying, see "Dying wishes" from our January 17 issue at tinyurl.com/NZLchoice and "Live & let die" from our March 21 issue at tinyurl.com/NZLassisted.

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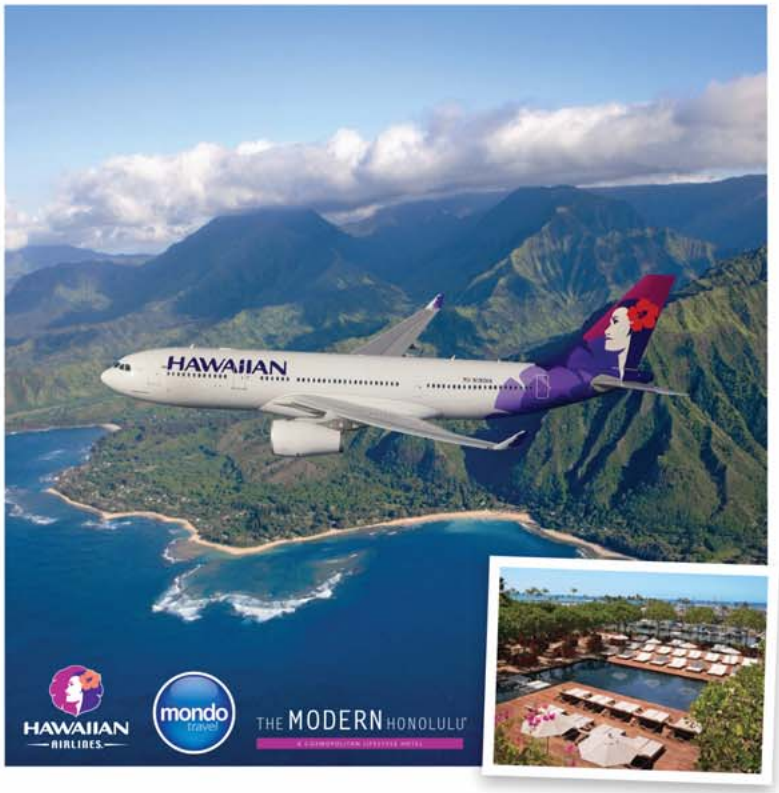

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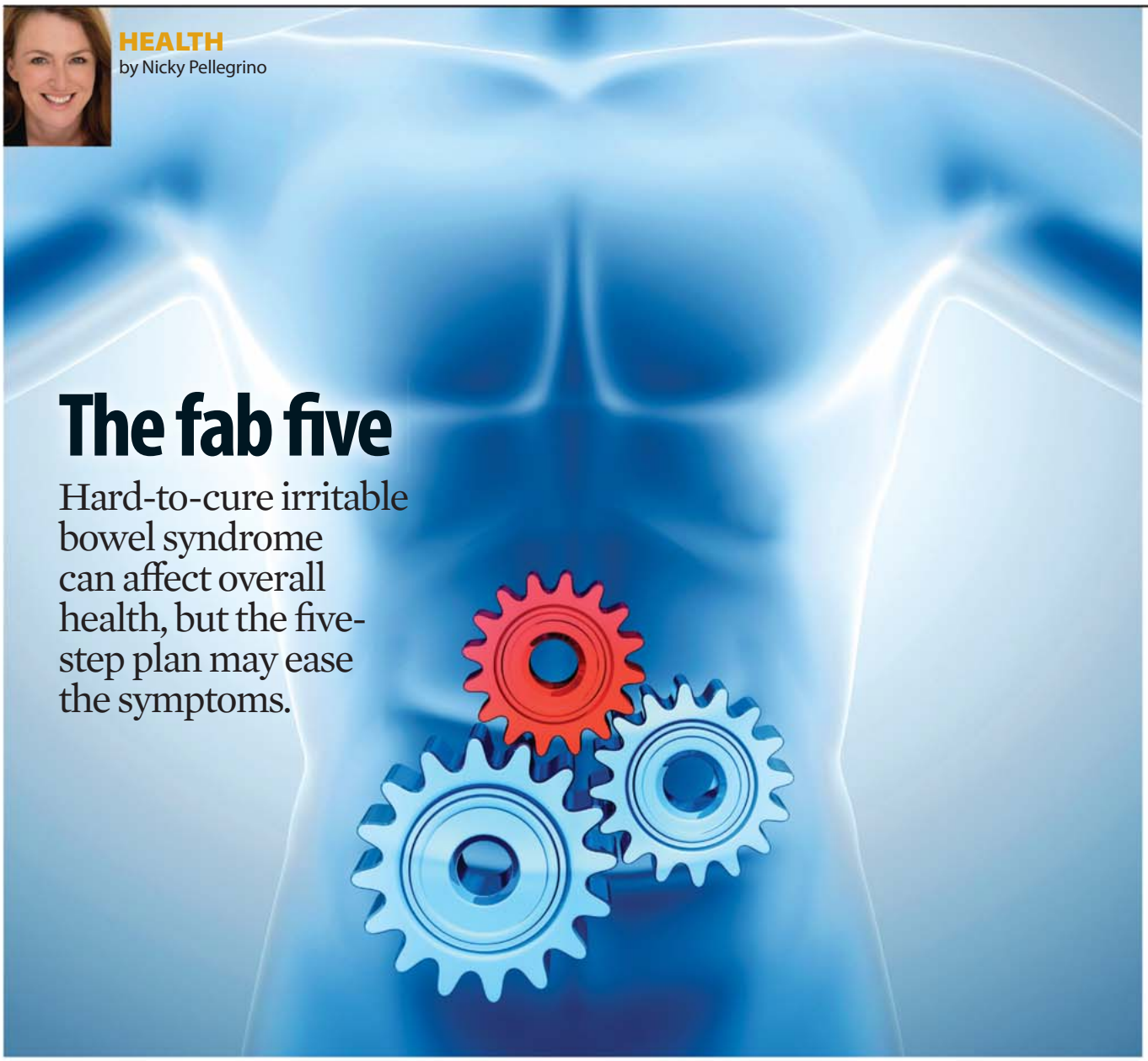
ThisLife

HEALTH
by Nicky Pellegrino



The fab five

Hard-to-cure irritable bowel syndrome can affect overall health, but the five-step plan may ease the symptoms.

Benjamin Brown was on a trip through Europe when he picked up a case of traveller's diarrhoea. Determined to continue with his journey, he pushed on, only to end up collapsing in Paris and being hospitalised for several days. Once home, he continued to experience nausea, cramping and pain.

"Although I'd practised natural medicine for years, I was so unwell I didn't know what was wrong," says Brown, a UK-based naturopath. A barrage of tests ruled out serious illness. His heart, liver, kidneys and blood were given the all-clear and he was confirmed to be free of internal parasites.

"Once I knew it wasn't anything life-threatening, I decided it was time to dig deeper," says Brown. "So I had a comprehensive gut bacteria assessment. My results were the worst I'd ever seen." In fact, when he shared his test results with a scientist over dinner, the expert promptly moved his chair back a few paces.

Brown had a case of post-infectious irritable bowel syndrome (IBS). Although successive courses of probiotics improved the balance of bacteria in his gut, by then he had started to react to certain foods. So he developed the treatment plan now detailed in his book *The Digestive Health Solution* (Exisle, $34.99).

Historically, irritable bowel syndrome is one of those conditions that tended to be dismissed

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as all in the mind. Even today it remains a source of confusion. "It's poorly managed and misdiagnosed," says Brown. "Up to one in four people suffer with digestive symptoms and many have no idea why."

Part of the reason for it being such an enigma is there is no single cause of the syndrome, symptoms can vary and there isn't one test that will reliably diagnose it. Plus there is no easy cure-all drug to be prescribed.

Kiwifruit is one of the foods identified as a digestive health superstar.

"A friend who works in an ER told me that when people come in with symptoms, they rule out colon cancer and inflammatory bowel disease; then if they have IBS, they send them home because there's nothing they can do," says Brown.

Many sufferers start relying on antacids to get them through periods of digestive issues, but over time this can worsen the condition. "Antacids are one of the most commonly used over-the-counter medications and the main problem with them is that stomach acid is there for a reason," says Brown.

"If you block it, which is what antacids do, you'll get small intestine bacterial overgrowth very quickly. That stops you digesting properly, meaning you can develop food sensitivities, skin disorders and respiratory problems."

Irritable bowel syndrome's classic symptoms are abdominal pain, bloating and erratic bowel movements, but these can extend to a host of other related complaints such as muscle pain, headaches, fatigue and anxiety. "The severity varies a lot," says Brown. "Some people will only have symptoms a few times a month; others can't go to work."

A bigger issue is that digestive function determines many aspects of overall health. "When I went to college, we all knew digestive health was important," says Brown, "but in the past five years in the scientific community it's exploded – this idea that it's linked to everything in your body. From obesity and diabetes to heart disease, dementia and depression, your digestion really is paramount to your overall health."

Many foods thought of as healthy can actually aggravate IBS and early advice to up the amount of fibre in the diet was also counterproductive. Brown's solution is a five-step plan that starts with relieving symptoms using natural treatments such as peppermint oil capsules, digestive enzyme supplements, artichoke leaf extract and aloe vera juice. He stresses that these solutions can take weeks to be fully effective.

Step two is to cultivate good gut bacteria using probiotics – live bacteria consumed as a supplement or in fermented foods such as yogurt. Brown suggests taking a probiotic for a minimum of four weeks, and if that doesn't improve things, trying a different product to see if that's more effective. Prebiotic supplements that nourish good gut bacteria can also help.

Since the central nervous system directly affects the gut, Brown's third step involves relaxation techniques such as abdominal breathing and meditation. Step four means eliminating potential problem foods such as gluten, dairy products, starchy carbohydrates and bad fats from the diet. And the final step is staying symptom-free with good eating, exercise and sleep habits.

Kiwifruit is one of the foods Brown identifies as being a digestive health superstar as it is high in digestive enzymes, prebiotics and gentle fibre.

"The trouble is there's no one answer," he points out. "There are several answers that vary from person to person."

Having identified his own gut as a personal weak spot, Brown continues to use probiotics as a preventative measure. "I've taken them every day since I got sick. And although I don't like being reliant, if it works and it's safe, it's worth it." ▮

HEALTH BRIEFS

FOLIC STROKE FINDING

Strokes are the second leading cause of death worldwide and new research from China has shown folic acid may play a role in preventing them. The study included more than 20,000 adults with high blood pressure. Those who supplemented their medication with folic acid had a significantly reduced risk of having a first stroke. In China there is no folic acid fortification of foods, but researchers at Peking University First Hospital believe that even in countries where it's common, there may still be room to reduce stroke incidence with targeted folic acid therapy.

ENERGY DRINK WORRY

Concerns have been raised over the health safety of energy drinks following findings by researchers at the Mayo Clinic that consumption causes a marked rise in blood pressure, particularly in people who don't ordinarily consume much caffeine. In the study, healthy adults aged 19-40 were given a commercially available energy drink or a placebo. The results have led to concerns that using these drinks could increase the risk of cardiovascular problems, even in the young.

MOZART BOOSTS BRAIN

Listening to classical music enhances the activity of genes responsible for secreting "feel-good" hormone dopamine as well as genes involved in learning and memory. A Finnish study had participants listen to Mozart's *Violin Concerto No 3* for 20 minutes and found it affected the gene profiles of both the musically experienced and inexperienced. Listening to the concerto also down-regulated genes associated with brain degeneration.

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NUTRITION
by Donna Fleming

Raw facts

Vegetables that are uncooked are often better for us, but not always.

It's my mother's fault that for years I refused to eat cooked vegetables. She was a skilled exponent of the boiled-to-buggery method of cooking and I just couldn't stomach the piles of soggy, tasteless, often unrecognisable greens she would plonk on my plate.

So I insisted on eating most of my veges raw, and happily crunched away on uncooked cabbage, beans, spinach, broccoli and cauliflower, ignoring those who thought I had weird eating habits. When the raw food movement came along, suddenly I was a trendsetter rather than a picky eater.

Foods that haven't been subjected to heat are much better for us because cooking destroys many nutrients – or so raw-food advocates say. And in some cases that's correct, especially if the vegetables in question are cooked at very high temperatures, contain water-soluble vitamins, have been fried for a long time or are barbecued until burnt.

But there are occasions when the opposite is true. Some vegetables are healthier for us when cooked because the process makes them easier to digest

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and frees up nutrients for our bodies to absorb.

Tomatoes are a good example. They're a great source of lycopene, a compound linked to a lower risk of heart attacks and some cancers. Tests carried out at Cornell University in the US found there was up to 35% more lycopene in cooked tomatoes than in raw ones. That's because heat breaks down the fruit's cell walls, making it easier for our bodies to absorb the nutrients.

Likewise, carrots are better cooked than crunchy because being exposed to heat increases the availability of beta-carotene, the antioxidant that is converted to vitamin A and improves bone, eye and reproductive health.

When mushrooms are sautéed, baked, boiled, grilled or roasted, they release potassium. And you'll absorb more calcium, iron and magnesium from spinach when it's cooked. Asparagus should also be served cooked to make the most of ferulic acid, an antioxidant that is particularly good for skin health.

On the other side of the coin, vegetables that may pack a bigger punch when they're raw include those that are high in vitamin C, such as red peppers. That's because vitamin C breaks down during cooking. Garlic and onions are also best served au naturel – or very lightly cooked if you can't bear the taste of them raw – because that way you get more allicin, a phytonutrient they contain.

In the case of some veges, there are both pros and cons to eating them raw. For example, when broccoli is cooked, the heat damages an enzyme called myrosinase, which has the important job of creating sulforaphane.

Sulforaphane is an A-lister among healthy compounds. Some studies show it may be able to stop cancerous cells from multiplying and may even kill them off. That means it's a good idea to eat broccoli and other cruciferous vegetables such cauliflower, cabbage and Brussels sprouts raw, as they have about a third more sulforaphane than their cooked equivalents.

However, you need to cook cruciferous vegetables for them to release indole, a highly valuable organic compound that can help kill precancerous cells before they become malignant, so there's a case to be made for eating them both ways.

You need to cook cruciferous vegetables for them to release a compound that can help kill precancerous cells.

Steaming veges is better than boiling them because it avoids overcooking. Asparagus and spinach are best served "wilted" rather than boiled.

The bottom line when it comes to getting the best out of veges is to mix them up: eat them raw in salads and as snacks, and cook them as accompaniments to meals or in dishes such as casseroles and stews. That way you're covering all your bases.

The most important thing is that they do get eaten, because they're key to meeting many of our nutrition needs. ▮

Email: nutrition@listener.co.nz, or write to "Nutrition", c/o Listener, Private Bag 92512, Wellesley St, Auckland 1141.

iEat

Dame Rosie Horton

Philanthropist Dame Rosie Horton has helped raise millions of dollars over the past 40 years for a range of organisations, many of them focused on sick women and children. However, she readily admits she hasn't had as much success in the kitchen and virtually all she is capable of cooking is poached eggs.

Is healthy eating a priority for you? Absolutely – if I don't eat regular, nutritious meals, I get migraines, and have since I was a child. I was brought up on healthy food. Back then, everyone had orchards, gardens and hens and the food was truly fresh.

Do you follow any special diet and why? I eat a fat-free diet as my body can't seem to tolerate fat, and unfortunately I'm not very good with cheese. It's in the genes as other family members have the same problem.

Has anything else forced you to eat differently? Three years ago, I ate more fish and chicken. But I became anaemic and now need to eat red meat regularly. Eating lamb's fry twice a week works a dream – my blood count's changed dramatically.

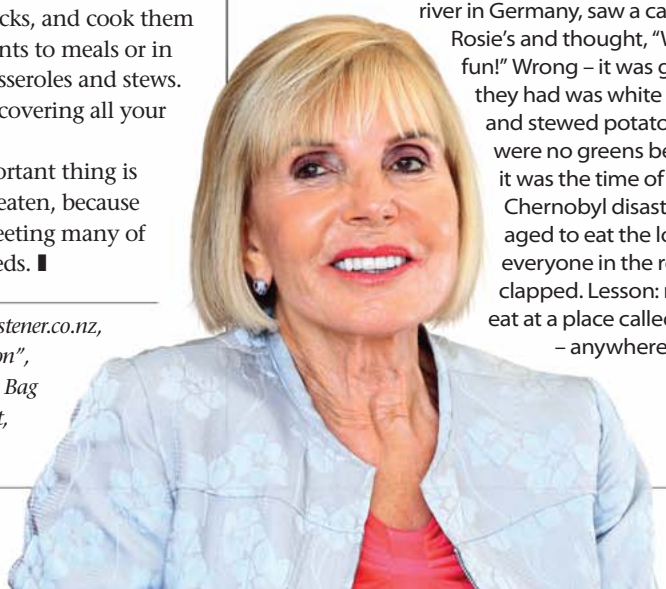
Who enjoys cooking more – you or your husband? Me, cooking? I don't think so. My husband, Michael, is a great cook, though. Mind you, if he sees me with a cookbook, he gets excited that there may be a breakthrough, but there hasn't been so far.

A favourite childhood food memory is … of great roast dinners with siblings, relatives and visitors. Growing up in Ashburton, it was 101 ways with a leg of lamb. We also ate lots of steamed, sponge and rice puddings.

New Zealand's biggest food-related issue is … child obesity. It concerns me that many young children risk getting diabetes and are facing a lifetime of problems. The Garden to Table programme in schools is fantastic because children learn about food at the source: the pleasure of growing, cooking and eating their own harvest. Hats off to its founder Catherine Bell.

I usually snack on … water crackers topped with tomato or avocado. I also have cravings for Gingernuts.

Describe a memorable meal. I was cruising on a river in Germany, saw a cafe called Rosie's and thought, "What fun!" Wrong – it was gross. All they had was white sausages and stewed potatoes. There were no greens because it was the time of the Chernobyl disaster. I managed to eat the lot and everyone in the restaurant clapped. Lesson: never eat at a place called Rosie's – anywhere.



NEWSPIX

TECHNOLOGY
by Peter Griffin

Spook busters

You don't need to be paranoid to want to keep your online activities secret – but it helps.

This column is for the paranoid, the vaguely suspicious or anyone who just wants to keep safe on the internet. It's for the 43% of people who indicated in a *New Zealand Herald* online poll they were "incensed" about the latest spying revelations from Edward Snowden.

Documents stolen from the US National Security Agency showed that our external spy agency, the Government Communications Security Bureau (GCSB), had been scooping up our Pacific neighbours' digital chatter for years and passing the contents on to its Five Eyes buddies.

Interestingly, 51% of the nearly 15,000 poll respondents ticked the "I'm fine with that" box. A lot of us just don't get that worked up about online security.

I'm not particularly worried about the prospect of GCSB or the NSA looking through my email. But the sort of untargeted, dragnet surveillance NSA whistle-blower Snowden has spectacularly shown the Fives Eyes security agencies to be involved in potentially changes everything.

We don't have a government that throws dissidents in jail based on the contents of their instant message conversations. Not yet, anyway. Who knows what the future holds?

It will probably hold, for the administrations that inherit it, a treasure trove of data that can be sifted and sorted for years to come to reveal our political persuasions, finances, health status, loves and fears – anything and everything we digitise and send across a network.

It isn't just governments seeking to hoover up our data. Hackers have taken advantage of major data breaches to help themselves to the credit card details, user names and passwords of millions of people. Because of this, the tech buzzword of the day is "encryption".

Many of our internet transactions are already encrypted, meaning they're indecipherable if intercepted; only those equipped with a unique cryptographic key can unlock the contents. Prime hacking targets such as banks, online retailers and email providers use data encryption to protect their customers' identities and cash.

Look in the address line of your browser: if the address is preceded by the letters https, it means the website is offering encryption. But not all websites can be trusted to do so, and security flaws crop up with worrying regularity in some of the key security protocols we rely on.

Treasure trove: governments and hackers are keen to know all about you.

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THREE TOOLS FOR ENCRYPTING YOURSELF

HTTPS EVERYWHERE

A plug-in for the Chrome, Firefox and Opera web browsers that cleverly applies https encryption to sites that don't normally offer it. Fairly easy to use, but it won't work with some sites, which will need to be manually excluded.

ADIUM

A free "off the record" web chat client for Apple Macs that logs you into instant-messaging platforms such as Facebook Messenger and Google Talk, encrypting your conversations with other Adium users.

GPG4WIN

A powerful tool for encrypting files and email stored on and sent to and from Windows computers.

Check out the Electronic Frontier Foundation's guide to defending yourself from snooping: ssd.eff.org

Although many big sites encrypt data transactions, the likes of Google and Facebook can still read your messages on their networks. Snowden's initial leaks revealed the NSA is tapping into webmail services and social networks to get the "full fire hose" of data anyway.

In reality nothing is safe, unless you use an "end-to-end" encryption service to add an extra layer of security. But my experience with a range of encryption tools is that most are too complicated.

Indeed, the journalist who broke the Snowden story, Glenn Greenwald, nearly missed the scoop because he didn't know how to install the encryption software Snowden favoured for keeping chats private.

Email providers such as Yahoo! and Google are looking to introduce end-to-end encryption for email to try to regain our confidence in the wake of the Snowden revelations. That will require users to install a browser plug-in. There's talk of cross-compatibility between the big email platforms, which would be a promising development. ▮

PSYCHOLOGY
by Marc Wilson

Copy that

They say imitation's the sincerest form of flattery – or is there an ulterior motive?

'William George Sinclair, better known by his stage name Willy Moon, is a New Zealand-born musician, songwriter and producer. He was the first singer ever to wear a suit." Or so read disgraced *X Factor* judge Moon's Wikipedia entry for a brief moment, until pro-Moon editors got their hands on it.

What a kerfuffle! BuzzFeed subsequently outed more than 20 celebrities, some of whom were probably dead before Moon was born, who had clearly copied his besuited look. Elvis and Abraham Lincoln, for example. The humorously captioned photos show Rat Packer Peter Lawford remarking, "It's disgusting", while Frank Sinatra says, "You have no identity."

Clearly Moon did not pioneer the suit (though I admit he certainly looks good in one in a way a podgy middle-aged academic doesn't). But copying is a sincere form of flattery anyway, isn't it?

It better be, as it's standard advice that to build rapport one should "match and mirror" the actions of those we interact with. Studies show that we tend to like people we think are like us, and although that can mean likes and dislikes, attitudes and whatnot, it also includes behaviour and language. Communication accommodation theory outlines how when we talk to people we often adjust the way we speak to bring our vocal and verbal style closer to theirs. Some of us are high accommodators in that we quickly and unintentionally find ourselves mimicking others' styles. This can be quite embarrassing – put me in a room with someone with a strong Glaswegian accent and there's a risk that within five minutes they'll think I'm taking the mickey.

Put me in a room with someone with a strong accent and there's a risk they'll think I'm taking the mickey.

We "converge" in this way because it oils the wheels of social interaction, but we're also more likely to do it if we're attracted to the other person, or if we're trying to be persuasive or get something out of the conversation.

But we don't always accommodate. In some situations we might avoid doing so to maintain differences in social status. We may even "diverge" in order to enhance the social gap between us and someone else, or to help us feel special.

We can over-accommodate too, with potential consequences beyond my Glaswegian friend thinking I deserve a kicking. Beware trying too hard to mirror your conversation partner. You'll look like a Willy – I mean wally – and it'll undermine the rapport you're trying to build.

Other examples of accommodation include the way people often talk to elderly people or patients in ways that echo baby talk. In this case, the baby talker is overgeneralising and talking to one group of dependent people (the elderly) in the same way they talk to another (children). It's patronising and disempowering, but also rarely deliberate and usually well intentioned.

Rest homes are one setting for accommodational errors, and there are others in which our approach to language differs. Doctors have a particular way of talking, as do the players in the court room. Judges may accommodate less to emphasise who's in charge, whereas cross-examiners may strongly accommodate to get a witness to trust them.

Unrelated to accommodation but illustrated in the court room is a particular feature of what's considered a "powerless" speech style – rising intonation at the end of a statement. We expect this when we're asked a question, but when we hear it at the end of a statement, it makes the speaker sound uncertain and as if they're seeking affirmation. Of course, it's not limited to court rooms – it occurs in many situations in which there's a marked difference in status.

I don't wear a suit very often. But when I do, I'm sure I'm not alone in doing so not to emulate Willy Moon, but because I'm accommodating to the situation. ▮

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MONEY

Turning tables

Fewer women are taking their place in New Zealand boardrooms despite earnest attempts at greater gender balance.

Business consultancy Grant Thornton's latest report on women in business leadership suggests more than 100 years of progress since winning the right to vote may be reversing. Less than a fifth of senior management positions in New Zealand are held by women, below the long-run average of 28%.

Sharemarket operator NZX requires listed companies to report their gender diversity at an executive and board level. In 2014, the proportion of female directors inched up to 14% from 12% in 2013, while the proportion of women in executive jobs climbed to 21% from 19%.

The Human Rights Commission, in its 2012 biennial census of women's workforce participation, found New Zealand was making "slow, incremental but unspectacular progress for women in many areas". In terms of corporate governance, if progress continues at the pace of the past decade, it will be 35 years before boardroom parity is reached.

Measurement of progress has taken a knock too. The commission has quietly binned the census, due last year, saying it was "too research-intensive" to continue as it reprioritised its limited resources. Professor Judy McGregor, who oversaw the census in her former role as equal employment opportunity commissioner, has vowed to resuscitate the report as head of social sciences and public policy at Auckland University of Technology.

"It's vital that the census report is published every two years because it provides objective statistical data about the actual status and representation of women in governance, management, the public service, law, accountancy, science, the armed forces, the police, sport, politics

"Boards are conscious of the demand for more even representation. But it is a matter of finding the right people."

and the judiciary as well as in New Zealand universities," she says. "This data is necessary to counter anecdotal views about women's progress and aspirational rhetoric that may not have a basis in fact."

Women made up 47% of the workforce in the fourth quarter, based on the Household Labour Force Survey. That's up from 42% in 1986, when the series began, and provides some evidence of evolution in the role of women. Their potential to rise to the top, to join the decision-makers, may be more constrained even as acceptance grows that diversity can yield higher-quality decisions.

"I'm firmly of the view that diversity is extremely important on boards, and I've seen enough now to see the difference that makes," says Dame Patsy Reddy, chair of the New Zealand Film Commission and a 30-year veteran of boardrooms.

"What I am most shocked about, having not looked at it a lot until the past couple of years, is how little it really has changed," she said.

Dame Alison Paterson is a boardroom pioneer: she was the first woman appointed to a New Zealand listed company, the first to sit on a producer board and the first to preside over a New Zealand chamber of commerce branch.

The value of diversity, whether by gender, ethnicity or background, is the different perspectives that are brought to the boardroom, says Paterson, who is on lines company Vector's board and was deputy chair of the Reserve Bank. But skills and experience need to come first, she says.

"All boards are very conscious of the demand for more even representation, so they are thinking about it," she says. "But it is a matter of finding the right people."

Paterson says change has been "incremental" but points out that women have been in the workforce only for the better part of a century and it takes time to build director-level experience.

A 2012 industry-driven initiative, the 25% Group, set itself the target of lifting women's board representation to 25% this year. That will be a stretch.

The group was convened by Andrew Barclay, chief executive of Goldman Sachs New Zealand, and includes Joan Withers, who chairs Television New Zealand and Mighty River Power. Both say investors are increasingly looking at diversity in terms of corporate risk management – a way to avoid board "group think".

Barclay says there's a trend among new listed companies to tout board diversity as an asset, though overall results are mixed. A survey by the group in 2012 found women made up 11% of board members of companies worth more than $500 million, but a large tail of companies were without women directors. The former figure has since grown to 20% but boards without female directors remain.

With progress seemingly stagnating, some, including McGregor, have called for New Zealand to follow countries such as Germany, Norway, Italy and the Netherlands in introducing a mandatory female director quota. But Withers says that would send the wrong signal.

"I adamantly oppose quotas because they demean whoever gets the gig. If you're sitting at the board table because you have to make up a number to reach some target, that is enormously, or potentially enormously, disempowering."

Paterson is also unconvinced a quota system would achieve the right outcome. "I don't know that coercion is ever a very good idea. I think also it runs the risk of watering down the quality of appointments," she says.

There are alternative strategies. As chair of the Film Commission, Reddy says there is a worryingly low number of women film-makers, but rather than enforce quotas for grants at the highest level and expect more female directors to materialise, the commission is tackling the issue at grass-roots level, encouraging more women to take up internships.

Although there is no silver bullet to issues of representation, Withers agrees mentorships and urging women to put themselves forward are part of the way to boost female membership on boards.

One of the most important moves by the 25% Group was to kill off the old boys' club argument that good women couldn't be found, Barclay says. The group targeted recruitment consultants, which are increasingly used to fill board seats, who can bring in talent from a wider pool.

Joan Withers, top, and Dame Alison Paterson.

"When the existing boards did a DIY job, it was a case of 'I know somebody who I can tap on the shoulder and he looks just like me' sort of thing," says Barclay. "That was the No 1 reason we did the work around recruitment consultants – to take off the table the idea that women weren't available. If you look, there is no inventory problem; it is an identification problem." ▮ *– Suze Metherell*

GETTY IMAGES; NEWSPIX; DAVID WHITE

FOOD
by Lauraine Jacobs

Fare share

Arrange your dishes in the middle and invite everyone to tuck in.

There's been a marked shift in the way restaurateurs want us to eat when we dine out. The traditional idea of an entrée followed by a main course and then dessert seems to be fast disappearing. These days we're handed menus that offer bites, tastes, small plates, shared plates, things to nibble, sides, larger plates, sweet things … We're encouraged to order a selection of dishes that are then arranged on the table for everyone to dig into.

We're also doing away with individual servings at home, too. Like most of my friends, I deliver food to the table in big bowls so guests can help themselves. That way each person decides how much to eat, and it's also kind to people with special dietary needs as they can avoid anything that they can't or won't tolerate.

This Easter, I'll be cooking my usual celebratory lamb and keeping the meal simple. My favourite cut is a rack of cutlets, which I roast, then slice into chops. It suits everyone at my table, including the wee ones, who love to chew on the little bones.

CHOOSING THE BEST ingredients is the key to creating delicious dishes. For this recipe, seek out lamb racks with a cap of fat, rather than lean meat. It's the fat that provides that burst of flavour in the meat and prevents it drying out.

LAMB RACK WITH THYME AND MUSTARD CRUST

2 small racks of lamb (about nine cutlets on each)
2 tbsp Dijon mustard
1 tbsp extra virgin olive oil
2 tbsp chopped thyme
1 tsp salt
1 tsp freshly ground black pepper

Lamb rack with thyme and mustard crust and crunchy crushed potatoes. Below, carrots with honey and olive oil.

Preheat the oven to 190°C. Scrape any meat off the lengths of the lamb bones. Mix the mustard, oil, thyme, salt and pepper in a bowl to form a paste. Spread over the fatty cap of the lamb.

Place the lamb in a small roasting pan in which it fits snugly. Roast for 15 minutes, then remove and wrap the racks in foil, placing a tea towel over the parcel to keep the meat hot while it rests for at least 10 minutes.

Carve between the bones to create neat cutlets. Serve with the following potatoes and carrots and a fresh green salad, with a fruity chutney on the side.

Serves 6.

Wine match: pinot noir or chardonnay.

CHOOSE FIRM ROASTING potatoes for this recipe. The best variety is agria, as the yellow flesh fluffs up and provides a lovely contrast to the crisp, crunchy exterior. The secret to creating a really fluffy interior is to boil the potatoes first until they're almost starting to break down.

CRUNCHY CRUSHED POTATOES

1kg small roasting potatoes (agria)
4 tbsp olive oil
2 tbsp butter
1 tsp salt
1 tsp freshly ground black pepper

Preheat the oven to 190°C. Peel the potatoes and cut any larger ones into halves or quarters. Cover with water and bring to a steady boil, then simmer for about 15 minutes. Drain, then place in a colander to allow them to dry out so any dampness is removed before roasting.

Heat the oil and butter in a roasting pan in the oven. Gently crush the potatoes with a fork. Don't worry if they crumble a little as any smaller bits will crisp up beautifully. Toss into the roasting pan and turn gently in the heated oil mixture, adding the salt and pepper.

Roast the potatoes for about 40 minutes, turning once or twice so they become evenly golden and crisp.

Serves 6.

CARROTS WITH HONEY AND OLIVE OIL

600g carrots
½ tsp salt
2 tbsp olive oil
1 tbsp honey
7-8 sprigs fresh thyme
Freshly ground black pepper

ELIZABETH CLARKSON; STYLING BY KATE ARBUTHNOT

Quality, baa none

How do you find the nation's best meat? It's hard work, but someone's gotta do it! Eating my way through 20 chunks of the country's most tender and tasty lamb was a revelation recently when I was invited to help judge the finals of the Glammies, held annually as part of the Upper Clutha A&P show in Wanaka.

Farmers enter their best lamb, raised in their best paddocks. The first round of more than 150 entries is whittled down by scientific analysis and testing by Cambridge meat-processing specialist Carne Technologies. Next, a panel of judges tastes the top 20 entries in front of an audience of farmers and show visitors.

There was no doubt in my mind when I tasted the winning entry, a Highlander-Primera-Texel cross lamb produced by Hamish Buchanan on his Dannevirke farm. The pale pink meat had a fine grain, was sweetly scented and seemed to melt in my mouth. Buchanan told me the lamb had been fed a diet of the lush clover/plantain/chicory grass he grows on his property.

What was even more impressive about my Glammies experience was there wasn't a single sample that I didn't enjoy. New Zealand lamb should be considered a national treasure.

Peel the carrots and cut into neat batons 10-12cm long and 2-3cm wide. Place in a saucepan, cover with water and add the salt. Bring to the boil and allow to simmer for 10 minutes until tender but still a little firm.

Drain, then add the oil, honey and thyme. Toss over heat and allow to barely simmer for about 2 minutes, until the carrots are completely coated.

Serve hot with black pepper ground over the top.

Serves 6. ▮

GETTY IMAGES

WINE
by Michael Cooper

Lauded labels

Sniff out wines from some of the world's most appealing brands.

If you stumbled across this ranking of the top five of the world's countless brands of wine – (1) Torres, (2) Vega Sicilia, (3) Penfolds, (4) Villa Maria, (5) Château D'Yquem – on what basis would you think they were selected?

Drinks International, in the UK, claims they're the most admired brands of all. Over 200 wine professionals anonymously took part in a poll in which the judging criteria included "consistent or improving quality", reflecting a "region or country of origin" and "strong appeal to a wide demographic".

The top 50 labels are an odd mix of supermarket brands (Jacob's Creek, Mateus, Lindeman's) and prestigious labels (Louis Latour, Lafite, Château Mouton-Rothschild). EuroVintage, a major wine importer, distributes several of the most-admired brands here, including Torres, Casillero del Diablo (6), Chapoutier (11), Trapiche (37) and McGuigan (43).

Chapoutier Belleruche Côtes-du-Rhône 2013 ★★★★
The "roasted nuts" character typical of Rhône Valley reds is clearly on display here. Showing good density, it's sturdy and savoury with ripe, plummy, spicy, slightly nutty flavours. Drink now or cellar. $23

Chapoutier Pays d'Oc 2014 ★★★★
Ever wondered what French rosé tastes like? Pale pink, this mouthfilling, fully dry wine has lively strawberry and spice flavours with a hint of apricot and excellent freshness and drinkability. $16

Torres Gran Coronas 2011 ★★★★
Quietly classy, this Spanish cabernet sauvignon is dark and full-bodied with blackcurrant-like flavours, deliciously rich, ripe and rounded. $23

Torres Coronas Tempranillo 2012
★★★★
This Spanish red offers great value. Invitingly perfumed, it has concentrated flavours of dark berries, plums and spices, a subtle seasoning of oak and greater depth and complexity than you'd expect for $18.

Concha y Toro Casillero del Diablo Reserva Cabernet Sauvignon 2013
★★★½
Deeply coloured and mouthfilling with fresh, strong, blackcurrant and herb flavours to the fore, this Chilean red is drinking well now and bargain-priced. $14

McGuigan Reserve South Australia Shiraz 2013 ★★★
Vibrantly fruity, this is an uncomplicated style with fresh plum, berry and spice flavours and hints of liquorice and nuts. Generous, ripe-tasting and smooth, it's ready to roll. $13 ▮

WINE OF THE WEEK

Trapiche Oak Cask Malbec 2013
★★★★
Malbec is Argentina's star red. Dark and sturdy with a powerful surge of fresh blackcurrant, plum and spice flavours and a seductively smooth finish, this delicious wine is a steal at $14.

SPORT

by Paul Thomas

Duel purpose

The oldest sledge in the book stirs up a right spectacle.

Former Australian fast bowler Geoff Lawson reckoned it was the first time in the Cricket World Cup that "passion rather than professionalism was ruling the day". (It wasn't the last: there was passion aplenty at Eden Park as the Black Caps clawed their way into our first-ever final.)

The media consensus was that it will be talked about for years. A Sri Lankan writer went full Homer: "Few will forget the theatre and the unbridled oscillating emotion of this spell. Tattooed into their nerves will be the night a fast bowler filled a stadium with his fury; the half hour their collective pulses raced in sync with a batsman's heart."

A tournament organiser's dream, you'd think. One of those magic moments when sport transcends its essentially ephemeral nature and the competitors' strivings acquire an epic quality. Yet Pakistani fast bowler Wahab Riaz and Aussie batsman Shane Watson's reward for staging this spectacle was to be fined 50% and 15% of their match fees respectively. No doubt they were also warned about their future conduct. We should never be surprised when sports administrators slip on their own banana skins, but this was ludicrous.

Following Phillip Hughes's death and the subsequent hand-wringing over player behaviour, the International Cricket Council resolved to toughen "behavioural obligations" at the World Cup. People who enjoy making regulations generally aren't of a mind to accept that there are exceptions to every rule. Thus, because a few words were exchanged in the heat of the moment, a dramatic cricketing duel was treated as gratuitous spitefulness and deemed unacceptable.

Reinforcing the ludicrousness was the fact that it involved byplay that wouldn't be regarded as untoward in club cricket. When he was batting, Riaz played and missed at four deliveries in a Mitchell Starc over, prompting the bowler to remind him that, "It's the white thing – you have to hit it."

This is a variation on the oldest sledge in the book: a batsman is having trouble laying bat on ball; the bowler tells him, "It's round, it's red/white and it's got a seam." (In apocryphal retellings, the batsman invariably smokes the next delivery out of the park and tells the bowler, "You know what it looks like – you find the f---er".)

The Aussies stirred Wahab into a righteous fury and Watson reaped the whirlwind: he got a real working-over accompanied by regular invasions of his personal space, sarcastic applause and even a blown kiss. If his panicky hook shot had been caught at fine leg – and most schoolboy cricketers would have held it – Australia would have been 83 for four chasing 213. As it was, he rode out the storm and he and Glenn Maxwell – who was also dropped off Riaz – steered Australia to what on paper was victory in a canter but in reality was anything but.

In apocryphal retellings, the batsman smokes the next delivery out of the park and tells the bowler, "You know what it looks like – you find it."

When it was over, Riaz and Watson shook hands and exchanged warm words, a moment of mutual respect between a bowler who'd given his all and a batsman who'd been through the fire and come out the other side.

If there was a troubling aspect to this game, it was the two dropped dolly catches that effectively put Australia into the semi-finals. Everyone drops catches: the West Indies dropped Martin Guptill on four; he went on to make 237 not out. Perhaps there was no more to it than met the eye, although the fielder who dropped Watson took a far more difficult catch a few minutes earlier.

Sadly but inevitably, eyebrows will be raised when Pakistan loses matches by dropping sitters. You reap what you sow. Just ask Watson. ∎

From left: Wahab Riaz; Shane Watson; Martin Guptill.

GETTY IMAGES

Travellers' checklist

BILL LENNOX knows how your Asian holiday will turn out – before you even set foot on the plane.

When you travel in Southeast Asia, Sri Lanka or India, some things are pretty much inevitable. You'll fall for at least one tour guide – such insight, sensitivity and wit. You'll tip unwisely, bestow precious gifts, resolve to keep in touch – resisting the knowledge that to you they were one out of the box, but to them you were one in a million.

You'll succumb to at least one unwise ethnic clothing purchase, telling yourself you're showing cultural respect. But you'll look like another over-excited wannabe, and even sillier back home.

You'll get bored with haggling. Anyway, it isn't that clever. Remember, when you triumphantly slash 200 rupees off the price of a pashmina or 20,000 dong off a tuk-tuk ride, you've saved yourself about the cost of a cup of coffee and denied a family a meal.

You'll tire – soon, I hope – of sniggering at clumsy translations, typos and mispronunciations. It helps to recall the hash you made of Thiruvananthapuram. Okay, you're allowed to enjoy two. Mine are Nazi goreng and lawful attorney.

Yes, you'll find the driving as scary and chaotic as predicted. But then you'll see its subtle synchronicity, the care shown for everyone else on the road, including you as you teeter across the street. You'll wonder how New Zealand drivers would manage here – and why, if we are so orderly and regulated, driving at home is so fraught.

By perverse logic, you'll find free and reliable Wi-Fi at a tiny Mekong guest house, but pay heftily for it in four-star opulence in KL (or Auckland).

On long drives you'll be tempted to check the guide book. Resist the urge. After all, you've paid a local to show you around. And if a guide suggests a "sight" that isn't mentioned in *Lonely Planet*, go for it – unless it's another jewellery factory.

You'll be impressed by the fervour of national anniversaries. Liberation, independence and peace are celebrated with flags and parades in every village. There are disturbing history lessons, especially as it was often all about cardamom. Politics back home will seem like a spat in a playcentre.

Unless you drink only cocktails or scotch, you'll be lucky to find your favourite tipple. There will be lager, but it's more fun to drink local red wine. Only you won't find wine on drinks lists, so be patient when waiters look panicked – they're wondering why anyone would drink that stuff while they eat.

In bars, you'll come to love badminton with your beer. Anything played with an oval ball is well down the list – way behind table tennis, boxing, volleyball and kabaddi. And any game played by Lionel Messi or Man United.

When – not if – there's a power outage, you'll suffer an intolerable loss of Wi-Fi but romantically resort to candles. Just when you're losing patience, you'll hear that the supply was cut to conserve power for the stunning illumination of tonight's religious festival. But there will always be food. That's what those battered gas bottles are for.

If you won't eat anything spicy, you'll suffer sad versions of pasta and grilled sandwiches. Foreigners in Hanoi or Kandy complaining "It was nice, but too spicy" are simply ridiculous. Just eat what the locals cook best. If you don't like spicy food,

Feast for the senses: remember that those glorious vistas were not created for your benefit, and if you don't like spicy food, stick to the Gold Coast.

go to the Gold Coast again.

You'll look absurd if your camera lens is longer than 5cm. And get that flash under control. Locals placing flowers before a reclining Buddha in a mountain cave ought to be able to do so in the natural gloom – and without having to resist the urge to give you a whack.

It might dawn on you that those glorious vistas were not created for your delight. Terraced tea plantations, shimmering rice paddies, fish markets, vividly painted fishing boats, women fishing waist-deep at low tide and carrying urns of water on their heads – these are all part of an exhausting daily grind.

You'll stop wondering why your driver meekly pays every "village road fee" and buys a raffle ticket "offered" by an army officer. Don't be tempted to single-handedly resist entrenched customs. Feel reassured by politicians who vow to stamp out corruption – eventually.

If you have a health and safety role at work, you're in for repeated shocks. It's not just the absence of ear protection, rails on scaffolding, tidily strung power lines – but also the fact that everything works well enough and serves a population that makes Auckland feel like a village.

You'll soon learn to run for cover when you see a stallholder refuse a sale and reach for the blue tarpaulin. There's no such thing as a light shower of rain.

If you're a farmer, you're in for a lesson on intensive land use. Palm oil trees crowd airport runways, rice paddies fill gaps between houses, tea plantations spill onto the shoulders of roads. It's not the Mackenzie Country.

By perverse logic, you'll find free and reliable in-room Wi-Fi at a tiny guest house up the Mekong River, but pay heftily for the same service when staying in four-star opulence in Kuala Lumpur (or Auckland).

You could develop an unhealthy obsession with laundry. Its cost underlines the economic gap between you and lowly paid locals. Forty cents for undies is top end. A full load could cost NZ$4. And the time it takes to get your undies back, scented and crisply folded, reflects how little sleep they get.

In fact, laundry lists are full of helpful shopping information. If ladies' shorts and trousers aren't on the list, you shouldn't wear them in public. The reverse doesn't necessarily apply – otherwise you'll be stocking up on lehenga, kebaya and safari suits, which you will regret.

Looking back, you'll decide that many travellers who write online reviews are nuts. Otherwise excellent places are written off because the shower dripped. It doesn't occur to them that the staff whose English they whine about speak English far better than New Zealand hospitality workers speak Hindi.

And when you're home, life will suddenly seem so dull you'll long for a few exotic irritations. ▮

GETTY IMAGES

Books&Culture

Friends indeed

In AD Miller's new novel, a couple of mates are haunted by the very ties that bind them. **by STEPHEN JEWELL**

When I meet Andrew "AD" Miller in a bar in a London bookshop, I can't help but think we could be two pals discussing old times over drinks. For the 40-year-old's second novel *The Faithful Couple* centres around a pair of good mates, whose two-decade association is drastically altered by an incident that occurs shortly after they first cross paths in a San Diego youth hostel.

"Friendship in general is not written about enough in contemporary fiction, although 19th-century authors were fascinated by it," says Miller, citing the examples of Herman Melville, Mark Twain and Jane Austen. "That might have been because relations between the sexes were much more constrained back then, so public encounters and adventures typically involved friends rather than lovers or spouses. But when you consider what an important feature friendship is in most of our lives and how intrinsically dramatic most long-standing friendships can be, it's funny that it tends to get relegated to the subplot of most fiction, rather than becoming the focus of the storyline."

In this "very fertile territory for fiction", the irresponsible actions of the novel's main protagonists, Neil and Adam, help to hold them together before eventually contributing to tearing them apart.

"The book is also about guilt, because quite early on in their acquaintance they behave in ways that they come to very much regret. But all friendships are like conspiracies in the sense that we all know things about our friends that nobody else does. Friendships are always based on secrets. They all involve an element of affectionate blackmail, whereby we know things about our friends and they know things about us that we wouldn't necessarily like other people to know."

The Faithful Couple begins with Neil and Adam embarking on a road trip to San Francisco before becoming ill-advisedly involved with a teenage girl during a camping trip to Yosemite National Park. The book takes its name

BOOKS 51
New crime novels about Russian mobsters and psychiatrists with a screw loose

BOOKS 54
Four local poetry collections bring energy, wit and humanity to the page

MUSIC 56
SJD gets mystical, plus Trinity Roots' first studio album in a decade

FILM 58
A charming doco on French haute couture and a Film Festival taster

AD Miller: "I set myself a challenge in having these leaps in time."

from an ancient pair of giant interwoven sequoias. "The trees themselves are a sort of metaphor for their relationship as they're locked together in a kind of permanent competition, but at the same time, if you took one away, the other would instantly collapse," says Miller. "There's a kind of co-dependency there as well as a rivalry, which is emblematic of what a lot of friendships end up being like."

With the majority of the novel set in London, Miller charts Adam and Neil's rise – and indeed fall – through the ranks of their respective workplaces. "What I've tried to do is to measure their friendship against their other relationships, which includes their office relationships," says Miller. "We all have these relationships at work, which we regard as inessential and superficial. But in another way, they're actually very important because our colleagues are the people we probably spend most of our waking life with."

Miller also compares their bond to those between romantic partners. "The main distinction to the ones that they have with their families – both biological and with their spouses – is that it feels to them that their friendship has been a choice," he says. "It's a discretionary thing that they've chosen freely to share with one another, as opposed to their family relationships, which can feel like an obligation. What happens to them over the course of their relationship is something that happens to a lot of long-term friends, which is that what starts as a choice can sometimes turn into an obligation because if you've known someone for a long time, it can be very hard to part ways, even if you've got a really good reason to do so."

"Friendships are always based on secrets. They all involve an element of affectionate blackmail."

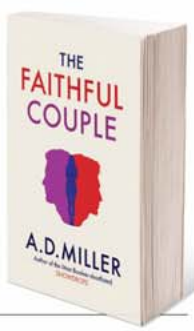
Shortlisted for the 2011 Booker Prize, Miller's debut novel, *Snowdrops*, was inspired by his stint as the *Economist*'s Moscow correspondent. Whereas *Snowdrops* took the form of a thriller – for which it was criticised after its Booker nomination for apparently representing a dumbing down of the prestigious literary award – *The Faithful Couple* adopts a more episodic structure. Similar to David Nicholls' *One Day* – which Miller says he hasn't read "but I believe it's been fairly successful, so I'm not going to complain" – the narrative drops in on Neil and Adam every two or three years between 1993 and 2011.

"I've tried in the margins of the novel to give a sense of how London changed in the 90s and the noughties," says Miller. "Those boom years of the wild roller-coaster economy transformed not only the physical fabric of the city but also the lives of the characters. What happens to them is what happened to a lot of people back then in that they make a lot of decisions in their early twenties and then find themselves in a very different situation, certainly in financial terms."

Admitting that he "set myself a challenge in having these leaps in time", Miller fills in some of what has happened to them in the intervening period but leaves the reader to figure out the rest. Crucially, he doesn't return significantly to the plot line of the young woman, whose eventual fate haunts Neil and Adam from the background, rather than becoming the driving force of the story.

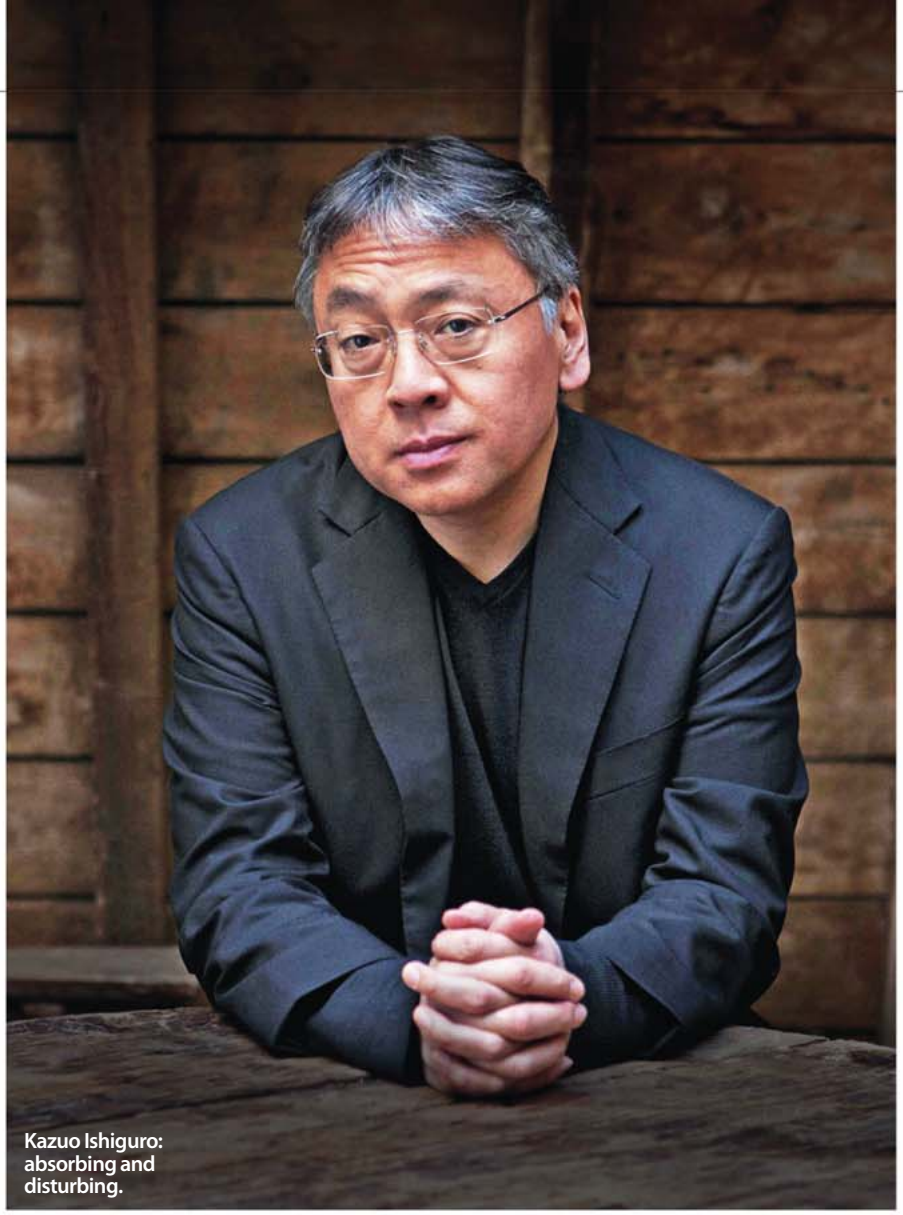
"One thing I've tried to show is how when we're young, we don't give a lot of thought to the consequences of our actions. In the manner of young people who are in their twenties, they're fairly blithe about the impact their behaviour might have on others. What happened in California does incrementally catch up with them, particularly when Adam becomes a parent. That's something a lot of readers will relate to because becoming a parent can change your past as well as your future and can lead to a revision of your moral outlook, which is what happens to Adam. A bit like in *Snowdrops*, I don't offer a way out towards the end of the story because life doesn't tend to offer those kinds of consolations." ▮

THE FAITHFUL COUPLE, by AD Miller (Little, Brown, $37.99).



Dangerous memories

Enduring love, irretrievable loss – Kazuo Ishiguro has it down pat, says PAULA MORRIS.



Kazuo Ishiguro: absorbing and disturbing.

JEFF COTTENDEN

Kazuo Ihiguro's first novel since the dystopian *Never Let Me Go* (2005), *The Buried Giant* is another compelling foray into speculative fiction, though this time the Britain of the book isn't a distorted version of the present – the setting is a fantastical version of Britain in the mid-sixth century.

The Romans have been gone for over a century, leaving behind ruined villas and the remnants of civilisation. Invading Saxons have colonised the east, and King Arthur, the Britons' champion, is long dead. Though a belligerent lord in his castle and a particularly sinister monastery play roles in the novel, Britain is a backwards land of thick forests and rocky hillsides, peopled with pagan Saxons and Christian Britons living in tiny settlements. They're suspicious of each other and afraid of everything else – wolves, bears, ogres, demons, giant dog-like beasts, malevolent pixies, dragons. And because this is a fantasy novel, not an Iron-Age *Wolf Hall*, ogres and their frightening ilk are real menaces, not fairy tales, despite the fairy-tale-like structure of the book.

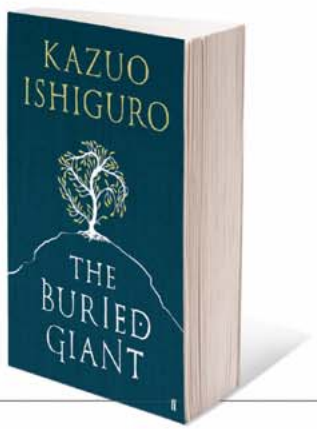
When the novel begins, there's peace among the tribes because no one remembers the past: "It had somehow faded into mist as dense as that which hung over the marshes." Stumbling through this dream-like mist is an elderly couple, Axl and Beatrice, on a perilous journey to find a son they can barely recall.

They're suspicious of each other and afraid of everything else – wolves, bears, ogres, demons, malevolent pixies, dragons.

The obscuring mist that has hidden history is linked with the fierce she-dragon Querig, so this odyssey has many dangers, physical and supernatural. Axl and Beatrice face many of them alongside travelling companions on complex quests of their own: Wistan, an accomplished Saxon warrior on a secret mission for his lord back in the fens; Edwin, a possessed pariah of a boy who's both hunter and bait; and an old Sir Gawain, last survivor of Arthur's inner circle, creaky in his rusted armour but still loyal to Arthur and Merlin and determined to do his duty.

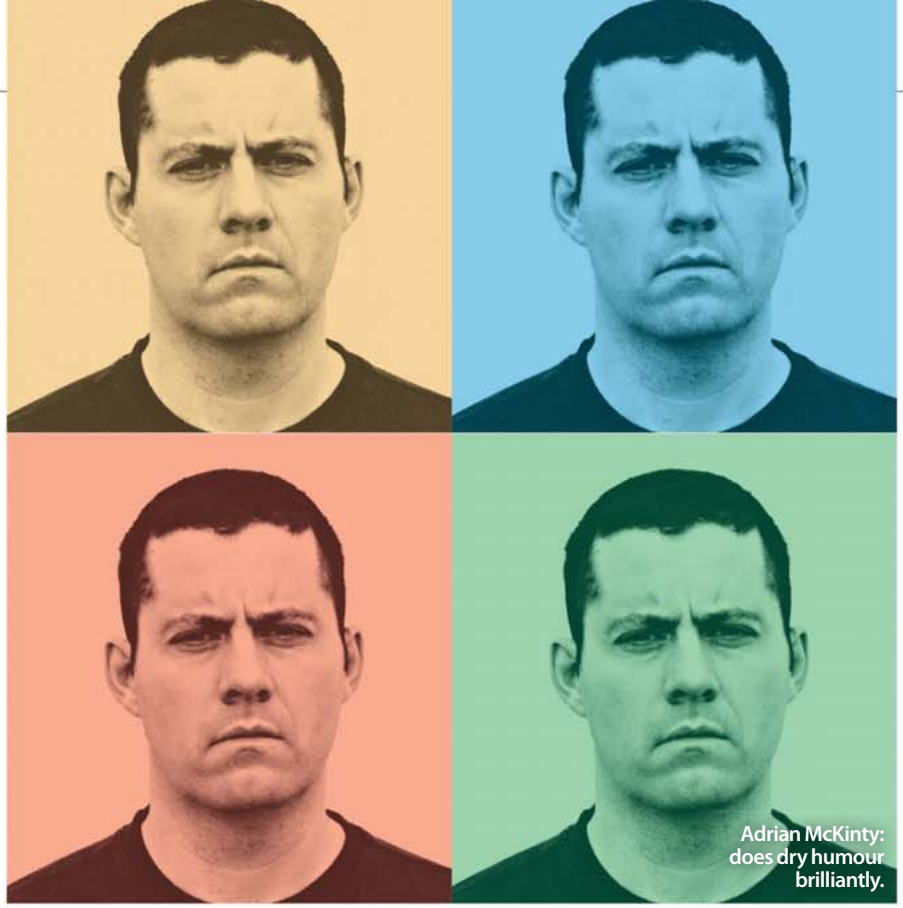
Memory and forgetting, confronting the atrocities of the past, enduring love, irretrievable loss – this is familiar territory for Ishiguro. He sent Stevens the butler off on such a journey in *The Remains of the Day*, and detective Christopher Banks on his own deluded quest in *When We Were Orphans*. In *The Buried Giant*, memory is a far more dangerous thing; there's no peace and reconciliation in this absorbing and disturbing novel, once the past is summoned from the mist. ▮

THE BURIED GIANT, by Kazuo Ishiguro (Faber & Faber, $36.99).



Best laid plans

BERNARD CARPINTER'S round-up of the latest crime novels.



Adrian McKinty: does dry humour brilliantly.

If something can go wrong, it goes spectacularly wrong in **THE WHITE VAN, by Patrick Hoffman** **(Grove, $36.99)**. First, Russian mobsters plan to rob a bank in San Francisco, manipulating drugs enthusiast Emily Rosario into a lead role. When that goes haywire, desperate broke cop Leo Elias concocts a plan to steal the money from Emily, who has gone underground to escape the Russians. Fatalities follow as the characters' plans prove as flawed as the characters themselves – and these characters are very flawed indeed. This is a book full of surprises, energetic, forceful and hugely readable.

GUN STREET GIRL **(Serpent's Tail, $36.99)** is the fourth in Adrian McKinty's excellent series featuring Sean Duffy, a Catholic cop in Belfast during the Troubles of the 1980s. This one starts with the murder of a wealthy couple, apparently shot by their own son, and then the riots after the announcement of the Anglo-Irish agreement that infuriates extremists on both sides. Duffy goes to a church social, only to be shunned by women not interested in a man in constant danger of being killed. McKinty does plot, character and dry humour brilliantly, but his greatest accomplishment is his evocation of a time and place of vicious insanity.

MEDEA'S CURSE, by Anne Buist **(Text, $37)** could be described as a psychiatric thriller. Natalie King is a psychiatrist in Melbourne and a bit unusual herself – she rides a big Ducati, sings in a rock band, generally rocks boats and does not always take the medication for her own manic-depressive condition. Her caseload includes women convicted or accused of killing their own children and Natalie wants to know to what extent the women's partners were responsible for the deaths; she thinks the women could be covering up for their men. Solid going at times, this is a tough, different and interesting book.

Two burnt corpses in London are found to be assemblages of body parts from four different people, hence the title of **JIGSAW MAN, by Elena Forbes** **(Text, $37)**. Detective Mark Tartaglia and his team make agonisingly slow progress while the media – led by a particularly annoying journalist – go to town on the case. Meanwhile ex-cop Sam Donovan, formerly a close friend of Tartaglia's, strikes out on her own to investigate the murder of her sister Claire. Standard police procedural in the British vein, but better than most thanks to Forbes' examination of relationships, which makes the characters come alive.

BLOOD, WINE & CHOCOLATE, by Kiwi writer Julie Thomas **(HarperCollins, $34.99)**, sees Vinnie and his beloved wife, Anna, flee their home in London after Vinnie gives evidence in the murder trial of a crime boss whom he had known as a child. Under a witness protection programme, they change their names and come to New Zealand, where Anna makes chocolate and they buy a winery on Waiheke Island. But the bad guys are so enraged that they come all this way to seek revenge … The novel is not quite as good as its title, but makes satisfying light entertainment. ∎

LEAH GARRETT

Putin's new clothes

Democracy and the rule of law are mere slogans in this terrifying depiction of modern Russia.

by NICHOLAS REID

Peter Pomerantsev covers such things as the selling of army recruits and the grooming of provincial girls.

"Over the last twenty years we've lived through a communism we never believed in, democracy and default, and mafia state and oligarchy, and we realised that they are illusions, that everything is PR."

These sentiments are very postmodern ("perception is everything"). They are also both despairing and cynical. They are spoken by a "liberal" Russian intellectual who has gone over to working for Vladimir Putin's PR apparatus. His views aren't unique. As Peter Pomerantsev reports in this frankly terrifying travel book, they are typical of modern Russia.

Ideals – such as democracy and the rule of law – are merely dishonest politicians' slogans. Therefore, you believe in nothing, keep your head down, do not criticise the regime and make as much money as you can – or at least as much as you can before police take it in the bribes on which they depend, and before state-controlled gangsters smash up your business or take it over.

And the welfare of others and the good of society? Well, we don't believe in foolish slogans like those, do we? We leave it to a strong leader to sort things out.

Pomerantsev is the son of dissidents who fled to London as refugees in the Soviet era. They truly believed in democracy and had high hopes for the post-Soviet state. Pomerantsev went to Russia in the late 1990s, stayed for over a decade and worked for a TV channel producing sensationalist drivel that mimicked the worst of Western "reality" TV. He makes regular trips back.

His detailed reportage on Russia ranges from chapters on the routine mistreatment of army recruits (beaten up and sold as labour to entrepreneurs by their officers) to tales of girls from the provinces grooming themselves to snare the new class of (gangster) Muscovite millionaires. The supporting cast includes Muslim girls from the Caucasus who see becoming suicide bombers or prostitutes in Moscow as equal options.

But the focus is on the Kremlin's new ruling class. Former KGB men (like Putin) pose as modern, liberal and open to new ideas, while playing the same old control games. Opposition parties are allowed – so long as they are covertly controlled by the government. Satire is permitted on television – so long as real government scandals aren't mentioned and names aren't named. Set up by presidential decree, TV channels like *Russia Today* look almost like the standard Western mix of trivia, sport and entertainment – except that all their news is crafted state propaganda.

How does Putin emerge from this? As a man who wants to rebuild the old Russian empire while clothing himself in forms of democracy and consent that have been stripped of all meaning. The first post-modern dictator. ▮

NOTHING IS TRUE AND EVERYTHING IS POSSIBLE: ADVENTURES IN MODERN RUSSIA, by Peter Pomerantsev (Faber & Faber, $36.99).

Former KGB men (like Putin) pose as modern, liberal and open to new ideas, while playing the same old control games.

Chigozie Obioma: takes the personal and makes it universal.

MATTHEW ORSELLI

Brothers in arms

Nigeria in flux is mirrored in a tale of four boys and a madman.

by MICHELLE LANGSTONE

Chigozie Obioma's debut novel takes place in the town of Akure, Nigeria, where the author was born. That deep connection allows him to build a world for the reader that is layered and fibrous, the homes and streets and shaded places all singing with the narrator's familiarity. The truism that what is most personal is also most universal seems made for this story – one so intimate and familial, yet blown apart with a largesse of themes that run to redemption, loyalty and vengeance.

When a shift in family dynamics takes their father to another city, the four Agwu boys are left to test their mother's boundaries. Their wilful teenage disobedience and lack of caution leads them to a chance encounter with a lunatic who delivers a prophecy of death that throws a pall over their adolescence; suddenly the brothers are faced off against one another with rapidly escalating tension and threat. Benjamin, the youngest, narrates the story.

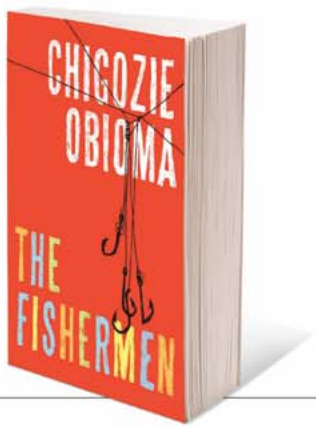
Obioma allows the boy a dogged truthfulness in his role, though the telling is a burden that rests heavily on his small shoulders, stealing his childhood away even as he undertakes it, thanks to a brutal and unnatural rite of passage. The author's handling here is clever and sensitive: his narrator tries hard to be reliable, but his tender years mean he intuits events with a bitter-sweet naivety and the subtleties can't help but be lost on him.

The Fishermen is sharp with vibrancy and ripples with foreboding. The elemental life of Africa is as vivid and freshly masculine as the young boys who inhabit it. The sinewy physicality and rages of the young men mirror the changing political face of Nigeria in the 90s, the restlessness and uncertainty of a territory in flux.

Obioma adroitly captures the fears of a small, deeply religious, churchgoing community; the whispers and speculations, the superstitions. Those notions – curses, predestination, sin – lend the story a biblical quality, and the weight of such fears eventually tip the balance of good and evil. *The Fisherman* advances at pace towards a conclusion that blends mythology and violence with a yearning for innocence. ▮

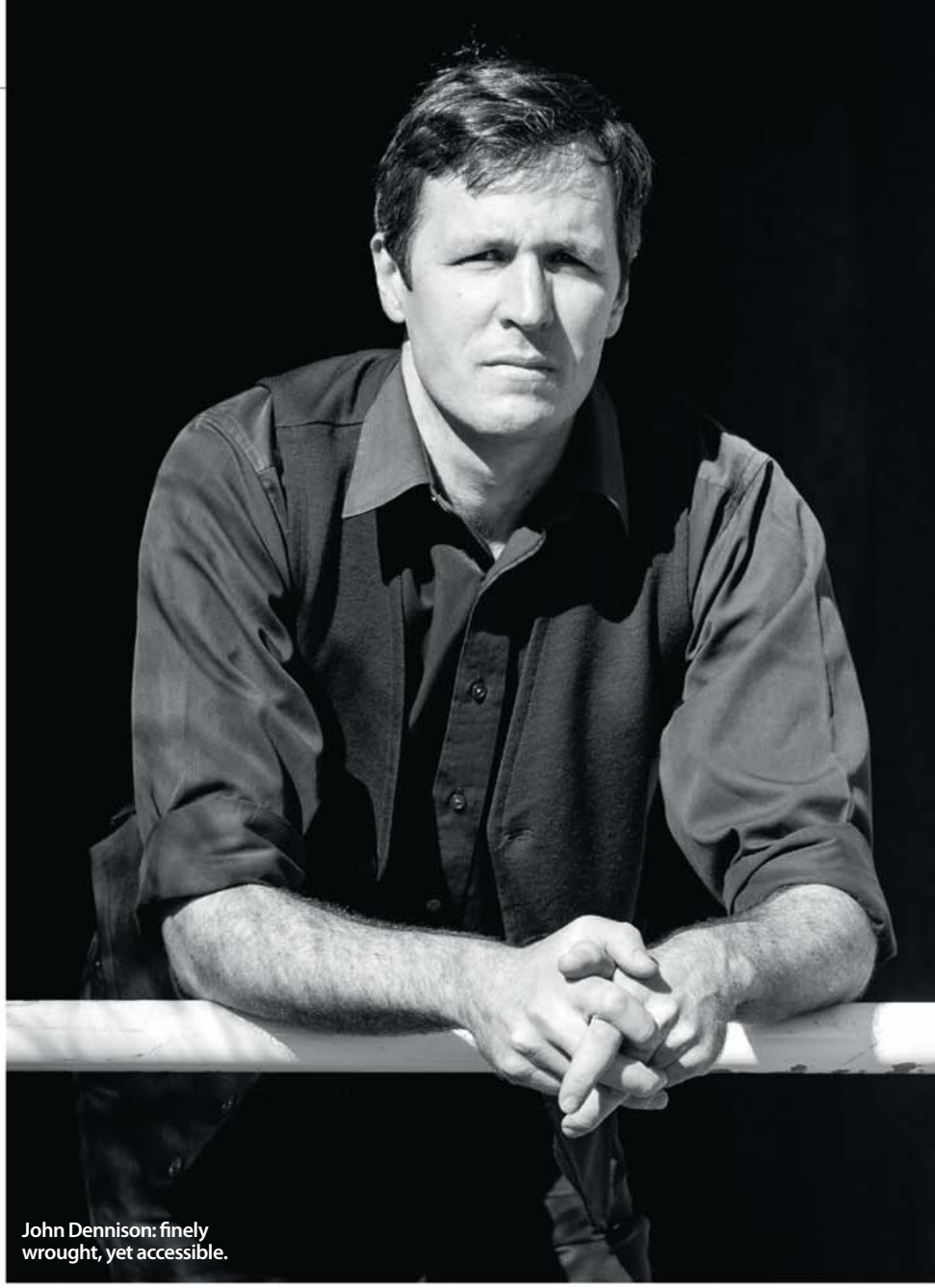
THE FISHERMEN, by Chigozie Obioma (Scribe, $37).

Obioma adroitly captures the fears of a small, deeply religious, church-going community.



Fully formed

SARAH QUIGLEY reviews collections from four New Zealand poets.



John Dennison: finely wrought, yet accessible.

A friend who works in the frenetic world of internet fashion told me recently that reading poetry is the best way she knows of "slowing the pulse". I thought of this as I read John Dennison's *Otherwise*. For in examining the passing of time, these meditative poems also make sense of it. With their measured tone and precision of language, they steady the "squirrelling, querulous heart".

It's rare to come across a poetic debut as assured as this, and a pleasure to surrender to the poet's skill. These are finely wrought, formal poems that are nonetheless accessible. Often Dennison begins colloquially – "Late, you don't know the half" – and segues into a philosophical context where the brief flares of individual existence are both celebrated and subsumed.

Settings range from Scotland to Calcutta, literary references from TS Eliot to our own "Jim Baxter". The depth of vision and the rich language are reminiscent of Seamus Heaney – so I was hardly surprised, halfway through the collection, to come across an impressive triptych dedicated to the Irish poet.

The collection's final poem, *The Extra Mile*, is the most personal, with its endearing image of the narrator born with feet curling like "ponga fronds". It's a remarkable achievement: each image plays off and extends what has come before, and the last lines read like a personal credo: "what is done has entered me,/left me longing for the extra mile". What's so impressive here is that the poetic quest, and the monumental task of creating, appear effortless.

Geoff Cochrane's new collection – his 15th – is like a polar opposite to Dennison's. *Wonky Optics* is characterised by a fizzing, crackling energy, an irreverent humour and a casual delight in words: "I'm under the influence of influenza." Cochrane also leaps exuberantly between forms. Some prose poems run to several pages, whereas other poems are just a couple of lines long – such as the short, lilting, gorgeously nonsensical *Spring*: "Scented gusts that bring us sweet elsewheres./With up so floating many bells down, somehow."

Anna Jackson is well-established on the New Zealand literary landscape, and a new book from her is always a

ROBERT CROSS

An irreverent humour and a casual delight in words: "I'm under the influence of influenza."

treat. *I, Clodia, and Other Portraits* is vintage Jackson, blending classical source material with a witty, colloquial and utterly contemporary style.

The "Clodia" of the title is Clodia Metelli, widely accepted to be the "Lesbia" of Catullus's famous love poems. Under Jackson's deft touch, she springs into life; her poetic voice, like Catullus's own, is variously passionate, tender, sharp and defiant: "Do you think I have nothing to do but wait lonely/for you to return with your limping iambics …?" In this striking sequence, she's revealed as a classical heroine for a modern age, pronouncing on gossip, infidelity and love.

The collection's second half, *The Pretty Photographer*, consists of a series of poetic portraits. *Sylvia in the Supermarket* talks of her "winning son"; *The Politician's Wife* has a room she likes to call her study – "though I do not study"; *The Proof-reader After Hours* worries about a missing comma. These poems are sharply objective, emotionally engaging and often profoundly moving. In a world of talented copy-artists, Jackson is that rare thing – a true original. Her poetry never fails to surprise and inform.

Tom Weston's *Only One Question* displays a similar ingenuity regarding the use of literary sources. *Everything is Pointless* echoes a letter written by Flaubert to the much younger Maupassant, his "literary nephew". In this deliciously funny poem, Weston adopts and subverts Flaubert's admonitory voice. "Do not/yield to reality", says "Uncle to Nephew Guy"; "give up melancholy, a useless delusion … And welcome to Art, you Numbskull".

Weston's literary-historical references range from the early 19th-century French writer Chateaubriand to the American modernist Hart Crane and Kafka – whose novel *The Castle* is the starting point for the satirical *An Excellent Arrangement*. Here, in a perfect parody of official complaint-filing, Weston captures the infuriating illogic of bureaucracy – adding wryly in an afternote that Kafka would find post-earthquake Christchurch "congenial".

In spite of his frequent use of humour, Weston – as he usually does – tackles serious topics. The central preoccupation of this collection is the passage of time, "the short space/ we each inherit", and the impossibility of finding answers to the "one question". You get the feeling that the formal structure of the poems is one way of managing the unmanageable; reassurance lies in the absolute mastery of language and form. And even as the poet asserts that "with each small wave we lose another chance", he offers redemption, celebrating the very humanness that is ultimately our downfall. ▮

OTHERWISE, by John Dennison (Auckland University Press, $29.99); WONKY OPTICS, by Geoff Cochrane (Victoria University Press, $25); I, CLODIA, AND OTHER PORTRAITS, by Anna Jackson (Auckland University Press, $24.99); ONLY ONE QUESTION, by Tom Weston (Steele Roberts, $24.99).

POETRY

by JOHN DENNISON

ERRATA
after Eileen Duggan, New Zealand Poems, 1st edn, 1940

For their death *read* your death;
for I had always *read* I always;
for nothing that *read* nothing can;
for moon *read* mourn;
for limb *read* lamb;
for cuckoo *read* cockerel;
for thundered *read* thundering;
for quiet *read* quake;
for the hills' river *read* the hill's riven;
for Oh *read* Or;
for and if atonement *read* and is atonement;
for there *read* here;
for as *read* so;
for no *read* yes.

These, and other errors, are due to war conditions.

DVD REVIEW

On his wick

by MARK BROATCH

We meet John Wick tumbling out of his car, face battered, blood oozing from a deep gut wound. His seemingly last act is to watch a video of his wife on his phone. She died of some terrible disease, it transpires, but in a selfless display of posthumous generosity arranged for him to be sent a puppy. He loves that puppy. A chance encounter at a gas station – he's filling his covetable classic Mustang – leads to a brutal break-in at his house. Dog lovers should look away.

Enough sentimental backstory. We're here to see Keanu Reeves in one-man-army revenge mode, and thanks to Wick's devilishly shady past, that's pretty much what we get from this point on. In those lovingly choreographed displays of ultraviolence (fists and feet, guns, knives, vehicles), *John Wick* is actually a bit of a blast. Yet there's so much wrong with this film – its pacing, editing, writing and acting, to start with.

Keanu Reeves: what's a man to do when his puppy's brutalised?

Then there's the shambling story, complete with cruel Russian gangsters, a *Wanted*-style secret society and a music video aesthetic that appears and disappears as if on shuffle. Much of Wick's life is unexplained and unexplainable. Sometimes Reeves' lack of affect is a boon, but most of the time here he looks as wooden as a chest of drawers, and he really doesn't have the gravitas to play someone everyone fears. But then there are moments of cinematic excellence, weird dark humour, flickers of Reeves' minimalist genius, Willem Dafoe elegantly slumming as Wick's pal and Michael Nyquist's Russian mob leader working himself up to a matchlessly macho showdown. Rein it in a bit and I'd watch a sequel.

JOHN WICK (Roadshow, R16)
★★★

MUSIC

by Nick Bollinger

Divine inspiration

Sean James Donnelly's mysterious new album even has its own spirit guide.

SJD: strikingly rich songwriting.

NEWSPIX

"I used to love just cradling that bit of slightly fermented cardboard in my hands and sniffing it, to eke out the mystery of the music within, a lot of the time gloriously short of details …"

Sean James Donnelly is reliving the semi-mystical experience of listening to music back when an album was an object one bonded with – from the printed cover to the sounds within – rather than today's fleeting online experience. Under the name SJD, the moniker he has used since his first independent releases 17 years ago, he has just completed an album that feels as mysterious, talismanic and permanent as the classics he remembers. And like those albums, *Saint John Divine* comes in a package that curiously amplifies the music.

The cover illustration is *Reading the Bird Entrails*, a painting by Dunedin artist Kushana Bush that depicts a bearded, hatted figure addressing a group of men, women and children while holding the intestines of a bird he clutches by the neck. Donnelly and Bush met in 2013 when they were each recipients of an Arts Foundation New Generation Award. Says Donnelly: "She said, 'I have this painting I think might fit', and it just spoke to so many of the themes that are in the album, not least the fact that the album is called *Saint John Divine*. It gave another meaning to the word "divining". And the first song is called *I Saw the Future*. So many of those threads were tied together.

"I saw this guy just walking through the album. Sometimes he's the subject of the song; sometimes he's just observing; sometimes he's a spirit guide, if you like. I really hope it's something that will encourage people to listen to the album, because if I saw a cover like that, I'd want to listen."

Sonically, *Saint John Divine* might be the opposite of Donnelly's last record, 2012's *Elastic Wasteland*, which he created single-handedly using synthesisers and drum machines. With its echoes of Soft Cell and early Human League, it was, he says, his homage to the synth-pop he has always loved. *Saint John Divine*, by contrast, is both the most organic and warmly produced album Donnelly has made. At its heart is a live band that includes Neil Finn and ingenious drummer Chris O'Connor, enhanced by a chorus of female vocalists, soaring string overdubs and indefinable sonic embellishments.

What's most striking is the richness of the songwriting. The early SJD albums are full of what Donnelly calls "little songs with big backyards"; the lyrics and vocal lines, although evocative, seem no more important than the lavish instrumental framing. But on *Saint John Divine*, the song is central. You could strip everything back to a voice and a guitar and these songs would still stand majestically.

As always, a blanket of melancholy hovers over the whole thing. In songs such as *Jet Planes* and *Invisible Man*, Donnelly's "spirit guide" reports from some dark places. Yet frequently a big bright chorus will burst through the cloud cover, as in *I Wanna Be Foolish* – with its crescendo of wordless ahhs dialling up both *Twist and Shout* and *Let's Dance* – and the crazily catchy *Little Pieces*, performed as a duet with Julia Deans.

Donnelly's career as SJD has been interspersed with periods playing supporting roles in the bands of higher-profile songwriters such as Don McGlashan and Neil Finn. It was Finn who suggested it was time for Donnelly to take centre stage again and acted as a sounding board throughout the making of the album. I can't help but think that if everyone who has ever loved a Neil Finn album gets to hear *Saint John Divine*, the world will be a fairer and a happier place. ▮

SAINT JOHN DIVINE, SJD (Round Trip Mars)
★★★★★

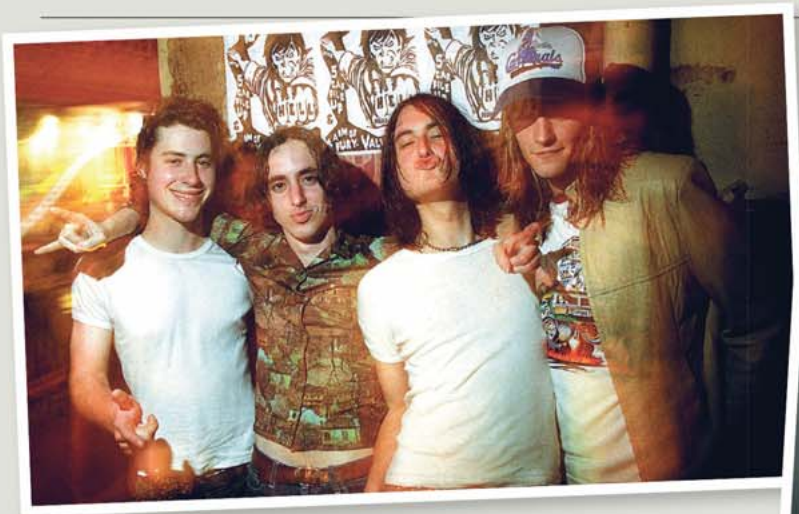
Now or never

Trinity Roots: soulful, studied.

The first studio album in 10 years from Trinity Roots borders on bombast and makes no apologies for it. In the opening song, *Bully*, Warren Maxwell sings to the "basher fella, basher sister" who perpetrate domestic violence, backing up his message with an ancient three-note Maori melody and a metal riff reminiscent of Black Sabbath. In title track, *Citizen*, he mocks the rich and soulless and mourns the distances between neighbours, while jazz pianist James Illingworth runs virtuosic rings around a slow skanking groove.

Not that political statement is new to the group, whose *Home, Land and Sea* addressed the foreshore and seabed debate, or that they have never mixed genres or stretched out musically before. But these new tracks are more solemn and studied than anything on the group's two earlier studio efforts, as though the revived group – with Ben Lemi replacing original drummer Riki Gooch – are fuelled by a feeling of now or never. And the urgency is maintained in *El Kaptain*, a musical relative of Bob Marley's *War*, in which Maxwell conjures a maritime image for an arrogant leader who won't hear the cries of his crew. But there are reflective, soulful performances too, as in Maxwell's bossa-tinged *Clarity* and Herbs-flavoured *Haiku*, and Lemi provides the album's gentlest moments with two acoustic meditations: *They Fall* and *Musings of a Cloud*.

CITIZEN, Trinity Roots (Independent) ★★★½



Musical passion: the Datsuns, above, Shihad's Jon Toogood, right, and Liam Finn.

IAN JORGENSEN

A *Movement* is a weighty title for a weighty artefact: a 10-volume boxed set of books documenting the past decade and a half of live New Zealand music through the photographs of Ian Jorgensen. As the promoter of many local gigs, tours and events, Jorgensen was well placed to capture this multitude of moments. But a lesser eye would have missed the energy, passion and humour that radiates from these images.

A MOVEMENT 2000-2015: Photography by Ian Jorgensen (A Low Hum) ★★★★

Albums are rated out of 5:
★ **(abysmal) to** ★★★★★ **(amazing).**

FILM

by Helene Wong

Made to measure

A charming doco designed with just the right blend of humour and heart.

DIOR AND I
directed by Frédéric Tcheng

At first, the "I" in the title seems obvious. The film's about Belgian designer Raf Simons, newly appointed artistic director of Christian Dior, making his 2012 debut collection. But is it? The words in the opening voice-over are Dior's, taken from his memoirs, referring to his "Siamese twin". Does he mean Simons? No, he's talking about the private Dior and the public Dior. So perhaps "I" is the former? Or even the latter?

The confusion is deliberate. Frédéric Tcheng, who worked on documentaries about Valentino and Diana Vreeland, uses it to play with parallels between the two designers. Visually, he creates a sense of the older man hovering near the younger, a fleeting presence glimpsed in reflective surfaces and the dresses themselves. It's cinematic, artful and surprisingly moving.

Meanwhile, there's a collection to be produced in eight weeks. Besides the ticking clock, there are tensions: how will the new boy go down with the long-serving workers in the atelier and how will he handle his anxieties? It's his first attempt

Something so strong

The New Zealand International Film Festival gets it right again.

by David Larsen

Two major new documentaries, one Kiwi, one Australian. Big-screen showings of five classic films. The verb "curate" is sadly overused in today's popular culture, but it has its proper place: the New Zealand International Film Festival programmers know how to curate a mini-festival so there's something for everyone.

The Ground We Won is from the directing team who made the beautifully insightful documentary *How Far is Heaven*. These are important film-makers working in the underserved area of rural and small-town New Zealand, and here they mine a vein of pure social-commentary gold: they follow a season in the life of a provincial rugby team.

In *That Sugar Film*, Australian Damon Gameau wants to get to grips with the prevalence of sugar in the Western diet and its health consequences. He talks to medical experts and nutritionists, and goes the Morgan Spurlock stunt-diet route, eating 40 teaspoons of sugar a day – sourced only from food sold as "healthy" – and showing us the consequences.

And then the classics. Oh, the classics.

Dior and I: dignity, not drama.

at haute couture.

Such a high-stakes endeavour suggests high drama; at the very least slammed-down irons or needles at five paces. But the modus operandi here is collaboration, not conflict. In the haute cuisine equivalent, it's more El Bulli's Ferran Adrià than Gordon Ramsay – the silence of concentration and creation, the co-operative solving of problems.

In lieu of drama, Tcheng focuses on the people, in particular Florence and Monique, the premières in charge of the workrooms. Watching them operate, and handle stress, we see how their personalities allow for compromise and mutual respect. Maybe it's their artisan heritage and the staff being mostly women, but it's a refreshing glimpse of old-fashioned dignity in the workplace.

As for Simons, he knows what he wants and is stubborn about getting it, but he's also an introvert, almost painfully so. Words and pictures expose his internal conflict as the showing, with its attendant public exposure, looms. We empathise closely, partly because he's an antidote to our fatigue with self-promoting celebrity, and partly because by now we too are invested in the show's success. We watch with him and his workers as the models stalk in procession towards the showroom, clad in their gorgeous outfits, and when his tension visibly dissolves, it's a touching climax. It's also one in which he takes full possession of the "I". ★★★★

OPENS APRIL 2

Films are rated out of 5:
★ (abysmal) to ★★★★★ (amazing).

Clockwise from top left: *The Ground We Won*; *2001: A Space Odyssey*; *A Hard Day's Night*; *That Sugar Film*.

Short personal anecdote: last year the festival's Autumn Events programme included one of my favourite films, *The Third Man*. I'd never seen it on the big screen before. I discovered that one sequence I'd never quite been able to love is in fact a masterpiece of pure visual storytelling – when you see it on a large enough screen.

Of the five classics this year, the only one I've seen the way it was meant to be seen is Kubrick's *2001: A Space Odyssey* (three times. I'll go again. Obviously). There's also Kubrick's great toga epic, *Spartacus*; Bertolucci's anti-fascist political-thriller masterpiece *The Conformist*; a fully remastered digital restoration of The Beatles' *A Hard Day's Night*; and – are you ready for this, parents? – Disney's *Pinocchio*. ▮

Now showing

Infinitely Polar Bear
It's not the best work of Zoe Saldana or Mark Ruffalo, and heaven knows if he's anything like a bipolar person, but the kids are mouthily charming. [Mark Broatch] ★★★½

Shaun the Sheep Movie
Shaun, Bitzer et al on a grand day off to the city to rescue the Farmer. Aardman animated awesomeness applied to a dialogue-free, sheep's-eye view, and it doesn't miss a bleat. [HW] ★★★★

Cinderella
Disney's live-action remake of its animated classic is sweetly unthreatening and easy to watch, though over-12s will probably find it a bit insipid. [DL] ★★★½

Insurgent
The blandest of the current young-adult post-apocalyptic dystopias, back for part two. Pedestrian writing, a lumbering plot, some decent action scenes and a good cast. [DL] ★★★

Still Life
A consummate performance from Eddie Marsan as a council employee dedicated to giving dignity to the dead. The film falters a little at the end, but Uberto Pasolini's restrained, telling direction stays on message. [HW] ★★★★½

Home
A bubbly animated fable that uses aliens to deliver life lessons to small persons. Adequate but forgettable. [HW] ★★½

Focus
Con artist caper-romance with Will Smith and Margot Robbie. Good star chemistry and some nice bits of business, but a lot less than the sum of its parts. [DL] ★★★

The Salt of the Earth [DL] ★★★★½

X + Y [HW] ★★★

A Little Chaos [DL] ★★★

Kidnapping Mr Heineken [DL] ★★★½

Run All Night [HW] ★★★½

***Insurgent*'s Theo James and Shailene Woodley.**

VERONICA SCHMIDT

Life as we know it

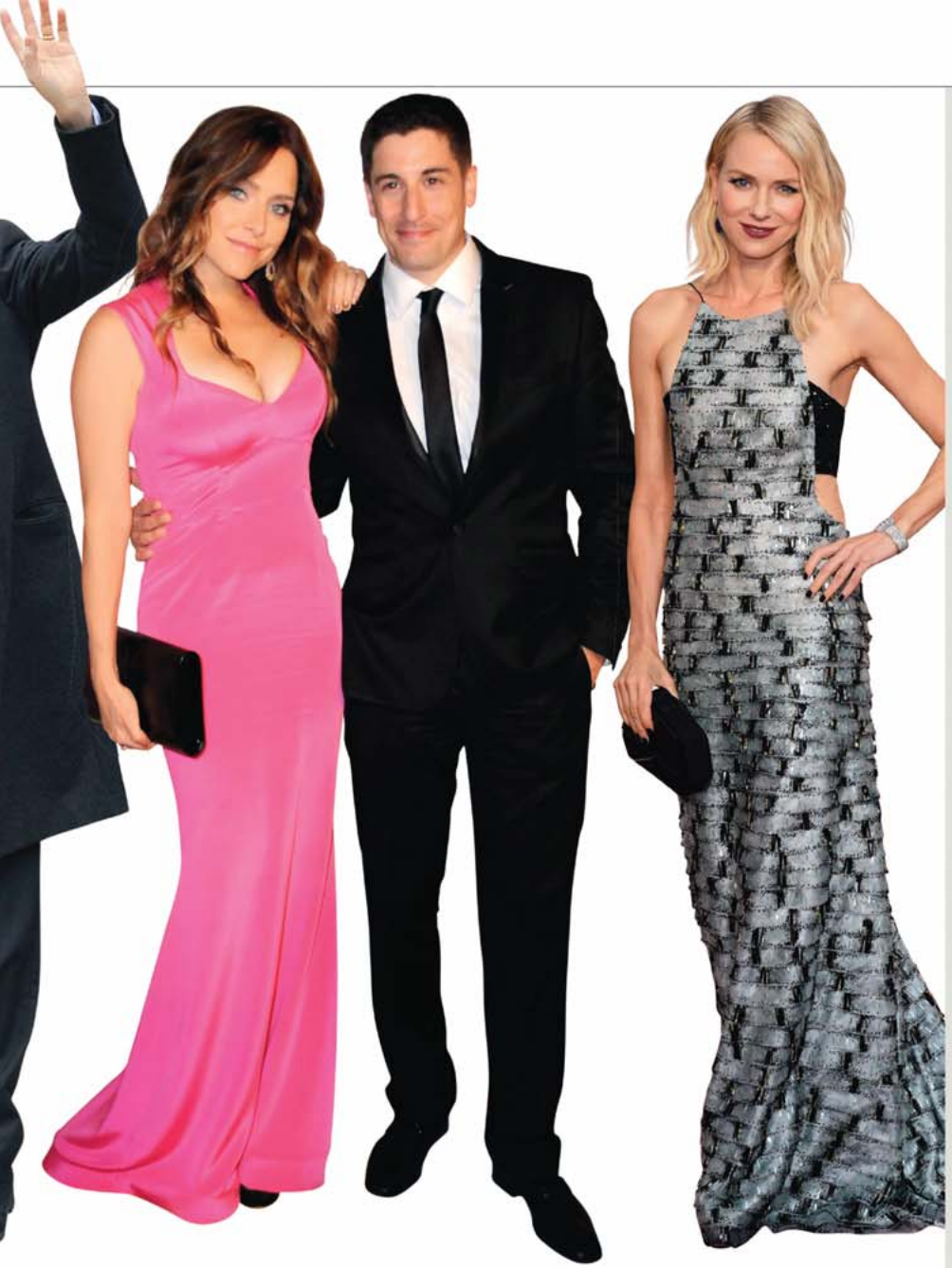
Crackpots, convicts and complete cock-ups – reality TV has never been so real.

Poor old TV3 is enduring a battering. Still recovering from the *X Factor* controversy sparked by **Natalia Kills**' and **Willy Moon**'s proprietary feelings toward suits, the broadcaster is being hammered over its choice of contestants for *The Bachelor*. First, it was revealed that **Danielle Le Gallais** has a fraud conviction, then **Danielle Robinson** was found to have been convicted of a drink-driving offense.

From left: Willy Moon and Natalia Kills; Tara Reid and Ian Ziering; Kanye West and Paul McCartney; Jenny Mollen and Jason Biggs; Naomi Watts.

But does TV3 deserve the outrage directed at it? Surely it's done us all a favour. First, expectant parents now know to think twice before calling their newborns Danielle, and second, the channel's put the "reality" back in "reality TV". Dating is a minefield peppered with convicts, crackpots and 40-year-olds who live with their mothers. *The Bachelor* is merely reflecting the harsh realities of the hunt for love. TV3 publicists, put an end to this fiasco by issuing a press release that simply says, "We're keeping it real, yo."

✚ Author and actress **Jenny Mollen** (who's married to *American Pie* star **Jason Biggs**) is releasing a follow-up to her bestselling book *I Like You Just The Way I Am: Stories About Me and Some Other People*. And with her star on the rise (Sony TV has optioned the book and she's expected to play herself) and anticipation over new book *Live Fast, Die Hot* building, her friends are keeping her grounded. Among the many congratulatory messages she received from fans on Twitter was this one from one of her mates, writer **Olly Cromack**: "Congratulations to my dear friend @jennyandteets on the announcement of her 2nd book! This is the inspiration I needed to buy the 1st book."



✚ There must be inspiration in the water in Tinseltown, because a host of previously untitled films have all just been named. **Steven Spielberg**'s Cold War thriller, starring **Tom Hanks**, has been called *Bridge of Spies*; Asif Kapadia's documentary on the late **Amy Winehouse** has been entitled *Amy;* and the third instalment of the *Sharknado* series, featuring **Tara Reid** and **Ian Ziering**, has received a less subtle moniker: *Sharknado 3: Oh Hell No!*

✚ There can no longer be any dispute: **Sir Paul McCartney** is definitely the hippest septuagenarian in the world. Since turning 72, the former Beatle has collaborated with **Rihanna** and **Kanye West**, written soundtracks for Xbox and PlayStation shooter games and made a 360-degree recording of one of his concerts to create a virtual reality experience. And now he's gone and released a 3D-printable mini-me version of himself for fans to download. It's all terribly impressive, but he won't be boosting the egos of any senior citizens struggling with their TV remotes.

✚ That **Naomi Watts** is a sensible type. Forget those method actors doing their own stunts – the Australian actress told the *LA Times* she would always use a stunt double and that she wasn't the least bit envious of her *Insurgent* co-stars landing all the sci-fi film's combat scenes. "After I did *King Kong*, that was sort of the end of my ingénue days and I don't really want to get beaten up any more. I'm quite happy to be the person in the background and watch it all play out before me." ▮

TOP 10 NEW ZEALAND FICTION

1. **BLOOD, WINE & CHOCOLATE, by Julie Thomas** (HarperCollins, $34.99)
2. **THE LUMINARIES, by Eleanor Catton** (Victoria University Press, $28)
3. **THE ROAD TO LILYFIELDS, by Lottie Bloom** (Random House, $30)
4. **HEAVENLY HIRANI'S SCHOOL OF LAUGHING YOGA, by Sarah-Kate Lynch** (Random House, $37.99)
5. **A GALLIPOLI SOLDIER'S SECRET, by Buket Uzuner** (Antares Publishing, $34.99)
6. **THE LEGEND OF WINSTONE BLACK-HAT, by Tanya Moir** (Random House, $37.99)
7. **FIVE MINUTES ALONE, by Paul Cleave** (Penguin, $38)
8. **THE NATURALIST, by Thom Conroy** (Random House, $37.99)
9. **HEARTLAND, by Jenny Pattrick** (Random House, $36.99)
10. **THE 10PM QUESTION: A NOVEL, by Kate De Goldi** (Random House, $29.99)

TOP 10 FILMS

1. **INSURGENT**
2. **HOME**
3. **THE SECOND BEST EXOTIC MARI-GOLD HOTEL**
4. **CHAPPIE**
5. **RUN ALL NIGHT**
6. **FOCUS**
7. **KINGSMAN: THE SECRET SERVICE**
8. **A LITTLE CHAOS**
9. **FIFTY SHADES OF GREY**
10. **THE VATICAN MUSEUMS**

A Little Chaos's Kate Winslet and Stanley Tucci.

GETTY IMAGES; ©NIELSEN BOOKSCAN; ©MOTION PICTURE DISTRIBUTORS' ASSOCIATION OF NEW ZEALAND INCORPORATED

QUIZWORD by Alan Shuker

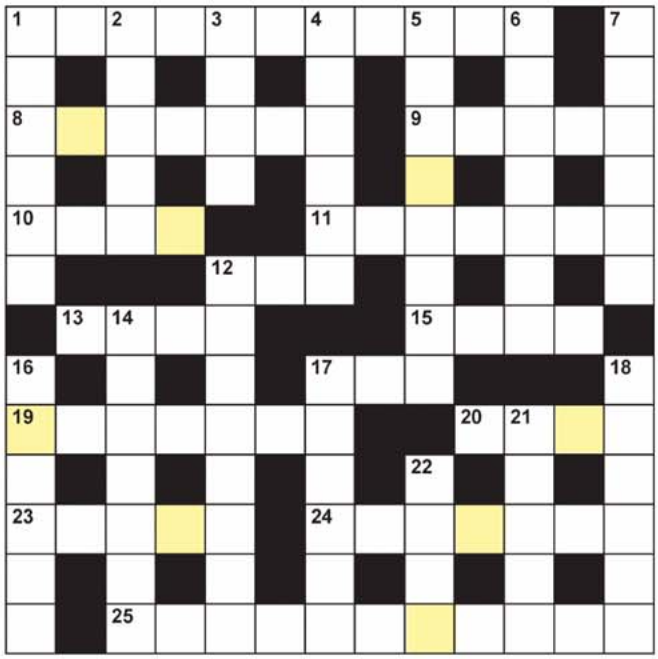
Puzzle No 1309

Clues across

1. Ruth Rendell also writes under what pseudonym? (7,4)
8. What is a combined spear and battleaxe? (7)
9. What is the largest member of the cat family? (5)
10. What word can follow guitar, bottle and brass? (4)
11. What usually circular figure represents the universe in Hindu and Buddhist symbolism? (7)
12. If you are flying into Marseille Airport, what is your luggage labelled? (3)
13. What is another name for killer whale? (4)
15. What language gave us the words khaki and shawl? (4)
17. If you are flying into Cardiff Airport, what is your luggage labelled? (3)
19. A Hoosier is a resident of which US state? (7)
20. What title might a Muslim ruler have? (4)
23. What was the first dog in space named? (5)
24. What is an accumulation of uncompleted work? (7)
25. Which writer used the pseudonym Ellis Bell? (5,6)

Clues down

1. What does the French expression *à la main* mean? (2,4)
2. What is a surviving but outdated object or belief? (5)
3. The sycamore and maple belong to which genus? (4)
4. Which fictional family includes Gomez, Morticia and Uncle Fester? (6)
5. Which major city spans two continents? (8)
6. The rose, oak and lion are national symbols where? (7)
7. Luggage labelled WAW is going to which city? (6)
12. What was the nickname of the Dutch dancer and secret agent executed in France in 1917? (4,4)
14. What is an old name for the rimu tree? (3,4)
16. What small T-shaped hand tool bores holes? (6)
17. What large globular glass bottle is used for holding corrosive liquids? (6)
18. Writer Franz Kafka was born and worked in which city? (6)
21. Silvio Berlusconi was born in which city? (5)
22. What is a mark left by a healed wound? (4)

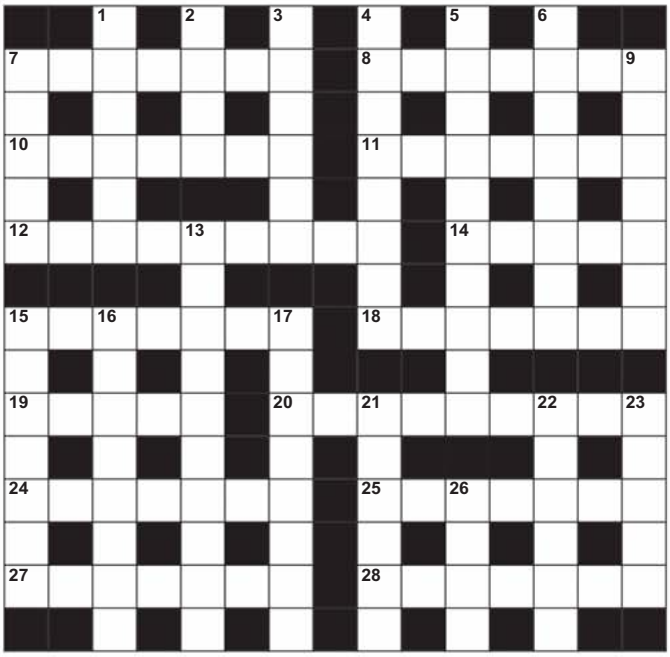


Arrange the letters in the coloured squares into the name of a New Zealand bird (8). Last week's solution: Dunstan.

Solution 1308 **Across:** **1** Samovar, **4** Astro, **7** Euro, **8** Parterre, **10** *The Love Bug*, **12/13** Pierre Cardin, **15** Jack the Lad, **18** Geometry, **19** Giza, **20** Rasht, **21** Al-Qaeda.
Down: **1** Sleet, **2** Mercedes, **3** *Reader*, **4** Arthur Ashe, **5** Tarn, **6** Overrun, **9** Tournament, **11** Adelaide, **12** Plunger, **14** Akaroa, **16/17** Diana Ross

CROSSWORD by David Tossman

Puzzle No 918



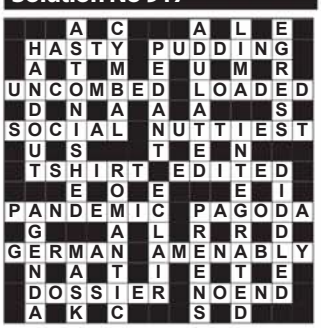
Clues across

7. Is tragic king returning before one from Galilee perhaps? (7)
8. Alien flutters around Iran briefly in company with flyers (7)
10. Aussie leader to go by way of central Rotorua and one that flies over it? (7)
11. Copper and theologian went ahead and cosied up (7)
12. Worried old flame decries new arrangement (9)
14. The old announcer gives rice pudding recipe (5)
15. Report from maniac country cousin (7)
18. Crushed English gravel (7)
19. Reserves in the ledgers (5)
20. One cleric after dissolution is to patch things up (9)
24. Fight off and repel us with difficulty (7)
25. Clean, lacking silicon initially and thus with no lubrication (7)
27. Article we and a few others find magnificent (7)
28. Make a tidy profit? (5-2)

Clues down

1. Aspire to change what a flatterer does (6)
2. Some of the most extreme words written (4)
3. Schoolmaster and soldier tango, reflected in river (6)
4. Product labels delivered audibly by a dog with poetic talents? (3,5)
5. Forecast drip, notice discord (10)
6. Infidel upset German always looking for a catch (8)
7. I am mature in perception (5)
9. Show support for the last place a cockney jockey wants to be? (7)
13. Guru confused us once small loaf of bread turned up (10)
15. Let Arab loose in Canada (7)
16. Gambling agent takes our pie recipe in credit (8)
17. Sailor has to capture journalist in his sights (8)
21. Credit a French church with what it comes to in the end (6)
22. A fashionable country though lacking coastal resorts (6)
23. Finish in the lead (3,2)
26. Follow orders sombrely when taking out odd characters (4)

Solution No 917



For explanations of previous cryptic crosswords, see David Tossman's blog at www.listener.co.nz/cryptic-crosswords

BRIDGE by David Bird

NORTH
♠ 7 2
♥ 9 8 5
♦ A K 8 3
♣ A 10 7 4

WEST
♠ A Q J 10 9 5
♥ 7 3
♦ 10 9 7 2
♣ 6

EAST
♠ 8 6 3
♥ Q 6 4
♦ Q J 5
♣ Q J 9 8

SOUTH
♠ K 4
♥ A K J 10 2
♦ 6 4
♣ K 5 3 2

North-South game, dealer South

West	North	East	South
–	–	–	1H
2S	Dble	Pass	3C
Pass	4H	All Pass	

North might have bid 4H on the first round, directly over West's weak jump overcall. Since he had three top cards and only three-card trump support, it was more accurate to start with a negative double. How would you play the heart game when West leads the ten of diamonds? Declarer won the diamond lead in dummy and ran the nine of trumps successfully. A second trump finesse was followed by the ace of trumps, exhausting the defenders' cards in the suit. What now? All would be well if the club suit broke 3-2, so declarer turned his mind to how he could deal with the situation where East held four clubs. He crossed to dummy with a diamond and ruffed a diamond in his hand.

He then tested the club suit by cashing the king and the ace. When West showed out on the second round, declarer led dummy's last diamond. East showed out and the key moment had been reached. Instead of ruffing the diamond, declarer discarded one of his club losers. West won the trick and had only spades in his hand. Whether he exited with the ace or queen of spades, declarer would score the king and lose only one trick in the suit. Game made.

BIDDING QUIZ

WEST
♠ A K Q 8 7 2
♥ 8 7
♦ J 10 5
♣ 7 5

West	North	East	South
1S	2H	Pass	Pass
?			

What will you say now on these West cards? (Answer on page 64)

TAKE 5 by Simon Shuker

■	1	2	2	1	2	3
4	■	■	■	5	■	2
6	4	7	3	2	■	6
6	■	2	■	3	■	8
8	■	6	5	2	2	3
3	■	8	■	■	■	7
7	4	9	10	2	7	■

No.1073

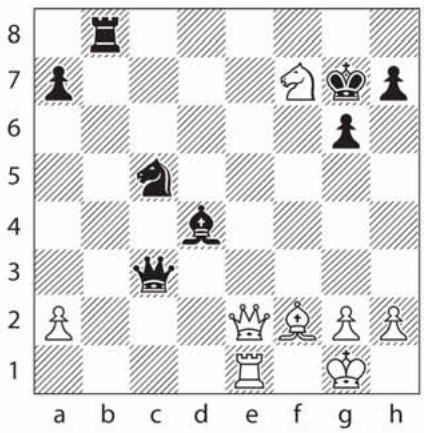
Enter the letter given, then solve.

1 = T

Solution 1072

■	E	Q	U	I	P	■
M	■	U	■	M	■	P
U	■	I	M	P	■	I
S	I	N	■	I	L	L
E	■	I	N	N	■	E
S	■	N	■	G	■	S
■	M	E	L	E	E	■

BARDEN'S CHESS PROBLEMS



Delisle Warner v Algis Shukuraliev, Barbados vs Kyrgyzstan, Olympiad, 2010
The 140-nation Olympiad throws up many exotic national pairings and sometimes smart tactical finishes pass unnoticed. Here Black (to play) can win by the obvious Kxf7 2 Qe7+ Kg8 when White's attack soon peters out. Black looked and found something more effective and immediate. His next turn was crushing, forcing White's rapid resignation. Can you spot Black's winning move?

(Answer on page 64)

Wordsworth

by Michael Collins

Readers were asked to write **an original poem whose first line is *"When I am an old woman/man I shall …"***, as per Jenny Joseph's classic poem *Warning*. This must have touched a nerve: the competition attracted the most entries in a long time. Helensville's Anne Martin clearly captured the pensioner's plight: *When I am an old woman I shall don/Fishnet tights and go out on/The streets at night – oh, did I mention?/It's just to supplement me pension*. Kerikeri's Al Willis: *When I am an old woman/man I shall/Spend my pension on boxes of tissues/To soak up the tears of regret for/My years of gender identity issues*.

Welcome Bay's Elaine Cullen: *When I'm an old woman, I shall ditch the old man/And trawl through the nightclubs while I still can/In search of a toy boy who's willing to be/A plaything and muse to a wealthy old me./Together we'll dine on the finest of food,/Drinking champagne to sweeten the mood,/Till the day does dawn and this old bird is tired./The toy boy's released, his contract has expired.*

But this week's winner is Onetangi's Margaret Mills: *When I am an old woman I shall know what to do./I'll walk along the beach for at least an hour or two./Then I'll write a bit and maybe read a book/Or go and do some gardening, find something new to cook./Will I still feel the joy of simply being alive?/I'll just have to wait and see – I'm only eighty-five.*

The next competition is in a similar vein, but inspired by Ogden Nash's *A Word to Husbands* (*To keep your marriage brimming/With love in the loving cup,/Whenever you're wrong, admit it;/Whenever you're right, shut up*): **come up with an original four-line poem that begins *"To keep your marriage …"*** Entries, for the prize below, close noon, Thursday, April 9.

Submissions to wordsworth@listener.co.nz or Wordsworth, NZ Listener, Private Bag 92512, Wellesley St, Auckland 1141. Please include your address.

This week's prize

In Sir Peter Jackson's final in the *Hobbit* trilogy, *The Battle of The Five Armies*, Bilbo and co fight an array of combatants to stop the Lonely Mountain falling into the hands of a rising darkness.

su | do | ku

Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9.
Tips at reubenspuzzles.com.au

© Reuben's Puzzles

3	1				9		2	
		9	7	4				
	2					4		
	9		8			5		4
6		7			4		9	
		2					4	
				3	5	1		
	5		1				3	6

486 MEDIUM

9				2				
		1		8		3		
		3	7				5	4
	7		8					
8			9		3			7
					6		4	
6	3				8	2		
		2		9		5		
				3				6

297 HARD

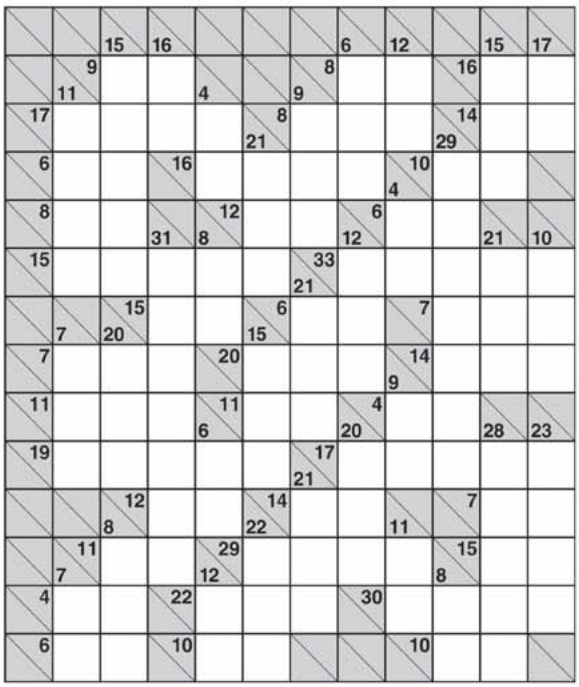
LAST WEEK'S SOLUTION

2	3	4	7	9	6	8	1	5
6	1	7	8	3	5	2	4	9
5	9	8	4	2	1	6	3	7
1	7	6	9	4	2	3	5	8
9	8	5	3	6	7	1	2	4
4	2	3	5	1	8	9	7	6
3	6	9	2	5	4	7	8	1
7	4	1	6	8	3	5	9	2
8	5	2	1	7	9	4	6	3

LAST WEEK'S SOLUTION

7	6	9	5	4	1	2	3	8
1	3	2	8	6	7	9	4	5
8	4	5	2	9	3	7	6	1
5	7	4	9	1	2	6	8	3
3	1	8	6	7	4	5	9	2
9	2	6	3	8	5	4	1	7
2	5	1	4	3	9	8	7	6
4	8	3	7	5	6	1	2	9
6	9	7	1	2	8	3	5	4

KAKURO 460



1. Place a number from 1 to 9 in each empty box.
2. The sum of each vertical or horizontal block equals the number at the top or on the left of that block.
3. Numbers may be used only once in each block.

LAST WEEK'S SOLUTION

1	7		7	9		7	9		2	5	
8	9	2	1	7		5	7	6	8	9	
		7	3	8	4	1		1	3		
3	1			3	1			2	5	1	
2	5		5	1	2	3			6	2	
	6	8	9			7	4		1	4	
		4	7				1	9			
6	5		8	9			2	4	1		
8	6			7	8	9	6		3	7	
9	7	2			4	6			8	9	
	9	4		4	9	7	3	2			
9	8	1	4	2		5	2	4	3	1	
6	3		3	1		8	1		9	2	

© Reuben's Puzzles

BRIDGE BIDDING QUIZ SOLUTION

It is rather surprising that the other players have stopped bidding at such a low level. Quite possibly East holds some heart length and could not double because such a double would be for take-out. Although partner is perhaps hoping that you will double, it is dangerous to do so when all your strength is in spades. Prefer to rebid 2S.
Awards: 2S – 10, Double (take-out) – 7, Pass – 3.

CHESS SOLUTION

1 … Qxe1+! 2 Qxe1 Bxf2+ and White resigned. If 3 Kxf2 Nd3+ forks king and queen. If 3 Qxf2 Rb1+ 4 Qf1 Rxf1+ 5 Kxf1 Kxf7 and Black wins easily a knight up.

10 QUICK QUESTIONS ANSWERS

1. Revolver. The other words are palindromes (they read the same forward and backward).
2. Paul Newman.
3. Spies. Tradecraft refers to the techniques of espionage.
4. Tree-kangaroos are found in New Guinea.
5. Charles Goodyear.
6. Goat.
7. Patricia Highsmith.
8. Paul Bunyan.
9. Nikita Khrushchev.
10. Tangaroa.

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Radio with pictures

Paul Henry is soon to be simulcast all over the shop – expect the unexpected. **by entertainment editor FIONA RAE**

Welcome to the brave new world of broadcasting. Maybe. The multi-platform, all-singing, all-dancing, television-radio-internet many-headed beast that is **Paul Henry (TV3, weekdays from Tuesday, 6.00am)** starts this week.

The three-hour breakfast show will simultaneously go out on TV3, RadioLive and paulhenry.co.nz in what might be a worldwide first.

"We've looked everywhere to find someone who's done this, but we can't," says Henry. "Howard Stern was doing a radio programme on television, and that's starting to knock on the door of the sort of thing we're looking at doing."

Although Henry says they're still working through the technical aspects, probably "right up to day one", the studio will be "quite different to the way a traditional television studio works. This is definitely not putting television cameras in a radio studio."

The idea is that *Paul Henry* will be accessible everywhere, a bit like the way on-demand television works: television, radio, computer.

"The reason we've created all these different platforms is for the convenience of the audience. I don't need to beg people to stay in their living room to watch it or to stay sitting in their car to listen to it, because we're on every platform."

Also on the team are newsreader Hilary Barry, sports presenter Jim Kayes and internet whiz Perlina Lau.

"You can do things specifically for the internet that you can't do for radio or television," says Henry, although he's leaving that stuff up to Lau. "She'll be the voice of the audience and an advocate for people engaging with the programme through social media."

Henry believes this combined approach to broadcast media is inevitable given the fragmentation of the market. "Look at radio," he says. "If your radio format was 100%

TELEVISION
Richard E Grant's Hotel Secrets
Finger guns at the Fontainebleau
68

ONLINE
Monica Lewinsky
Inspiring rappers since 1998
69

MOVIES
Beasts of the Southern Wild
Heartbreaking, damning, uplifting
71

Paul Henry, weekdays.

successful and attracted every single target listener, it still wouldn't be enough to break even."

Paul Henry "makes perfect sense for MediaWorks" and might even be a template for the future of news shows. "If it works," says Henry. "No one else has ever done it, so maybe it's not. Maybe there's a very good reason no one else has ever done it."

It's going to be a challenge, but Henry says he doesn't get nervous any more – "It's only TV, it's only radio, you know?" And even though he's known for sticking his foot in his mouth on occasion, he says he'll "just be myself. I'm not going to try to be anything. I certainly won't try to be careful." ▮

Television

by FIONA RAE

The Best of the Week

The Secret Life of Cats, Sunday.

EASTER SUNDAY

The Secret Life of Cats (TV1, 7.00pm). With so many videos on the internet, you'd think there wasn't much left to know about cats, yet here's a National Geographic doco claiming that they have a secret life. The programme also covers how these little devils wheedled their way into our affections by cunningly catching rats in barns, and their verging-on-supernatural abilities, such as ultraviolet vision, an in-built gyroscope that tells them which way is down in a 10th of a second and whiskers that act as barometers. With all those skills, the question isn't so much are they plotting to overthrow humankind, but why haven't they done it yet?

EASTER MONDAY

Shortland Street (TV2, 7.00pm). There's a whiff of the *Friends* episode *The One Where Dr Ramoray Dies* about tonight's instalment of *Shortie* in which Pua Magasiva's character Vinnie dons a giant bunny suit and nearly drowns in a paddling pool. Pua, have you been annoying the writers?

Good for a Laugh!
The Bachelor NZ, TV3, Tuesday & Wednesday

Silent Witness (Prime, 9.35pm). Season 15 already. It seems like only yesterday that Amanda Burton was being serious Sam Ryan in Cambridge and French and Saunders were making fun of her with their "Witless Silence" sketch. Emilia Fox has been the lead since season eight and appears to be happy to carry on, but not so her co-star Tom Ward (Dr Harry Cunningham), who hangs up his plastic pinny at the end of this season (he went on to be Colonel

Peaky Blinders, Friday.

Fitzwilliam in the recent adaptation of *Death Comes to Pemberley*). The season begins with a story partly based on a real serial-killer mystery known as the Phantom of Heilbronn case.

Richard E Grant's Hotel Secrets (Choice TV, 10.00pm). Naughty ole charmer Richard E Grant is back for a second season of poking around the world's flashest hotels: nice work if you can get it. He's so fully aware of the absurdity of his surroundings that it's a delight to see him swanning around a US$32,000-a-night suite or pretending, with finger guns, to be James Bond, as he does in tonight's episode at one of Miami's most luxurious hotels, the Fontainebleau. This season, he's looking at more than one hotel in various cities, including Hong Kong, Berlin, New Orleans and Venice.

TUESDAY APRIL 7

Mad Men (SoHo, Sky 010, 7.30pm). Don Draper's slow march to self-awareness is nearly over. That, or he'll last be seen, à la the opening credits, plummeting to earth from a skyscraper window. The final seven episodes of the seventh season of *Mad Men* are called The End of an Era, a reference to the date (1969), the series' own end and, presumably, Draper (Jon Hamm), the ad man who took someone else's name and reinvented himself. As well as Don's story, creator Matthew Weiner has been excavating American history and the impact of the momentous events of the 1960s. "Martin Luther King and Bobby Kennedy being shot within months of each other," he explained to *Rolling Stone*, "our episode airs and Sandy Hook happens, like, the next day. Those kinds of things are kind of what I'm telling on the show, that we live in a violent country." Weiner has also charted the evolution of some of the women: Joan (Christina Hendricks) and Peggy (Elisabeth Moss) are in vastly different places than they were at the start.

The Red Road (Rialto, Sky 039, 8.30pm). We spy not one but two Kiwis in this Sundance Channel drama series: Martin Henderson reprises his role as cop Harold Jensen and Rena Owen pops up in season two as a Native American healer who is going to send Harold's alcoholic, schizophrenic wife Jean (Julianne Nicholson) on a head trip. As the season begins, Jason Momoa's Phillip Kopus returns to the Ramapo Mountains after a year in prison to find tension within his tribe over a proposal to build a casino, and Harold has been promoted but finds corruption in the force.

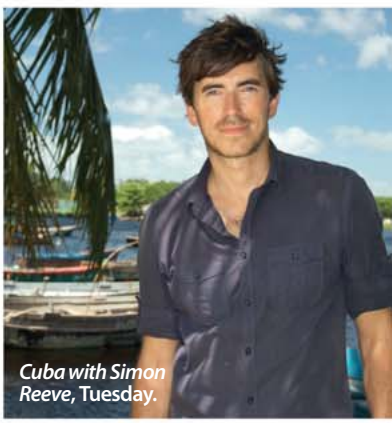
The Village (Vibe, Sky 008, 9.30pm). Peter Moffat's ambitious undertaking rolls on into the 1920s. Inspired by *Heimat*, a 1980s German series about

Documentaries by FIONA RAE

The clapped-out 1950s cars and crumbling Spanish architecture still exists in **Cuba with Simon Reeve (Prime, Tuesday, 7.30pm)**, but with the freeing up of state controls on enterprise and a relaxation of restrictions on trade with the US, the tiny island nation is undergoing a big change.

British journalist Simon Reeve is in Cuba to see how the defiant nation so long at odds with America is faring under the new regime of Raúl Castro, who took over from his brother Fidel in 2008. The country is still not so free that Reeve is able to talk to just anyone, and after 50 years of Communist rule, the ordinary Cubans he does speak to dare not say a word against anything.

However, perhaps pictures speak louder than words. A man who sells plumbing supplies on the side of the road is supplementing his job as an accident and emergency doctor; another has set up a burger and pizza joint in his own home. A woman with a reasonably spacious house has to prop up its crumbling ceiling with scaffolding. Cubans, on the whole, seem to be embracing entrepreneurship, although the changes have come about



Cuba with Simon Reeve, Tuesday.

a Rhineland village between 1919-82, the British writer is aiming to tell the story of a village in Derbyshire over the course of the 20th century. To be frank, it's been a bit bloody grim so far. Told from the point of view of youngster Bert Middleton, the first series began in 1914 and portrayed a miserable working-class life as Bert's parents (John Simm and Maxine Peake) struggled to make ends meet on their dairy farm. Reviews for season two suggest the 1920s are a bit more exciting, with the introduction of a dastardly press baron played by Julian Sands and the rise of the Labour Party offering some hope to the working classes.

WEDNESDAY APRIL 8

Resurrection (TV2, 10.30pm). "The zombie version of *Brothers & Sisters*," concluded *Variety* of this US series about the dead returning, apparently unharmed, in a small town in Missouri. Omar Epps is our guide through this confusing world, but with soap plots rather than genuine chills and frights, you might want to stick with the undead of *The Walking Dead*. At least they're not mysterious. Just hungry.

FRIDAY APRIL 10

Peaky Blinders (UKTV, Sky 007, 8.30pm). More working-class Britain in the 1920s, but *Peaky Blinders* is melodrama rather than kitchen sink. The violent, stylish and visually bold series returns for season two with even more star power: Tom Hardy joins the cast (from episode two) as a London gangster who may be part of the solution to Tommy Shelby's (Cillian Murphy) desired London expansion. There's also Darby Sabini – based on a real second-generation British-Italian gangster – who isn't best pleased about the Blinders' attempts to take over the London race tracks, and enraged copper Chester Campbell (Sam Neill, channelling Ian Paisley) who has a proposition for Tommy.

The series innovatively uses modern music, notably Nick Cave's *Red Right Hand* as a theme song, and tracks by PJ Harvey (including her version of *Red Right Hand*), the Kills, Arctic Monkeys, Johnny Cash and Laura Marling feature.

Mad Men, Tuesday.

because Castro has had to embark on austerity cuts in the public sector.

British archaeologist Jago Cooper is across the way from Cuba, although much further back in time in **Lost Kingdoms of Central America (Choice TV, Easter Monday, 8.35pm).** In this four-part series, he explores some of the forgotten civilisations of Central America, beginning in southern Mexico with the Americas' oldest, the Olmec. They thrived there more than 3000 years ago, built the first pyramid, created massive stone head sculptures and believed in supernatural transformation.

In the other three episodes, he investigates the Taíno of the Caribbean; the ancient people of Costa Rica, whose remaining legacy includes hundreds of giant stone spheres; and the Teotihuacán in Mexico, who built massive pyramids and temples and ruled for hundreds of years.

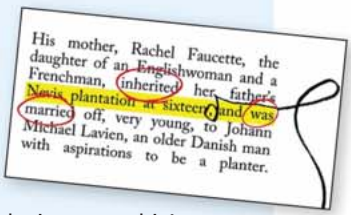
Online

by FIONA RAE

Catch of the Week

Monica Lewinsky: patient zero.

SHAME, SHAME, SHAME: Twitter pile-ons and social media shaming are happening almost every day, let alone the nasty threats meted out at the click of a button. What the hell is wrong with people? Monica Lewinsky has some ideas – she describes herself as "patient zero" in a recent TED talk: the first person to be shamed worldwide, the first time the traditional news was usurped by the internet. It's still going on, she notes – she's mentioned in at least 40 rap songs: **tinyurl.com/NZLmonica**



His mother, Rachel Faucette, the daughter of an Englishwoman and a Frenchman, inherited her father's Nevis plantation at sixteen and was married off, very young, to Johann Michael Lavien, an older Danish man with aspirations to be a planter.

COMMA CHAMELEON: The internet may be full of selfies, the self-obsessed and the outraged, but it's also a place where minutiae flourishes. Name any hobby or obsession and there's a website – and it's a word nerd's paradise. *New Yorker* copy editor Mary Norris recently wrote a personal history in the magazine about how she became a comma queen (her book is *Between You & Me: Confessions of a Comma Queen*) and now she's appearing in a video series on the website: **tinyurl.com/NZLcomma**

WORD UP: Speaking of word nerdery, there are tons of free crosswords and other puzzles online that can be played in your browser or printed as PDFs. The *Guardian* has Quick, Cryptic, Speedy and Everyman, as well as Kakuro and Sudoku: **tinyurl.com/NZLpuzzles**. The Guardian Style Guide is also one of our favourites on Twitter: @guardianstyle. For more time-wasting, **bestforpuzzles.com** is a shocker.

For links go to www.listener.co.nz/online

Beasts of the Southern Wild, Sunday.

TV Films

by FIONA RAE

A Guide to the Week's Viewing

SATURDAY APRIL 4

Big (Four, 8.30pm). One of the best body-swap comedies, if not the best. By today's standards, Tom Hanks' 12-year-old is probably terribly naive, but his misinterpretations of the adult world are delightful and the walking piano keyboard scene in FAO Schwarz is now a part of movie history. (1988) ★★★★

Safe Haven (TV2, 8.35pm). Lasse Hallström goes from a charming adaptation of *Salmon Fishing in the Yemen* to a big ol' Nicholas Sparks mess. There's a thriller element to the story, in which Julianne Hough washes up in an idyllic North Carolina town after escaping from apparently killing her husband, but the tone and direction vacillates between dewy-eyed romance with Josh Duhamel's widowed single father and a RoboCop pursuit by Boston detective David Lyons. There's also an ending that comes out of nowhere. Was Hallström on a sugar high? (2013) ★★½

In the Name of the Father (Maori, 9.35pm). Jim Sheridan, working with Daniel Day-Lewis for a second time, dramatises the shocking injustice perpetrated against the Guildford Four in 1974. Pete Postlethwaite and Day-Lewis play Giuseppe and Gerry Conlon, sent away for the IRA bombing that killed four soldiers and a civilian and injured 65. Both are incredible, and the film received seven Oscar nominations, including a supporting actress nod for Emma Thompson, who plays the campaigning lawyer who freed all those convicted. (1993) ★★★★

Best thrill ride
Source Code
Prime, Tuesday, 9.35pm

The Suspicions of Mr Whicher: The Murder in Angel Lane (TV1, 10.35pm). A fictional follow-up to 2011's *The Murder at Road Hill* – that was based on Kate Summerscale's book about a notorious 1860 murder in Wiltshire and the Scotland Yard detective who investigated. This story, invented by Neil McKay (who wrote *See No Evil: The Moors Murders* and biopic *Mo*) features Jack Whicher (Paddy Considine) now a "private inquiry agent" who is employed by Olivia Colman to search for her missing 16-year-old niece. Considine is sombre rather than flashy and Colman (*Broadchurch*) is not overly expressive either, but it's right up your blind alley if you enjoy Victorian gloom and lots of twists and turns. (2013) ★★★½

Eat Pray Love (TV2, 10.55pm). It's difficult not to file this adaptation of Elizabeth Gilbert's memoir under First World Problems. Aw, the self-absorbed rich white woman is unhappy and needs to focus on herself with a round-the-world trip. The wattage of Julia Roberts' smile is undimmed and Javier Bardem is a

Films are rated out of 5:
★ (abysmal) to ★★★★★ (amazing).

The Help, Monday.

Oz the Great and Powerful, Sunday.

fantasy-worthy holiday fling, but this is as shallow as a politician's promise. (2010) ★★½

EASTER SUNDAY

Oz the Great and Powerful (TV2, 7.00pm). Everyone knows that the Wizard of Oz is a fraud, but Dorothy didn't find that out until the end of the movie. In this origin story, he (James Franco) starts out as a cheap circus magician swept into the magical CGI Land of Oz where there are witches (Mila Kunis, Michelle Williams and Rachel Weisz), flying baboons, a living china doll, scarecrows, Munchkins … everything. Perhaps it's a bad idea to pull back the curtain quite this much. (2013) ★★½

Kath & Kimderella (TV2, 9.15pm). Hated by Aussie critics, loved by Aussie audiences. Gina Riley and Jane Turner take their Fountain Lakes creations to Italy, where they're mistaken for royalty, and Sharon (Magda Szubanski) takes a liking to Richard E Grant. A thin joke spread thinner, quite possibly, but worth a giggle. Also starring Dame Edna, Elle Macpherson, Rob Sitch and our favourite of the Riley-Turner creations, Prue and Trude. (2012) ★★★

Beasts of the Southern Wild (Maori, 9.30pm). Confusing, heartbreaking, damning, uplifting. The first feature by young American film-maker Benh Zeitlin is almost a sensory rather than a filmic experience, as he captures the world of six-year-old Hushpuppy (Quvenzhané Wallis, absolutely fierce). From the outside, there's utter poverty; from her point of view, she's living with her beloved father (New Orleans baker Dwight Henry) in the greatest place in the world, a Louisiana bayou they call the Bathtub. But a storm is brewing and the beasts unleashed by thawing ice caps are threatening their way of life. (2012) ★★★★

Savages (TV3, 9.40pm). There's no such thing as a restrained Oliver Stone film, and his return to the crime thriller is stuffed full of crooks, thugs, hunks, babes, stereotypes and clichés. Overstuffed, you might say, but blackly funny and rollicking fun if you don't mind seeing Blake Lively being tortured by Benicio Del Toro. Taylor Kitsch and Aaron Taylor-Johnson play college-buddy marijuana growers who attract the attention of a Mexican cartel. When their girlfriend (Lively) is kidnapped as leverage by Salma Hayek's thugs, it's all on. (2012) ★★★½

EASTER MONDAY

The Help (TV2, 8.30pm). The race drama that garnered a lot of Oscar love, but which once again is the story of a white woman's enlightenment rather than a black woman's emancipation. Emma Stone takes the lead as a young university-educated woman in early 60s Mississippi. Her friends, including racist villain Hilly (Bryce Dallas Howard), have "help" and she hits on the idea of writing a book about the maids' lives. Viola Davis and Octavia Spencer (who won a best supporting actress Oscar) are the noble and resigned servants. It's broad strokes for the folks or, as Salon put it, "a white liberal fantasy in historical drag". (2011) ★★★

TUESDAY APRIL 7

Source Code (Prime, 9.35pm). After his acclaimed small-budget debut *Moon*, here's another small gem from director Duncan Jones, David Bowie's kid, who never wastes a shot or gives his actors unnecessary dialogue. In fact, *Listener* film reviewer David Larsen described *Source Code* as a "perfect film"; it's so well put together that the ride is seamless. Jake Gyllenhaal is a confused soldier who wakes up on a train in someone else's body. It emerges that he has a Groundhog-Day eight minutes to work out why the train is going to explode. "A thinking person's thrill ride," said Larsen. (2011) ★★★★

WEDNESDAY APRIL 8

The Iron Lady (Prime, 8.35pm). A few brave British actors have taken on Margaret Thatcher – Lindsay Duncan among them – but it was American Meryl Streep who nailed Britain's longest-serving prime minister (and won an Oscar). She's seen as elderly and afflicted by dementia, and in flashbacks to her struggle to break into the male-dominated Tory Party. The centrepiece of the movie is the Falklands War, but as she presides over the most divisive government England had ever known, there's not much sense of the effect she had. "Thatcher without Thatcherism," said the *Guardian*. (2011) ★★★½

The Iron Lady, Wednesday.

Radio

by FIONA RAE

The Best of the Week

Mary Lou Williams, *Night Lights Classic Jazz*, Wednesday.

SATURDAY APRIL 4

Greil Marcus (RNZ National, 4.10pm). Chris Bourke converses with cultural critic and author Greil Marcus, "one of the epic figures in rock writing", according to the *New York Times*. His most recent book is an iconoclastic list of 10 songs and their place in, and effect on, rock'n'roll history. They include *To Know Him Is to Love Him*, written by Phil Spector in 1958; *Money (That's What I Want)*, by Janie Bradford and Motown founder Berry Gordy; and *Guitar Drag* by sonic and visual artist Christian Marclay.

EASTER SUNDAY

Spectrum (RNZ National, 12.12pm). The term "vintage" seems to encompass anything from Victorian-style high tea to 1950s bathing costumes, and with crowds of befrocked women about to descend on the Very Vintage Day Out extravaganza in Auckland, Jack Perkins looks into the vintage/retro craze with two enthusiasts. Claire Gormley and Rose Jackson live la vida vintage via both their raiment and their magazine *Glory Days*.

Young New Zealand (RNZ Concert, 3.00pm). The first of two programmes covering the Todd Young Composers Awards 2014, in which nine young people were mentored by Victoria Kelly and had the excitement of hearing their works played by the NZSO.

EASTER MONDAY

Messiah (RNZ Concert, noon). A mostly New Zealand line-up in this 2012 recording of Handel's most famous work: tenor Simon O'Neill and singing sisters Madeleine and Anna Pierard are joined by Australian bass-baritone Andrew Collis and conductor Graham Abbott. The Orpheus Choir and the NZSO complete the credits. Hallelujah!

Music Alive (RNZ Concert, 8.00pm). Dutch conductor Edo de Waart is something of a Mahler specialist; he's been conducting the Austrian composer since his twenties and told Eva Radich last year that Mahler's "in his DNA". Here's a recording from August of de Waart in charge of the NZSO performing Mahler's final symphony, the ninth.

WEDNESDAY APRIL 8

Appointment (RNZ Concert, 7.00pm). Shelley Wilkinson and musicologist Samantha Owens present *Germans in Maoriland?*, a two-part programme about the German influx to New Zealand between the early 1840s and the beginning of World War I – and the bands that followed. Tonight's programme features vintage recordings such as *Has Anyone Seen a German Band?* from the early 1900s, about a young German woman searching for her sweetheart, a trombonist.

Night Lights Classic Jazz (RNZ National, 11.06pm). The US series looks at *Jazz Women of the 1940s*, in particular the instrumentalists who had a tough time being accepted. The upheaval of World War II created more opportunities for female musicians, and presenter David Brent Johnson features composer-arranger Mary Lou Williams, trumpeter Billie Rogers, vibraphonist Marjorie Hyams, the International Sweethearts of Rhythm and pianists Hazel Scott and Beryl Booker. ▮

Concert music

Composer of the week WILLIAM BYRD (1543-1623)

William Byrd

GETTY IMAGES

SUNDAY APRIL 5, 9.00am: Peter Watts looks at Byrd's life and music (RNZ, R Mon 7.00pm); *Salve Sancta Parens*; *Alleluia*; *Beata es, Virgo Maria*; *Beata Viscera (Propers for Lady Mass in Eastertide)*, Cardinall's Musick/Andrew Carwood; *Voluntary à 3*, Patrick Russill (organ of Fitzalan Castle Chapel, Arundel); *Regina Coeli*, Cardinall's Musick/Andrew Carwood.

EASTER MONDAY, 9.00am: arr Harper: *Three Motets*, New Music Group of Scotland/Edward Harper; *Infelix Ego*, Collegium Vocale Gent/Philippe Herreweghe; *Fantasie No 52 in A Minor*, Scott Ross (hpschd); *Mass for Four Voices*, Tallis Scholars/Peter Phillips (dir).

EASTER MONDAY, 7.00pm: A repeat of Sunday's programme; *In Nomine*, Nos 2-5, Rose Consort of Viols/Harry Christophers; *Tribue, Domine*, Magnificat/Philip Cave.

TUESDAY APRIL 7, 9.00am: *The Bells*, Lorenzo Ghielmi (organ of Hofkirche, Innsbruck); *The Great Service*, Cardinall's Musick/Andrew Carwood, Robert Quinney (org).

WEDNESDAY APRIL 8, 9.00am: *Browning*; *Pavan à 5*; *Carman's Whistle*; *My Lord of Oxenford's Maske*; *Pavan*; *A Fancie*; *Praeludium & Ground*, Skip Sempé (hpschd), Capriccio Stravagante; *Mass for Three Voices*, Westminster Cathedral Choir/Martin Baker.

THURSDAY APRIL 9, 9.00am: *Cunctis Diebus*; *Domine, Non Sum Dignus*; *Domine, Salva Nos*; *Haec Dies*, Cardinall's Musick/Andrew Carwood; *My Lady Nevell's Ground*, Elaine Thornburgh (hpschd); *Laudibus in Sanctis*, Cardinall's Musick/Andrew Carwood; *O Mistress Mine*, Elaine Thornburgh (hpschd); *Propers for Ascension*, Cardinall's Music/Andrew Carwood (dir).

FRIDAY APRIL 10, 9.00am: *Pavana Lachrymae*; *Galliard*, Jovanka Marville (virginal); *Mass for Five Voices, with Propers for the Feast of All Saints* from *Gradualia & Cantiones Sacrae (1605)*, The Sixteen/Harry Christophers.

TV1 FREEVIEW 1 SKY 001

6.00 **Te Karere** (R)
6.30 **The ITM Fishing Show: Classic Episodes** (G, R, **C**)
7.00 **Rural Delivery** (G, **HD**)
7.30 **Infomercials**
9.00 **Tagata Pasifika** (**HD**)
9.30 **Come Dine with Me UK** (PGR, R)
Noon **There's No Taste Like Home** (G, R)
1.00 **Annabel Langbein the Free Range Cook** (G, R, **HD**, **C**)
1.30 **Highway Cops** (PGR, R, **HD**, **C**)
2.00 **Four Weddings USA** (PGR)
3.00 **Life Flight** (PGR, R, **C**) Baby Amy: A life-threatening mystery illness strikes a young Nelson couple's newborn baby.
3.30 **Piha Rescue** (G, R, **C**) Today: A surfer goes missing after patrol has ended.
4.00 **Fishy Business** (**HD**, **C**)
4.30 **Water Patrol** (G, R, **HD**, **C**) Muriwai Shark Attack: A police officer and surf life-savers try to save a swimmer who has been attacked by a shark.
5.00 **Robson Green: Extreme Fisherman** (G) Today: Robson travels to the third-largest island in the world to catch fish with superpowers.
6.00 **ONE News** (**C**)
7.00 ■ **Hyundai Country Calendar** (**HD**, **C**) Tonight: When a boutique cheesemaking business finds that the price of milk is too high, they buy their own dairy farm.
7.30 **Our World: Wildest Latin America** (G, **C**, **AD**) Pantanal – Brazil's Wild Heart: In the centre of South America is the world's largest wetland, The Pantanal, which hosts some of the greatest gatherings of animals on the planet.
8.40 **Coronation Street** (PGR, **C**, **AD**) Tonight: Anna makes a heart-breaking decision, and Dev fails to find his Mary Poppins.
9.40 **Nashville** (AO, **C**) Guilty Street: Avery struggles to date a woman who is richer than he is.
10.35 ■ **The Suspicions of Mr Whicher: The Murder in Angel Lane** (2013, AO, R, **HD**, **C**, **AD**) A former inspector is lured back to the grim world of crime when a woman pleads for his help in finding her young niece. Paddy Considine, Olivia Colman, Tim Pigott-Smith. **Films, page 70**
12.30am **Soccer** English Premier League, Arsenal v Liverpool, from Emirates Stadium, London, live.
2.45 **Emmerdale** (PGR, R, **C**)
4.00 **Investigator Special: Jesus the Cold Case** (AO, R, **C**)
5.30 – 6.00 **The Key of David**

TV2 FREEVIEW 2 SKY 002

6.00 **Guess How Much I Love You** (G, R, **C**)
6.10 **Transformers Rescue Bots** (G, R, **C**)
6.35 **Doc McStuffins** (G, **C**)
6.55 **The Amazing World of Gumball** (G)
7.20 **Ben 10: Omniverse** (G, **C**)
7.45 **Phineas and Ferb** (G, R, **C**)
8.15 **Green Lantern: The Animated Series** (G, R, **C**)
8.40 **Adventure Time** (**C**)
9.05 **Regular Show** (G, **C**)
9.35 **Lab Rats** (G)
10.00 **Fresh** (G)
10.30 **Switched at Birth** (PGR, **C**)
11.30 **The 100** (PGR, **C**)
12.30 **The Quest** (PGR)
1.30 **Young & Hungry** (PGR)
2.00 **The Bachelor Australia** (G, **C**)
3.05 **The Fosters** (PGR)
4.00 **Step by Step** (G, R, **C**) Aloha (Part 1): When Frank and Carol win a holiday, they exchange their first-class tickets for cheaper fares so the children can come.
4.30 **Full House** (G, R, **C**) No More Mr Dumb Guy: Jesse enlists the help of Joey in order to appear more intellectual at a cultural event.
5.00 **America's Funniest Home Videos** (G, **C**)
5.30 **The Amazing Race** (G, **C**) One Hot Camel: Teams escape the desert heat in the United Arab Emirates with a white-water rafting ride.
6.30 **Joey** (G, R, **C**) Joey and the Perfect Storm: After auditioning for several plays, Joey is disappointed when he receives only the understudy roles.
7.00 ■ **Valiant** (2005, G, R, **C**) A pigeon overcomes becomes a hero in Great Britain's Royal Air Force Homing Pigeon Service during World War II. Voices of Ewan McGregor, Ricky Gervais.
8.35 ■ **Safe Haven** (2013, AO, **C**) When a woman arrives in a small North Carolina town, her reluctance to join the tight-knit community raises questions about her past. Josh Duhamel, Julianne Hough. **Films, page 70**
10.55 ■ **Eat Pray Love** (2010, AO, R, **C**, **AD**) When a woman who seemingly has it all realises she is not living the life she wants, she divorces her husband and sets off on a journey of self-discovery. Julia Roberts, Javier Bardem. **Films, page 70**
1.35am ■ **Rabbit Hole** (2010, AO, R) Nicole Kidman, Aaron Eckhart, Dianne Wiest.
3.15 **Waking Sleeping Beauty** (G, R)
3.40 **Two and a Half Men** (AO, R, **C**)
5.05 **Fresh** (G, R)
5.30 – 6.00 **It Is Written**

TV3 FREEVIEW 3 SKY 003

6.00 **Charles Stanley**
6.30 **Trade Zone Gone Fishin'** (G, R, **HD**)
7.00 **Rheem Outdoors with Geoff** (G, R, **HD**)
7.30 **Infomercials**
9.30 **One 16th** (AO, R, **HD**, **C**)
10.30 **The X Factor NZ** (G, R, **HD**)
1.30 **The Bachelor NZ** (PGR, R, **HD**, **C**)
3.30 ■ **Australia's Next Top Model** (G, R)
4.30 **Native Kitchen** (G, **HD**)
5.00 **Trade Zone Gone Fishin'** (G, **HD**)
5.30 **The Simpsons** (G, R, **C**)
6.00 **3 News**
7.00 **Storage Hunters** (PGR, **HD**)
7.30 **Ice Road Truckers** (PGR, **HD**, **C**) Tonight: A brush with near disaster could cut Hugh's season short.
8.30 **CSI** (AO, **HD**, **C**) The Last Ride: The CSIs investigate a death involving a vintage Rolls Royce and a chrome-covered victim.
9.25 **Chicago PD** (AO, **HD**, **C**) Different Mistakes: Voight works with a former partner during an investigation.
10.20 **Hawaii Five-0** (AO, **HD**, **C**) Beneath the Surface: Five-0 investigates when a girl is abducted from her home and her father is shot.
11.20 **The Blue Rose** (AO, R, **C**) Suffer Little Children: Peterson's charity ride throws up a few choice gifts.
12.15am ■ **Changeling** (2008, AO, R, **C**) Angelina Jolie, John Malkovich, Amy Ryan.
1.35 ■ **The Debt** (2011, AO, R, **HD**) Helen Mirren, Sam Worthington, Tom Wilkinson.
3.30 ■ **Another Earth** (2011, PGR, R, **HD**, **C**) Brit Marling, William Mapother.
5.00 **Hillsong** (G)
5.30 – 6.00 **Charles Stanley**

FOUR FREEVIEW 4 SKY 012

6.00 Children's Programmes **3.30** Infomercials **4.30** Pukana (G) **5.00** Big Time Rush (G, R) **5.30** Mr. Young (G) **6.00** Futurama (G) **6.30** ■ Hop (2011, G, R, **C**) An out-of-work slacker accidentally injures the Easter Bunny and must take him in as he recovers. Voices of Russell Brand, James Marsden, Elizabeth Perkins. **8.30** ■ Big (1988, PGR, R, **C**) After playing a wishing machine, a 12-year-old boy finds himself trapped in the body of a grown man. Tom Hanks, Elizabeth Perkins, Robert Loggia, Jon Lovitz. **Films, page 70** **10.45** 90210 (PGR, R) Smoked Turkey: Ivy and Raj's conflicts begin to affect their relationship. **11.40** ■ Just Shoot Me! (PGR, **C**) First Date: After he and Maya agree to explore a romance, Elliott ends up sleeping with her former assistant. **12.10am – 6.00** Infomercials

Four: Hop, 6.30pm

PRIME FREEVIEW 10 SKY 004

6.00 **Home Shopping**
11.30 **University Challenge** (G)
Noon ■ **University Challenge** (G)
12.30 **NRL Fulltime** (G)
1.00 **The Crowd Goes Wild Omnibus** (G, R)
2.35 **Man vs Wild** (PGR, R)
3.30 **Jamie's American Road Trip** (G, R)
4.30 **Nigellissima** (G, R)
5.00 **Ados Addicted to Fishing** (G)
5.30 **Prime News**
6.00 **The Chef's Apprentice** (G, R)
6.30 **Jamie at Home** (G)
7.00 **Storage Wars: Canada** (G)
7.35 **James May's Man Lab** (PGR)
8.35 **Top Gear USA** (AO) Tonight: Adam Carolla.
9.35 **Rugby** Chiefs v Blues, from Waikato Stadium.
11.35 **True Blood** (AO, R)
12.45am **The Last Ocean** (PGR, R)
2.15 **Wills and Kate: Baby Fever** (G, R)
3.00 ■ **The Lady Vanishes** (2013, PGR, R) Tuppence Middleton, Tom Hughes.
4.30 **Superstorm USA: Caught on Camera** (PGR, R)
5.30 – 6.00 **The Animal Files** (PGR, R)

MAORI FREEVIEW 5 SKY 019

6.30 **Tamariki: Pukoro** (G, R)
7.00 **Team Umizoomi** (G, R)
7.30 **Penguins of Madagascar** (G, R)
8.00 **Tribe** (G, R)
8.30 **News: Te Kaea** (R)
9.00 **It's in the Bag** (G, R)
9.30 **Kai Time on the Road** (G, R)
10.00 **Language: Toku Reo** (G, R)
2.00 **The Big Hit** (G, R)
2.30 **Whanau Living** (G)
3.00 **Home Krew** (G)
3.30 **2015 Waka Ama Sprint Nationals** (G)
4.30 **City Slickers Rodeo** (G, R)
5.00 **Project Whenua** (G, R)
5.30 **News: Te Kaea**
6.00 **Te Irikura** (G, R)
6.30 **Te Tepu** (R)
7.00 **News: Te Kaea** (R)
7.30 ■ **Fame** (2009, PGR, R) Kay Panabaker, Bebe Neuwirth.
9.35 ■ **In the Name of the Father** (1993, AO, R) Based on the story of the wrongly-convicted Guildford Four. Daniel Day-Lewis. **Films, page 70**
12.30am – 1.00 **News: Te Kaea** (R)

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

SKY PREMIERE SKY 030

6.20 Making of: Edge of Tomorrow (2014, PG)
6.35 Paranoia (2013, M) Liam Hemsworth, Harrison Ford.
8.20 Bad Neighbours (2014, 16) Seth Rogen, Zac Efron.
9.55 Sinister (2012, 16) Ethan Hawke, Juliet Rylance.
11.45 Kick-Ass 2 (2013, 16) Aaron Taylor-Johnson.
1.30 Paranoia (2013, M) Liam Hemsworth, Harrison Ford.
3.20 The Fifth Estate (2013, M) Benedict Cumberbatch.
5.30 The Call (2013, 16) Halle Berry, Abigail Breslin.
7.05 Disorientation (2012, 16) Eric Toms, Todd Gaebe.
8.30 Draft Day (2014, M) On the day of the NFL draft, a manager must decide what he is willing to sacrifice in pursuit of the perfect team. Kevin Costner, Jennifer Garner.
10.20 Deliver Us from Evil (2014, 16) Eric Bana.
12.15am That Burning Feeling (2013, M) 1.50 The Fifth Estate (2013, M) 2.55 That Burning Feeling (2013, M) 4.30 Disorientation (2012, 16) 5.55 Draft Day (2014, M)

MOVIES GREATS SKY 032

6.15 Space Cowboys (2000, PG) Clint Eastwood.
8.25 Elizabeth: The Golden Age (2007, M) Cate Blanchett.
10.20 Get Smart (2008, PG) Steve Carell, Anne Hathaway.
12.10 Space Cowboys (2000, PG) Clint Eastwood.
2.20 Yes Man (2008, M) Jim Carrey, Rhys Darby.
4.05 Ali (2001, M) Will Smith.
6.40 The Dilemma (2011, M) A man is unsure of what to do when he finds out that his best friend's wife is having an affair. Vince Vaughn.
8.30 The Transporter (2001, 16) A courier encounters trouble after learning what he is delivering. Jason Statham, Francois Berleand.
10.05 Panic Room (2002, 16) A woman is terrorised by burglars trying to gain entry to a secret room built by the previous occupant of her property. Jodie Foster.
11.55 Yes Man (2008, M) Jim Carrey, Rhys Darby.
1.35am Ali (2001, M) 3.10 The Transporter (2001, 16) 4.40 The Dilemma (2011, M)

MOVIES CLASSICS SKY 033

7.05 Footloose (1984, PG) Kevin Bacon, Lori Singer.
8.50 One Crazy Summer (1986, PG) John Cusack.
10.25 El Condor (1970, M) Jim Brown, Lee Van Cleef.
12.05 Spies Like Us (1985, PG) Chevy Chase, Dan Aykroyd.
1.45 Bugsy Malone (1976, G) Jodi Foster, Scott Baio.
3.20 Beetlejuice (1988, PG) Michael Keaton, Geena Davis.
4.50 Pretty in Pink (1986, M) Molly Ringwald.
6.25 The Sting (1973, PG) Paul Newman, Robert Redford.
8.30 Hell Is for Heroes (1962, M) In the heat of a WWII battle, a band of soldiers find themselves severely outnumbered as they hold off a Nazi advance while awaiting reinforcements. Steve McQueen, Bobby Darin.
10.00 All the President's Men (1976, 16) Dustin Hoffman.
12.15am Dangerous Liaisons (1988, PG) 2.10 Another 48 Hrs (1990, M) 2.45 Pretty in Pink (1986, M) 4.20 Beetlejuice (1988, PG) 5.50 The Sting (1973, PG)

RIALTO SKY 039

7.25 Artifact (2012, M) US documentary.
9.10 Touchy Feely (2013, M) Rosemarie DeWitt.
10.45 Happiness Never Comes Alone (2012, M) Gad Elmaleh, Sophie Marceau.
12.35 The Central Park Five (2012, 16) US documentary.
2.30 The Red Road (2014, M, season 1, episodes 1-6) Martin Henderson.
7.00 The Double (2013, M) An unhappy man is shocked by a new co-worker who is his exact physical double and his opposite. Jesse Eisenberg, Mia Wasikowska.
8.30 A Promise (2013, M) In pre-WWI Germany, a married woman falls in love with her husband's protégé. Rebecca Hall, Alan Rickman, Richard Madden.
10.10 The Bridge (2011, 16, season 1, episode 9) Sofia Helin.
11.15 Tenderness (2013, M) Marilyne Canto.
12.35am The Raid 2 (2014, 18) 2.05 The Central Park Five (2012, 16) 4.00 The Red Road (2014, M, season 1, episodes 1-3)

GENERAL

Choice TV FREEVIEW 12 SKY 026

6.00 Better Homes and Gardens **7.30** The Hairy Bikers' Best of British **8.30** Rachel Khoo's Kitchen Notebook: London **9.00** The Roux Masterclass **9.30** House Crashers **10.00** Selling London **10.30** Auction Room **11.00** Buying the Bayou **11.30** How Did You Do That? Office Apartment **Noon** Brother vs Brother **1.00** Gardeners' World **1.30** Better Homes and Gardens **3.00** Garage Gold **4.00** Holiday Home Sweet Home **5.00** LA Frock Stars **6.00** Extreme Collectors (PGR) **6.30** The Water Brothers **7.00** The Wild West with Ray Mears **7.30** Martin Clunes: The Lemurs of Madagascar **8.30** South Riding (AO) **9.30** Being Erica (PGR) **10.30** Garage Gold **11.00** House Crashers **11.30** NZ Hunter Adventures **12.00am** LA Frock Stars **1.00** Extreme Collectors (PGR) **1.30** South Riding (AO) **2.30** The Wild West with Ray Mears and Natural World **3.00** Catch and Cook: World **3.30** The Water Brothers **4.00** Being Erica (PGR) **5.00** Holiday Home Sweet Home

UKTV SKY 007

6.20 New Tricks (M) **7.15** New Tricks (M) **8.10** New Tricks (M) **9.05** Foyle's War (M) **10.45** Death in Paradise (M) **11.40** Death in Paradise (M) **12.35** Midsomer Murders (M) **2.10** Midsomer Murders (M) **3.50** Father Brown (M) **4.45** Father Brown (M) **5.40** New Tricks (M) **6.35** New Tricks (M) **7.35** New Tricks (M) Love Means Nothing in Tennis: The death of a teenage tennis star leads to several people with motives for her murder. **8.30** Foyle's War (M) Bad Blood: A biological warfare experiment goes wrong, resulting in the death of a local woman. **10.15** Death in Paradise (M) Predicting Murder: Poole must convince the team that a murder has nothing to do with voodoo spirits. **11.15** Death in Paradise (M) Missing a Body?: A confession of murder proves problematic for Poole and the team. **12.10am** Midsomer Murders (M) **1.45** Midsomer Murders (M) **2.20** Luther (16) **3.25** Doors Open (16) **5.05** Father Brown (M) **5.55** Father Brown (M)

Living SKY 008

6.30 Sarah Beeny's Selling Houses (M) **7.30** Location Location Location **8.30** Antiques Roadtrip **9.30** Love Your Garden **10.30** Homes Under the Hammer **11.30** Antiques Roadshow **12.30** Selling Houses Australia **1.30** Priceless Antiques Roadshow **2.00** Selling Houses with Amanda Lamb **3.00** Sarah Beeny's Selling Houses (M) **4.00** Zoo Days (M) **4.30** The Great British Sewing Bee **5.30** Location Location Location **6.30** Relocation: Phil Down Under **7.30** A Place in the Sun: Winter Sun **8.30** Phil Spencer: Secret Agent **9.30** Grand Designs **10.30** Holmes Makes It Right **11.30** Phil Spencer: Secret Agent **12.30am** Phil Spencer: Secret Agent **1.30** Priceless Antiques Roadshow **2.00** Zoo Days (M) **2.00** Zoo Days (M) **2.30** The Great British Sewing Bee **2.30** Zoo Days (M) **3.30** Flog It! **4.30** Flog It! **5.30** Flog It!

SoHo: Game of Thrones Marathon, 12.35pm

Sky Arts SKY 027

6.25 Portrait Artist of the Year **7.10** The Story of the Jews (PG) **8.00** La Bayadere **10.00** The Hidden Art of Islam **11.00** Art: 21 **Noon** Gas Station **12.30** Grayson Perry: Who Are You **1.25** The Story of British Pathe **2.25** Portrait Artist of the Year **3.10** The Story of the Jews (PG) **4.00** Grand Hotel (PG) **5.25** Eric Clapton: Sessions for Robert J **6.55** The Hay Sessions: Colm Toibin. **7.40** In Confidence: David Schwimmer. **8.30** Stelvio (G) Documentary about the Stelvio Pass. **9.45** ■ After Fall, Winter (2011, PG) Eric Schaeffer. **12.00am** Grand Hotel (PG) **1.25** Eric Clapton: Sessions for Robert J **2.55** One PM **2.55** The Hay Sessions **3.40** In Confidence **4.30** Stelvio **5.45** ■ After Fall, Winter (2011, PG)

SoHo SKY 010

6.30 The Americans (16) **7.30** Entourage Marathon (16) **12.05** Last Week Tonight with John Oliver (16) **12.35** Game of Thrones Marathon (18) **6.30pm** Game of Thrones (18) Mockingbird: Jon's warnings about the Wall's vulnerability fall on deaf ears. **7.30** Game of Thrones (18) The Mountain and the Viper: Mole's Town receives some unexpected visitors. **8.30** Game of Thrones (18) The Watchers on the Wall: The Night's Watch face the biggest challenge to the Wall yet. **9.25** Game of Thrones (18) The Children: Dany faces some harsh realities. **10.30** Hard Times: Lost on Long Island (M) US documentary about the realities of long-term unemployment, as seen through the eyes of several Americans who lost their jobs in the wake of the recession. **11.30** Entourage (16) Sorry, Harvey: Drama takes the mayor of Beverly Hills out on the town. **12.00am** Entourage Marathon (16) **3.05** Last Week Tonight with John Oliver (16) **3.35** Questioning Darwin (M) **4.35** Hard Times: Lost on Long Island (M) **5.30** Fortitude (16)

BBC World News SKY 089

6.00 BBC World News **6.30** Focus on Africa **7.00** World News Today **7.40** Africa Business Report **8.00** World News Today **8.30** HARDtalk **9.00** BBC World News **9.30** Football Focus **10.00** BBC World News America **11.00** BBC World News **11.30** Newsnight **Noon** BBC World News **1.10** World Features **1.30** Talking Business with Linda Yueh **2.00** BBC World News **2.30** Horizons **3.00** BBC World News **3.10** Storyville Global **4.00** BBC World News **4.30** The Travel Show **5.00** BBC World News **5.10** Ebola: What Next? **6.00** BBC World News **6.30** Newsnight **7.00** BBC World News **7.30** Click **8.00** BBC World News **8.10** World Features **8.30** HARDtalk **9.00** BBC World News **9.10** Football Focus **9.30** Horizons **10.00** BBC World News **10.10** Inside the Commons **11.00** BBC World News **11.10** Africa Business Report **11.30** Newsnight **12.00am** BBC World News **1.10** World Features **1.30** Jump Starting Japan **2.00** Jump Starting Japan Marathon **3.00** BBC World News **3.10** Storyville Global **4.00** BBC World News **4.30** Final Score **5.00** BBC World News **5.10** Ebola: What Next?

SPORT

Sky Sport 1 SKY 051

6.00 World Rugby **6.30** Super Rugby, Hurricanes v Stormers. **7.00** Toyota Grassroots Rugby **8.00** Snooker, World Tour, German Masters. **11.00** Sky Sport 365 **11.30** Toyota Grassroots Rugby **12.30** Super Rugby, Hurricanes v Stormers. **1.00** Super Rugby, Rebels v Reds, replay. **3.00** Snooker, World Tour, German Masters. **6.00** Super Rugby, Hurricanes v Stormers. **6.30** World Rugby **7.00** Super Rugby, Chiefs v Blues, **live.** **9.35** Super Rugby, Brumbies v Cheetahs, **live.** **11.40** Super Rugby, Chiefs v Blues, replay. **1.55am** Super Rugby, Sharks v Crusaders, **live.** **3.00** Super Rugby, Lions v Bulls, **live.** **5.15** Super Rugby, Brumbies v Cheetahs, replay.

Sky Sport 2 SKY 052

6.00 UK Super League, Tigers v Rhinos. **8.00** UK Super League, Warriors v St Helens, replay. **10.00** UK Super League, Hull FC v Rovers. **10.30** Rugby League, NRL, Friday round five. **11.00** NRL Footy Show **1.00** UK Super League, Hull FC v Rovers. **1.30** UK Super League, Tigers v Rhinos. **2.00** U Warriors v St Helens. **2.30** Rugby League, NRL, Friday round five. **3.00** Rugby League, U20 Holden Cup, Sea Eagles v Raiders, **live.** **5.00** Rugby League, NSW Cup, Manly v Mounties, **live.** **7.00** Rugby League, NRL, Sea Eagles v Raiders, from Lavington Sports Ground, **live.** **9.30** Rugby League, NRL, Knights v Dragons, from Hunter Stadium, **live.** **11.30** Rugby League, NRL, Friday round five. **1.00am** Rugby League, NRL, Sea Eagles v Raiders. **2.00** Rugby League, NRL, Knights v Dragons. **4.00** Rugby League, NRL, Friday round five. **4.30** Rugby League, UK Super League, Hull FC v Rovers. **5.00** Rugby League, UK Super League, Tigers v Rhinos. **5.30** Rugby League, UK Super League, Warriors v St Helens.

Sky Sport 3 SKY 053

6.00 The Crowd Goes Wild **6.30** World of Freesports: Dream of Flight **7.00** Rugby League, NRL, Friday round five. **7.30** Super Rugby, Hurricanes v Stormers. **9.30** Super Rugby, Rebels v Reds. **11.30** Rugby League, UK Super League, Hull FC v Rovers. **Noon** Rugby League, UK Super League, Tigers v Rhinos. **12.30** Rugby League, UK Super League, Warriors v St Helens. **1.00** Sky Sport 365 **1.30** World of Freesports: Dream of Flight **2.00** Super Rugby, Hurricanes v Stormers. **2.30** Incycle **3.00** Super Rugby, Hurricanes v Stormers. **3.30** The F1 Show **4.30** Toyota Grassroots Rugby **5.30** The ITM Fishing Show **6.30** Darts, Premier League, judgement night. **9.30** Soccer, A-League, Sydney FC v Adelaide United, **live.** **11.30** V8 Life **12.00am** Ice Hockey, NHL, regular season, Red Wings v Bruins. **2.00** Gillette Soccer Saturday **4.15** Soccer, A-League, Sydney FC v Adelaide United.

BBC Knowledge: The Underground, 9.15pm

ESPN SKY 061

6.00 Tennis, ATP World Tour, Miami Open, first semi-final, **live.** **7.30** SportsCenter **8.00** His & Hers **9.00** ESPN Original Documentaries **10.00** SportsCenter **Noon** Tennis, ATP World Tour, Miami Open, second semi-final, **live.** **1.30** ATP World Tour Weekly **2.00** Friday Night Fights **4.00** SportsCenter **5.00** This Week in Baseball **5.30** Planet Speed **6.00** Around the Horn **6.30** Pardon the Interruption **7.00** Tennis, ATP World Tour, Miami Open, first and second semi-final, replay. **10.00** ESPN FC **10.30** Search4Hurt **11.00** Friday Night Fights **1.00am** SportsCenter **4.00** Basketball, NBA, Grizzlies v Oklahoma City Thunder, from FedEx Forum, Memphis, Tennessee, replay.

DOCUMENTARIES

Discovery SKY 070

6.00 Dukes of Haggle (M) **6.30** MythBusters (PG) **8.30** ET Fishing Escapes (PG) **9.30** American River Renegades (PG) **10.30** River Monsters: Legend of Loch Ness (PG) **12.30** The Unexplained Files (M) **1.30** Gold Rush (PG) **2.30** Dual Survival (M) **3.30** Chaos Caught on Camera (M) **4.30** Auction Hunters (PG) **5.30** Alaska: The Last Frontier (M) **6.30** Man v Expert (PG) **7.30** Treehouse Masters (PG) Pete builds an adventure themed treehouse for an exploration-loving family in Pennsylvania's Pocono Mountains. **8.30** Epic Bars (PG) Aaron and Mike build a custom bayou bar. **9.30** Moonshiners (M) Tim learns that getting out of the illegal liquor business does not get you out of the woods. **10.30** Ghost Asylum (M) **11.30** MythBusters (PG) **12.30am** I (Almost) Got Away with It (M) **1.30** Stalked: Someone's Watching (M) **2.00** Dukes of Haggle (M) **2.30** Yukon Men (M) **5.30** MythBusters (PG)

National Geographic SKY 072

6.30 The Aussie & the Mine King (M) **7.30** Goldfathers Marathon (M) **12.30** Nazi Temple of Doom (PG) **1.30** Nazi Megastructures Marathon (PG) **7.30** Journeys of the Apostles (PG) **8.30** Killing Jesus (M) US dramatisation of the life and death of Jesus Christ based on the book by Bill O'Reilly and Martin Dugard. Haaz Sleiman, Kelsey Grammer, Stephen Moyer, Rufus Sewell. **9.30** Gospel of Judas (PG) **10.30** Underworld Inc. (M) **11.30** Drugs Inc. (M) **12.30am** Nazi Megastructures (PG) **1.30** Journeys of the Apostles (PG) **2.30** Killing Jesus (M) **2.30** Gospel of Judas (PG) **3.30** To Catch a Smuggler (PG) **4.30** Underworld Inc. (M) **5.30** Drugs Inc. (M)

History SKY 073

6.30 The Temple Mount (PG) **7.30** The Week They Elected the Pope (PG) **8.30** Jesus: The Missing Years (PG) **9.30** Mysteries at the Museum (PG) **10.30** Canada Over the Edge (PG) **11.30** The Bible's Buried Secrets (PG) **1.30** MLK: The Assassination Tapes (M) **2.30** Spirits of the Somme (PG) **3.30** The Adventure of English (G) **4.30** Art of the Cross (PG) **5.30** Versailles (PG) **6.30** Decoded: Dan Brown's Lost Symbol (PG) **7.30** Secret Lives of Jesus (PG) The forces that were at play during Jesus' lifetime, and some of the most bizarre stories about Jesus Christ ever heard. **8.30** The Exodus Decoded (PG) **10.30** The Temple Mount (PG) **11.30** Jesus Conspiracies (PG) **12.30am** How the Devil Got His Horns (PG) **1.30** In Search of Aliens (PG) **2.30** America's Book of Secrets (PG) **2.30** America's Book of Secrets (PG) **3.30** Secret Lives of Jesus (PG) **4.30** The Exodus Decoded (PG)

BBC Knowledge SKY 074

6.45 Australia with John Bishop (M) **7.40** Paul Merton's Adventures (PG) **8.25** Great White Shark (PG) **9.15** David Attenborough's Natural Curiosities Marathon (PG) **10.30** Trawlers, Rigs & Rescue (M) **Noon** Top Gear Marathon (PG) **6.30** The Men Who Made Us Fat (PG) **8.20** The Men Who Made Us Fat (PG) Jacques Peretti looks at how product marketing can seduce consumers into buying "healthy foods", which can actually be high in sugar. **9.15** The Underground (M) **10.20** Top Gear (PG) **11.20** Trawlers, Rigs & Rescue (M) **12.55am** David Attenborough's Natural Curiosities Marathon (PG) **2.00** Walking with Cavemen (PG) **2.10** Wonderland (M) **2.30** Walking with Cavemen Marathon (PG) **4.00** The Men Who Made Us Fat Marathon (PG)

RADIO

RNZ National FREEVIEW 50 SKY 421

6.08 Storytime (RNZ) (storytime@radionz.co.nz)
7.08 Country Life (RNZ) (countrylife@radionz.co.nz)
8.10 Saturday Morning with Kim Hill (RNZ) (saturday@radionz.co.nz)
12.11 This Way Up with Simon Morton (RNZ) (thiswayup@radionz.co.nz)
2.05 Music 101 with Emma Smith (music101@radionz.co.nz)
5.11 Focus on Politics (RNZ)
5.45 Tagata o te Moana (RNZ)
6.06 Great Encounters (RNZ)
7.06 Saturday Night Requests, nostalgia and musical memories (RNZ)
12.04am All Night Programme Including: 12.05 Music After Midnight; 12.30 History Repeated (RNZ); 1.05 Our Changing World (RNZ); 2.05 Spiritual Outlook (RNZ); 2.35 Hymns for Sunday (extra hour for Daylight Saving); 2.05 Can the World get Richer Forever? (BBC); 3.05 A50 and Ernest Trugood, by John Trenwith (9 of 10, RNZ); 3.30 Te Waonui a Te Manu Korihi (RNZ); 4.30 Science in Action (BBC)

Details available at www.radionz.co.nz

RNZ Concert FREEVIEW 51 SKY 422

News and Weather 6.00, 7.00, 8.00, 9.00am, noon, 3.00, 6.00, 11.00pm
6.00 Classic Morning
9.00 The Best of Upbeat (RNZ)
10.00 Your Choice (Box 123, Wellington or concert@radionz.co.nz)
Noon The RNZ Concert Classical Chart
1.00 The Art of Jazz Today: Recent releases and reissues (5 of 10, RNZ)
2.00 Global Sounds
3.00 Saturday Concert 2013 Auckland University Lilburn Composition Competition. Anya Leenman: Portrait of Unknown Woman, Finn Schofield (cl), Robert Drage (cello), Eddie Giffney (pno); Oliver Huang-Xu: 57 Years in the Cage, Robert Drage (cello); Clovis McEvoy: Death Warmed Up, electroacoustic; Ah Young Jeong: Calling from Heigh-Ho Valley, Pearl Huang (fl), Hyun-Jun Jang (cl), Stella Kim, Mikeal Na (vlns), Anya Leenman (vla), Gunhee Lee (cello), Ah Young Jeong (harp); Barnaby Flavell-Chitty: Change, electroacoustic; Callum Blackmore: The Ghost Sonata, Callum Blackmore (vocalist) (1 of 2, RNZ)
4.10 Jansons on the Podium
6.00 Made in New Zealand NZ performers and composers
7.00 Vocalied The World of Song
8.00 Music Alive Music for Easter: Mariana Zvetkova (sop), Ruxandra Donose (mezzo), Johan Botha (ten), Roberto Scandiuzzi (bass), Dresden State Opera Chorus and Orch/ Giuseppe Sinopoli – Dvorák's Stabat Mater (Dresden State Opera)
9.30 Russian Cello Kabalevsky: Cello Concerto No 2 in C minor Op 77, Leonard Elschenbroich (cello), Netherlands Phil/Andrew Litton
10.00 Day's End Music to wind down to
12.00am Music Through the Night

Details available at www.radionz.co.nz

Newstalk ZB

6.00 Nigel Yalden All Sport Breakfast 9.00 Jack Tame Noon Veitch on Sport 6.00 Bruce Russell: In My Day 12.00am Tim Roxborogh Talkback

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TV1 FREEVIEW 1 SKY 001

6.00 Rural Delivery (G, R, **HD**)
6.25 ■ **Fishy Business** (G, R, **HD**, **C**)
7.10 Sunday (R, **C**)
7.35 Tagata Pasifika (R, **HD**)
8.00 Praise Be (G)
8.30 ■ **Attitude Summer Series** (G, **HD**, **C**, **AD**) Robert Martin: – The People's Advocate: From life in an institution to sitting at the tables of power, Robert Martin has become a leader and an advocate for people with disabilities.
9.00 Q+A (**HD**, **C**)
10.00 Waka Huia (G) Today: Aroha Yates Smith reveals why she went in search of the female elements and the cleansing power of water in her fight against cancer.
10.30 Marae (G)
11.00 Neighbourhood (**HD**, **C**) Today: Actor Fasitua Amosa hosts a tour of the West Auckland suburb of Glen Eden.
11.30 Fair Go (R, **C**)
11.55 Robson's Extreme Fishing Countdown (G, R, **C**)
12.45 Intrepid Journeys (G, R, **C**)
1.30 Our First Home Omnibus (R, **HD**, **C**) Today: The families are firmly on the home stretch.
3.50 ■ **Secretariat** (2010, G, **C**) A housewife takes over her father's racing business. Diane Lane, John Malkovich.
6.00 ONE News (**C**)
7.00 The Secret Life of Cats (G, **C**, **AD**) UK documentary that follows a newborn kitten as it grows into a nimble neighbourhood cat.
7.50 Our First Home (**HD**, **C**, another episode screens tomorrow) Tonight: The pressure is on with the final week of renovations underway.
8.40 In the Club (AO, **C**, **AD**) UK drama series. Tonight: Jasmin is furious as Dr Bellingham induces her labour early, and Kim tries to mend her fractured family.
9.35 Cilla (PGR, **C**, **AD**) UK dramatisation of Cilla Black's early years. Tonight: Brian Epstein propels Cilla's career to new heights.
10.25 ■ **Miss Fisher's Murder Mysteries** (AO, R, **C**, **AD**) Murder Under the Mistletoe: Phryne, Dot and Dr Mac accompany Aunt Prudence to a chalet to celebrate Christmas in July, but the party arrives to find one of the residents dead.
11.25 Golf PGA Tour, Shell Houston Open, round three, from Golf Club of Houston, Texas, highlights.
12.10am Q+A (R, **HD**, **C**)
1.10 Emmerdale (PGR, R, **C**)
3.05 Marae (G, R)
3.35 – 6.00 Infomercials

TV2 FREEVIEW 2 SKY 002

6.00 Pajanimals (G, R, **C**)
6.20 Buzzy Bee and Friends (G, R, **C**)
6.30 Art Attack (G, **C**)
6.50 Sofia the First (G, R, **C**)
7.10 SpongeBob SquarePants (G, R, **C**)
7.35 The Penguins of Madagascar (G, R, **C**)
8.00 What Now (**HD**)
10.00 ■ **A.N.T. Farm** (G, **C**) Creative Consultant: Chyna, Olive and Fletcher roll out the red carpet for Sequoia Jones, who is shadowing Chyna for a movie role.
10.20 ■ **The Bachelorette** (G, **C**) After the Final Rose: Desiree sits down to talk about her three final bachelors, and the men discuss the outcome of their journeys.
11.10 ■ **The Bachelor** (PGR) Today: Chris Harrison hosts a look at the newest Bachelor, single dad Juan Pablo Galavis.
Noon Shortland Street Omnibus (PGR, R, **HD**, **C**, **AD**) Today: Harry's good deed turns bad, and Bella plays peacemaker.
1.35 ■ **When in Rome** (2002, PGR, R, **HD**, **C**) A young New Yorker disillusioned with romance takes a trip to Rome and defiantly plucks coins from a fountain of love. Kristen Bell, Josh Duhamel.
3.10 Home and Away Omnibus (R, **C**) Today: VJ and Jett train hard so that Zac and John will let them fight in a real boxing match.
5.10 ■ **Happy Feet** (2006, R, **C**, **AD**) A penguin is born without the ability to sing, and instead must attract his soul mate by dancing. Voices of Elijah Wood, Nicole Kidman.
7.00 ■ **Oz the Great and Powerful** (2013, PGR, **C**, **AD**) A small-time magician is hurled into the Land of Oz, where he must transform himself into a great and powerful wizard. James Franco, Mila Kunis, Michelle Williams, Rachel Weisz. **Films, page 70**
9.15 ■ **Kath & Kimderella** (2012, PGR, **C**) Empty nester Kath wins a trip to a tiny European kingdom with her spoilt princess daughter Kim. Jane Turner, Gina Riley, Magda Szubanski. **Films, page 70**
10.45 Marry Me (PGR, R, **C**) Tonight: The loved up couple attempt to make it down the aisle.
1.15am ■ **Marvel's Agent Carter** (AO, R, **C**, **AD**)
2.05 Arrow (R, **C**)
2.50 Infomercials
3.25 Jeremy Kyle (PGR, R)
4.15 It Is Written (R)
4.45 Bunheads (G, R, **HD**)
5.30 – 6.00 Infomercials

TV3 FREEVIEW 3 SKY 003

6.00 Life TV (G)
6.30 Brian Houston (G)
7.00 Charles Stanley (G)
8.00 Universal Church of the Kingdom of God: UCKG TV (G)
8.30 Turning Point with David Jeremiah (G)
9.00 Hitched (PGR, R)
9.25 ■ **My Wedding and Other Secrets** (2010, PGR, R, **C**)
10.50 The Bold and the Beautiful Omnibus (PGR, **HD**)
12.45 The Block Unlocked: Fans vs Faves (G, **HD**)
1.10 Place Makers Big Angry Fish (G, R, **HD**)
1.35 Motorsport Hydroplanes, round two.
2.10 Motorsport (**HD**) Aussie GT Series, round five.
2.35 Motorsport (**HD**) NHRA Florida, round three.
3.20 Motorsport (**HD**) MotoGP Qatar, round one.
4.05 Motorsport (**HD**) Indycar Firestone GP of St Petersburg, round one.
5.10 Ice Road Truckers (G, R, **HD**, **C**)
6.00 3 News
7.00 ■ **Avatar** (2009, PGR, R, **HD**, **C**) Sam Worthington, Zoe Saldana.
9.40 ■ **Savages** (2012, AO, **HD**, **C**) Two weed growers go to war after a Mexican drug cartel kidnaps the woman they both love. Taylor Kitsch, Aaron Taylor-Johnson, Blake Lively. **Films, page 70**
11.45 State of Affairs (AO, R, **HD**, **C**)
12.30am Jono and Ben (AO, R, **HD**)
1.15 Infomercials
5.30 – 6.00 Brian Houston @ Hillsong TV (G)

FOUR FREEVIEW 4 SKY 012

6.00 Children's Programmes **5.00** Entertainment Tonight Weekend (G) **5.50** Futurama (G, R) **6.15** Futurama (G, R) **6.35** Slide Show (G, R, **C**) **7.25** Troy (G, **C**) Tonight: Troy parties at the Notting Hill Carnival. **8.15** The GC (PGR, **C**) Tonight: It is D-Day for Cole as his whanau from New Zealand arrive. **8.40** Family Guy (AO, R) You May Now Kiss the, uh, Guy Who Receives: Brian's gay cousin comes to visit and announces he is marrying his partner at the Griffin's house. **9.00** World's Scariest ... Near Misses (PGR, R, **C**) Real-life stories of people who have stared death in the face. **9.50** World's Scariest ... Plane Landings (PGR, R, **C**) Some of the most frightening moments in aviation, with first-hand accounts from those caught up in the action. **10.35** bro'Town (PGR, **C**) A Vegetarian at My Table: The boys become vegetarians. **11.00** Just Shoot Me! (PGR, R, **C**) **11.20** Entertainment Tonight Weekend (G) **12.10am – 6.00** Infomercials

TV3: Savages, 9.40pm

PRIME FREEVIEW 10 SKY 004

6.00 Religious Programming (G)
10.30 Sport Box (G)
Noon MasterChef USA (PGR, R)
12.50 Half Ton Killer (PGR, R)
1.40 Earthflight (G, R)
2.35 The Animal Files (PGR, R)
3.00 Toyota Grassroots Rugby (G)
3.45 Netball (G) ANZ Championship, highlights.
4.40 Rugby Nation (G)
5.30 Prime News
6.00 Birth of Britain (G, R)
6.50 Storage Wars: Texas (PGR) Tonight: The buyers travel to the Texas town of Waxahachie.
7.40 Antiques Roadshow (G) Tonight: Fiona Bruce and the experts inspect a painting of JMW Turner's house on the banks of the Thames.
8.40 ■ **Good Will Hunting** (1998, AO, R) After assaulting a police officer, a math genius is ordered to attend therapy, where a psychiatrist sifts through his past. Matt Damon, Ben Affleck, Robin Williams, Minnie Driver.
10.55 ■ **Secrets of the Manor House** (PGR, R) UK documentary series about some of the best-known homes in England.
11.55 ■ **Silk** (AO, R) UK drama series.
12.55am – 6.00 Home Shopping

MAORI FREEVIEW 5 SKY 019

10.00 Language: Korero Mai (G, R)
2.00 Media Take (R)
2.30 Marae Kai Masters (G, R)
3.30 Rugby World Cup 2011 (R)
5.30 News: Te Kaea
6.00 Kai Time on the Road (G) Tonight: Hummerston's Gourmet Meats.
6.30 Paepae (G)
7.00 News: Te Kaea (R)
7.30 Rugby League Today: NRL Premiership, Bulldogs v Rabbitohs.
9.30 ■ **Beasts of the Southern Wild** (2012, PGR) A six-year-old living in a Louisiana bayou is faced with her hot-tempered father's fading health and a potentially devastating approaching storm. Quvenzhane Wallis, Dwight Henry, Levy Easterly. **Films, page 70**
11.15 – 11.45 News: Te Kaea (R)

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

SKY PREMIERE SKY 030

7.45 **Deliver Us from Evil** (2014, 16) Eric Bana, Edgar Ramirez.
9.40 **The Call** (2013, 16) Halle Berry, Abigail Breslin.
11.15 **The Fifth Estate** (2013, M) Benedict Cumberbatch.
1.25 **Disorientation** (2012, 16) Eric Toms, Todd Gaebe.
2.50 **Parker** (2013, 16) Jason Statham, Jennifer Lopez.
4.45 **Seven Psychopaths** (2012, 16) Colin Farrell.
6.35 **Now You See Me** (2013, M) A team of illusionists pull off bank heists during their performances and reward their audiences with the money. Jesse Eisenberg.
8.30 **X-Men: Days of Future Past** (2014, M) The X-Men unite across two time periods to fight a war for the survival of their species. Hugh Jackman, Jennifer Lawrence, James McAvoy, Michael Fassbender.
10.45 **Bad Words** (2014, M) Jason Bateman, Kathryn Hahn.
12.15am A Stranger in Paradise (2013, 16) 1.40 Seven Psychopaths (2012, 16) 3.30 Now You See Me (2013, M) 5.25 X-Men: Days of Future Past (2014, M)

MOVIES GREATS SKY 032

6.30 **Panic Room** (2002, 16) Jodie Foster, Kristen Stewart.
8.20 **Yes Man** (2008, M) Jim Carrey, Rhys Darby.
10.00 **Ali** (2001, M) Will Smith.
12.35 **The Dilemma** (2011, M) Vince Vaughn, Kevin James.
2.25 **The Sum of All Fears** (2001, M) Ben Affleck.
4.25 **As Good As It Gets** (1997, M) Jack Nicholson, Helen Hunt.
6.40 **Ghost Rider** (2007, M) A motorcycle stunt rider is afflicted with a curse that turns him into the Devil's bounty hunter at night. Nicolas Cage, Eva Mendes.
8.30 **There's Something About Mary** (1998, 16) A man hires a private detective to search for the girl he was infatuated with during his high school years. Ben Stiller, Cameron Diaz, Matt Dillon, Jeffrey Tambor.
10.30 **The Aviator** (2004, M) Leonardo DiCaprio, Cate Blanchett.
1.20am The Sum of All Fears (2001, M) 3.20 There's Something About Mary (1998, 16) 5.15 Ghost Rider (2007, M)

MOVIES CLASSICS SKY 033

7.55 **Bugsy Malone** (1976, G) Jodi Foster, Scott Baio.
9.25 **Jeremiah Johnson** (1972, PG) Robert Redford.
11.20 **Love Story** (1970, PG) Ali MacGraw, Ryan O'Neal.
1.00 **Dave** (1993, PG) Kevin Kline.
2.55 **Tango & Cash** (1989, M) Sylvester Stallone.
4.40 **Every Which Way But Loose** (1978, PG) Clint Eastwood.
6.35 **Any Which Way You Can** (1980, PG) A car mechanic and amateur boxer becomes involved with a motorcycle gang and a mischievous orangutan. Clint Eastwood.
8.30 **Zulu** (1964, PG) British soldiers battle the Zulus at Rorke's Drift. Michael Caine, Stanley Baker.
10.45 **Frantic** (1988, PG) An American cardiologist in Paris becomes embroiled with Arab terrorists while hunting for his kidnapped wife. Harrison Ford, Betty Buckley.
12.45am The Untouchables (1987, M) 2.45 Lost in America (1985, PG) 4.15 Avalanche Express (1979, PG) 5.45 Love Story (1970, PG)

RIALTO SKY 039

6.15 **The Red Road** (2014, M, season 1, episodes 4-6) Martin Henderson.
8.30 **The Bridge** (2011, 16, season 1, episode 9) Sofia Helin.
9.35 **The Double** (2013, M) Jesse Eisenberg, Mia Wasikowska.
11.05 **A Promise** (2013, M) Rebecca Hall, Alan Rickman.
12.45 **Last Days Here** (2011, 16) US documentary.
2.15 **The Keeper of Lost Causes** (2013, 16) Nikolaj Lie Kaas.
3.55 **Mistaken for Strangers** (2013, M) US documentary.
5.15 **Artifact** (2012, M) US documentary.
7.00 **Small Apartments** (2012, 16) Matt Lucas.
8.30 **Tommy Cooper: Not Like That, Like This** (2014, M) Biopic of British comedian Tommy Cooper. David Threlfall, Helen McCrory, Amanda Redman.
10.15 **52 Tuesdays** (2013, 16) Tilda Cobham-Hervey.
12.10am The Cure (2014, M) 1.40 The Keeper of Lost Causes (2013, 16) 3.20 The Dump (2012, M) 3.35 52 Tuesdays (2013, 16) 5.30 Artifact (2012, M)

GENERAL

Choice TV FREEVIEW 12 SKY 026

6.00 The Water Brothers **6.35** The Wild West with Ray Mears **7.00** Martin Clunes: The Lemurs of Madagascar **7.30** Natural World: An Eye for an Elephant **8.00** Catch and Cook: World **8.30** Garage Gold **9.00** House Crashers **9.30** Holiday Home Sweet Home **10.30** LA Frock Stars **11.00** Natural World: An Eye for an Elephant **11.30** Extreme Collectors (PGR) **Noon** Being Erica (PGR) **1.00** Martin Clunes: The Lemurs of Madagascar **1.45** Merlin **3.30** iFISH **4.00** The View from River Cottage **4.30** Nigel Slater's Simple Suppers **5.00** Luke Nguyen's France **5.30** Luke Nguyen's Memories of Vietnam **6.30** Kirstie's Fill Your House for Free **7.20** Better Homes and Gardens **8.30** ■ Last Chance Harvey (2008, PGR) In London for his daughter's wedding, a struggling jingle writer meets a middle-aged woman at the airport. Dustin Hoffman, Emma Thompson. **10.00** Natural World: An Eye for an Elephant **10.30** Luke Nguyen's Memories of Vietnam **11.45** Wild at Heart **12.30am** Luke Nguyen's France **1.00** ■ Last Chance Harvey (2008, PGR) **2.30** Merlin **4.00** Wild at Heart **5.00** House Crashers **5.30** iFISH

UKTV SKY 007

6.45 Father Brown (M) **7.40** New Tricks (M) **8.35** New Tricks (M) **9.30** Foyle's War (M) **11.05** Death in Paradise (M) **Noon** Death in Paradise (M) **12.55** Midsomer Murders (M) **2.30** Midsomer Murders (M) **4.05** Father Brown (M) **5.00** Father Brown (M) **5.50** Father Brown (M) **6.40** New Tricks (M) **7.35** New Tricks (M) Blue Flower: The detectives investigate the murder of an East German immigrant, but all they have to go on are his mysterious final words. **8.30** Foyle's War (M) Bleak Midwinter: Foyle investigates the death of a munitions worker, and Milner deals with the return of someone from his past. **10.10** Death in Paradise (M) Spot the Difference: Poole's job is on the line after someone is murdered while handcuffed to him. **11.05** Death in Paradise (M) An Unhelpful Aid: Dwayne and Fidel must solve the apparently impossible murder of a local diver. **12.00am** Midsomer Murders (M) **3.10** Luther (16) **4.15** That Mitchell and Webb Look (M) **4.45** Father Brown (M) **5.40** Father Brown (M)

Choice TV: Last Chance Harvey, 8.30pm

Living SKY 008

6.30 Flog It! **7.30** Flog It! **8.30** The Great British Sewing Bee **9.30** Kirstie's Fill Your House for Free **10.30** Relocation: Phil Down Under **11.30** Holmes Makes It Right **12.30** Grand Designs **1.30** Priceless Antiques Roadshow **2.00** A Place in the Sun: Winter Sun **3.00** Phil Spencer: Secret Agent **4.00** Zoo Days (M) **4.30** Restoration Man (M) **5.30** Hotel Secrets with Richard E Grant (M) **6.30** Antiques Roadtrip **7.30** Escape to the Country **8.30** Obsessive Compulsive Cleaners **9.30** Coast **10.30** DIY SOS: The Big Build **11.30** Phil Spencer: Secret Agent **12.30am** Hotel Secrets with Richard E Grant (M) **1.30** DIY SOS: The Big Build **2.30** Antiques Roadtrip **3.30** Escape to the Country **4.30** Obsessive Compulsive Cleaners **5.30** Coast

Sky Arts SKY 027

8.00 Grand Hotel (PG) **9.25** SFO: Bellini: I Capuleti E I Montecchi **11.40** In Confidence **12.30** Stelvio **1.45** ■ After Fall, Winter (2011, PG) **4.00** Today's Russia: A Literary Landscape **5.00** ■ All Out War (2013, PG) Documentary about b-boying. **6.30** From the Basement: Foster the People & Shearwater. **7.30** Live from the Artists Den: Soundgarden. **8.30** Rockwiz **9.25** Front and Center **10.20** ■ Jimi Hendrix: The Guitar Hero (2011, PG) Documentary about Jimi Hendrix's four sensational years in London. **12.00am** Today's Russia: A Literary Landscape **1.00** ■ All Out War (2013, PG) **2.30** From the Basement **3.30** Live from the Artists Den **4.30** Rockwiz **5.25** Front and Center

SoHo SKY 010

6.30 Hard Times: Lost on Long Island (M) **7.30** Last Week Tonight with John Oliver (16) **8.00** Game of Thrones Marathon (18) **6.00pm** Band of Brothers (16) **7.00** Last Week Tonight with John Oliver (16) **7.30** Bates Motel (16) US drama series about a young Norman Bates. **8.30** The Jinx: The Life and Deaths of Robert Durst (M) US documentary series about billionaire Robert Durst. **9.30** Jerrod Carmichael: Love at the Store (16) Jerrod Carmichael performs stand-up comedy. **10.30** The Americans (16) Divestment: Martha and Clark's marriage meets its most challenging test yet. **11.30** Fortitude (16) UK drama series about a curious death in the Arctic Circle. **12.30am** Bates Motel (16) **1.30** Band of Brothers (16) **2.30** The Jinx (16) **3.30** The Americans (16) **4.30** Fortitude (16) **5.30** Jerrod Carmichael: Love at the Store (16)

BBC World News SKY 089

6.00 BBC World News **6.15** Sport Today **6.30** The Travel Show **7.00** BBC World News **7.10** Africa Business Report **7.30** Click **8.00** BBC World News **8.30** Dateline London **9.00** BBC World News **9.10** Inside the Commons **10.00** BBC World News **11.00** BBC World News **11.10** Ebola: What Next? **Noon** BBC World News **12.10** Africa Business Report **12.30** Jump Starting Japan **1.00** BBC World News **1.30** Dateline London **2.00** BBC World News **2.10** Inside the Commons **3.00** BBC World News **3.30** Click **4.00** BBC World News **5.00** BBC World News **5.30** India Business Report **6.00** BBC World News **6.30** The Travel Show **7.00** BBC World News **7.10** World Features **7.30** Jump Starting Japan **8.00** BBC World News **8.10** World Features **8.30** Dateline London **9.00** BBC World News **9.10** Storyville Global **10.00** BBC World News **10.10** Ebola: What Next? **11.00** BBC World News **11.30** Newsnight **12.00am** BBC World News **12.10** World Features **12.30** Talking Business with Linda Yueh **1.00** BBC World News **1.15** Sport Today **1.30** Click **2.00** BBC World News **2.30** Horizons **3.00** BBC World News **3.10** Inside the Commons **4.00** BBC World News **4.30** India Business Report **5.00** BBC World News

SPORT

Sky Sport 1 SKY 051

7.18 Soccer, USA v Football Ferns, from Busch Stadium, St Louis, **live.** **9.30** Rugby League, NRL, Friday round five, highlights. **10.00** Rugby League, NRL, Saturday round five, highlights. **11.30** Sky Sport 365 **Noon** Arsenal TV **4.00** Small Blacks TV **4.15** Random Rugby TV **4.30** Rugby League, NRL, Friday round five, highlights. **5.00** Rugby League, NRL, Saturday round five, highlights. **5.30** Rugby, HSBC Sevens, day one, highlights. **7.00** Netball, ANZ Championship, Magic v Mystics, **live.** **9.00** Fox Sports News **9.30** Soccer, A-League, Wellington Phoenix v Melbourne Victory, replay. **11.30** Netball, ANZ Championship, Waikato Bay of Plenty Magic v Northern Mystics, highlights. **12.00am** Rugby League, NRL, Roosters v Sharks, replay. **2.00** Soccer, USA v Ferns, replay. **4.00** UFC Fight Night

Sky Sport 2 SKY 052

6.00 Small Blacks TV **6.15** Random Rugby TV **6.30** Rugby, HSBC Sevens, day one, highlights. **8.00** Super Rugby, Sharks v Crusaders, replay. **10.00** Super Rugby, Lions v Bulls, replay. **Noon** Soccer, USA v Football Ferns, replay. **2.00** Netball, ANZ Championship, Firebirds v Thunderbirds, **live.** **4.00** UFC Fight Night **6.00** Rugby League, NRL, Sydney Roosters v Cronulla Sharks, from Allianz Stadium, Sydney, **live.** **8.00** Rugby Nation **8.50** The ITM Fishing Show **9.50** Cycling, Tour de Flanders, delayed. **10.20** Cycling, Tour de Flanders, **live.** **3.30am** Netball, ANZ Championship, Waikato Bay of Plenty Magic v Northern Mystics, from Energy Event Centre, Rotorua, highlights. **4.00** Soccer, A-League, Wellington Phoenix v Melbourne Victory, from Westpac Stadium, Wellington, replay.

Sky Sport 3 SKY 053

6.30 Fox Sports News **8.00** Gillette Soccer Saturday **10.00** V8 Life **10.30** Sky Sport 365 **11.00** Rugby League, NRL, Saturday round five, highlights. **11.30** Rugby, HSBC Sevens World Series, day one, highlights. **1.00** Sky Sport 365 **1.30** Sunday Footy Show **3.30** Super Rugby, Hurricanes v Stormers, highlights. **4.00** Super Rugby, Chiefs v Blues, highlights. **4.30** Super Rugby, Sharks v Crusaders, from Kings Park, Durban, highlights. **5.00** World Rugby **5.30** V8 Life **7.00** Soccer, A-League, Wellington Phoenix v Melbourne Victory, from Westpac Stadium, Wellington, **live.** **9.00** MUTV **12.00am** Netball, ANZ Championship, Waikato Bay of Plenty Magic v Northern Mystics, replay. **1.30** Netball, ANZ Championship, Queensland Firebirds v Adelaide Thunderbirds, from BCEC, Brisbane, replay. **3.00** Rugby Nation **4.00** Super Rugby, Chiefs v Blues, from Waikato Stadium, Hamilton, replay.

Discovery: Flight 8501: Storm Disaster, 7.30pm

ESPN SKY 061

6.00 SportsCenter **7.00** National Icons **7.30** NCAA Gameday **10.00** Basketball, NCAA, first semi-final, **live.** **12.30** Basketball, NCAA, second semi-final, **live.** **3.00** SportsCenter Marathon **7.00** Basketball, College Slam Dunk, replay. **9.00** ESPN Original Documentaries **10.00** ESPN Original Documentaries **11.00** Poker. **1.00am** Swimming, NCAA, Women's Swimming & Diving Championship, replay. **3.00** Bowling, 2009 Weber Cup. **4.00** Trout Unlimited **5.00** Tennis, ATP World Tour, Miami Open, final, from the Tennis Center, Crandon Park Key, Biscayne, Florida, **live.**

DOCUMENTARIES

Discovery SKY 070

6.30 MythBusters (PG) **8.30** Chaos Caught on Camera (M) **9.30** The Unexplained Files (M) **10.30** How China Works (PG) **11.30** Naked and Afraid (M) **12.30** The Riddle of the Crucifixion (M) **1.30** Man v Expert (PG) **2.30** American River Renegades (PG) **3.30** Alaskan Bush People (M) **4.30** Moonshiners (M) **5.30** Railroad Alaska (PG) **6.30** Gold Rush (PG) **7.30** Flight 8501: Storm Disaster (PG) An examination of the events of 28 December 2014, when AirAsia Flight 8501 plummeted into the Java Sea. **8.30** Alaska: The Last Frontier (M) The Kilchers put their own spin on a secret Santa gift exchange. **9.30** Dual Survival (M) Joe and Matt face the high desert canyons of southern Utah. **10.30** Epic Bars (PG) **11.30** Chaos Caught on Camera (M) **12.30am** The Unexplained Files (M) **1.30** Dates From Hell (M) **2.30** Dukes of Haggle (M) **3.00** Deadliest Catch (PG) **4.00** Yukon Men (M) **5.00** Dirty Jobs (PG)

National Geographic SKY 072

6.30 Wicked Tuna: North vs South Marathon (M) **12.30** Wild Survivor Marathon (PG) **3.30** Time Scanners (G) **4.30** Killing Jesus (M) **7.30** Rebuilding Noah's Ark (PG After the recovery of a Babylonian tablet with a set of precise instructions, a British Museum curator sets out to build the vessel that inspired the Biblical Ark. **9.30** Herod's Lost Tomb (PG) Herod the Great's reputation for massacring infants eclipses his breathtaking architectural legacy. **10.30** The Lost Tomb of Genghis Khan (PG) **11.30** Lost Diary of Dr Livingstone (PG) **12.30am** Time Scanners (G) **1.30** Rebuilding Noah's Ark (PG) **3.30** Herod's Lost Tomb (PG) **4.30** The Lost Tomb of Genghis Khan (PG) **5.30** Lost Diary of Dr Livingstone (PG)

History SKY 073

6.30 The Temple Mount (PG) **7.30** Jesus Conspiracies (PG) **8.30** Tony Robinson's Tour of Duty (PG) **9.30** The Mystery of Mary Magdalene (PG) **10.30** Secret Lives of Jesus (PG) **11.30** The Week They Elected the Pope (PG) **12.30** The Tomb of Christ (PG) **1.30** Tony Robinson's Tour of Duty (PG) **2.30** The Exodus Decoded (PG) **4.30** Himalaya with Michael Palin (PG) **5.30** Great Railway Journeys (PG) **6.00** Britain's Secret Treasures (PG) **6.30** Inside the Vatican (G) **7.30** Tony Robinson's Tour of Duty (PG) **8.30** WWII Air Crash Detectives (PG) Naper 28: Death in The Great Plains: Garth Barnard investigates how thousands of young airmen from WWII died in catastrophic air accidents and training crashes. **9.30** The Tomb of Christ (PG) **10.30** The Temple Mount (PG) **11.30** Jesus Conspiracies (PG) **12.30am** History's Raiders (PG) **1.30** Secrets of World War II (PG) **2.30** Dead Men's Secrets (PG) **3.30** Tony Robinson's Tour of Duty (PG) **4.30** WW2 Air Crash Detectives (PG) **5.30** The Tomb of Christ (PG)

BBC Knowledge SKY 074

6.30 The Underground (M) **7.30** Top Gear Marathon (PG) **12.55** Attenborough's Africa Marathon (G) **5.30** Top Gear (M) **6.30** The Men Who Made Us Spend (M) **7.25** The Men Who Made Us Spend (M) **8.15** The Men Who Made Us Spend (M) Jacques Peretti reveals how the lessons learned from selling to children have been used to make childlike consumers of us all. **9.10** Ross Kemp: Extreme World (16) **9.55** Louis Theroux: Dangerous Pets (PG) **10.55** Top Gear (PG) **11.55** The Men Who Made Us Spend Marathon (M) **2.35am** Ross Kemp: Extreme World (16) **3.20** Wonderland (M) **4.00** Virgin Swimmers (M) **4.40** The Characteristics of C-Minor (PG) **4.55** Attenborough's Africa (G)

RADIO

RNZ National FREEVIEW 50 SKY 421

6.08 Storytime (RNZ) (storytime@radionz.co.nz)
7.08 Sunday Morning with Wallace Chapman (sunday@radionz.co.nz)
11.06 An Easter Service (RNZ)
12.12 Spectrum Today: All Things Vintage (RNZ) (spectrum@radionz.co.nz)
12.40 Standing Room Only with Lynn Freeman Including: 3.04 The Drama Hour (standingroomonly@radionz.co.nz)
4.06 The Sunday Feature: Meg Wolitzer with Kate de Goldi (4 of 5, RNZ)
5.00 The 5 O'Clock Report
5.11 Spiritual Outlook (RNZ) (spiritual@radionz.co.nz)
5.40 Te Waonui a Te Manu (RNZ)
6.06 Te Ahi Kaa (RNZ) (teahikaa@radionz.co.nz)
7.06 One in Five (RNZ) (oneinfive@radionz.co.nz)
7.35 Voices (RNZ) (voices@radionz.co.nz)
7.45 The Week in Parliament (RNZ)
8.06 Sounds Historical with Jim Sullivan (RNZ) (history@radionz.co.nz)
10.12 Mediawatch (RNZ) (mediawatch@radionz.co.nz)
11.04 An Easter Service (RNZ)
12.04am All Night Programme Including: 12.05 Music After Midnight; 12.30 At the Movies with Simon Morris (RNZ); 1.05 Te Ahi Kaa (RNZ); 2.30 NZ Music Feature: Wanderlust (RNZ); 3.05 A50 and Ernest Trugood, by John Trenwith (F, RNZ); 3.30 Science (RNZ); 5.10 War Report (RNZ)

Details available at www.radionz.co.nz

RNZ Concert FREEVIEW 51 SKY 422

News and Weather 6.00, 8.00, 9.00am, noon, 3.00, 6.00, 11.00pm
6.00 Sanctuary
7.30 Hymns on Sunday (RNZ)
8.00 Grace Notes
9.00 Composer of the Week William Byrd (1543-1623) (RNZ) **See page 72**
10.00 Music@Menlo (5 of 6, American Public Media)
11.20 The Works
Noon The Critic's Choice The top choices from leading overseas music magazines
1.00 Vintage Years
2.00 The Sunday Feature Richard Farrell: A NZ pianist. Today: Cosmopolitan pianist (F, RNZ)
3.00 Young New Zealand Todd Young Composers Awards 2014 (1 of 2, RNZ)
4.05 Plucking Through the Centuries
5.00 New Horizons with William Dart (6 of 10, RNZ)
6.00 Opera on Sunday Metropolitan Opera Season. Elina Garanca, Younghoon Lee, Metropolitan Opera Chorus and Orchestra/ Louis Langrée – Bizet's Carmen (14 of 23, EBU)
9.50 Day's End Music to wind down to
12.00am Music Through the Night

Details available at www.radionz.co.nz

Newstalk ZB

6.00 Best of Mike Hosking/Leighton Smith 7.00 Ruud's Awakening 8.00 Daniel McHardy: Sport Power Hour 9.00 Andrew Dickens: Sunday Café Noon Tony Veitch: Veitch on Sport 6.00 Jax & Sam: Total Recall 7.30 John Cowan: Real Life 8.00 Pam Corkery, Tim Roxborogh: The Two 11.00 Mike King: The Nutters Club 1.00am – 6.00 Gary Denvir: Open-line Talkback

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www.newstalkzb.co.nz

TV1 FREEVIEW 1 SKY 001

6.00 ■ **Hyundai Country Calendar Specials** (G, R, **C**)
7.00 ■ **House Gift** (G, R)
8.00 ■ **Cowboy Builders** (G, R)
9.00 **Good Morning**
10.00 **The Ellen DeGeneres Show** (PGR, R, **C**) Today: Anne Hathaway.
11.00 **Coach Trip** (PGR, R, **C**)
11.55 ■ **Chinese Food in Minutes** (G, R) Today: Two busy Manchester nurses want to ditch the takeaways at the end of a long shift, so they try Taiwanese-style chicken rice with garlic spinach and ginger, and chilli and soy-steamed cod instead.
12.25 **Emmerdale** (PGR, **C**) Today: Rishi encourages a downbeat Jai to try harder with his proposal; Katie struggles to forget how Robert tried to ruin their big day; and Chas asks Katie to give Belle a job.
1.25 ■ **The Inspectors** (PGR, R, **C**) Local series that follows New Zealand's council and agency specialist squads who are on the front lines of filth, pollution, animal abuse and illegal operations.
1.55 **Come Dine with Me Couples** (G)
3.00 **Dickinson's Real Deal** (G)
3.55 **Te Karere**
4.25 **The Chase** (G, **C**)
5.25 **Millionaire Hot Seat** (G, **C**) Eddie McGuire hosts a gameshow.
6.00 **ONE News** (**C**)
7.00 ■ **Border Security** (G, R, **C**)
7.30 **Our First Home** (**HD**, **C**, another episode screens tomorrow) Tonight: The families step away from the building site to take part in the Woman's Weekly vertical garden task.
8.30 **Stalker** (AO, **C**) Secrets and Lies: After the Mayor is victimised by a stalker, the TAU must determine if he is being harassed by one of his angry constituents or if a secret from his past is coming back to haunt him.
9.25 **Forever** (AO, **C**, **AD**) 6AM: The murder of a jazz saxophonist's son turns into a musical maze of clues involving treasured recordings.
10.25 **ONE News Tonight** (**C**)
10.55 **Golf** PGA Tour, Shell Houston Open, final, from the Golf Club of Houston, Humble, Texas, highlights.
11.55 **Criminal Minds** (AO, R, **C**, **AD**) Mr & Mrs Anderson: The BAU investigates several murders in the Pittsburgh area that may have been committed by two people.
12.50am **Te Karere** (R, **C**)
1.15 **Infomercials**
5.05 **Impact for Life**
5.35 – 6.00 **Te Karere** (R, **C**)

TV2 FREEVIEW 2 SKY 002

6.00 **Creflo Dollar**
6.30 **Sheriff Callie's Wild West** (G, R)
6.52 **Angry Birds Toons** (**C**)
6.55 ■ **Winnie the Pooh Movie** (2011, G, R, **C**) John Cleese, James Cummings, Craig Ferguson.
8.10 **Jake & the Neverland Pirates** (G, R, **C**)
8.35 **Jane and the Dragon** (G, R, **C**)
9.00 **Infomercials**
10.30 ■ **Pair of Kings** (G, **C**)
11.00 ■ **Wipeout** (G, **C**)
Noon ■ **Hairspray** (2007, PGR, R, **C**) John Travolta, Michelle Pfeiffer, Zac Efron, Nikki Blonsky, Amanda Bynes.
2.20 **Regular Show** (G, R, **C**)
2.30 **The Ellen DeGeneres Show** (**C**)
3.30 **Kung Fu Panda** (G, R, **C**)
4.00 **Mighty Med** (G)
4.30 **The Fresh Prince of Bel Air** (G, R, **C**)
5.00 **Home and Away** (**C**) Today: Zac's broken promise sends VJ out of control, and Maddy's return to school does not go as planned.
6.00 **Neighbours** (G, **C**) Tonight: Georgia suspects Nick is up to no good, and the reality of Matt's death hits home for Bailey.
7.00 **Shortland Street** (PGR, **HD**, **C**, **AD**) Tonight: Murray sees a new side to Jimmy, and Vinnie's larking around leads to serious trouble. Writer Ben Marshall, director Geoff Cawthorn.
7.30 **The Middle** (G, **C**) Heck's on a Train: When Aunt Edie passes away, the Hecks take a train to South Dakota to take her body to its final resting place.
8.00 **Cougar Town** (PGR, **C**) Two Men Talking: Laurie helps Andy fit in with a cool mum group, and Travis and Ellie open up in the "winebulance".
8.30 ■ **The Help** (2011, AO, R, **C**, **AD**) An aspiring writer returns home after college, where her friendships with African-American maids result in a book that gives a voice to a community's suffering. Emma Stone, Viola Davis. **Films, page 70**
11.30 **Samantha Who?** (PGR, R, **C**) The Car: After borrowing her father's car, Samantha gets into an accident and, afraid of his reaction, tries to cover it up.
12.00am **Miss Guided** (PGR)
12.25 **Shameless** (AO, R, **C**)
1.30 **Infomercials**
2.30 **Scandal** (AO, R, **C**)
3.20 **Hart of Dixie** (G, R, **C**)
4.05 **Regular Show** (G, R)
4.20 **Zeke and Luther** (G, R, **C**)
4.40 **Neighbours** (G, R, **C**)
5.30 – 6.00 **Infomercials**

TV3 FREEVIEW 3 SKY 003

6.00 **Bondi Vet** (G, R, **HD**)
6.30 **The Dr Oz Show** (G, R, **HD**)
7.30 **The Queen Latifah Show** (G, R, **HD**)
8.30 **Infomercials**
10.30 **Rachael Ray** (G, R, **HD**)
11.30 **The Crazy Ones** (PGR, **HD**)
12.30 **Baggage** (PGR, **HD**)
1.00 **The Bold and the Beautiful** (PGR, **HD**)
1.30 **Dr Phil** (PGR, R, **HD**) Today: A Woman Accused of Faking Relationships Online.
2.25 **The Real Housewives of New Jersey** (PGR)
3.25 **Jamie's 30 Minute Meals** (G, R, **C**)
3.55 **Entertainment Tonight** (G)
4.25 **Million Dollar Minute** (G, R)
4.55 **The Block: Fans vs Favourites** (G, **HD**)
6.00 **3 News**
7.00 **Road Cops** (PGR, R, **HD**, **C**)
7.30 **The X Factor NZ** (G, **HD**, another episode screens tomorrow) Tonight: The remaining acts perform live.
9.30 **State of Affairs** (AO, **HD**, **C**) Bellerophon: Numerous photos of national landmarks featuring an Arabic symbol surface, and Charlie is in Yemen to see her asset.
10.25 **Sons of Anarchy** (AO, R, **HD**, **C**)
11.55 **Infomercials**
5.30 – 6.00 **City Impact Church**

FOUR FREEVIEW 4 SKY 012

6.00 Children's Programmes **10.00** Infomercials **2.00** Sesame Street (G, R) **2.55** Pingu (G, R) **3.00** Sticky TV (G) **4.35** Punk'd (G) **5.00** Life's Funniest Moments (G, R) **5.30** It Only Hurts When I Laugh (G, R) **6.00** Futurama (G, R) **6.30** How I Met Your Mother (G, R) The Best Man: Barney prepares for his wedding to a mystery bride. **7.00** The Simpsons (PGR, R, **C**) Itchy & Scratchy Land: Marge makes Homer promise not to embarrass her when they visit Itchy & Scratchy Land. **7.30** New Girl (PGR) The Right Thing: Jess crashes a funeral, where she hopes to delete a sexy text message she sent the deceased. **8.00** The Goldbergs (PGR) The Adam Bomb: Erica plans for her future after high school. **8.30** ■ Community (PGR) Basic Sandwich: The history of Greendale's first dean is uncovered. **8.55** ■ Community (PGR) Season six of the US comedy series. Ladders: The Dean's purchase of a virtual-reality system could bankrupt the school. **9.30** The Xtra Factor NZ (PGR) Hosted by Guy, Sharyn and Clint. **10.00** Raising Hope (PGR, R) Mother's Day: Burt and Barney visit Maw Maw's childhood home. **10.25** ■ NYC 22 (AO, R) US crime series about six rookie cops. **11.20** Entertainment Tonight (G) **11.45 – 6.00am** Infomercials

TV2: The Help, 8.30pm

PRIME FREEVIEW 10 SKY 004

6.00 **Home Shopping**
6.30 **The Crowd Goes Wild** (G, R)
7.00 **Deal or No Deal** (G, R)
7.30 **Home Shopping**
Noon **The Doctors** (PGR)
1.00 **The Jeff Probst Show** (G)
2.00 **Wife Swap USA** (PGR)
3.00 **Gordon Ramsay: Ultimate Cookery Course** (G, R)
3.30 **The Late Show with David Letterman** (G)
4.30 **Hot Bench** (G)
5.00 **Deal or No Deal** (G)
5.30 **Prime News**
6.00 **The Tonight Show Starring Jimmy Fallon** (G, R)
7.00 **QI** (PGR, R)
7.35 **Best of Top Gear** (G, R) Tonight: Comparing the mileage of five supercars.
8.35 **60 Minutes** (PGR, R) Tonight: The downsides of over-parenting, and Selma director Ava DuVernay.
9.35 ■ **Silent Witness** (AO, part 1 of 2) Death Has No Dominion: Harry and Nikki attend a violent and calculated murder scene.
10.45 **The Tonight Show Starring Jimmy Fallon** (G)
11.45 **The Crowd Goes Wild** (G, R)
12.15am – 6.00 **Home Shopping**

MAORI FREEVIEW 5 SKY 019

6.30 **Tamariki: Pukoro** (G, R)
7.30 **Kia Mau!** (G, R)
8.00 **Iwi Anthems** (G, R)
8.30 **News: Te Kaea** (R)
9.00 ■ **It's in the Bag** (G)
9.30 **Kai Time on the Road** (G, R)
10.00 **Korero Mai** (G, R)
11.00 **Toku Reo** (G, R)
Noon **Korero Mai** (G, R)
1.00 **Toku Reo** (G, R)
2.00 **Korero Mai** (G, R)
3.00 ■ **Kai Time on the Road** (G)
3.30 **Tamariki: Pukoro** (G, R)
4.00 **Dora Matatoa** (G, R)
4.30 **Penguins of Madagascar** (G)
5.00 **Pukana** (G)
5.30 **News: Te Kaea**
6.00 **Nga Pari Karangaranga o te Motu** (G, R)
6.30 **Ako** (G, R)
7.00 **News: Te Kaea** (R)
7.30 **Toi Whakaari** (G, R)
8.00 **Beneath the Surface** (PGR)
8.30 **Native Affairs**
9.30 **The First World War** (AO)
10.30 **Iti Pounamu** (AO)
11.00 – 1.00am **Rugby League** Tonight: NRL Premiership, Warriors v Storm.

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

SKY PREMIERE SKY 030

7.35 **A Stranger in Paradise** (2013, 16) Colin Egglesfield.
9.00 **Parker** (2013, 16) Jason Statham, Jennifer Lopez.
11.00 **Bad Words** (2014, M) Jason Bateman, Kathryn Hahn.
12.30 **Now You See Me** (2013, M) Jesse Eisenberg.
2.25 **X-Men: Days of Future Past** (2014, M) Hugh Jackman.
4.35 **American Hustle** (2013, M) Christian Bale.
6.50 **Grown Ups 2** (2013, PG) Adam Sandler, Kevin James.
8.30 **The Butterfly Room** (2012, M) An apparently harmless older woman with a passion for butterfly collecting is befriended by a manipulative young woman. Barbara Steele, Ray Wise.
10.05 **300: Rise of an Empire** (2014, 16) A Greek general leads the charge against invading Persian forces. Sullivan Stapleton, Eva Green, Lena Headey.
11.50 **High Life** (2009, 18) Timothy Olyphant, Steven Eric.
1.10am American Hustle (2013, M) 3.25 Grown Ups 2 (2013, PG) 5.05 High Life (2009, 18)

MOVIES GREATS SKY 032

7.05 **As Good as It Gets** (1997, M) Jack Nicholson, Helen Hunt.
9.20 **The Aviator** (2004, M) Leonardo DiCaprio.
12.05 **The Sum of All Fears** (2001, M) Ben Affleck.
2.10 **There's Something About Mary** (1998, 16) Ben Stiller.
4.10 **The International** (2009, 16) Clive Owen.
6.10 **Jerry Maguire** (1996, M) Tom Cruise, Renee Zellweger.
8.30 **Spider-Man** (2002, M) A teenager is transformed into a superhero after being bitten by a genetically engineered spider. Tobey Maguire, Kirsten Dunst, Willem Dafoe, James Franco.
10.35 **Braveheart** (1995, 16) Based on the life of the 13th-century warrior William Wallace, who led the Scots in a war of independence against the English king, Edward I. Mel Gibson, Sophie Marceau, Patrick McGoohan, Catherine McCormack.
1.30am Making of: Get Smart (2008, PG) 1.50 The International (2009, 16) 3.45 Jerry Maguire (1996, M)

MOVIES CLASSICS SKY 033

7.25 **Tango & Cash** (1989, M) Sylvester Stallone.
9.10 **Lost in America** (1985, PG) Albert Brooks, Julie Hagerty.
10.40 **Bronco Billy** (1980, M) Clint Eastwood, Sondra Locke.
12.35 **Star Trek V: The Final Frontier** (1989, PG) William Shatner, Leonard Nimoy.
2.20 **Airplane!** (1980, PG) Robert Hays, Leslie Nielsen.
3.45 **Airplane II: The Sequel** (1982, PG) Robert Hays.
5.10 **The Skulls** (2000, M) Joshua Jackson, Paul Walker.
6.55 **The Burbs** (1989, PG) A group of neighbours decide that there is something sinister about a new family on the block. Tom Hanks.
8.30 **Battle of the Bulge** (1966, PG) During World War II, Nazi Panzer forces stage a last-ditch offensive on the Belgian front. Henry Fonda.
11.15 **Firefox** (1982, PG) A troubled former Vietnam pilot is ordered back into military service to steal a warplane. Clint Eastwood.
1.25am Body Heat (1981, 16) 3.15 10 (1979, 16) 5.15 Airplane! (1980, PG)

RIALTO SKY 039

7.15 **Tommy Cooper: Not Like That, Like This** (2014, M) David Threlfall.
9.00 **Mistaken for Strangers** (2013, M) US documentary.
10.20 **Small Apartments** (2012, 16) Matt Lucas, Peter Stormare.
11.50 **Camille Rewinds** (2012, M) Noemie Lvovsky.
1.45 **We Are Legion: The Story of the Hacktivists** (2012, M) US documentary.
3.25 **Zaytoun** (2012, 16) Stephen Dorff, Abdallah El Akal.
5.15 **Prince Avalanche** (2013, M) Paul Rudd, Emile Hirsch.
6.50 **Short Term 12** (2013, M) Brie Larson.
8.30 **A Five Star Life** (2013, M) A hotel critic reevaluates her solo life when she meets the author of a book about gender issues. Margherita Buy, Lesley Manville, Stefano Accorsi.
10.00 **Frozen** (2010, 16) Shawn Ashmore, Emma Bell.
11.35 **Later with Jools Holland** (M)
12.40am Paradise: Love (2012, 18) 2.40 We Are Legion: The Story of the Hacktivists (2012, M) 4.20 Zaytoun (2012, 16)

GENERAL

Choice TV FREEVIEW 12 SKY 026

6.00 Benny Hinn **6.30** The View from River Cottage **7.00** Nigel Slater's Simple Suppers **7.30** Kirstie's Fill Your House for Free **8.30** Better Homes and Gardens **10.00** iFISH **10.30** The View from River Cottage **11.00** Nigel Slater's Simple Suppers **11.30** Luke Nguyen's France **Noon** Luke Nguyen's Memories of Vietnam **1.00** Kirstie's Fill Your House for Free **2.00** Better Homes and Gardens **3.00** The Hairy Bikers' Best of British **4.00** The Flying Winemaker **4.30** Rachel Allen's Everyday Kitchen **5.00** House Wreck Rescue **6.00** Auction Room **6.30** Buying Alaska **7.00** Beverly Hills Pawn **7.30** Travels with the Bondi Vet **8.00** Destination Flavour Down Under **8.35** Lost Kingdoms of Central America **10.00** Richard E Grant's Hotel Secrets (PGR) **11.00** House Wreck Rescue **12.00am** Auction Room **12.30** Benny Hinn **1.00** The Hairy Bikers' Best of British **2.00** The Flying Winemaker **2.30** Rachel Allen's Everyday Kitchen **3.00** Buying Alaska **3.30** Auction Room **4.00** Travels with the Bondi Vet **4.30** Destination Flavour Down Under **5.00** Lost Kingdoms of Central America

UKTV SKY 007

6.30 Father Brown (M) **7.20** New Tricks (M) **9.10** Foyle's War (M) **10.50** Death in Paradise (PG) **12.40** Midsomer Murders (M) **3.55** Father Brown (M) **4.50** Father Brown (M) **5.40** Father Brown (M) **6.35** New Tricks (M) **7.30** New Tricks (M) Glasgow UCOS: Gerry and Steve travel to Glasgow, where a new UCOS section is being set up. **8.30** Foyle's War (M) Casualties of War: Foyle's goddaughter and her traumatised young son come to stay. **10.10** Death in Paradise (PG) **11.10** Death in Paradise (PG) **12.05am** Midsomer Murders (M) **1.40** Midsomer Murders (M) **3.15** Luther (16) **4.20** That Mitchell and Webb Look (M) **4.50** Father Brown (M)

Living SKY 008

6.30 Phil Spencer: Secret Agent **7.30** Kirstie's Fill Your House for Free **8.30** DIY SOS: The Big Build **9.30** The Nate Berkus Show **10.30** Restoration Man (M) **11.30** Antiques Roadtrip **12.30** Coast **1.30** Priceless Antiques Roadshow **2.00** Obsessive Compulsive Cleaners **3.00** Antiques Roadtrip **4.00** Zoo Days (M) **4.30** Flog It! **5.30** Escape to the Country **6.30** Antiques Roadshow **7.30** Homes Under the Hammer **8.30** Grand Designs **9.30** Restoration Man (M) **10.30** Selling Houses Australia **11.30** Antiques Roadtrip **12.30am** Flog It! **1.30** Antiques Roadshow **2.30** Homes Under the Hammer **3.30** Selling Houses Australia **4.30** Grand Designs **5.30** Flog It!

Rialto: Short Term 12, 6.50pm

Sky Arts SKY 027

6.20 ■ Jimi Hendrix: The Guitar Hero (2011, PG) **8.00** Today's Russia: A Literary Landscape **9.00** ■ All Out War (2013, PG) **10.30** From the Basement **11.30** Live from the Artists Den **12.30** Rockwiz **1.25** Front and Center **2.20** ■ Jimi Hendrix: The Guitar Hero (2011, PG) **4.00** Put Some Colour in Your Life **5.10** Nina Simone: Live at Montreux (G) Nina Simone captured in 1976 at the Montreux Jazz Festival. **6.05** Disfarmer **7.00** Playhouse Presents (PG) **7.30** Put Some Colour in Your Life **8.00** Colour Theory **8.30** Buren & the Guggenheim **9.25** Addicted to Pleasure (G) Actor Brian Cox investigates Britain's commercial exploitation of sugar, alcohol and tobacco. **10.15** Talks Music: Nile Rodgers. **11.00** Art of the Heist **12.00am** Put Some Colour in Your Life **1.10** Nina Simone: Live at Montreux **2.05** Disfarmer **3.00** Playhouse Presents (PG) **3.30** Put Some Colour in Your Life **4.00** Colour Theory **4.30** Buren & the Guggenheim **5.25** Addicted to Pleasure

SoHo SKY 010

6.30 Band of Brothers (16) **7.30** The Americans (16) **8.30** Bates Motel (16) **9.30** The Jinx (16) **10.30** Jerrod Carmichael: Love at the Store (16) **11.30** Fortitude (16) **12.30** Entourage (16) **1.35** Band of Brothers (16) **2.35** Bates Motel (16) **3.25** Jerrod Carmichael: Love at the Store (16) **4.25** The Americans (16) **5.25** The Jinx (16) **6.25** Entourage (16) **7.30** University of Sing Sing (M) US documentary about the in-prison college program at Sing Sing prison. **8.30** Game of Thrones: A Day in the Life (M) US documentary that follows one day of production for season five of Game of Thrones. **9.00** SoHo on Set: Game of Thrones (M) **9.30** Fortitude (16) **10.30** Last Week Tonight with John Oliver (16) **11.00** Entourage (16) **11.30** Bates Motel (16) **12.30am** Silicon Valley (M) **1.00** Catastrophe (16) **1.30** University of Sing Sing (M) **2.30** Game of Thrones: A Day in the Life (M) **3.00** SoHo on Set: Game of Thrones (M) **3.30** Fortitude (16) **4.30** Catastrophe (16) **5.00** Silicon Valley (M) **5.30** Last Week Tonight with John Oliver (16)

BBC World News SKY 089

6.00 BBC World News **6.15** Sport Today **6.30** Talking Business with Linda Yueh **7.00** BBC World News **7.10** World Features **7.30** Jump Starting Japan **8.00** BBC World News **8.30** Horizons **9.00** BBC World News **9.10** Storyville Global **10.00** Newsday **10.30** Asia Business Report **10.45** Sport Today **11.00** Newsday **11.30** Asia Business Report **11.45** Sport Today **Noon** Newsday **12.30** Asia Business Report **12.45** Sport Today **1.00** BBC World News **1.30** Asia Business Report **1.45** Sport Today **2.00** BBC World News **2.30** Asia Business Report **2.45** Sport Today **3.00** BBC World News **3.30** HARDtalk **4.00** BBC World News **4.30** World Business Report **4.45** BBC World News **5.30** World Business Report **5.45** BBC World News **6.45** World Business Report **7.00** BBC World News **7.30** BBC Business Live **8.00** BBC World News **8.30** HARDtalk **9.00** BBC World News **9.30** World Business Report **9.45** Sport Today **10.00** BBC World News **11.00** GMT **12.30am** World Business Report **12.45** Sport Today **1.00** Impact **2.30** HARDtalk **3.00** Global **4.30** World Business Report **4.45** Sport Today **5.00** Outside Source **5.30** Focus on Africa

SPORT

Sky Sport 1 SKY 051

6.00 Arsenal TV **9.00** Soccer, A-League, Phoenix v Victory, replay. **11.00** Rugby Nation **Noon** Rugby, HSBC Sevens, day two. **1.30** Soccer, USA v Football Ferns. **2.00** Sky Sports News UK **2.30** Soccer, A-League, Phoenix v Victory. **4.00** Small Blacks TV **4.15** Random Rugby TV **4.30** Super Rugby, Hurricanes v Stormers. **5.00** Super Rugby, Chiefs v Blues. **5.30** Netball, ANZ Championship, Magic v Mystics. **6.00** Netball, ANZ Championship, Fever v Vixens, **live.** **7.30** Netball, ANZ Championship, Tactix v Steel, **live.** **9.15** Netball Zone **10.00** Soccer, A-League, Phoenix v Victory. **10.30** Arsenal TV **1.30am** Cycling, Basque Country, stage one, **live.** **3.15** Small Blacks TV **3.30** Rugby League, NRL, Monday round five. **4.00** Netball, ANZ Championship, Tactix v Steel. **4.30** Netball, ANZ Championship, Fever v Vixens, replay.

Sky Sport 2 SKY 052

6.00 Rugby, HSBC Sevens, day two. **7.30** Netball, ANZ Championship, Waikato Bay of Plenty Magic v Northern Mystics, replay. **9.00** Cycling, Tour de Flanders. **9.30** Chelsea TV **12.30** Cycling, Tour de Flanders. **1.00** Rugby League, NRL, Friday round five. **1.30** Rugby League, NRL, Saturday round five. **2.00** Rugby League, NRL, Roosters v Sharks. **2.30** Rugby League, U20 Holden Cup, Eels v Tigers, **live.** **4.30** Rugby League, NRL, Eels v Tigers, **live.** **7.00** Rugby League, NRL, Storm v Warriors, **live.** **8.45** The After Match **9.30** The Crowd Goes Wild **10.05** Hockey, Sultan Azlan Shah Cup, men's, Black Sticks v India, **live.** **11.40** Small Blacks TV **12.00am** Netball, ANZ Championship, Tactix v Steel. **12.30** A-League Highlights Show **1.00** Football League Show **1.30** Rugby League, UK Super League, Wolves v Tigers, **live.** **4.00** Rugby League, UK Super League, Catalans Dragons v Widnes Vikings, **live.**

Sky Sport 3 SKY 053

6.00 Snooker, World Tour, German Masters. **6.00** Snooker, World Tour, German Masters. **9.00** Small Blacks TV **9.15** Random Rugby TV **9.30** Soccer, USA v Football Ferns, highlights. **10.00** Fox Sports News **10.30** Sky Sports UK News **11.00** MUTV **2.00** Netball, ANZ C'ship, Waikato Bay of Plenty Magic v Northern Mystics, highlights. **2.30** UFC Fight Night **4.30** The ITM Fishing Show **5.30** Rugby, HSBC Sevens World Series, day two, highlights. **7.00** Soccer, A-League, Jets v Glory, **live.** **9.00** Rugby League, NRL, Panthers v Cowboys, **live.** **11.00** Monday Night with Matty Johns **12.00am** Australian Rules Football, AFL, Melb v Suns, delayed. **3.00** The Crowd Goes Wild **3.30** Fox Sports News **4.00** Soccer, A-League, Jets v Glory, replay.

BBC Knowledge: Mud, Sweat & Gears, 8.30pm

ESPN SKY 061

7.30 National Icons **9.00** Soccer, Major League, regular season, Earthquakes v Real Salt Lake, **live.** **11.00** Baseball Tonight **Noon** Baseball, Major League, Cubs v St Louis Cardinals, **live.** **3.00** This Week in Baseball **3.30** Crossfit Games **5.30** SportsCenter **8.30** Tennis, ATP World Tour, Miami Open, final, replay. **10.00** ESPN FC **11.00** Soccer, Major League, regular season, Earthquakes v Real Salt Lake, replay. **1.00am** ESPN Original Documentaries **2.00** First Take **4.00** Baseball Tonight **5.00** Baseball, Major League, Yankees v Blue Jays, **live.**

DOCUMENTARIES

Discovery SKY 070

6.00 Dukes of Haggle (M) **6.30** Deadliest Catch (PG) **7.30** Edge of Alaska (M) **8.30** MythBusters (PG) **9.30** American River Renegades (PG) **10.30** Epic Bars (PG) **11.30** Dead of Night (M) **12.30** I Married a Mobster (M) **1.30** Cry Wolfe (M) **2.30** How It's Made (PG) **3.30** Moonshiners (M) **4.30** Deadliest Catch (PG) **5.30** MythBusters (PG) **6.30** Railroad Alaska (PG) **7.30** Auction Hunters (PG) **8.00** Auction Hunters (PG) **8.30** MythBusters (PG) The Mythbusters test three hypermiling myths. **9.30** Chaos Caught on Camera (M) **10.30** How It's Made (PG) **11.30** Who the (Bleep) Did I Marry? (M) **12.30am** Stalked: Someone's Watching (M) **1.30** Poisoned Passions (M) **2.30** Game of Pawns (M) **3.00** Deadliest Catch (PG) **5.00** Dirty Jobs (PG)

National Geographic SKY 072

6.30 Air Crash Investigation (PG) **7.30** Wicked Tuna North Vs South Marathon (M) **11.30** Science of Stupid Marathon (M) **8.00** Brain Games (PG) **8.30** Science of Stupid (M) Richard Hammond presents stunts gone wrong. **9.00** Crowd Control (PG) Lawbreakers: Millions of us routinely break the law by driving too fast, and speeding tickets do not seem to make any difference; what would happen if we were instead rewarded for not speeding? **9.30** Cosmos: A Spacetime Odyssey (PG) **10.30** Science of Stupid (M) **11.00** Brain Games (PG) **11.30** Killing Jesus (M) **12.30am** Science of Stupid Marathon (M) **3.00** Crowd Control (PG) **3.30** Cosmos: A Spacetime Odyssey (PG) **4.30** Science of Stupid (M) **5.00** Brain Games (PG) **5.30** Killing Jesus (M)

History SKY 073

6.30 The Temple Mount (PG) **7.30** Jesus Conspiracies (PG) **8.30** East to West (PG) **9.30** Decoded: Dan Brown's (PG) **10.30** Tony Robinson's Tour of Duty (PG) **11.30** WW2 Air Crash Detectives (PG) **12.30** The Mystery of Mary Magdalene (PG) **1.30** Jesus the Cold Case (PG) **2.30** World at War (M) **3.30** Battleplan (PG) **4.30** Murder Casebook (M) **5.30** Mysteries at the Museum (PG) **6.30** Canada Over the Edge (PG) **7.30** Himalaya with Michael Palin (PG) **8.30** The Genius of Carl Faberge (PG) The life and work of virtuoso jeweller Carl Faberge, whose intricate trinkets, made for the last tsars of Russia, captured the imagination of royalty in the 19th and 20th centuries. **9.30** Chris Tarrant's Extreme: Railways (PG) Congo's Jungle Railway: Chris Tarrant travels to the Republic of the Congo for a gruelling journey. **10.30** Spirits of the Somme (PG) **11.30** Ancient Black Ops (M) **12.30am** History's Raiders (PG) **1.30** Secrets of World War II (PG) **2.30** Dead Men's Secrets (PG) **3.30** Himalaya with Michael Palin (PG) **4.30** The Genius of Palaces (PG) **5.30** Chris Tarrant's Extreme: (PG)

BBC Knowledge SKY 074

6.45 Attenborough's Africa Marathon (G) **9.30** The Men Who Made Us Thin Marathon (M) **12.10** Top Gear's Top 41: 41 to 1 **8.30** Mud, Sweat & Gears (M) Cops: Jonny Smith and Tom Wookie Ford lead two teams – the Perkins brothers from Detroit and racers Keith and Rob from California – in building the ultimate cop cars. **9.30** The Royal Marines (PG) Behind the scenes of one of the toughest basic military training programmes in the world. Tonight: Fifty-six recruits spend weeks living in a 60-bed dorm together, where every waking hour is controlled by their drill instructor. **10.25** Top Gear (PG) **11.30** Top Gear USA (M) **12.20am** Deadly 60 (PG) **12.55** Top Gear's Top 41: 15 to 1 (PG) **4.25** Mud, Sweat & Gears (M) **5.15** The Royal Marines (PG)

RADIO

RNZ National FREEVIEW 50 SKY 421

6.00 Breakfast with Stuart Keith
6.15 Postcard, by Latika Vasil (RNZ)
7.30 Worldwatch (RNZ)
8.10 Easter Monday with Katy Gosset How we live, what we do, why we collect so much stuff and more
Noon Midday Report
12.30 Matinee Idle Phil O'Brien and Simon Morris present an afternoon of alleged music and dubious entertainment
5.00 The 5 O'Clock Report
7.06 WWI: Remaking Music How did composers react to the violence of the First World War? (PRX)
8.06 Media Freedom Journalists Luke Harding, Nicky Hager and Richard King discuss freedom of speech (3 of 5, RNZ)
9.30 Insight (RNZ)
10.00 The 10 O'Clock Report
10.30 What's The Word (MLA)
11.06 Beale Street Caravan (12 of 13, BSC)
12.04am All Night Programme Including: 12.05 Music After Midnight; 12.30 Spectrum (RNZ); 1.05 From the World (RNZ); 2.05 A Short History of Jazz: The 1930s (2 of 4, RNZ); 3.05 Eggs, by Maxine Alterio, read by Carmel McGlone (RNZ); 3.30 An Author's View (RNZ); 5.10 Witness (BBC)

Details available at www.radionz.co.nz

RNZ Concert FREEVIEW 51 SKY 422

News and Weather 6.00, 7.00, 8.00, 9.00am, noon, 3.00, 5.00, 6.00, 11.00pm
6.00 Classic Morning
9.00 Composer of the Week William Byrd (1543-1623) **See page 72**
10.00 The Works
Noon Messiah Madeleine Pierard (sop), Anna Pierard (mezzo), Simon O'Neill (ten), Andrew Collis (bass), Orpheus Choir of Wellington, New Zealand SO/Graham Abbott – Handel: Messiah (RNZ)
2.45 Tesori di Napoli Piani: Recorder Sonata in E minor; Federici: Recorder Sonata in F, Daniel Rothert (recorder), Luca Quintavalle (hpschd)
3.00 CD Masters Classic performances from the back catalogue. Brahms: Liebeslieder Waltzes, Leipzig Gewandhaus Orch/Riccardo Chailly (rec 2012); Bartók: Piano Concerto No 2 Sz95, Maurizio Pollini (pno), Chicago SO/Claudio Abbado (rec 1977); Wagner: Rome narration, Inbrunst im Herzen, from Tannhäuser, Jonas Kaufmann (ten), Markus Brück (bbar), German Opera Orch, Berlin/Donald Runnicles (rec 2012)
4.05 Made in New Zealand NZ performers and composers
5.00 Cadenza Shorter popular classics
7.00 Composer of the Week William Byrd (1543-1623) (RNZ) **See page 72**
8.00 Music Alive Simone Lamsma (vln), NZSO/Edo de Waart – Mozart: Violin Concerto No 4 in D K218; Mahler: Symphony No 9 in D (RNZ)
10.00 Day's End Music to wind down to
12.00am Music Through the Night

Details available at www.radionz.co.nz

Newstalk ZB

6.00 Mike Hosking 8.30 Leighton Smith Noon Danny Watson 4.00 Larry Williams 7.00 Mark Watson Sportstalk 8.00 Kerre McIvor Talkback 12.00am Bruce Russell Talkback 5.00 – 6.00 Rachel Smalley

Keep Up With NewstalkZB
www.newstalkzb.co.nz

TV1 FREEVIEW 1 SKY 001

6.00 Breakfast
9.00 Good Morning
10.00 The Ellen DeGeneres Show (R, **C**) Comedian Ellen Degeneres presents a talkshow.
11.00 Coach Trip (PGR, R, **C**) UK reality series in which 14 strangers are brought together for a coach trip across Europe.
Noon ONE News (**C**)
12.30 Emmerdale (PGR, **C**) Today: Nicola cannot bring herself to tell Jimmy the truth; Belle is emotionally tortured; and Jai is conflicted.
1.30 Coronation Street (PGR, R, **C**, **AD**) Today: Anna loses her temper with Faye; Sophie shows Dev tough love; and Mary's Australian night at the bistro gets out of hand.
2.00 Come Dine with Me Couples (G)
3.00 Dickinson's Real Deal (G) David Dickinson hosts an antiques appraisal show.
3.55 Te Karere
4.25 The Chase (G, **C**)
5.25 Millionaire Hot Seat (G, **C**) Eddie McGuire hosts a gameshow.
6.00 ONE News (**C**)
7.00 Seven Sharp (**C**) Mike Hosking and Toni Street present current affairs.
7.30 Our First Home (**HD**, **C**) Tonight: Property experts Eva and Sara make their final rounds of inspection.
8.30 Person of Interest (AO, **C**, **AD**) US crime drama series. MIA: Reese and Root's hunt for Shaw takes them to a small town in upstate New York where it becomes apparent that not everything is as idyllic as it seems.
9.25 Unforgettable (AO, **C**) US crime drama series. Cashing Out: Carrie is forced to make an admission that could threaten her career when she recognises a murdered city official from an underground casino.
10.25 ONE News Tonight (**C**)
10.55 Major Crimes (AO) US crime drama series. Do Not Disturb: When a foreigner is murdered, the squad tries to find the killer and avoid international repercussions after a US diplomat becomes involved.
11.50 Beyond the Darklands (R, **C**, **AD**) Nigel Latta looks at notorious criminal cases. Brad Callaghan: Nigel looks at the life of a young, successful engineer who, apparently out of the blue, beat the mother of his child to death.
12.50am Te Karere (R, **C**)
1.15 Infomercials
5.05 Faith in Action
5.35 – 6.00 Te Karere (R, **C**)

TV2 FREEVIEW 2 SKY 002

6.00 Creflo Dollar
6.30 Sheriff Callie's Wild West (G, R)
6.52 Angry Birds Toons (**C**)
6.55 Pokemon: Black and White (G, R, **C**)
7.20 Monsters vs Aliens (G, R, **C**)
7.45 Rated A for Awesome (G, R, **C**)
8.15 Jake & the Neverland Pirates (G, R, **C**)
8.35 Jane and the Dragon (G, R, **C**)
9.00 Infomercials
10.30 Neighbours (G, R, **C**)
11.30 Home and Away (R, **C**)
12.30 Shortland Street (PGR, R, **HD**, **C**, **AD**)
1.05 Two and a Half Men (R, **C**)
1.30 Judge Rinder (G)
2.35 The Ellen DeGeneres Show (**C**)
3.30 Kung Fu Panda (G, R, **C**)
4.00 Mighty Med (G)
4.30 The 4.30 Show Today: The Black Seeds; Musos take on Takapuna Grammar in The Zone; and Lewis Italiano of the Wellington Phoenix talks kicking technique.
5.00 America's Funniest Home Videos (G, R, **C**)
5.30 Home and Away (**C**) Today: Denny is ready to commit.
6.00 The New Adventures of Old Christine (G, R, **C**)
6.30 Neighbours (G, **C**) Tonight: The community gathers to mourn one of its own.
7.00 Shortland Street (PGR, **HD**, **C**, **AD**) Tonight: Murray is betrayed by Jimmy. Writer Lynette Crawford-Williams, director Geoff Cawthorn.
7.30 Motorway Patrol (PGR, **HD**, **C**) Tonight: Aggressive drivers, blown truck tyres, and repeat offenders.
8.00 RBT (G, **C**) Tonight: A driver with a perfect driving record decides to risk a drive home after numerous drinks.
8.30 How to Get Away with Murder (AO, **C**, **AD**) Kill Me, Kill Me, Kill Me: The events that took place on the night of Sam's death are revealed.
9.30 Grey's Anatomy (AO, **C**) Where Do We Go from Here: Multiple car crash victims arrive, and Meredith has to cope with Derek's absence.
10.30 Revenge (AO, **C**) Intel: Emily and Victoria learn that information is the most dangerous weapon.
11.30 Scandal (AO) It's Handled: Everyone in Olivia's life is in danger.
12.30am Embarrassing Fat Bodies (R, **C**)
1.30 Infomercials
2.30 Scandal (AO, R, **C**)
3.20 Hart of Dixie (G, R, **C**)
4.05 Regular Show (PGR, R)
4.15 Zeke and Luther (G, R, **C**)
4.40 The 4.30 Show (R)
5.05 Neighbours (G, R, **C**)
5.30 – 6.00 Infomercials

TV3 FREEVIEW 3 SKY 003

6.00 ■ Paul Henry Paul Henry hosts a breakfast show.
9.00 Infomercials
10.30 Rachael Ray (G, R, **HD**)
11.30 The Crazy Ones (PGR, **HD**)
Noon 3 News
12.30 Baggage (PGR, **HD**)
1.00 The Bold and the Beautiful (PGR, **HD**)
1.30 Dr Phil (PGR, R, **HD**) Today: The Only Survivor of a Drink-Driving Car Crash.
2.30 The Real Housewives of New Jersey (PGR)
3.25 Jamie's 30 Minute Meals (G, R, **C**)
3.55 Entertainment Tonight (G)
4.25 Million Dollar Minute (G, R)
4.55 The Block: Fans vs Favourites (G, **HD**)
6.00 3 News
7.00 Campbell Live
7.30 The X Factor NZ (G, **HD**) Tonight: One act is eliminated, and two guest stars perform.
8.30 The Bachelor NZ (PGR, **HD**, **C**, another episode screens tomorrow) Tonight: A single date takes a turn, and the rose ceremony turns the competition on its head.
9.30 NCIS: LA (AO, **HD**, **C**) Humbug: A burglary occurs at a cyber-security company.
10.30 3 News
11.00 The Good Wife (AO, **HD**) Red Zone: Cary and Diane finally hear the wiretap audio.
12.00am – 6.00 Infomercials

FOUR FREEVIEW 4 SKY 012

6.00 Children's Programmes **10.00** Infomercials **2.00** Sesame Street (G, R) **2.55** Pingu (G, R) **3.00** Sticky TV (G) **4.35** Punk'd (G) **5.00** Life's Funniest Moments (G, R) **5.30** It Only Hurts When I Laugh (G, R) **6.00** Futurama (G, R) **6.30** How I Met Your Mother (G, R) **7.00** The Simpsons (G, R, **C**) Sideshow Bob Roberts: Sideshow Bob runs against Quimby for mayor. **7.30** Family Guy (PGR, R) Lethal Weapons: Lois takes up the martial art Tae-Jitsu. **8.00** Family Guy (PGR, R, **C**) When You Wish Upon a Weinstein: Max Weinstein comes to the rescue, and after seeing Max in action, Peter pushes for Chris to convert to Judaism. **8.30** The Xtra Factor NZ (PGR) Hosted by Guy, Sharyn, and Clint from The Edge. **9.00** ■ For a Good Time, Call ... (2012, AO) Two polar opposite young women, short on funds, agree to room together and start working as phone-sex operators. Lauren Miller, Ari Graynor, Justin Long. **10.45** ■ Witches of East End (AO, R) A Moveable Beast: The Beauchamp witches fear that a mystical presence crossed over to their world when the portal opened. **11.35** Entertainment Tonight (G) **12.00am – 6.00** Infomercials

Prime: Source Code, 9.35pm

PRIME FREEVIEW 10 SKY 004

6.00 Home Shopping
6.30 The Crowd Goes Wild (G, R)
7.00 Deal or No Deal (G, R)
7.30 Home Shopping
Noon The Doctors (PGR)
1.00 The Jeff Probst Show (G)
2.00 Wife Swap USA (PGR)
3.00 Gordon Ramsay: Ultimate Cookery Course (G, R)
3.30 The Late Show with David Letterman (G)
4.30 Hot Bench (G)
5.00 Deal or No Deal (G)
5.30 Prime News
6.00 The Tonight Show Starring Jimmy Fallon (G, R)
7.00 The Crowd Goes Wild
7.30 Cuba With Simon Reeve (G)
8.35 Elementary (AO, part 1 of 2)
9.35 ■ Source Code (2011, AO, R) Jake Gyllenhaal, Michelle Monaghan, Vera Farmiga.
Films, page 70
11.35 The Tonight Show Starring Jimmy Fallon (G)
12.35am The Crowd Goes Wild (G, R)
1.05 – 6.00 Home Shopping
2.35 The Crowd Goes Wild (G, R)
3.05 Home Shopping

MAORI FREEVIEW 5 SKY 019

6.30 Tamariki: Pukoro (G, R)
7.00 Dora Matatoa (G, R)
7.30 Penguins of Madagascar (G, R)
8.00 Pukana (G, R)
8.30 News: Te Kaea (R)
9.00 It's in the Bag (G, R)
9.30 Kai Time on the Road (G, R)
10.00 Korero Mai (G, R)
11.00 Toku Reo (G, R)
Noon Korero Mai (G, R)
1.00 Toku Reo (G, R)
2.00 Korero Mai (G, R)
3.00 Kai Time on the Road (G, R)
3.30 Tamariki: Pukoro (G, R)
4.00 Dora Matatoa (G, R)
4.30 Penguins of Madagascar (G)
5.00 Pukana (G)
5.30 News: Te Kaea
6.00 Nga Pari Karangaranga o te Motu (G, R)
6.30 Ako (G, R)
7.00 News: Te Kaea (R)
7.30 The Big Hit (G)
8.00 Kaitiaki Wars (PGR)
8.30 ■ Gardening with Soul (2013, G) Local documentary about gardening nun Sister Loyola Galvin.
10.20 Media Take
10.50 Tagata Pasifika
11.20 – 11.50 News: Te Kaea (R)

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

SKY PREMIERE SKY 030

6.25 **The Butterfly Room** (2012, M) Barbara Steele, Ray Wise.
7.55 **300: Rise of an Empire** (2014, 16) Eva Green.
9.40 **American Hustle** (2013, M) Christian Bale.
Noon **Grown Ups 2** (2013, PG) Adam Sandler, Kevin James.
1.40 **The Butterfly Room** (2012, M) Barbara Steele, Ray Wise.
3.10 **300: Rise of an Empire** (2014, 16) Eva Green.
4.55 **No Clue** (2013, M) Brent Butt, Amy Smart.
6.30 **World War Z** (2013, M) A former United Nations employee is called on to help stop a pandemic. Brad Pitt, Mireille Enos, Matthew Fox.
8.30 **Sex Tape** (2014, 16) A married couple discover that the "intimate" tape they made has gone missing. Jason Segel, Cameron Diaz, Rob Corddry.
10.10 **When the Game Stands Tall** (2014, M) Jim Caviezel.
12.05am Rocky Road (2014, PG) 1.35 World War Z (2013, M) 3.35 Making of: Fury (2014, PG) 3.50 Sex Tape (2014, 16) 5.25 When the Game Stands Tall (2014, M)

MOVIES GREATS SKY 032

6.00 **Spider-Man** (2002, M) Tobey Maguire, Kirsten Dunst.
8.00 **Braveheart** (1995, 16) Mel Gibson, Sophie Marceau.
10.55 **The International** (2009, 16) Clive Owen.
12.50 **Jerry Maguire** (1996, M) Tom Cruise, Renee Zellweger.
3.05 **Spider-Man** (2002, M) Tobey Maguire, Kirsten Dunst.
5.05 **Shallow Hal** (2001, M) Jack Black, Gwyneth Paltrow.
7.00 **Jumper** (2008, M) A man with a genetic anomaly that allows him to teleport anywhere discovers a group of people who want to kill anyone with his abilities. Hayden Christensen, Rachel Bilson.
8.30 **Sweeney Todd: The Demon Barber of Fleet Street** (2007, 16) A barber sets up a shop which is the basis for a sinister partnership with his fellow tenant. Johnny Depp.
10.30 **Your Highness** (2011, 16) Danny McBride.
12.15am Harrison's Flowers (2001, 16) 2.15 Shallow Hal (2001, M) 4.05 Sweeney Todd: The Demon Barber of Fleet Street (2007, 16)

MOVIES CLASSICS SKY 033

6.40 **Airplane II: The Sequel** (1982, PG) Robert Hays.
8.05 **The Burbs** (1989, PG) Tom Hanks, Corey Feldman.
9.40 **To Catch a Thief** (1955, G) Cary Grant, Grace Kelly.
11.25 **Carry on Cowboy** (1966, PG) Sidney James.
1.00 **Sands of Iwo Jima** (1950, PG) John Wayne, John Agar.
2.50 **The Longest Yard** (1974, M) Burt Reynolds, Eddie Albert.
4.50 **Joe Versus the Volcano** (1990, PG) Tom Hanks.
6.35 **Bullitt** (1968, M) A detective is determined to find the underworld kingpin who killed the witness who was in his protection. Steve McQueen, Robert Vaughn.
8.30 **Tobruk** (1967, PG) A Canadian POW is rescued by a crack British commando unit to venture behind enemy lines and lead an attack on a major Nazi fuel depot. Rock Hudson.
10.20 **Bonnie and Clyde** (1967, M) Warren Beatty.
12.10am The Choir Boys (1977, 18) 2.10 Superman (1978, PG) 4.30 Joe Versus the Volcano (1990, PG)

RIALTO SKY 039

6.10 **Prince Avalanche** (2013, M) Paul Rudd, Emile Hirsch.
7.45 **A Five Star Life** (2013, M) Stefano Accorsi.
9.15 **Short Term 12** (2013, M) Brie Larson, John Gallagher Jr.
10.55 **The Last Sentence** (2012, M) Jesper Christensen.
1.00 **1971** (2014, M) US documentary.
2.25 **Downhill** (2014, 16) Ned Dennehy, Richard Lumsden.
4.00 **Elena** (2011, M) Nadezhda Markina, Andrey Smirnov.
5.50 **Parkland** (2013, M) Zac Efron, Marcia Gay Harden.
7.25 **The Bridge** (2011, 16, season 1, episode 10) Tonight: It dawns on the police that the final step in the murderer's plan has a new direction.
8.30 **The Red Road** (2014, M, season 2, episode 1) Tonight: Kopus finds new conflicts at home, and the Lenape tribe receives federal recognition.
9.20 **Killers** (2014, 18) Rin Takanashi, Oka Antara.
11.40 **Later with Jools Holland** (M)
12.45am Paradise: Faith (2012, 18) 2.40 1971 (2014, M) 4.05 The Last Sentence (2012, M)

GENERAL

Choice TV FREEVIEW 12 SKY 026

6.00 Benny Hinn **6.30** Beverly Hills Pawn **7.00** Buying Alaska **7.30** The Hairy Bikers' Best of British **8.30** The Flying Winemaker **9.00** Rachel Allen's Everyday Kitchen **9.30** House Wreck Rescue **10.30** Auction Room **11.00** Buying Alaska **11.30** Beverly Hills Pawn **Noon** Travels with the Bondi Vet **12.30** Destination Flavour Down Under **1.00** Lost Kingdoms of Central America **3.00** The Hairy Bikers' Best of British **4.00** NZ Food Culture **4.30** Trish's Paris Kitchen **5.00** Better Homes and Gardens **6.30** Buying the Bayou **7.00** American Restoration **7.30** Brand New House on a Budget **8.30** How Did You Do That? **9.00** Sarah Beeny's How to Sell Your Home **9.30** Nick Knowles' Original Features **10.30** American Restoration **11.00** Better Homes and Gardens **12.30am** Benny Hinn **1.00** The Hairy Bikers' Best of British **2.00** NZ Food Culture **2.30** Trish's Paris Kitchen **3.00** Buying the Bayou **3.30** Auction Room **4.00** Brand New House on a Budget **5.00** How Did You Do That? Office Apartment **5.30** Sarah Beeny's How to Sell Your Home

UKTV SKY 007

6.35 EastEnders (PG) **7.05** Hollyoaks (PG) **7.30** The Bill (M) **8.20** Eggheads (PG) **8.50** The Graham Norton Show (M) **9.40** Pointless (PG) **10.30** New Tricks (M) **11.25** The Bill (M) **12.15** Hollyoaks (PG) **12.40** EastEnders (PG) **1.10** QI (M) **1.40** The Graham Norton Show (M) **2.30** Foyle's War (M) **4.05** The Bill (M) **5.00** New Tricks (M) **6.00** Pointless (PG) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.30** Heartbeat (M) **9.25** Inspector George Gently (M) Gently Between the Lines: Gently is surprised to learn of Bacchus's resignation. **11.10** The Graham Norton Show (M) Tonight: Tom Cruise, Gerard Butler, Olga Kurylenko, and Paramore perform. **12.00am** The Bill (M) **12.50** Pointless (PG) **1.40** EastEnders (PG) **2.10** Hollyoaks (PG) **2.35** Foyle's War (M) **4.05** Friday Night Dinner (M) **4.30** Hunderby (M) **4.55** Michael McIntyre's Comedy Roadshow (M) **5.45** The Graham Norton Show (M)

Living SKY 008

6.30 Restoration Man (M) **7.30** Grand Designs **8.30** Antiques Roadtrip **9.30** The Nate Berkus Show **10.30** Homes Under the Hammer **11.30** Antiques Roadshow **12.30** Selling Houses Australia **1.30** Priceless Antiques Roadshow **2.00** Restoration Man (M) **3.00** Antiques Roadtrip **4.00** Zoo Days (M) **4.30** Flog It! **5.30** Grand Designs **6.30** Antiques Roadshow **7.30** Homes Under the Hammer **8.30** Phil Spencer: Secret Agent **9.30** To Build or Not to Build **10.30** Selling Houses Australia **11.30** Antiques Roadtrip **12.30am** Flog It! **1.30** Antiques Roadshow **2.30** Homes Under the Hammer **3.30** Selling Houses Australia **4.30** Grand Designs **5.30** Flog It!

UKTV: Inspector George Gently, 9.25pm

Sky Arts SKY 027

6.15 Talks Music **7.00** Art of the Heist **8.00** Put Some Colour in Your Life **9.10** Nina Simone: Live at Montreux **10.05** Disfarmer **11.00** Playhouse Presents (PG) **11.30** Put Some Colour in Your Life **Noon** Colour Theory **12.30** Buren & the Guggenheim **1.25** Addicted to Pleasure **2.15** Talks Music **3.00** Art of the Heist **4.00** ■ (A)sexual (2011, PG) **5.30** The Book Show **7.00** IM Pei: Learning from Light **8.00** Put Some Colour in Your Life **8.30** Portrait Artist of the Year 2014 **9.15** Behind the Artist **10.10** The Book Show **10.55** In Conversation **12.00am** ■ (A) sexual (2011, PG) **1.30** The Book Show **3.00** IM Pei: Learning from Light **4.00** Put Some Colour in Your Life **4.30** Portrait Artist of the Year 2014 **5.15** Behind the Artist

SoHo SKY 010

6.00 Entourage (16) **6.30** Bates Motel (16) **7.30** University of Sing Sing (M) **8.30** Game of Thrones: A Day in the Life (M) **9.00** SoHo on Set: Game of Thrones (M) **9.30** Fortitude (16) **10.30** Catastrophe (16) **11.00** Silicon Valley (M) **11.30** Bates Motel (16) **12.30** Last Week Tonight with John Oliver (16) **1.00** Entourage (16) **1.30** University of Sing Sing (M) **2.30** Game of Thrones: A Day in the Life (M) **3.00** SoHo on Set: Game of Thrones (M) **3.30** Bates Motel (16) **4.30** Fortitude (16) **5.30** Silicon Valley (M) **6.00** Catastrophe (16) **6.30** Entourage (16) **7.00** Last Week Tonight with John Oliver (16) **7.30** Mad Men (M) Severance: Don's personal life is uncertain, and Peggy goes on a blind date. **8.30** Justified (16) **9.30** Breaking Bad (18) Sunset: Walt resumes business in Gus's state-of-the art meth lab. **10.30** Entourage (16) **11.00** Entourage (16) **11.30** Game of Thrones: A Day in the Life (M) **12.00am** SoHo on Set: Game of Thrones (M) **12.30** The Americans (16) **1.30** Mad Men (M) **2.30** Justified (16) **3.30** Breaking Bad (18) **4.30** The Americans (16) **5.30** Entourage (16)

BBC World News SKY 089

6.00 World News Today **6.30** World Business Report **6.45** Sport Today **7.00** World News Today **7.30** World Business Report **7.45** Sport Today **8.00** Business Edition with Tanya Beckett **8.30** HARDtalk **9.00** BBC World News America **10.00** Newsday **10.30** Asia Business Report **10.45** Sport Today **11.00** Newsday **11.30** Asia Business Report **11.45** Sport Today **Noon** Newsday **12.30** Asia Business Report **12.45** Sport Today **1.00** BBC World News **1.30** Asia Business Report **1.45** Sport Today **2.00** BBC World News **2.30** Asia Business Report **2.45** Sport Today **3.00** BBC World News **3.30** HARDtalk **4.00** BBC World News **4.30** World Business Report **4.45** BBC World News **5.30** World Business Report **5.45** BBC World News **6.45** World Business Report **7.00** BBC World News **7.30** BBC Business Live **8.00** BBC World News **8.30** HARDtalk **9.00** BBC World News **9.30** World Business Report **9.45** Sport Today **10.00** BBC World News **11.00** GMT **12.30am** World Business Report **12.45** Sport Today **1.00** Impact **2.30** HARDtalk **3.00** Global with Matthew Amroliwala **4.30** World Business Report **4.45** Sport Today **5.00** Outside Source **5.30** Focus on Africa

SPORT

Sky Sport 1 SKY 051

6.00 NZ Paddle Boarding Nationals, highlights. **6.30** Cycling, Criterium International, highlights. **7.00** Aus Rules Football, AFL, Melbourne v Suns, replay. **10.00** Cycling, Basque Country, stage one, replay. **11.30** The Crowd Goes Wild **Noon** Fox Sports News **12.30** Sky Sports News UK **1.00** Golf Focus **2.00** Cycling, Criterium International, highlights. **2.30** Sky Sports News UK **3.00** Rugby League, NRL, Monday round five, highlights. **3.30** Rugby, HSBC Sevens, day two, highlights. **5.00** British Superbike Championship, highlights. **6.00** A-League Highlights Show **6.30** Football League Show **7.00** Soccer, USA v Football Ferns, highlights. **7.30** UFC Now **8.30** Fight Night on Sky **10.30** UFC Fight Night **12.30am** UFC Now **1.30** Cycling, Basque Country, second stage tour, **live.** **3.15** Random Rugby TV **3.30** Super Rugby, Sharks v Crusaders, highlights. **4.00** Super Rugby, Hurricanes v Stormers, highlights. **4.30** Super Rugby, Chiefs v Blues, highlights. **5.00** UFC Now

Sky Sport 2 SKY 052

6.00 Rugby League, NRL, Melbourne Storm v NZ Warriors, replay. **8.00** The After Match **8.30** Rugby League, NRL, Panthers v Cowboys, replay. **10.30** Monday Night with Matty Johns **11.30** Rugby League, UK Super League, Wolves v Tigers, replay. **1.30** Rugby League, UK Super League, Dragons v Vikings, replay. **3.30** MUTV **6.30** Rugby League, NRL, Storm v Warriors. **7.00** The After Match **7.30** Rugby League. **8.30** NRL 360 **9.30** Back Page **10.30** Inside Supercars **11.30** NRL Fulltime **12.00am** NRL 360 **1.00** Rugby League, U20 Holden Cup, Sea Eagles v Raiders, replay. **3.00** Rugby League, NSW Cup, Manly v Mounties, replay. **5.00** Rugby Nation

Sky Sport 3 SKY 053

6.00 Snooker, World Tour, German Masters. **9.00** NZ Paddle Boarding Nationals, highlights. **9.30** Netball, ANZ Championship, Magic v Mystics, replay. **11.00** Netball Zone **11.30** British Superbike Championship, highlights. **12.30** Rugby League, NRL, Storm v Warriors, highlights. **1.00** The After Match **1.30** Netball, ANZ Championship, Magic v Mystics, highlights. **2.00** Netball, ANZ Championship, Tactix v Steel, highlights. **2.30** Ice Hockey, NHL, regular season, Canucks v Kings, **live.** **5.30** Cycling, Criterium International, highlights. **6.00** Cycling, Tour de Flanders, highlights. **6.30** Netball, ANZ Championship, Tactix v Steel. **8.30** Rugby Nation **9.30** Rugby League, NRL, Storm v Warriors. **10.00** Ice Hockey, NHL, regular season, Vancouver Canucks v Kings, replay. **12.00am** NZ Paddle Boarding Nationals. **12.30** Surfing, World League. **1.30** Sky Sport Select **2.00** Fight Night on Sky **4.00** Back Page **5.00** Rugby League

History: Pipers of the Trenches, 8.30pm

ESPN SKY 061

8.00 Baseball, Major League, Nationals v Mets, **live.** **11.00** NCAA Gameday **1.00** Basketball, NCAA Tournament, championship game, **live.** **3.30** SportsCenter **5.00** NFL Live **6.00** Basketball, NCAA Tournament, championship game, replay. **8.00** Baseball Tonight **9.00** SportsCenter **10.00** ESPN FC **10.30** UEFA Champions League Weekly **11.00** ESPN Original Documentaries **12.00am** ESPN Original Documentaries **1.00** SportsCenter **2.00** Basketball, NCAA Tournament, championship game, replay. **4.00** First Take

DOCUMENTARIES

Discovery SKY 070

6.00 Game of Pawns (M) **6.30** Deadliest Catch (PG) **8.30** MythBusters (PG) **10.30** Chaos Caught on Camera (M) **11.30** Blood Relatives (M) **12.30** Stalked: Someone's Watching (M) **1.30** Who the (Bleep) Did I Marry? (M) **2.30** How It's Made (PG) **3.30** Auction Hunters (PG) **4.30** Deadliest Catch (PG) **5.30** MythBusters (PG) **6.30** Alaska: The Last Frontier (M) **7.30** Air Asia: The Perfect Storm (PG) **8.30** Dual Survival (M) Joe Teti and Matt Graham trek through the Alleghany Mountains of Pennsylvania. **9.30** Man v Expert (PG) **10.30** How It's Made (PG) **11.30** A Crime to Remember (M) **12.30am** Redrum (M) **1.00** Redrum (M) **1.30** True Crime with Aphrodite Jones (M) **2.30** Game of Pawns (M) **3.00** Deadliest Catch (PG) **4.00** Yukon Men (M) **5.00** Dirty Jobs (PG)

National Geographic SKY 072

6.30 Air Crash Investigation (PG) **7.30** Ultimate Survival Alaska (PG) **8.30** Filthy Riches (M) **9.30** Alaska Fish Wars (M) **10.30** How to Command a Nuclear Sub (PG) **11.30** Do or Die (PG) **Noon** Street Genius (PG) **12.30** Air Crash Investigation (PG) **1.30** Rebuilding Noah's Ark (PG) **3.30** Brain Games (PG) **4.00** Science of Stupid (M) **4.30** To Catch a Smuggler (PG) **5.30** Science of Stupid (M) **6.00** Brain Games (PG) **6.30** Crowd Control (PG) **7.00** Street Genius (PG) **7.30** Wicked Tuna (M) **8.30** Underworld Inc. (M) Sex for Sale: A look inside illegal trades including brothels and escort agencies. **9.30** Science of Stupid (M) **10.30** Megafactories (PG) **11.30** Journeys of the Apostles (PG) **12.30am** Crowd Control (PG) **1.00** Street Genius (PG) **1.30** Wicked Tuna (M) **2.30** Underworld Inc. (M) **3.30** Science of Stupid (M) **4.30** Megafactories (PG) **5.30** Journeys of the Apostles (PG)

History SKY 073

6.30 Spirits of the Somme (PG) **7.30** Ancient Black Ops (M) **8.30** Murder Casebook (M) **9.30** Mysteries at the Museum (PG) **10.30** Canada Over the Edge (PG) **11.30** The Genius of Palaces (PG) **12.30** Chris Tarrant's Extreme: Railways (PG) **1.30** Himalaya with Michael Palin (PG) **2.30** World at War (M) **3.30** Battleplan (PG) **4.30** Murder Casebook (M) **5.30** Mysteries at the Museum (PG) **6.30** Canada Over the Edge (PG) **7.30** Tony Robinson's Tour of Duty (PG) **8.30** Pipers of the Trenches (PG) The stories of the pipers who fought at the Somme and Gallipoli. **9.30** The World Wars (M) **10.30** Tony Robinson's Tour of Duty (PG) **11.30** Heroes of World War II (PG) **12.00am** Weapons of World War II (PG) **12.30** Tony Robinson's Tour of Duty (PG) **1.30** Secrets of World War II (PG) **2.30** Dead Men's Secrets (PG) **3.30** The Ancient Life (PG) **4.30** Pipers of the Trenches (PG) **5.30** The World Wars (M)

BBC Knowledge SKY 074

6.05 The Men Who Made Us Thin Marathon (M) **8.45** Top Gear's Top 41: 5 to 1 (PG) **10.25** Mud, Sweat & Gears (M) **11.15** The Royal Marines (PG) **12.05** Top Gear (PG) **2.00** Engineering the Impossible (PG) **2.50** The Great Rift (PG) **3.40** Ross Kemp in Search of Pirates (M) **4.25** Dragons' Den (PG) **5.30** Top Gear (PG) **7.30** Keeping Britain Safe 24/7 (M) **8.30** Embarrassing Bodies: Revisits (M) The doctors revisit Keith, who first came to the clinic with a bent penis. **9.25** Junior Doctors (M) **10.25** Top Gear (PG) **11.25** Top Gear USA (M) **12.15am** Engineering the Impossible (PG) **1.05** The Great Rift (PG) **1.55** Ross Kemp in Search of Pirates (M) **2.40** Born to be King (PG) **3.10** Embarrassing Bodies: Revisits (M) **4.00** Keeping Britain Safe 24/7 (M) **4.50** Junior Doctors (M) **5.45** Top Gear's Top 41: 5 to 1 (PG)

RADIO

RNZ National FREEVIEW 50 SKY 421

6.00 Morning Report Including: 6.18 Pacific News; 6.22 Rural News; 6.27 and 8.45 Te Manu Korihi News; 6.44 and 7.41 NZ Newspapers; 6.47 Business News; 7.42 and 8.34 Sports News; 6.46 and 7.24 Traffic
9.06 Nine to Noon with Kathryn Ryan Including: 10.45 The Reading: Grudge Match, by David Hill, read by Aaron Alexander (RNZ) (ninetonoon@radionz.co.nz)
Noon Midday Report Including: 12.16 Business News; 12.26 Sport; 12.34 Rural News; 12.43 Worldwatch
1.06 Afternoons with Simon Mercep Information and debate, people and places around NZ (afternoons@radionz.co.nz)
4.06 The Panel with Jim Mora Discussion with a range of panellists from across the opinion spectrum (RNZ) (thepanel@radionz.co.nz)
5.00 Checkpoint
6.35 Today in Parliament (RNZ) (checkpoint@radionz.co.nz)
7.06 Nights with Bryan Crump Including: 7.30 The Sampler (RNZ); 8.13 Windows on the World (nights@radionz.co.nz)
9.06 The Tuesday Feature: Meg Wolitzer with Kate de Goldi (4 of 5, RNZ) (nights@radionz.co.nz)
10.00 News and Late Edition
11.06 Global Village (2 of 13, KMUW)
12.04am All Night Programme Including: 12.05 Music After Midnight; 12.30 Insight (RNZ); 1.15 Primary People (RNZ); 2.05 The Forum (BBC); 3.05 The Car, by Gertrude Brittain (RNZ); 3.30 Diversions (RNZ); 5.10 Witness (BBC); 5.50 The Day in Parliament (RNZ)

Details available at www.radionz.co.nz
Parliament: www.radionz.co.nz/parliament

RNZ Concert FREEVIEW 51 SKY 422

News and Weather 6.00, 7.00, 8.00, 9.00, 10.00am, noon, 3.00, 5.00, 6.00, 10.00pm
6.00 Rick Young Classic Morning Including: 9.00 Composer of The Week: William Byrd (1543-1623) **See page 72**
10.00 Clarissa Dunn with The Works and Lunchtime Classics Including: Works by Prokofiev, Eller, Brahms and Myaskovsky; Noon Recent Releases; 1.00 Afternoon Requests (Box 123, Wellington or concert@radionz.co.nz)
2.00 Upbeat (RNZ)
3.00 David Morriss Presents Including: CD Masters; 4.00 Made in New Zealand
7.00 Appointment New Horizons with William Dart (6 of 10, RNZ)
8.00 Music Alive Bravo! Britten: NZSQ – Stravinsky: Concertino; Britten: String Quartet No 1 in D Op 25; Bridge: Idyll No 1; Pieces Nos 1 and 2; Mozart: String Quartet No 22 in B flat K589, Prussian (1 of 2, RNZ)
9.20 July's NZSO Guest Conductor Vasily Petrenko conducts Tchaikovsky and Szymanowski
10.00 Day's End
12.00am Music Through the Night

Details available at www.radionz.co.nz

Newstalk ZB

6.00 Mike Hosking 8.30 Leighton Smith Noon Danny Watson 4.00 Larry Williams 7.00 Mark Watson Sportstalk 8.00 Kerre McIvor Talkback 12.00am Bruce Russell Talkback 5.00 – 6.00 Rachel Smalley

Keep Up With NewstalkZB
www.newstalkzb.co.nz

TV1 FREEVIEW 1 SKY 001

6.00 Breakfast With Rawdon Christie and Ali Pugh.
9.00 Good Morning With Jeanette Thomas Astar and Matai Smith.
10.00 The Ellen DeGeneres Show (**C**) Comedian Ellen Degeneres presents a talkshow.
11.00 Coach Trip (PGR, R, **C**) UK reality series in which 14 strangers are brought together for a coach trip across Europe.
Noon ONE News (**C**)
12.30 Emmerdale (PGR, **C**) Today: Chrissie ruins Robert's plans; Finn presses Harriet for information about his mother; and Nicola is feeling distraught.
1.30 Coronation Street (PGR, R, **C**, **AD**) Today: Faye tells an awful lie; Fiz's plan backfires; and Eileen debates taking Julie away.
2.00 Come Dine with Me Couples (G)
3.00 Dickinson's Real Deal (G) David Dickinson hosts an antiques appraisal show.
3.55 Te Karere
4.25 The Chase (**C**)
5.25 Millionaire Hot Seat (**C**) Eddie McGuire hosts a gameshow.
6.00 ONE News (**C**)
7.00 Seven Sharp (**C**) Mike Hosking and Toni Street present current affairs.
7.30 Fair Go (**C**) With Pippa Wetzell and Gordon Harcourt.
8.00 Rapid Response (**C**) Josh: The team are called to a brutal street brawl; a family's car careers off an open road; and mystery surrounds an unidentifiable man found collapsed on the motorway.
8.30 I Am Innocent (**HD**, **C**, **AD**) Adam Kearns: Adam Kearns was denied bail and sent to jail for 17 days for sending threatening and abusive text messages to his mother and his ex-partner.
9.30 The Fixer (**C**) David Holmes: Alex helps a struggling funeral director who is desperate for his business to be successful so that he can pass it on to his two sons, but neither of them is sure they actually want to work there.
10.45 ONE News Tonight (**C**)
11.15 Dallas (AO, **C**) Endgame: Christopher rushes to find Elena; Bobby is double-crossed by the cartel; and John Ross puts his life on the line to attempt a rescue.
12.10am Soccer English Premier League, highlights.
1.20 Te Karere (R, **C**)
1.45 Infomercials
5.35 – 6.00 Te Karere (R, **C**)

TV2 FREEVIEW 2 SKY 002

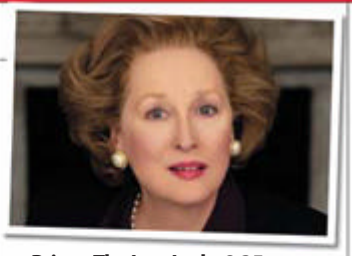
6.00 Creflo Dollar
6.30 Sheriff Callie's Wild West (G, R)
6.52 Angry Birds Toons (**C**)
6.55 Pokemon: Black and White (G, R, **C**)
7.20 Monsters vs Aliens (G, **C**)
7.45 Rated A for Awesome (G, R, **C**)
8.15 Jake & the Neverland Pirates (G, **C**)
8.35 Jane and the Dragon (G, **C**)
9.00 Infomercials
10.30 Neighbours (G, R, **C**)
11.00 Home and Away (R, **C**)
11.30 Shortland Street (PGR, R, **HD**, **C**, **AD**)
Noon Two and a Half Men (PGR, R, **C**)
12.30 Jeremy Kyle (PGR, R)
1.30 Judge Rinder (G)
2.35 The Ellen DeGeneres Show (**C**)
3.30 Kung Fu Panda (G, R, **C**)
4.00 Mighty Med
4.30 The 4.30 Show Today: St John's Cadets.
5.00 America's Funniest Home Videos (G, R, **C**)
5.30 Home and Away (**C**) Today: Hannah convinces Kat to take a chance on love.
6.00 The New Adventures of Old Christine (G, R, **C**)
6.30 Neighbours (G, **C**) Tonight: Brennan struggles to channel his frustration.
7.00 Shortland Street (PGR, **HD**, **C**, **AD**) Tonight: Murray lashes out, and Bella fights for family. Writers Oscar Kightley and Nina Vlahovic, director Geoff Cawthorn.
7.30 Two and a Half Men (PGR, **C**) Boompa Loved His Hookers: Lyndsey asks Alan to move in with her. Don't Give a Monkey a Gun: Walden panics about Alan moving out.
8.30 The Big Bang Theory (PGR, **C**) The Prom Equivalency: The gang recreate a high school prom night.
9.00 2 Broke Girls (AO, **C**) And the Fun Factory: Max and Caroline select a factory to produce their cupcake T-shirts.
9.30 Once Upon a Time (PGR, **C**, **AD**) Rocky Road: An icy spell is cast that will ultimately freeze Marian.
10.30 ■ **Resurrection** (AO, **C**) US supernatural drama series. Revelation: Bellamy awakens alone in Arcadia's outskirts.
11.25 Anger Management (AO)
11.55 Distraction (AO, R, **C**)
12.30am ■ **Whodunnit**
1.25 Infomercials
2.30 Scandal (AO, R, **C**)
3.15 Hart of Dixie (G, R, **C**)
4.00 Regular Show (G, R)
4.15 Zeke and Luther (G, R, **C**)
4.40 The 4.30 Show (R)
5.05 Neighbours (G, R, **C**)
5.30 – 6.00 Infomercials

TV3 FREEVIEW 3 SKY 003

6.00 Paul Henry
9.00 Infomercials
10.30 Rachael Ray (G, R, **HD**)
11.30 The Crazy Ones (PGR, **HD**)
Noon 3 News
12.30 Baggage (PGR, **HD**)
1.00 The Bold and the Beautiful (PGR, **HD**)
1.30 Dr Phil (PGR, R, **HD**) Today: A Mother's Family Seeks Answers Regarding Why She Went Missing.
2.30 The Real Housewives of New Jersey (PGR)
3.25 Jamie's 30 Minute Meals (G, R, **C**)
3.55 Entertainment Tonight (G)
4.25 Million Dollar Minute (G, R)
4.55 The Block: Fans vs Favourites (G, **HD**)
6.00 3 News
7.00 Campbell Live With John Campbell.
7.30 The Bachelor NZ (PGR, **HD**, **C**) Tonight: The Bachelor sets sail on a super yacht in an attempt to really get to know his chosen bachelorette.
8.30 ■ **The Heartbreak Kid** (2007, AO, **HD**, **C**) A man who thinks he has married the perfect woman realises he has made a mistake when he meets the woman of his dreams on his honeymoon. Ben Stiller, Michelle Monaghan, Malin Akerman.
10.55 3 News
11.25 NCIS: LA (AO, R, **HD**, **C**) Red-2: Callen and Sam continue the operation with NCIS: Red, a mobile team of agents.
12.25am – 6.00 Infomercials

FOUR FREEVIEW 4 SKY 012

6.00 Children's Programmes **10.00** Infomercials **2.00** Sesame Street (G, R) **2.55** Pingu (G, R) **3.00** Sticky TV (G) **4.35** Punk'd (G, R) **5.00** Life's Funniest Moments (G, R) **5.30** It Only Hurts When I Laugh (G, R) **6.00** Futurama (G, R) **6.30** How I Met Your Mother (G, R) **7.00** The Simpsons (PGR, R, **C**) Treehouse of Horror V: Lack of beer and cable TV make Homer a crazed killer. **7.30** Simpsons (PGR) Bart's New Friend: Bart has a new best friend when Homer is hypnotised at the circus and believes he is young again. **8.00** Fresh Off the Boat (PGR) US comedy series about a Taiwanese family who move to suburban Orlando from Washington's Chinatown in the 1990s. **8.30** ■ My Cousin Vinny (1992, AO, R, **C**) A lawyer fights to save his cousin and a friend when they become involved in a case of mistaken identity. Joe Pesci, Ralph Macchio. **10.55** Ringer (PGR, R) It Just Got Normal: Bridget offers to host a fundraiser for Juliet's school. **11.45** Entertainment Tonight (G) **12.10am – 6.00** Infomercials



Prime: The Iron Lady, 8.35pm

PRIME FREEVIEW 10 SKY 004

6.00 Home Shopping
6.30 The Crowd Goes Wild (G, R)
7.00 Deal or No Deal (G, R)
7.30 Home Shopping
Noon The Doctors (G)
1.00 The Jeff Probst Show (G)
2.00 Wife Swap USA (PGR)
3.00 Gordon Ramsay: Ultimate Cookery Course (G, R)
3.30 The Late Show with David Letterman (G)
4.30 Hot Bench (G)
5.00 Deal or No Deal (G)
5.30 Prime News
6.00 The Tonight Show Starring Jimmy Fallon (G, R)
7.00 The Crowd Goes Wild
7.30 Coast Australia (G) Tonight: Neil Oliver explores Fortress Sydney.
8.35 ■ **The Iron Lady** (2011, PGR) Based on the life of British Prime Minister Margaret Thatcher. Meryl Streep.
Films, page 70
10.45 The Tonight Show Starring Jimmy Fallon (G)
11.45 The Crowd Goes Wild (G, R)
12.15am Home Shopping
1.45 The Crowd Goes Wild (G, R)
2.15 – 6.00 Home Shopping

MAORI FREEVIEW 5 SKY 019

6.30 Tamariki: Pukoro (G, R)
7.00 Dora Matatoa (G, R)
7.30 Penguins of Madagascar (G, R)
8.00 Pukana (G, R)
8.30 News: Te Kaea (R)
9.00 It's in the Bag (G, R)
9.30 Kai Time on the Road (G, R)
10.00 Korero Mai (G, R)
11.00 Toku Reo (G, R)
Noon Korero Mai (G, R)
1.00 Toku Reo (G, R)
2.00 Korero Mai (G, R)
3.00 Kai Time on the Road (G, R)
3.30 Tamariki: Pukoro (G, R)
4.00 Dora Matatoa (G, R)
4.30 Penguins of Madagascar (G)
5.00 Pukana (G)
5.30 News: Te Kaea
6.00 Nga Pari Karangaranga o te Motu (G, R)
6.30 Ako (G, R)
7.00 News: Te Kaea (R)
7.30 Toi Whakaari (PGR, R)
8.00 ■ **Kuia** (G)
8.30 Kowhao Rau (G, R) Tonight: Sonny Hori.
9.30 Whaikorero (PGR, R)
10.00 Te Kauta (PGR)
10.30 Native Affairs (R)
11.30 – 12.00am News: Te Kaea (R)

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

SKY PREMIERE SKY 030

7.20 **Rocky Road** (2014, PG) Mark Salling, Rebecca Dalton.
8.50 **No Clue** (2013, M) Brent Butt, Amy Smart.
10.25 **World War Z** (2013, M) Brad Pitt, Mireille Enos.
12.25 **Sex Tape** (2014, 16) Jason Segel, Cameron Diaz.
2.00 **When the Game Stands Tall** (2014, M) Jim Caviezel.
3.55 **Rocky Road** (2014, PG) Mark Salling.
5.30 **Freeloaders** (2012, 16) Olivia Munn, Nat Faxton.
6.50 **The Legend of Hercules** (2014, M) Kellan Lutz.
8.30 **2 Guns** (2013, 16) An arms dealer comes under increased police scrutiny when his teenage son is implicated in the murder of a senator's father. Denzel Washington, Mark Wahlberg.
10.20 **Texas Chainsaw** (2013, 18) Alexandra Daddario, Trey Songz, Dan Yeager.
11.50 **Conduct Unbecoming** (2011, PG) Corey Sevier.
1.30am Freeloaders (2012, 16) 2.50 The Legend of Hercules (2014, M) 4.30 Texas Chainsaw Massacre (2013, 18)

MOVIES GREATS SKY 032

6.00 **Harrison's Flowers** (2001, 16) Andie MacDowell.
8.00 **Jumper** (2008, M) Hayden Christensen, Rachel Bilson.
9.30 **Your Highness** (2011, 16) Danny McBride.
11.10 **Sweeney Todd: The Demon Barber of Fleet Street** (2007, 16) Johnny Depp.
1.05 **Shallow Hal** (2001, M) Jack Black, Gwyneth Paltrow.
3.00 **Harrison's Flowers** (2001, 16) Andie MacDowell.
5.00 **Analyze That** (2002, M) Robert De Niro, Billy Crystal.
6.35 **Exorcist: The Beginning** (2004, 16) Stellan Skarsgard.
8.30 **Old School** (2003, M) Three thirtysomething friends try to relive their carefree university days by starting their own off-campus fraternity house. Luke Wilson, Will Ferrell, Vince Vaughn.
10.05 **The Transporter** (2001, 16) Jason Statham.
11.35 **Industrial Light & Magic: Creating the Impossible** (G)
12.35am Analyze That (2002, M) 2.10 Exorcist: The Beginning (2004, 16) 4.00 The Transporter (2001, 16) 5.30 Old School (2003, M)

MOVIES CLASSICS SKY 033

6.10 **Tobruk** (1967, PG) Rock Hudson, George Peppard.
8.00 **Bonnie and Clyde** (1967, M) Warren Beatty.
9.50 **To Catch a Thief** (1955, G) Cary Grant, Grace Kelly.
11.35 **Cinderfella** (1960, G) Jerry Lewis, Ed Wynn.
1.00 **Superman III** (1983, PG) Christopher Reeve.
3.05 **The Dam Busters** (1955, G) Michael Redgrave.
5.10 **Planes, Trains and Automobiles** (1987, PG) Steve Martin, John Candy.
6.40 **Star Trek VI: The Undiscovered Country** (1991, PG) William Shatner.
8.30 **PT 109** (1963, G) Dramatisation of President John F Kennedy's wartime experiences. Cliff Robertson, Robert Culp.
10.50 **The Exorcist: The Version You've Never Seen** (1973, 16) When a child is possessed, her mother calls on the help of two priests to try to save her. Linda Blair, Ellen Burstyn.
1.00am Fearless (1993, PG) 3.00 Dangerous Liaisons (1988, PG) 5.00 Superman III (1983, PG)

RIALTO SKY 039

6.10 **Downhill** (2014, 16) Ned Dennehy, Richard Lumsden
7.50 **Elena** (2011, M) Nadezhda Markina, Andrey Smirnov.
9.40 **Parkland** (2013, M) Zac Efron, Marcia Gay Harden.
11.15 **The Red Road** (2014, M, season 2, episode 1)
12.05 **The Ballad of the Weeping Spring** (2012, M) Uri Gavriel.
1.55 **Scatter My Ashes at Bergdorf's** (2013, PG) US documentary.
3.30 **Therese D** (2012, M) Audrey Tautou, Gilles Lellouche.
5.20 **The Comedy** (2012, 16) Tim Heidecker, Eric Wareheim.
6.55 **Arthur Newman** (2012, M) Colin Firth, Emily Blunt.
8.30 **Cosmic Psychos: Blokes You Can Trust** (2013, 16) Mark Arm, Ross Knight.
10.05 **A Promise** (2013, M) Rebecca Hall, Alan Rickman, Richard Madden.
11.45 **Suni Man** (2012, M) Beulah Koale, Murphy Koale.
12.05am Paradise: Hope (2013, 16) 1.35 Scatter My Ashes at Bergdorf's (2013, PG) 3.10 The Comedy (2012, 16) 4.45 King of Caravans (2013, M) 5.15 Therese D (2012, M)

GENERAL

Choice TV FREEVIEW 12 SKY 026

6.00 Benny Hinn **6.30** Nick Knowles' Original Features **7.30** The Hairy Bikers' Best of British **8.30** NZ Food Culture **9.00** Trish's Paris Kitchen **9.30** Better Homes and Gardens **11.00** Buying the Bayou **11.30** American Restoration **Noon** Brand New House on a Budget **1.00** How Did You Do That? Office Apartment **1.30** Sarah Beeny's How to Sell Your Home **2.00** Nick Knowles' Original Features **3.00** The Hairy Bikers' Best of British **4.00** Sophie in the Orient **4.30** The Cook & the Chef **5.00** Candice Tells All **5.30** Carter Can **6.00** Auction Room **6.30** Buying Alaska **7.00** Toy Hunter **7.30** Alexander's Lost World **8.30** Robson's Extreme Fishing Challenge (AO) **9.30** NZ Hunter Adventures (PGR) **10.00** From Ireland to Sydney by Any Means **11.00** Toy Hunter **11.30** Carter Can **12.00am** Auction Room **12.30** Benny Hinn **1.00** The Hairy Bikers' Best of British **2.00** NZ Hunter Adventures (PGR) **2.30** The Cook & the Chef **3.00** Buying Alaska **3.30** Auction Room **4.00** Robson's Extreme Fishing Challenge (PGR) **5.00** Alexander's Lost World

UKTV SKY 007

6.35 EastEnders (PG) **7.05** Hollyoaks (PG) **7.30** The Bill (M) **8.20** Eggheads (PG) **8.50** The Graham Norton Show (M) **9.40** Pointless (PG) **10.30** New Tricks (M) **11.25** The Bill (M) **12.15** Hollyoaks (PG) **12.40** EastEnders (PG) **1.10** QI (M) **1.40** The Graham Norton Show (M) **2.30** Foyle's War (16) **4.10** The Bill (M) **5.05** New Tricks (M) **6.00** Pointless (PG) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.30** Holby City (M) She's Electric: Greg is stunned when Sahira announces she is leaving. **9.35** Midsomer Murders (M) Not in My Back Yard: A series of inventively savage murders test Barnaby and Jones, and tensions rise over the development of an area of land in the village of Great Pelfe. **11.15** The Graham Norton Show (M) Tonight: Michael Buble, Amanda Holden, and Jack Dee. **12.05am** The Bill (M) **12.55** Pointless (PG) **1.45** EastEnders (PG) **2.15** Hollyoaks (PG) **2.40** Foyle's War (16) **4.15** That Mitchell and Webb Look (M) **4.45** Michael McIntyre's Comedy Roadshow (M) **5.35** The Graham Norton Show (M)

Sky Premiere: Texas Chainsaw, 10.20pm

Living SKY 008

6.30 To Build or Not to Build **7.30** Phil Spencer: Secret Agent **8.30** Antiques Roadtrip **9.30** The Nate Berkus Show **10.30** Homes Under the Hammer **11.30** Antiques Roadshow **12.30** Selling Houses Australia **1.30** Priceless Antiques Roadshow **2.00** To Build or Not to Build **3.00** Antiques Roadtrip **4.00** Zoo Days (M) **4.30** Flog It! **5.30** Phil Spencer: Secret Agent **6.30** Antiques Roadshow **7.30** Homes Under the Hammer **8.30** Charlie Luxton's Homes by the Sea **9.30** Holmes Makes It Right **10.30** Selling Houses Australia **11.30** Antiques Roadtrip **12.30am** Flog It! **1.30** Antiques Roadshow **2.30** Homes Under the Hammer **3.30** Selling Houses Australia **4.30** Grand Designs **5.30** Flog It!

Sky Arts SKY 027

6.10 The Book Show **6.55** In Conversation **7.25** In Conversation **8.00** ■ (A)sexual (2011, PG) **9.30** The Book Show **11.00** IM Pei: Learning from Light **Noon** Put Some Colour in Your Life **12.30** Portrait Artist of the Year 2014 **1.15** Behind the Artist **2.10** The Book Show **2.55** In Conversation **4.00** Fake or Fortune **5.00** ■ Steam of Life (2010, PG) **6.20** Alaska Gold **7.15** Verbier 2012: Schubert, Winterreise **8.30** Zaslavsky Plays Rachmaninov and Prokofiev **9.35** Verbier 2013: Ebene Quartet Haydn Mendelssohn **10.35** Unveiling Salome **11.35** The A-Z of Contemporary Art **12.00am** Fake or Fortune **1.00** ■ Steam of Life (2010, PG) **2.20** Alaska Gold **3.15** Verbier 2012: Schubert: Winterreise **4.30** Zaslavsky Plays Rachmaninov and Prokofiev **5.35** Verbier 2013: Ebene Quartet Haydn Mendelssohn

SoHo SKY 010

6.00 Entourage (16) **6.30** Game of Thrones: A Day in the Life (M) **7.00** SoHo on Set: Game of Thrones (M) **7.30** Justified (16) **8.30** The Americans (16) **9.30** Mad Men (M) **10.30** Breaking Bad (18) **11.30** Game of Thrones: A Day in the Life (M) **Noon** SoHo on Set: Game of Thrones (M) **12.30** Entourage (16) **1.30** The Americans (16) **2.30** Justified (16) **3.30** Breaking Bad (18) **4.30** Game of Thrones: A Day in the Life (M) **5.00** SoHo on Set: Game of Thrones (M) **5.30** Mad Men (M) **6.30** Entourage (16) **7.00** Entourage (16) **7.30** The Jinx (16) **8.30** The Americans (16) Do Mail Robots Dream of Electric Sheep?: Philip and Elizabeth find it difficult to deal with the damage. **9.30** Bates Motel (16) **10.30** Entourage (16) **11.30** Catastrophe (16) **12.00am** Silicon Valley (M) **12.30** True Detective (18) **1.30** The Jinx (16) **2.30** The Americans (16) **3.30** Bates Motel (16) **4.30** Catastrophe (16) **5.00** Silicon Valley (M) **5.30** Entourage (16)

BBC World News SKY 089

6.00 World News Today **6.30** World Business Report **6.45** Sport Today **7.00** World News Today **7.30** World Business Report **7.45** Sport Today **8.00** Business Edition **8.30** HARDtalk **9.00** BBC World News America **10.00** Newsday **10.30** Asia Business Report **10.45** Sport Today **11.00** Newsday **11.30** Asia Business Report **11.45** Sport Today **Noon** Newsday **12.30** Asia Business Report **12.45** Sport Today **1.00** BBC World News **1.30** Asia Business Report **1.45** Sport Today **2.00** BBC World News **2.30** Asia Business Report **2.45** Sport Today **3.00** BBC World News **3.30** HARDtalk **4.00** BBC World News **4.30** World Business Report **4.45** BBC World News **5.30** World Business Report **5.45** BBC World News **6.45** World Business Report **7.00** BBC World News **7.30** BBC Business Live **8.00** BBC World News **8.30** HARDtalk **9.00** BBC World News **9.30** World Business Report **9.45** Sport Today **10.00** BBC World News **11.00** GMT **12.30am** World Business Report **12.45** Sport Today **1.00** Impact **2.30** HARDtalk **3.00** Global **4.30** World Business Report **4.45** Sport Today **5.00** Outside Source **5.30** Focus on Africa

SPORT

Sky Sport 1 SKY 051

6.00 Rugby, HSBC Sevens, day one. **7.30** Rugby, HSBC Sevens, day two. **9.00** NZ Paddle Boarding Nationals. **9.30** Cycling, Basque Country, second stage tour, replay. **11.00** NRL Fulltime **11.30** The Crowd Goes Wild **Noon** Fox Sports News **12.30** Sky Sports News UK **1.00** NZ Paddle Boarding Nationals. **1.30** Back Page **2.30** Small Blacks TV **2.45** Random Rugby TV **3.00** Surfing, World League, Quicksilver Pro GC. **3.30** Football League Show **4.00** Rugby, HSBC Sevens, day one and two. **7.00** Super Rugby, Hurricanes v Stormers. **7.30** Super Rugby, Sharks v Crusaders. **8.00** Super Rugby, Chiefs v Blues. **8.30** The Breakdown **9.30** Holden Golf World **10.00** The Crowd Goes Wild **10.30** Volvo Ocean Race **11.00** #Skyspeed **11.30** The Breakdown **12.30am** AFL Weekly Highlights **1.30** Cycling, Basque Country, **live.** **3.30** The Crowd Goes Wild **4.00** AFL Weekly Highlights **5.00** NRL 360

Sky Sport 2 SKY 052

6.00 Golf Focus **7.00** NRL 360 **8.00** NRL Fulltime **8.30** Rugby League. **9.30** Netball, ANZ Championship, Tactix v Southern Steel, replay. **11.00** Netball Zone **11.30** UK Super League, Wolves v Tigers. **Noon** UK Super League, Dragons v Vikings. **12.30** NRL Fulltime **1.00** Chelsea TV **4.00** Rugby League, NRL, Friday round five. **4.30** Rugby League, NRL, Saturday round five. **5.00** Rugby League, NRL, Roosters v Sharks. **5.30** Rugby League, NRL, Storm v Warriors. **6.30** Warrior's 20 Year Celebration **8.30** NRL 360 **9.30** Sterlo: On the Couch **10.30** Rugby League, NRL, Storm v Warriors, replay. **12.30am** #Skyspeed **12.55** Cycling, Flanders Classic, **live.** **3.30** Ultimate Insider **4.00** Fight Night on Sky

Sky Sport 3 SKY 053

6.00 Surfing, World League. **6.30** Sky Sport Select **7.00** Inside Supercars **8.00** Fox Sports News **8.30** The Crowd Goes Wild **9.00** UFC Now **10.00** Golf Focus **11.00** Rugby Nation **Noon** British Superbike C'ship. **1.00** Inside Supercars **2.00** Fight Night on Sky **4.00** UFC Now **5.00** A-League Highlights Show **5.30** Football League Show **6.00** Soccer, A-League, Phoenix v Victory. **6.30** AFL Weekly Highlights **7.30** Sky Sport Select **8.05** Hockey, Sultan Azlan Shah Cup, men's, Canada v Black Sticks, **live.** **9.40** Random Rugby TV **10.00** Ultimate Insider **10.30** Fight Night on Sky **12.30am** Golf, PGA Euro Pro, Dawson and Sanderson Travel Classic. **2.30** Golf, PGA Euro Pro, Kerry London C'ship. **4.30** Holden Golf World **5.00** World of Freesports, ICF Freestyle Kayak World Champs. **5.30** NZ Paddle Boarding C'ships.

National Geographic: Strippers: Cars for Cash, 8.30pm

ESPN SKY 061

6.00 UEFA Champions League Weekly **6.30** Outside the Lines **7.00** NFL Insiders **7.30** NFL Live **8.30** Highly Questionable. **9.00** Around the Horn **9.30** Pardon the Interruption **10.00** Outside the Lines **10.30** You Herd Me **11.00** Baseball, Major League, **live.** **2.00** Baseball Tonight **3.00** SportsCenter **4.00** His & Hers **5.00** SportsCenter **6.00** NFL Live **7.00** Around the Horn **7.30** Pardon the Interruption **8.00** Baseball Tonight **9.00** SportsCenter **10.00** ESPN FC **10.30** Search4Hurt **11.00** Basketball, NCAA, women's, c'ship game, delayed. **1.00am** Ironman **2.00** Baseball, Major League, replay. **4.00** First Take

DOCUMENTARIES

Discovery SKY 070

6.00 Game of Pawns (M) **6.30** Deadliest Catch (PG) **7.30** Siberian Cut (M) **8.30** MythBusters (PG) **9.30** Dual Survival (M) **10.30** Man v Expert (PG) **11.30** True Crime with Aphrodite Jones (M) **12.30** Redrum (M) **1.30** A Crime to Remember (M) **2.30** How It's Made (PG) **3.30** Air Asia: The Perfect Storm (PG) **4.30** Deadliest Catch (PG) **5.30** MythBusters (PG) **6.30** Dual Survival (M) **7.30** Big Giant Swords (PG) **8.30** Alaska: The Last Frontier (M) Otto, Eivin, and August scramble to stake a claim on 10 tonnes of priceless steel on a distant beach. **9.30** Moonshiners (M) **10.30** How It's Made (PG) **11.30** Dates from Hell (M) **12.30am** I (Almost) Got Away with It (M) **1.30** Southern Fried Homicide (M) **2.30** Game of Pawns (M) **3.00** Deadliest Catch (PG) **4.00** Bering Sea Gold (PG) **5.00** Dirty Jobs (PG)

National Geographic SKY 072

6.30 Air Crash Investigation (PG) **7.30** Ultimate Survival Alaska (PG) **8.30** Filthy Riches (M) **9.30** Alaska Fish Wars (M) **10.30** Convoy: War for the Atlantic (PG) **11.30** Do or Die (PG) **Noon** Street Genius (PG) **12.30** Air Crash Investigation (PG) **1.30** Killing Jesus (M) **2.30** Gospel of Judas (PG) **3.30** Wicked Tuna (M) **4.30** To Catch a Smuggler (PG) **5.30** Science of Stupid (M) **6.00** Brain Games (PG) **6.30** Crowd Control (PG) **7.00** Street Genius (PG) **7.30** Car SOS (PG) **8.30** Strippers: Cars for Cash (PG) Two teams compete to see who can make the most money in scrap cars. **9.30** Wicked Tuna (M) **10.30** Underworld Inc. (M) **11.30** Drugs Inc. (M) **12.30am** Crowd Control (PG) **1.00** Street Genius (PG) **1.30** Car SOS (PG) **2.30** Strippers: Cars for Cash (PG) **3.30** Wicked Tuna (M) **4.30** Underworld Inc. (M) **5.30** Drugs Inc. (M)

History SKY 073

6.30 Walking Through History (PG) **7.30** Heroes of World War II (PG) **8.00** Weapons of World War II (PG) **8.30** Murder Casebook (M) **9.30** Mysteries at the Museum (PG) **10.30** Canada Over the Edge (PG) **11.30** Pipers of the Trenches (PG) **12.30** The World Wars (M) **1.30** Tony Robinson's Tour of Duty (PG) **2.30** World at War (M) **3.30** Battleplan (PG) **4.30** Murder Casebook (M) **5.30** Mysteries at the Museum (PG) **6.30** Canada Over the Edge (PG) **7.30** Ancient Impossible (PG) **8.30** The Ottomans (PG) Rageh Omaar recounts the story of the Ottoman empire. **9.30** Border Country (PG) **10.30** Super Guns of Today and Tomorrow (PG) **11.30** Great Battles of the Great War (PG) **12.00am** Great Raids of WWII (PG) **12.30** History's Raiders (PG) **1.30** Secrets of World War II (PG) **2.30** Dead Men's Secrets (PG) **3.30** Ancient Impossible (PG) **4.30** The Ottomans (PG) **5.30** Border Country (PG)

BBC Knowledge SKY 074

7.25 Mud, Sweat & Gears (M) **8.15** The Royal Marines (PG) **9.05** Keeping Britain Safe 24/7 (M) **9.55** Embarrassing Bodies: Revisits (M) **10.45** Junior Doctors (M) **11.40** Top Gear (PG) **1.40** Engineering the Impossible (PG) **2.30** The Great Rift (PG) **3.20** Who Do You Think You Are? (M) Samantha Womack. **4.20** Dragons' Den (PG) **5.25** Top Gear (PG) **7.25** Orbit: Earth's Extraordinary Journey (PG) **8.30** Brian Cox in Search of Science (PG) **9.30** The Truth About ... The Universe (G) How Big Is the Universe? **10.30** Top Gear (PG) **11.30** Top Gear USA (M) **12.20am** Engineering the Impossible (PG) **1.10** The Great Rift (PG) **2.00** Who Do You Think You Are? (M) **3.00** Beneath the Wigs (M) **3.35** Orbit: Earth's Extraordinary Journey (PG) **4.35** Brian Cox in Search of Science (PG) **5.30** The Truth About ... The Universe (G)

RADIO

RNZ National FREEVIEW 50 SKY 421

6.00 Morning Report Including: 6.18 Pacific News; 6.22 Rural News; 6.27 and 8.45 Te Manu Korihi News; 6.44 and 7.41 NZ Newspapers; 6.47 Business News; 7.42 and 8.34 Sports News; 6.46 and 7.24 Traffic
9.06 Nine to Noon with Kathryn Ryan Including: 10.45 The Reading: Maintaining Standards, by David Hill, read by Aaron Alexander (RNZ) (ninetonoon@radionz.co.nz)
Noon Midday Report Including: 12.16 Business News; 12.26 Sport; 12.34 Rural News; 12.43 Worldwatch
1.06 Afternoons with Simon Mercep Information and debate, people and places around NZ (afternoons@radionz.co.nz)
4.06 The Panel with Jim Mora An hour of discussion featuring a range of panellists from right along the opinion spectrum (RNZ) (thepanel@radionz.co.nz)
5.00 Checkpoint (checkpoint@radionz.co.nz)
7.06 Nights with Bryan Crump Including: 7.30 Spectrum (RNZ); 8.13 Windows on the World; 9.06 Wednesday Drama (nights@radionz.co.nz)
10.00 News and Late Edition
11.06 Night Lights Classic Jazz Tonight: Jazz Women of the 1940s (WFIU, 7 of 12)
12.04am All Night Programme Including: 12.05 Music After Midnight; 12.30 One in Five (RNZ); 1.05 Discovery (BBC); 2.05 The Thursday Feature (RNZ); 3.05 Tu, by Patricia Grace (1 of 15, RNZ); 3.30 NZ Books (RNZ); 5.10 Witness (BBC); 5.50 The Day in Parliament (RNZ)

Details available at www.radionz.co.nz

Parliament: www.radionz.co.nz/parliament

RNZ Concert FREEVIEW 51 SKY 422

News and Weather 6.00, 7.00, 8.00, 9.00, 10.00am, noon, 3.00, 5.00, 6.00, 10.00pm
6.00 Rick Young Classic Morning Including: 9.00 Composer of the Week: William Byrd (1543-1623) **See page 72**
10.00 Clarissa Dunn with The Works and Lunchtime Classics Including: Works by Vanhal, Dvorák, Schubert and Sibelius; Noon Recent Releases; 1.00 Afternoon Requests (Box 123, Wellington or concert@radionz.co.nz)
2.00 Upbeat Music news and current affairs with Eva Radich (RNZ)
3.00 David Morriss Presents Including: CD Masters; 4.00 Made in New Zealand
7.00 Appointment Germans in Maoriland?: Musicologist Samantha Owens and Shelley Wilkinson look at the German bands that were frequent visitors to New Zealand from the 1850s to the outbreak of WWI. Tonight: The Jolly German Band (1 of 2, RNZ)
8.00 Music Alive Deutsche Welle Festival. Christine Goerke, Camilla Nylund (sops), Anja Harteros (mezzo), Dresden State Orch/ Christian Thielemann – Strauss opera excerpts (1 of 13, WFMT)
10.00 Day's End Including works by Smetana, Purcell, Haydn, Farrenc and Vaughan Williams
12.00am Music Through the Night

Details available at www.radionz.co.nz

Newstalk ZB

6.00 Mike Hosking 8.30 Leighton Smith Noon Danny Watson 4.00 Larry Williams 7.00 Tony Veitch Sportstalk 8.00 Kerre McIvor Talkback 12.00am Bruce Russell Talkback 5.00 – 6.00 Rachel Smalley

Keep Up With NewstalkZB
www.newstalkzb.co.nz

TV1 FREEVIEW 1 SKY 001

6.00 Breakfast
9.00 Good Morning
10.00 The Ellen DeGeneres Show (R, **C**) Comedian Ellen Degeneres presents a talkshow.
11.00 Coach Trip (PGR, R, **C**)
Noon ONE News (**C**)
12.30 Emmerdale (PGR, **C**) Today: Finn prepares to meet his Mum; Robert tries to talk to an angry Chrissie; and Belle is alarmed when Lisa arranges for her to see a doctor.
1.30 Coronation Street (PGR, R, **C**, **AD**) Today: Faye has a confession to make; Chesney tries to move on; and Dev begins his search for a nanny.
2.00 Come Dine with Me Couples (G)
3.00 Dickinson's Real Deal (G) David Dickinson hosts an antiques appraisal show.
3.55 Te Karere
4.25 The Chase (G, **C**)
5.25 Millionaire Hot Seat (G, **C**) Eddie McGuire hosts a gameshow.
6.00 ONE News (**C**)
7.00 Seven Sharp (**C**) Mike Hosking and Toni Street present current affairs.
7.30 ■ Katherine Mills: Mind Games (G, **C**) Tonight: Katherine challenges cricket fans to find a single ball that is hidden somewhere at The Oval.
8.30 Offspring (AO, **C**) Love, Pain and the Whole Damn Thing: Nina struggles to open up to Thomas; Billie makes an important decision about her future with Lawrence; and Cherie and Clegg's relationship begins to impact the staff at St Francis.
9.30 Best Bits (**C**) Jesse Mulligan and a panel of guests poke fun at the most ridiculous moments from the week's television.
10.00 Was It Something I Said? (AO) David Mitchell presents a UK gameshow in which two teams compete to answer questions about quotes, tweets, literature and more.
10.30 ONE News Tonight (**C**)
11.00 One Born Every Minute: What Happened Next (AO) UK series that revisits One Born Every Minute couples as their babies approach their first birthdays. Tonight: Nina and Andy thought their "nappy days" were behind them, until Nina became pregnant with twins, so how are they coping with two new babies alongside their two older children?
12.05am The Call Centre (AO, R)
1.10 Te Karere (R, **C**)
1.35 Infomercials
5.35 – 6.00 Te Karere (R, **C**)

TV2 FREEVIEW 2 SKY 002

6.00 Creflo Dollar
6.30 Sheriff Callie's Wild West (G, R)
6.52 Angry Birds Toons (**C**)
6.55 Pokemon: Black and White (G, R, **C**)
7.20 Monsters vs Aliens (G, R, **C**)
7.45 Rated A for Awesome (G, R, **C**)
8.15 Jake & the Neverland Pirates (G, R, **C**)
8.35 Jane and the Dragon (G, R, **C**)
9.00 Infomercials
10.30 Neighbours (G, R, **C**)
11.00 Home and Away (R, **C**)
11.30 Shortland Street (PGR, R, **HD**, **C**, **AD**)
Noon Two and a Half Men (PGR, R, **C**)
12.30 Jeremy Kyle (PGR, R)
1.30 Judge Rinder
2.35 The Ellen DeGeneres Show (**C**)
3.30 Kung Fu Panda (G, R, **C**)
4.00 Mighty Med (G)
4.30 The 4.30 Show Today: Eve visits Te Matatini; the fight between the Musos and Takapuna Grammar continues; and Kasey Te Awa-Bird skids around the Stars in Cars track.
5.00 America's Funniest Home Videos (G, R, **C**)
5.30 Home and Away (**C**) Today: Maddy receives devastating news.
6.00 The New Adventures of Old Christine (G, R, **C**)
6.30 Neighbours (G, **C**) Tonight: Sheila is concerned by Naomi and Paul's intimacy.
7.00 Shortland Street (PGR, **HD**, **C**, **AD**) Tonight: TK makes some tough calls. Writer Paul Hagan, director Geoff Cawthorn.
7.30 Police Ten 7 (**HD**, **C**) Tonight: A teen tries to flee police with only one wheel.
8.00 Highway Patrol (PGR, **C**) Roadside Rumble: A fired up driver with no licence and the wrong plates tries to take on a Senior Constable.
8.30 The Flash (PGR, **C**) Tricksters: A copycat killer known as the Trickster sets off bombs in Central City.
9.30 Arrow (AO, **C**) Public Enemy: During an attack on the mayor's office, Ray is badly injured.
10.30 Police Ten 7 (R, **HD**, **C**)
11.00 The Originals (AO) The Map of Moments: Hayley and Klaus find their daughter, and Kol betrays Rebekah.
12.00am Monday Mornings (AO, R)
12.55 RBT (PGR, R, **C**)
1.25 Infomercials
2.25 Scandal (AO, R, **C**)
3.15 Hart of Dixie (PGR, R, **C**)
4.05 ■ Regular Show (PGR, R)
4.15 Zeke and Luther (G, R, **C**)
4.40 The 4.30 Show (R)
5.05 Neighbours (G, R, **C**)
5.30 – 6.00 Infomercials

TV3 FREEVIEW 3 SKY 003

6.00 Paul Henry
9.00 Infomercials
10.30 Rachael Ray (G, R, **HD**)
11.30 The Crazy Ones (PGR, **HD**)
Noon 3 News
12.30 Baggage (PGR, **HD**)
1.00 The Bold and the Beautiful (PGR, **HD**)
1.30 Dr Phil (PGR, R, **HD**) Today: The Supposed Fiances of Two Women Who Met Online.
2.30 The Real Housewives of New Jersey (PGR)
3.25 Jamie's 30 Minute Meals (G, R, **C**)
3.55 Entertainment Tonight (G)
4.25 Million Dollar Minute (G, R)
4.55 The Block: Fans vs Favourites (G, **HD**)
6.00 3 News
7.00 Campbell Live John Campbell presents a current affairs show.
7.30 Top Gear (PGR, **HD**, **C**) Tonight: James May competes in a world rally cross race alongside Top Gear USA host Tanner Foust.
8.50 ■ Flight of the Phoenix (2004, AO, R, **HD**, **C**) Survivors of a plane crash in the Mongolian desert work together to build a new plane. Hugh Laurie, Dennis Quaid, Miranda Otto.
11.15 3 News
11.45 Holden Golf World (PGR, **HD**)
12.15am Bones (AO, R, **HD**, **C**) The Fact in the Fiction: New intern Oliver Wells unnerves Brennan.
1.15 – 6.00 Infomercials

FOUR FREEVIEW 4 SKY 012

6.00 Children's Programmes **10.00** Infomercials **2.00** Sesame Street (G, R) **2.55** Pingu (G, R) **3.00** Sticky TV (G) **4.35** Punk'd (G, R) **5.00** Life's Funniest Moments (G) **5.30** It Only Hurts When I Laugh (G, R) **6.00** Futurama (G, R) **6.30** How I Met Your Mother (G, R) **7.00** The Simpsons (G, R, **C**) **7.30** Family Guy (PGR, R) **8.00** American Dad (PGR, R) **8.30** Bob's Burgers (PGR, R) Carpe Museum: Bob chaperones a school trip to the museum and experiences some father-daughter bonding with Louise. **9.00** South Park (AO, R, part 1 of 2) Cartoon Wars: Kyle and Cartman race to Hollywood with the fate of Kyle's favourite cartoon, Family Guy, at stake. **9.30** Family Guy (AO, R, **C**) Deep Throats: Brian and Stewie go undercover in order to expose the mayor as corrupt. **10.00** Family Guy (AO, R) Peterotica: Peter becomes a best-selling erotic novelist. **10.25** The Almighty Johnsons (AO, **C**) A Damn Fine Woman: There are new women in the lives of both Axl and Ty, but are they here to stay? **11.25** Entertainment Tonight (G) **11.50 – 6.00am** Infomercials

TV1: Offspring, 8.30pm

PRIME FREEVIEW 10 SKY 004

6.00 Home Shopping
6.30 The Crowd Goes Wild (G, R)
7.00 Deal or No Deal (G, R)
7.30 Home Shopping
Noon The Doctors (G)
12.50 The Jeff Probst Show (G)
1.45 Antiques Roadshow (G, R)
3.00 Gordon Ramsay: Ultimate Cookery Course (G, R)
3.30 The Late Show with David Letterman (G)
4.30 Hot Bench (G)
5.00 Deal or No Deal (G)
5.30 Prime News
6.00 The Tonight Show Starring Jimmy Fallon (G, R)
7.00 The Crowd Goes Wild
7.30 60 Minutes (PGR, R)
8.30 Madam Secretary (AO) Face the Nation: Elizabeth struggles to hold herself together following the attack in Iran.
9.30 ■ Prisoners' Wives (AO)
10.45 The Tonight Show Starring Jimmy Fallon (G)
11.45 The Crowd Goes Wild (G, R)
12.15am Home Shopping
1.45 The Crowd Goes Wild (G, R)
2.15 – 6.00 Home Shopping

MAORI FREEVIEW 5 SKY 019

6.30 Tamariki: Pukoro (G, R)
7.00 Dora Matatoa (G, R)
7.30 Penguins of Madagascar (G, R)
8.00 Pukana (G, R)
8.30 News: Te Kaea (R)
9.00 It's in the Bag (G, R)
9.30 Kai Time on the Road (G, R)
10.00 Korero Mai (G, R)
11.00 Toku Reo (G, R)
Noon Korero Mai (G, R)
1.00 Toku Reo (G, R)
2.00 Korero Mai (G, R)
3.00 Kai Time on the Road (G, R)
3.30 Tamariki: Pukoro (G, R)
4.00 Dora Matatoa (G, R)
4.30 Penguins of Madagascar (G)
5.00 Swagger (G, R)
5.30 News: Te Kaea (R)
6.00 Nga Pari Karangaranga o te Motu (G, R)
6.30 Ako (G, R)
7.00 News: Te Kaea (R)
7.30 Toi Whakaari (G, R)
8.00 Hoiho (G)
8.30 Kiwis at War (G, R) Tonight: Nancy Wake.
9.00 The Colour of War (AO, R)
10.00 Te Po Mekemeke
10.30 Te Ara Wairua: A New Hope (AO, R)
11.00 – 11.30 News: Te Kaea (R)

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

SKY PREMIERE SKY 030

6.00 BAFTA: A Life in Pictures – Martin Scorsese (2011, PG)
6.30 2 Guns (2013, 16) Denzel Washington, Mark Wahlberg.
8.20 Conduct Unbecoming (2011, PG) Corey Sevier.
10.00 Freeloaders (2012, 16) Olivia Munn, Nat Faxton.
11.25 The Legend of Hercules (2014, M) Kellan Lutz.
1.05 2 Guns (2013, 16) Denzel Washington, Mark Wahlberg.
2.55 BAFTA: A Life in Pictures – Martin Scorsese (2011, PG)
3.25 Conduct Unbecoming (2011, PG) Corey Sevier.
5.05 The Call (2013, 16) Halle Berry, Abigail Breslin.
6.40 Draft Day (2014, M) Kevin Costner, Jennifer Garner.
8.30 X-Men: Days of Future Past (2014, M) The X-Men unite across two time periods to fight a war for the survival of their species. Hugh Jackman, Jennifer Lawrence.
10.45 Paranoia (2013, M) Liam Hemsworth, Harrison Ford.
12.30am Jack (2012, M) 2.00 The Call (2013, 16) 3.35 Draft Day (2014, M) 5.25 X-Men: Days of Future Past (2014, M)

MOVIES GREATS SKY 032

7.00 Making of: Fast & Furious (2009, M)
7.25 Analyze That (2002, M) Robert De Niro, Billy Crystal.
9.00 The Exorcist: The Beginning (2004, 16) Stellan Skarsgard.
10.50 Industrial Light & Magic: Creating the Impossible (G)
11.55 Old School (2003, M) Luke Wilson, Will Ferrell.
1.30 The Transporter (2001, 16) Jason Statham.
3.05 Ali (2001, M) Will Smith.
5.40 The Sweetest Thing (2002, 16) Cameron Diaz.
7.05 Red Eye (2005, M) A woman aboard a plane is forced by a psychopath to help him carry out an assassination plot. Rachel McAdams.
8.30 Paul Blart: Mall Cop (2009, PG) When his mall is taken over by thieves, a mall security guard must save the day. Kevin James, Jayma Mays.
10.05 Space Cowboys (2000, PG) Clint Eastwood.
12.15am Ali (2001, M) 2.50 The Sweetest Thing (2002, 16) 4.15 Red Eye (2005, M) 5.40 Paul Blart: Mall Cop (2009, PG)

MOVIES CLASSICS SKY 033

7.05 Making of: Windtalkers – American Heroes, a Tribute to Navajo (M)
7.15 PT 109 (1963, G) Cliff Robertson, Ty Hardin.
9.30 Bugsy Malone (1976, G) Jodi Foster, Scott Baio.
11.05 2001: A Space Odyssey (1968, PG) Keir Dullea.
1.30 Superman IV: The Quest for Peace (1987, PG) Christopher Reeve, Margot Kidder.
3.00 The Lords of Discipline (1983, M) David Keith.
4.40 Pretty in Pink (1986, M) Molly Ringwald.
6.15 All the President's Men (1976, 16) Dustin Hoffman, Robert Redford, Meredith Baxter.
8.30 The Green Berets (1968, PG) A special forces unit is sent on a dangerous mission to the south of Vietnam. John Wayne, George Takei, David Janssen.
10.50 The Sting (1973, PG) Paul Newman, Robert Redford, Robert Shaw.
12.55am Rosemary's Baby (1968, M) 3.10 Torpedo Run (1958, PG) 4.45 Bugsy Malone (1976, G)

RIALTO SKY 039

7.05 Nine of Hearts (2012, M) Gentiane Lupi.
7.25 Cosmic Psychos: Blokes You Can Trust (2013, 16) Mark Arm, Ross Knight.
9.00 Arthur Newman (2012, M) Colin Firth, Emily Blunt.
10.35 A Promise (2013, M) Rebecca Hall, Alan Rickman.
12.15 Blackfish (2013, M) US documentary.
1.40 Nobel's Last Will (2011, M) Malin Crepin.
3.15 Last Passenger (2013, M) Dougray Scott, Kara Tointon.
4.55 Gloria (2013, 16) Diego Fontecilla.
6.45 Tommy Cooper: Not Like That, Like This (2014, M) David Threlfall.
8.30 Made in America (2013, M) US documentary that follows Jay-Z as he organises the Made in America festival in Philadelphia.
10.05 Crystal Fairy (2013, 16) Michael Cera.
11.45 Dotty (2012, M) Alison Bruce.
12.00am Narco Cultura (2013, 16) 1.45 Blackfish (2013, M) 3.10 Last Passenger (2013, M) 4.50 The Deadly Ponies Gang (2013, M)

GENERAL

Choice TV FREEVIEW 12 SKY 026

6.00 Benny Hinn **6.30** From Ireland to Sydney by Any Means **7.30** The Hairy Bikers' Best of British **8.30** Sophie in the Orient **9.00** The Cook & the Chef **9.30** Candice Tells All **10.00** Carter Can **10.30** Auction Room **11.00** Buying Alaska **11.30** Toy Hunter **Noon** Alexander's Lost World **1.00** Robson's Extreme Fishing Challenge (PGR) **2.00** From Ireland to Sydney by Any Means **3.00** The Hairy Bikers' Best of British **4.00** River Cottage **4.30** Clodagh's Irish Food Trails **5.00** Beat My Build **6.00** Auction Room **6.30** Buying Hawaii **7.00** The Liquidator **7.30** Rick Stein's Mediterranean Escapes **8.40** Michela's Classic Italian **9.10** Rachel Khoo's **9.45** Shane Delia's Spice Journey Turkey **10.30** The Liquidator **11.00** Beat My Build **12.00am** Auction Room **12.30** Benny Hinn **1.00** The Hairy Bikers' Best of British **2.00** River Cottage **2.30** Clodagh's Irish Food Trails **3.00** Buying Hawaii **3.30** Auction Room **4.00** Rick Stein's Mediterranean Escapes **5.30** Shane Delia's Spice Journey Turkey

UKTV SKY 007

6.25 EastEnders (PG) **6.55** Hollyoaks (PG) **7.20** The Bill (M) **8.10** Eggheads (PG) **8.40** The Graham Norton Show (M) **9.30** Pointless (PG) **10.20** New Tricks (M) **11.15** The Bill (M) **12.05** Hollyoaks (PG) **12.30** EastEnders (PG) **1.00** QI (M) **1.30** The Graham Norton Show (M) **2.20** A Touch of Frost (M) **4.10** The Bill (M) **5.05** New Tricks (M) **6.00** Pointless (PG) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.30** The Graham Norton Show (M) Tonight: Robert Duvall, Robert Downey Jr, Stephen Fry, and U2 perform. **9.25** Cuckoo (M) Neighbourhood Watch: An intruder leaves Ken questioning his manliness. **9.55** QI (M) **11.00** The Graham Norton Show (M) **11.50** The Bill (M) **12.40am** Pointless (PG) **1.30** EastEnders (PG) **2.00** Hollyoaks (PG) **2.25** A Touch of Frost (M) **4.10** That Mitchell and Webb Look (M) **4.40** Michael McIntyre's Comedy Roadshow (M) **5.30** The Graham Norton Show (M)

Living SKY 008

6.30 Holmes Makes It Right **7.30** Charlie Luxton's Homes by the Sea **8.30** Antiques Roadtrip **9.30** The Nate Berkus Show **10.30** Homes Under the Hammer **11.30** Antiques Roadshow **12.30** Selling Houses Australia **1.30** Priceless Antiques Roadshow **2.00** Holmes Makes It Right **3.00** Antiques Roadtrip **4.00** Zoo Days (M) **4.30** Flog It! **5.30** Charlie Luxton's Homes by the Sea **6.30** Antiques Roadshow **7.30** Homes Under the Hammer **8.30** Selling Houses with Amanda Lamb **9.30** Grand Designs Australia **10.30** Selling Houses Australia **11.30** Antiques Roadtrip **12.30am** Flog It! **1.30** Antiques Roadshow **2.30** Homes Under the Hammer **3.30** Selling Houses Australia **4.30** Grand Designs **5.30** Flog It!

Movies Greats: Paul Blart: Mall Cop, 8.30pm

Sky Arts SKY 027

6.35 Unveiling Salome **7.35** The A-Z of Contemporary Art **8.00** Fake or Fortune **9.00** Steam of Life (2010, PG) **10.20** Alaska Gold **11.15** Verbier 2012: Schubert: Winterreise **12.30** Zaslavsky Plays Rachmaninov and Prokofiev **1.35** Verbier 2013: Ebene Quartet Haydn Mendelssohn **2.35** Unveiling Salome **3.35** The A-Z of Contemporary Art **4.00** Fake or Fortune **5.00** Ninety Miles: The Documentary **6.05** From the Basement **7.05** Cave Digger **7.45** Inside the National Trust **8.30** Borgen (PG) **9.25** Sex & Music (PG) **10.20** The Italian Americans **11.15** Colour Theory **11.45** Tales from the Madhouse **12.00am** Fake or Fortune **1.00** Ninety Miles: The Documentary **2.05** From the Basement **3.05** Cave Digger **3.45** Inside the National Trust **4.30** Borgen (PG) **5.25** Sex & Music (PG)

SoHo SKY 010

6.00 Entourage (16) **6.30** The Jinx (16) **7.30** True Detective (18) **8.30** Catastrophe (16) **9.00** Silicon Valley (M) **9.30** The Americans (16) **10.30** Bates Motel (16) **11.30** True Detective (18) **12.30** Entourage (16) **1.30** The Jinx (16) **2.30** Catastrophe (16) **3.00** Silicon Valley (M) **3.30** True Detective (18) **4.30** The Americans (16) **5.30** Bates Motel (16) **6.30** Entourage (16) **7.00** Entourage (16) **7.30** Justified (16) **8.30** Crisis Hotline: Veterans Press 1 (M) US documentary that looks at the work of the Veterans Crisis Line. **9.30** Catastrophe (16) Tonight: Rob's mother makes it clear that she does not want him to marry Sharon, and Sharon's brother helps Rob choose an engagement ring. **10.00** Silicon Valley (M) Proof of Concept: At TechCrunch Disrupt, Richard is distracted by a girl he dated briefly. **10.30** Silicon Valley (M) **11.00** Entourage (16) **12.00am** Breaking Bad (18) **1.00** Band of Brothers (16) **2.00** Justified (16) **3.00** Crisis Hotline: Veterans Press 1 (M) **4.00** Catastrophe (16) **4.30** Breaking Bad (18) **5.30** Entourage (16)

BBC World News SKY 089

6.00 World News Today **6.30** World Business Report **6.45** Sport Today **7.00** World News Today **7.30** World Business Report **7.45** Sport Today **8.00** Business Edition with Tanya Beckett **8.30** HARDtalk **9.00** BBC World News America **10.00** Newsday **10.30** Asia Business Report **10.45** Sport Today **11.00** Newsday **11.30** Asia Business Report **11.45** Sport Today **Noon** Newsday **12.30** Asia Business Report **12.45** Sport Today **1.00** BBC World News **1.30** Asia Business Report **1.45** Sport Today **2.00** BBC World News **2.30** Asia Business Report **2.45** Sport Today **3.00** BBC World News **3.30** HARDtalk **4.00** BBC World News **4.30** World Business Report **4.45** BBC World News **5.30** World Business Report **5.45** BBC World News **6.45** World Business Report **7.00** BBC World News **7.30** BBC Business Live **8.00** BBC World News **8.30** HARDtalk **9.00** BBC World News **9.30** World Business Report **9.45** Sport Today **10.00** BBC World News **11.00** GMT **12.30am** World Business Report **12.45** Sport Today **1.00** Impact **2.30** HARDtalk **3.00** Global with Matthew Amroliwala **4.30** World Business Report **4.45** Sport Today **5.00** Outside Source **5.30** Focus on Africa

SPORT

Sky Sport 1 SKY 051

6.00 The Crowd Goes Wild **6.30** #Skyspeed **7.00** The Breakdown **8.00** Fox Sports News **8.30** World of Freesports, ICF Freestyle Kayak Champs **9.00** Sky Sport Select **9.30** Cycling, Basque Country, replay. **11.00** World of Freesports, ICF Freestyle Kayak Champs. **11.30** The Crowd Goes Wild **Noon** Fox Sports News **12.30** Sky Sports News UK **1.00** Holden Golf World **1.30** A-League Highlights **2.00** Football League Show **2.30** Sky Sports News UK **3.00** A-League, Phoenix v Victory, replay. **5.00** Super Rugby, Hurricanes v Stormers. **5.30** Super Rugby, Sharks v Crusaders. **6.00** Super Rugby, Chiefs v Blues. **6.30** The Breakdown **7.30** Toyota Grassroots Rugby **8.30** #Skyspeed **9.00** Inside Supercars **10.05** Hockey, Sultan Azlan Shah Cup, men's, Black Sticks v Australia, **live.** **11.40** Random Rugby TV **12.00am** Cycling, Criterium International **12.30** Incycle **1.00** Cycling, Flanders Classic **1.30** Cycling, Basque Country, **live.** **3.30** Legends of F1 John Barnard **4.30** #Skyspeed **5.00** Inside Supercars

Sky Sport 2 SKY 052

6.00 AFL Weekly Highlights **7.00** Sterlo: On the Couch **8.00** NRL 360 **9.00** NRL, Friday and Saturday round five. **10.00** NRL, Roosters v Sharks. **11.00** Back Page **Noon** The Breakdown **1.00** NRL 360 **2.00** Sterlo: On the Couch **3.00** Netball, ANZ C'ship, Magic v Mystics, replay. **4.30** Netball Zone **5.00** NRL, Storm v Warriors. **5.30** The After Match **6.00** UK Super League, Hull FC v Rovers. **6.30** UK Super League, Tigers v Rhinos. **7.00** UK Super League, Warriors v St Helens. **7.30** Boots'n'All **8.30** NRL 360 **9.30** Big Weekend with Matty Johns **10.30** NRL Footy Show **1.00am** Legends of F1 **2.00** The Breakdown **3.00** Toyota Grassroots Rugby **4.00** A-League Highlights Show **4.30** Football League Show **5.00** Ping Pong, World C'ship.

Sky Sport 3 SKY 053

6.00 Cycling, Flanders Classic, replay. **8.30** The Crowd Goes Wild **9.00** Hockey, Sultan Azlan Shah Cup, men's, Canada v Black Sticks, replay. **10.30** Incycle **11.00** Cycling, Flanders Classic **11.30** British Superbike C'ship **12.30** Inside Supercars **1.30** UFC Now **2.30** Fight Night on Sky **4.30** Ultimate Insider **5.00** Sky Sport Select **5.30** Ping Pong, World Championship. **6.30** Incycle **7.00** Cycling, Flanders Classic **7.30** Cycling, Criterium International **9.30** Incycle **10.00** Cycling, Flanders Classic **10.30** Toyota Grassroots Rugby **11.30** #Skyspeed **12.00am** Ping Pong, World Championship. **1.00** Boots'n'All **2.00** NRL 360 **3.00** Big Weekend with Matty Johns **4.00** Rugby League, NRL, Eels v Tigers, replay.

Discovery: Gold Rush: The Dirt, 7.30pm

ESPN SKY 061

6.00 Magic of the FA Cup **6.40** Soccer, FA Cup, Blackburn v Liverpool, **live.** **8.45** 500 Great Goals **9.00** SportsNation **10.00** SportsCenter **Noon** ESPN Original Documentaries **1.30** Basketball, NBA, Mavericks v Suns, **live.** **4.00** Soccer, FA Cup, Blackburn v Liverpool, replay. **6.00** NFL Live **7.00** Olbermann **7.30** NBA Tonight. **8.00** Baseball Tonight **9.00** SportsCenter **10.00** ESPN FC **10.30** F1: The Inside Line **11.00** Baseball, Major League, Dodgers v Padres, replay. **1.00am** SportsCenter **2.00** Baseball, Major League, Dodgers v Padres. **4.00** First Take

DOCUMENTARIES

Discovery SKY 070

6.00 Game of Pawns (M) **6.30** Deadliest Catch (PG) **7.30** Siberian Cut (M) **8.30** MythBusters (PG) **9.30** Moonshiners (M) **10.30** Big Giant Swords (PG) **11.30** Southern Fried Homicide (M) **12.30** I (Almost) Got Away with It (M) **1.30** Dates from Hell (M) **2.30** How It's Made (PG) **3.30** Alaska: The Last Frontier (M) **4.30** Deadliest Catch (PG) **5.30** MythBusters (PG) **6.30** Alaskan Bush People (M) **7.30** Gold Rush: The Dirt (PG) **8.30** Gold Rush (PG) The Hoffman crew aims for their biggest gold weigh-in of the season. **9.30** Alaskan Bush People (M) **10.30** How It's Made (PG) **11.30** Disappeared (M) **12.30am** Evil-In-Law (M) **1.30** Scorned: Love Kills (M) **2.30** Game of Pawns (M) **3.00** Deadliest Catch (PG) **4.00** Bering Sea Gold (PG) **5.00** Dirty Jobs (PG)

National Geographic SKY 072

6.30 Air Crash Investigation (PG) **7.30** Ultimate Survival Alaska (PG) **8.30** Yukon Gold (M) **9.30** Alaska Fish Wars (M) **10.30** Sea Patrol UK (M) **11.30** Do or Die (PG) **Noon** Street Genius (PG) **12.30** Air Crash Investigation (PG) **1.30** Journeys of the Apostles (PG) **2.30** Supercars (G) **3.30** Car SOS (PG) **4.30** To Catch a Smuggler (PG) **5.30** Science of Stupid (M) **6.00** Brain Games (PG) **6.30** Crowd Control (PG) **7.00** Street Genius (PG) **7.30** Cold Water Gold (M) **8.30** Underworld Inc. (M) Ghost Guns: The ghost gun is an illegitimate exact replica that has no ballistic record. **9.30** Drugs Inc. (M) **10.30** Science of Stupid (M)) **11.30** Stephen Hawking's Science (PG) **12.30am** Crowd Control (PG) **1.00** Street Genius (PG) **1.30** Cold Water Gold (M) **2.30** Underworld Inc. (M) **3.30** Drugs Inc. (M) **4.30** Science of Stupid (M) **5.30** Stephen Hawking's Science (PG)

History SKY 073

6.30 Super Guns of Today and Tomorrow (PG) **7.30** Great Battles of the Great War (PG) **8.00** Great Raids of WWII (PG) **8.30** Murder Casebook (M) **9.30** Mysteries at the Museum (PG) **10.30** Canada Over the Edge (PG) **11.30** Ancient Impossible (PG) **12.30** The Ottomans (PG) **1.30** Border Country (PG) **2.30** World at War (M) **3.30** Battleplan (PG) **4.30** Tony Robinson's Tour of Duty (PG) **5.30** Mysteries at the Museum (PG) **6.30** Canada Over the Edge (PG) **7.30** Mysteries at the Museum (PG) **8.30** Apollo 17: The Untold Story of the Last Men on the Moon (PG) **9.30** Brad Meltzer's Lost History (PG) **10.30** In Search of Aliens (PG) **11.30** The Conspiracy Show (PG) **12.00am** The Conspiracy Show (PG) **12.30** History's Raiders (PG) **1.30** Secrets of World War II (PG) **2.30** Dead Men's Secrets (PG) **3.30** Mysteries at the Museum (PG) **4.30** Apollo 17: The Untold Story of the Last Men on the Moon (PG) **5.30** Brad Meltzer's Lost History (PG)

BBC Knowledge SKY 074

6.25 Keeping Britain Safe 24/7 (M) **7.15** Embarrassing Bodies: Revisits (M) **8.05** Junior Doctors (M) **9.00** Orbit: Earth's Extraordinary Journey (PG) **10.00** Brian Cox in Search of Science (PG) **10.55** The Truth About: The Universe (G) **11.50** Top Gear (PG) **1.45** Engineering the Impossible (PG) **2.35** The Great Rift (PG) **3.25** Who Do You Think You Are? (M) **4.25** Dragons' Den (PG) **5.30** Top Gear (PG) **6.30** Top Gear (PG) **7.30** Australia with John Bishop (M) **8.30** Paul Merton's Adventures (PG) **9.20** Prairie Dogs (PG) **10.20** Top Gear (PG) **11.20** Top Gear USA (M) **12.10am** Engineering the Impossible (PG) **1.00** The Great Rift (PG) **1.50** Who Do You Think You Are? (M) **2.50** Dragons' Den (PG) **3.55** Australia with John Bishop (M) **4.50** Paul Merton's Adventures (PG) **5.35** Prairie Dogs (PG)

RADIO

RNZ National FREEVIEW 50 SKY 421

6.00 Morning Report
9.06 Nine to Noon with Kathryn Ryan Including: 10.45 Queen of his Heart, by David Hill, read by Nick Blake (RNZ) (ninetonoon@radionz.co.nz)
Noon Midday Report Including: 12.16 Business News; 12.26 Sport; 12.34 Rural News; 12.43 Worldwatch
1.06 Afternoons with Simon Mercep Information and debate, people and places around NZ (afternoons@radionz.co.nz)
4.06 The Panel with Jim Mora An hour of discussion featuring a range of panellists from right along the opinion spectrum (RNZ) (thepanel@radionz.co.nz)
5.00 Checkpoint (checkpoint@radionz.co.nz)
7.06 Nights with Bryan Crump Including: 7.30 At the Movies with Simon Morris (RNZ); 8.13 Windows on the World; 9.06 Our Changing World (RNZ) (nights@radionz.co.nz)
10.00 News and Late Edition
11.06 Music 101 Pocket Edition (RNZ)
12.04am All Night Programme Including: 12.05 Music After Midnight; 12.30 The Food Chain (BBC); 1.05 The Friday Feature; 2.05 NZ Society (RNZ); 2.30 The Sampler; 3.05 Tu, by Patricia Grace (2 of 15, RNZ); 3.30 The Why Factor (BBC); 5.10 Witness (BBC); 5.50 The Day in Parliament (RNZ)

Details available at www.radionz.co.nz

Parliament: www.radionz.co.nz/parliament

RNZ Concert FREEVIEW 51 SKY 422

News and Weather 6.00, 7.00, 8.00, 9.00, 10.00am, noon, 3.00, 5.00, 6.00, 10.00pm
6.00 Rick Young Classic Morning Including: 9.00 Composer of the Week William Byrd (1543-1623) **See page 72**
10.00 Clarissa Dunn with The Works and Lunchtime Classics Including: Works by Guridi, Finzi, Chausson and Brahms; Noon Recent Releases; 1.00 Afternoon Requests (Box 123, Wellington or concert@radionz.co.nz)
2.00 Upbeat (RNZ)
3.00 David Morriss Presents Including: CD Masters; 4.00 Made in New Zealand
7.00 Appointment Michael Haas: Roger Smith talks with musician, record producer and author of Forbidden Music: The Jewish Composers Banned by the Nazis (RNZ)
8.00 Music Alive Banned by the Nazis: Music that was outlawed by the Nazi regime, including a world première by Richard Fuchs, who emigrated to New Zealand in 1938. Jenny Wollerman, Margaret Medlyn (sops), Richard Greager (ten), Christian Thurston (bar), Roger Wilson (bass), Inbal Megiddo (cello), Cantoris Choir, NZ School of Music Orch/Martin Riseley, Forbidden Voices Orch/Donald Maurice – Fuchs: Vom Jüdischen Schicksal (The Jewish Fate); Weinberg: Cello Concerto; Ullmann: Introduction and Final Scene, from The Emperor of Atlantis (RNZ)
9.35 Ravel's Concerto for the Left Hand
10.00 Day's End
12.00am Music Through the Night

Details available at www.radionz.co.nz

Newstalk ZB

6.00 Mike Hosking 8.30 Leighton Smith Noon Danny Watson 4.00 Larry Williams 7.00 Tony Veitch Sportstalk 8.00 Kerre McIvor Talkback 12.00am Tim Roxborogh Talkback 5.00 – 6.00 Rachel Smalley

Keep Up With NewstalkZB
www.newstalkzb.co.nz

TV1 FREEVIEW 1 SKY 001

6.00 Breakfast With Rawdon Christie and Ali Pugh.
9.00 Good Morning With Jeanette Thomas Astar and Matai Smith.
10.00 The Ellen DeGeneres Show (R, **C**) Comedian Ellen Degeneres presents a talkshow.
11.00 ■ Coach Trip (PGR, R, **C**) UK reality series in which 14 strangers are brought together for a coach trip across Europe.
Noon ONE News (**C**)
12.30 Emmerdale (PGR, **C**) Today: Debbie is concerned for Cain; Moira is feeling torn; and Lisa is concerned about Belle's behaviour.
1.00 Coronation Street (PGR, R, **C**, **AD**) Today: Anna makes a heart-breaking decision, and Dev fails to find his Mary Poppins.
2.00 ■ Come Dine with Me Couples (G) UK reality competition in which couples compete against each other to see who can host the best dinner party.
3.00 Dickinson's Real Deal (G) David Dickinson hosts an antiques appraisal show.
3.55 Te Karere Local news and current affairs programme.
4.25 The Chase (G, **C**) Bradley Walsh UK gameshow.
5.25 Millionaire Hot Seat (G, **C**) Eddie McGuire hosts a gameshow.
6.00 ONE News (**C**)
7.00 Seven Sharp (**C**) Mike Hosking and Toni Street present current affairs.
7.30 Location Location Location (G, **C**) UK realty series. Yorkshire: Sammi and Tom seek Phil Spencer's help in their search for a place north of Leeds, and Kirstie Allsopp helps newlyweds Graeme and Anna find a new home.
8.30 Coronation Street (PGR, **C**, **AD**) Tonight: Katy finds solace in the arms of Ryan; Izzy confides her fears in Gary; and Leanne decides that she wants out of the bookies.
10.30 ONE News Tonight (**C**)
11.00 ■ 24 Hours in A&E (AO) UK series that goes behind the scenes of King's College Hospital's A&E department. Tonight: A look at the frequency of fall-related injuries, and the problems that arise from the use of alcohol.
12.00am The Following (AO, R, **C**) Fly Away: Ryan and Max contact the FBI, but Weston has other ideas; and Joe's new relationship escalates into uncharted territory.
1.00 Te Karere (R, **C**)
1.30 – 6.00 Infomercials

TV2 FREEVIEW 2 SKY 002

6.00 Creflo Dollar
6.30 ■ Sheriff Callie's Wild West (G)
6.52 ■ Angry Birds Toons (G, **C**)
6.55 Pokemon: Black and White (G, R, **C**)
7.20 Monsters vs Aliens (G, R, **C**)
7.45 Rated A for Awesome (G, R, **C**)
8.15 Jake & the Neverland Pirates (G, R, **C**)
8.35 Jane and the Dragon (G, R, **C**)
9.00 Infomercials
10.30 Neighbours (G, R, **C**)
11.00 Home and Away (R, **C**)
11.30 Shortland Street (PGR, R, **HD**, **C**, **AD**)
Noon Two and a Half Men (PGR, R, **C**)
12.30 Jeremy Kyle (PGR, R)
1.30 Judge Rinder
2.35 The Ellen DeGeneres Show (**C**)
3.30 Kung Fu Panda (G, R, **C**)
4.00 Mighty Med (G)
4.30 The 4.30 Show Today: Pete from Flava FM, and things come to a head between the Musos and Takapuna Grammar.
5.00 America's Funniest Home Videos (G, R, **C**)
5.30 Home and Away (**C**) Today: Spencer and Chris's fight for the bedroom reaches another level.
6.00 The New Adventures of Old Christine (G, R, **C**)
6.30 Neighbours (G, **C**) Tonight: Georgia refuses to accept an offer from the hospital.
7.00 Shortland Street (PGR, **HD**, **C**, **AD**) Tonight: Bella rejects to protect, and Harry loses the girl. Writer Karen Curtis, director Geoff Cawthorn.
7.30 Mom (PGR, R, **C**) Six Thousand Bootleg T-Shirts and a Prada Handbag: Christy makes a new friend who has big problems.
8.00 The Big Bang Theory (PGR, R, **C**) The Workplace Proximity: Sheldon must decide how much "Amy time" is too much after she takes a job at his university.
8.30 ■ The Hunger Games (2012, AO, R, **C**, **AD**) A teenager volunteers to take her sister's place in a televised fight to the death. Jennifer Lawrence, Josh Hutcherson, Liam Hemsworth.
11.25 Supernatural (AO, **C**) Hibbing 911: Sheriff Jody Mills calls on Sam and Dean to investigate a body that has been stripped of flesh.
12.25am The Vampire Diaries (AO)
1.20 Infomercials
2.20 The 100 (AO, R, **C**)
3.10 Golden Boy (AO, R)
3.55 Robotomy (AO, R)
4.20 A.N.T. Farm (G, R, **C**)
4.40 The 4.30 Show (R)
5.10 Neighbours (G, R, **C**)
5.35 – 6.00 I'm in the Band (G, R, **C**)

TV3 FREEVIEW 3 SKY 003

6.00 Paul Henry
9.00 Infomercials
10.30 Rachael Ray (G, R, **HD**)
11.30 ■ The Crazy Ones (PGR, **HD**)
Noon 3 News
12.30 Baggage (PGR, **HD**)
1.00 The Bold and the Beautiful (PGR, **HD**)
1.30 Dr Phil (PGR, R, **HD**) Today: Munchausen Syndrome.
2.30 The Real Housewives of New Jersey (PGR)
3.25 Jamie's 30 Minute Meals (G, R, **C**)
3.55 Entertainment Tonight (G)
4.25 Million Dollar Minute (G, R)
4.55 The Block: Fans vs Favourites (G, **HD**)
6.00 3 News
7.00 Campbell Live
7.30 Jono and Ben (AO, **HD**) Jono Pryor and Ben Boyce present a comedy show.
8.30 The Graham Norton Show (AO, **HD**, **C**) Tonight: David Beckham, Will Smith, Margot Robbie, Hugh Jackman, and Noel Gallagher performs.
9.30 7 Days (AO) Jeremy Corbett hosts a panel show.
10.05 Fail Army (AO, **HD**)
10.35 3 News
11.05 Rake (AO, **HD**) Hey, Good Looking: Ben takes over the law firm after the death of his father and hires Keegan.
12.05am The Good Wife (AO, R, **HD**)
1.00 Hawaii Five-0 (AO, R, **HD**, **C**)
2.00 – 6.00 Infomercials

FOUR FREEVIEW 4 SKY 012

6.00 Children's Programmes **10.00** Infomercials **2.00** Sesame Street (G, R) **2.55** Pingu (G, R) **3.00** Sticky TV (G) **4.35** Punk'd (G, R) **5.00** Life's Funniest Moments (G) **5.30** It Only Hurts When I Laugh (G, R) **6.00** Futurama (G, R) **6.30** How I Met Your Mother (G, R) Field Trip: Marshall witnesses his boss' soft approach in settling with a million-dollar company. **7.00** The Simpsons (PGR, R, **C**) Lisa on Ice: Lisa's surprising ability at hockey spawns jealousy in Bart. **7.30** New Girl (PGR, R) Double Date: Jess and Nick invite Schmidt and Cece out on a double date. **8.00** Raising Hope (PGR, R) Ship Happens: Sabrina plans a vacation for Hope after she learns that Burt and Virginia never took Jimmy anywhere when he was a kid. **8.30** ■ Underworld (2003, AO, R, **C**) A werewolf-slaying vampire finds her allegiances tested after falling for a human. Kate Beckinsale, Scott Speedman, Michael Sheen, Bill Nighy. **10.50** Californication (AO, R) Getting the Poison Out: Rick has a date with Julia, and Hank tries to get Lee laid. Kickoff: Stu makes Charlie an offer. **11.55** Entertainment Tonight (G) **12.25am – 6.00** Infomercials

TV2: The Hunger Games, 8.30pm

PRIME FREEVIEW 10 SKY 004

6.00 Home Shopping
6.30 The Crowd Goes Wild (G, R)
7.00 Deal or No Deal (G, R)
7.30 Home Shopping
Noon The Doctors (G)
12.50 The Jeff Probst Show (G)
1.45 Antiques Roadshow (G, R)
3.00 Gordon Ramsay: Ultimate Cookery Course (G, R)
3.30 The Late Show with David Letterman (G)
4.30 Hot Bench (G)
5.00 Deal or No Deal (G)
5.30 Prime News
6.00 The Tonight Show Starring Jimmy Fallon (G, R)
7.00 The Crowd Goes Wild
7.30 Scorpion (PGR)
8.30 NCIS: New Orleans (AO, R) Watch Over Me: A Navy Officer is murdered.
9.30 American Idol (PGR)
11.30 The Tonight Show Starring Jimmy Fallon (G)
12.30am The Crowd Goes Wild (G, R)
1.00 Home Shopping
2.30 The Crowd Goes Wild (G, R)
3.00 – 6.00 Home Shopping

MAORI FREEVIEW 5 SKY 019

6.30 Tamariki: Pukoro (G, R)
7.00 Dora Matatoa (G, R)
7.30 Penguins of Madagascar (G, R)
8.00 Swagger (G, R)
8.30 News: Te Kaea (R)
9.00 It's in the Bag (G, R)
9.30 Kai Time on the Road (G, R)
10.00 Korero Mai (G, R)
11.00 Toku Reo (G, R)
Noon Korero Mai (G, R)
1.00 Toku Reo (G, R)
2.00 Korero Mai (G, R)
3.00 Kai Time on the Road (G, R)
3.30 Tamariki: Pukoro (G, R)
4.00 Dora Matatoa (G, R)
4.30 Penguins of Madagascar (G)
5.00 Tribe (G)
5.30 News: Te Kaea
6.00 Nga Pari Karangaranga o te Motu (G)
6.30 Ako (G, R)
7.00 News: Te Kaea (R)
7.30 Toi Whakaari (G, R)
8.00 Kina's K9s (G)
8.30 Te Araroa: Tales from the Trails (G) Tonight: Pio travels the Whanganui River.
9.30 Pakipumeka Aotearoa: In Bed with Anika Moa (AO, R) Local documentary.
10.30 Fresh (G)
11.00 – 11.30 News: Te Kaea (R)

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

SKY PREMIERE SKY 030

7.35 Paranoia (2013, M) Liam Hemsworth, Harrison Ford.
9.20 Biography: Brad Pitt (2010, PG)
10.10 Draft Day (2014, M) Kevin Costner, Jennifer Garner.
Noon The Call (2013, 16) Halle Berry, Abigail Breslin.
1.35 X-Men: Days of Future Past (2014, M) Hugh Jackman.
3.45 Paranoia (2013, M) Liam Hemsworth, Harrison Ford.
5.30 Allegiance (2012, M) Bow Wow, Seth Gabel.
7.00 Bad Words (2014, M) A 40-year-old finds a loophole in the rules of a spelling bee and decides to cause trouble by hijacking the competition. Jason Bateman.
8.30 Prisoners (2013, 16) When his daughter and her friend go missing, a frantic father decides to take matters into his own hands. Hugh Jackman, Jake Gyllenhaal.
11.05 A Million Ways to Die in the West (2014, 16) Seth MacFarlane, Charlize Theron.
1.00am A Stranger in Paradise (2013, 16) 2.25 Bad Words (2014, M) 3.55 Prisoners (2013, 16)

MOVIES GREATS SKY 032

7.10 Space Cowboys (2000, PG) Clint Eastwood.
9.20 Ali (2001, M) Will Smith.
11.55 The Sweetest Thing (2002, 16) Cameron Diaz.
1.20 Red Eye (2005, M) Rachel McAdams, Cillian Murphy.
2.45 The Sum of All Fears (2001, M) Ben Affleck.
4.45 I Now Pronounce You Chuck & Larry (2007, M) Adam Sandler, Kevin James.
6.40 The Illusionist (2006, M) Edward Norton, Jessica Biel.
8.30 The Bucket List (2007, M) A terminally-ill businessman and a mechanic dying from cancer form a bond while in hospital, and together they embark on a road trip with a list of things to do before they die. Jack Nicholson, Morgan Freeman.
10.10 Ghost Rider (2007, M) Nicolas Cage, Eva Mendes.
12.00am Harold & Kumar Escape from Guantanamo Bay (2008, 18) 1.40 The Sum of All Fears (2001, M) 3.40 I Now Pronounce You Chuck & Larry (2007, M) 5.35 Making of: Get Smart (2008, PG) 5.55 The Illusionist (2006, M)

MOVIES CLASSICS SKY 033

6.20 The Lords of Discipline (1983, M) David Keith.
8.00 Pretty in Pink (1986, M) Molly Ringwald.
9.35 Jeremiah Johnson (1972, PG) Robert Redford.
11.30 Superman II (1981, PG) Christopher Reeve.
1.40 Hell Is for Heroes (1962, M) Steve McQueen.
3.10 Spies Like Us (1985, PG) Chevy Chase, Dan Aykroyd.
4.55 Tango & Cash (1989, M) Sylvester Stallone.
6.40 The Secret of My Success (1987, PG) A mailroom clerk impersonates a boardroom executive to impress women. Michael J Fox.
8.30 Where Eagles Dare (1969, PG) British commandos mount a mission to rescue a General being held prisoner in an SS fortress. Richard Burton, Clint Eastwood, Patrick Wymark.
11.00 Jade (1995, 16) David Caruso, Linda Fiorentino.
12.35am The Texas Chainsaw Massacre (1974, 16) 2.00 Innerspace (1987, PG) 3.55 Superman II (1981, PG)

RIALTO SKY 039

6.00 Nobel's Last Will (2011, M) Malin Crepin.
7.35 Made in America (2013, M) US documentary.
9.10 Crystal Fairy (2013, 16) Michael Cera.
10.50 Tommy Cooper: Not Like That, Like This (2014, M) David Threlfall.
12.35 Fill the Void (2012, M) Hila Feldman, Razia Israeli.
2.05 Tim's Vermeer (2013, M) US documentary.
3.30 Broken (2012, 16) Tim Roth.
5.00 Rust and Bone (2012, 16) Marion Cotillard.
7.00 In a World (2013, 16) Lake Bell, Fred Melamed.
8.30 Mama Africa (2011, M) Finnish documentary that follows the life of singer and civil rights activist Miriam Makeba, otherwise known as Mama Africa.
10.00 A Five Star Life (2013, M) Margherita Buy, Lesley Manville, Stefano Accorsi.
11.30 Later with Jools Holland (M)
12.35am Only God Forgives (2013, 18) 2.05 Fill the Void (2012, M) 3.35 Tim's Vermeer (2013, M) 5.00 Later with Jools Holland (M)

GENERAL

Choice TV FREEVIEW 12 SKY 026

6.00 Benny Hinn **6.30** Michela's Classic Italian **7.00** Rachel Khoo's Cosmopolitan Cook **7.30** The Hairy Bikers' Best of British **8.30** River Cottage **9.00** Clodagh's Irish Food Trails **9.30** Beat My Build **10.30** Auction Room **11.00** Buying Hawaii **11.30** The Liquidator **Noon** Rick Stein's Mediterranean Escapes **1.15** Michela's Classic Italian **1.50** Rachel Khoo's Cosmopolitan Cook **2.25** Shane Delia's Spice Journey Turkey **3.00** The Hairy Bikers' Best of British **4.00** Rachel Khoo's Kitchen Notebook: London **4.30** The Roux Masterclass **5.00** House Crashers **5.30** Selling London **6.00** Auction Room **6.30** Buying the Bayou **7.00** American Restoration **7.30** Brother vs Brother **8.30** Better Homes and Gardens **10.00** Gardeners' World **10.30** American Restoration **11.00** House Crashers **11.30** Selling London **12.00am** Auction Room **12.30** Benny Hinn **1.00** The Hairy Bikers' Best of British **2.00** Rachel Khoo's Kitchen Notebook: London **2.30** The Roux Masterclass **3.00** Buying the Bayou **3.35** Auction Room **4.10** Brother vs Brother

UKTV SKY 007

6.20 EastEnders (PG) **6.50** Hollyoaks (PG) **7.15** The Bill (M) **8.05** Eggheads (PG) **8.35** The Graham Norton Show (M) **9.25** Pointless (PG) **10.15** New Tricks (M) **11.10** The Bill (M) **Noon** Hollyoaks (PG) **12.25** EastEnders (PG) **12.55** QI (M) **1.25** The Graham Norton Show (M) **2.15** A Touch of Frost (M) **4.05** The Bill (M) **5.00** New Tricks (M) **6.00** Pointless (PG) **6.55** Would I Lie to You? (M) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.30** Peaky Blinders (16) Season two of the drama set in 1920s Birmingham. Tonight: Tommy Shelby decides to expand into London. **9.40** The Fear (16) Drama about a Brighton crime boss. **10.40** Little Britain (M) **11.10** The Graham Norton Show (M) **12.00am** The Bill (M) **12.50** Pointless (PG) **1.40** That Mitchell and Webb Look (M) **2.10** Hollyoaks (PG) **2.35** A Touch of Frost (M) **4.30** Michael McIntyre's Comedy Roadshow (M) **5.25** The Graham Norton Show (M)

Living SKY 008

6.30 Grand Designs Australia **7.30** Selling Houses with Amanda Lamb **8.30** Antiques Roadtrip **9.30** The Nate Berkus Show **10.30** Homes Under the Hammer **11.30** Antiques Roadshow **12.30** Selling Houses Australia **1.30** Priceless Antiques Roadshow **2.00** Grand Designs Australia **3.00** Antiques Roadtrip **4.00** Zoo Days (M) **4.30** Flog It! **5.30** Selling Houses with Amanda Lamb **6.30** Antiques Roadshow **7.30** Homes Under the Hammer **8.30** Location Location Location **9.30** Sarah Beeny's Selling Houses (M) **10.30** Selling Houses Australia **11.30** Antiques Roadtrip **12.30am** Flog It! **1.30** Antiques Roadshow **2.30** Homes Under the Hammer **3.30** Selling Houses Australia **4.30** Grand Designs **5.30** Flog It!

Sky Premiere: A Million Ways to Die in the West, 11.05pm

Sky Arts SKY 027

6.20 The Italian Americans **7.15** Colour Theory **7.45** Tales from the Madhouse **8.00** Fake or Fortune **9.00** Ninety Miles: The Documentary **10.05** From the Basement **11.05** Cave Digger **11.45** Inside the National Trust **12.30** Borgen (PG) **1.25** Sex & Music (PG) **2.20** The Italian Americans **3.15** Colour Theory **3.45** Tales from the Madhouse **4.00** Fake or Fortune **5.00** Inside the Actors Studio: Arrested Development **5.45** Cartoon College (PG) **7.00** Fake or Fortune **8.00** Gas Station **8.30** Grayson Perry: Who Are You? **9.25** The Story of British Pathe **10.25** Portrait Artist of the Year **11.10** The Story of the Jews (PG) **12.00am** Fake or Fortune **1.00** Inside the Actors Studio: Arrested Development **1.45** Cartoon College (PG) **3.00** Fake or Fortune **4.00** Gas Station **4.30** Grayson Perry: Who Are You? **5.25** The Story of British Pathe

SoHo SKY 010

6.00 Entourage (16) **6.30** Band of Brothers (16) **7.30** Crisis Hotline: Veterans Press 1 (M) **8.30** Justified (16) **9.30** Breaking Bad (18) **10.30** Catastrophe (16) **11.00** Silicon Valley (M) **11.30** Silicon Valley (M) **Noon** Band of Brothers (16) **1.00** Entourage (16) **1.30** Entourage (16) **2.00** Justified (16) **3.00** Crisis Hotline: Veterans Press 1 (M) **4.00** Catastrophe (16) **4.30** Breaking Bad (18) **5.30** The Americans (16) **6.30** Entourage (16) **7.30** Fortitude (16) **8.30** True Detective (18) Haunted Houses: Cohle becomes convinced they missed something in 1995. **9.30** The Americans (16) **10.30** Entourage (16) First Class Jerk: Turtle sits next to Jamie-Lynn Sigler. **11.30** Crisis Hotline: Veterans Press 1 (M) **12.30** Fortitude (16) **1.20** The Americans (16) **2.10** True Detective (18) **3.10** Fortitude (16) **4.00** Entourage (16) **5.00** The Americans (16)

BBC World News SKY 089

6.00 World News Today **6.30** World Business Report **6.45** Sport Today **7.00** World News Today **7.30** World Business Report **7.45** Sport Today **8.00** Business Edition **8.30** HARDtalk **9.00** BBC World News America **10.00** Newsday **10.30** Asia Business Report **10.45** Sport Today **11.00** Newsday **11.30** Asia Business Report **11.45** Sport Today **Noon** Newsday **12.30** Asia Business Report **12.45** Sport Today **1.00** BBC World News **1.30** Asia Business Report **1.45** Sport Today **2.00** BBC World News **2.30** Asia Business Report **2.45** Sport Today **3.00** BBC World News **3.30** HARDtalk **4.00** BBC World News **4.30** World Business Report **4.45** BBC World News **5.30** World Business Report **5.45** BBC World News **6.45** World Business Report **7.00** BBC World News **7.30** BBC Business Live **8.00** BBC World News **8.30** HARDtalk **9.00** BBC World News **9.30** World Business Report **9.45** Sport Today **10.00** BBC World News **11.00** GMT **12.30am** World Business Report **12.45** Sport Today **1.00** Impact **2.30** Talking Business **3.00** BBC World News **3.30** World Business Report **3.45** Sport Today **4.00** BBC World News **4.40** Africa Business Report **5.00** BBC World News **5.30** Focus on Africa

SPORT

Sky Sport 1 SKY 051

6.00 Darts, Premier League, 10th event, **live.** **9.30** Cycling, Basque Country, replay. **11.00** Big Weekend with Matty Johns **Noon** NRL Footy Show **2.00** Big Weekend with Matty Johns **2.00** Boots'n'All **3.00** ITU Triathlon **4.30** Toyota Grassroots Rugby **5.30** World Rugby **6.00** The Breakdown **7.00** Super Rugby, Blues v Brumbies, from Eden Park, Auckland, **live.** **9.30** World Rugby **10.00** Toyota Grassroots Rugby **11.00** Fox Sports News **11.30** Super Rugby, Blues v Brumbies, replay. **1.30am** Cycling, Basque Country, stage five, **live.** **3.30** The Crowd Goes Wild **4.00** Fox Sports News **4.30** Super Rugby, Blues v Brumbies, highlights. **5.00** Rugby League, NRL, Friday round six, highlights. **5.30** World Rugby

Sky Sport 2 SKY 052

6.00 Boots'n'All **7.00** Big Weekend with Matty Johns **8.00** Fox Sports News **8.30** Toyota Grassroots Rugby **9.30** NRL 360 **10.30** Ping Pong, World Championship. **11.30** The Crowd Goes Wild **Noon** Fox Sports News **12.30** Sky Sports News UK **1.00** Extreme Sailing, **1.30** Incycle **2.00** Sky Sport Select **2.30** Squash, PSA World Tour, El Gouna international, semi-finals, replay. **5.00** Golf, Masters Tournament, round one, highlights. **7.30** NRL Footy Show **9.30** Rugby League, NRL, Brisbane Broncos v Sydney Roosters, from Suncorp Stadium, Brisbane, **live.** **11.30** Rugby League, NRL, Cronulla Sharks v Newcastle Knights, replay. **1.30am** Super Rugby, Blues v Brumbies, highlights. **2.00** Rugby League, NRL, Friday round six, highlights. **2.30** Golf, Masters Tournament, round one, highlights. **3.30** Ice Hockey, NHL, regular season, Florida Panthers v Boston Bruins, replay. **5.30** Boots'n'All

Sky Sport 3 SKY 053

6.00 Squash, PSA World Tour, El Gouna International, semi-finals, **live.** **8.30** The Crowd Goes Wild **9.00** Hockey, Sultan Azlan Shah Cup, men's, Black Sticks v Australia, replay. **10.30** Sky Sports UK News **11.00** TBC **11.30** Ice Hockey, NHL, regular season, Florida Panthers v Boston Bruins, **live.** **2.30** Golf, Masters Tournament, round one, highlights. **3.30** Ping Pong, World C'ship. **4.30** Darts, Premier League, 10th event, replay. **7.30** Fox Sports News **8.00** The Crowd Goes Wild **8.30** Golf, Masters Tournament, round one, highlights. **9.30** Rugby League, NRL, Cronulla Sharks v Newcastle Knights, **live.** **11.30** Rugby League, NRL, Brisbane Broncos v Sydney Roosters, replay. **1.30am** The Crowd Goes Wild **2.00** The F1 Show **3.00** Legends of F1 & Architects of F1: John Barnard. **4.00** Soccer, A-League, Perth Glory v Sydney FC, replay.

History: Tony Robinson's Tour of Duty, 9.30pm

ESPN SKY 061

6.00 Baseball Tonight **7.00** NFL Insiders **7.30** NFL Live **8.30** SportsCenter Top Ten **9.00** Hockey, NCAA Championship, semi-final, from TD Garden, Boston, **live.** **11.30** ESPN Original Documentaries **12.30** Hockey, NCAA Championship, second semi-final, from TD Garden, Boston, **live.** **3.00** SportsCenter **4.00** His & Hers **5.00** SportsCenter **6.00** NFL Live **7.00** Olbermann **7.30** SportsNation **8.00** Baseball Tonight **9.00** SportsCenter **10.00** ESPN FC **10.30** ATP World Tour Weekly **11.00** Mobil 1, the Grid **11.30** NHRA Thrills and Spills **12.00am** Off Road Racing. **1.00** Ironman **2.00** Hockey, NCAA, second semi-final, replay. **4.00** First Take

DOCUMENTARIES

Discovery SKY 070

6.00 Game of Pawns (M) **6.30** Deadliest Catch (PG) **7.30** Siberian Cut (M) **8.30** MythBusters (PG) **9.30** Naked and Afraid (M) **10.30** Alaskan Bush People (M) **11.30** Scorned: Love Kills (M) **12.30** Evil-In-Law (M) **1.30** Bloody Marys (M) **2.30** How It's Made (PG) **3.00** How It's Made (PG) **3.30** Gold Rush (PG) **4.30** Deadliest Catch (PG) **5.30** MythBusters (PG) **7.30** Air Asia: The Perfect Storm (PG) **8.30** The Pool Master (PG) Cliffside Pool: Anthony Archer-Wills and his team build a adventure pool complete with natural beach entry and a rushing waterfall. **9.30** Alaska Monsters (M) **10.30** How It's Made (PG) **11.30** Cry Wolfe (M) **12.30am** I Married a Mobster (M) **1.00** I Married a Mobster (M) **1.30** Dead of Night (M) **2.30** Dukes of Haggle (M) **3.00** Deadliest Catch (PG) **4.00** Deadliest Catch (PG) **5.00** MythBusters (PG)

National Geographic SKY 072

6.30 Air Crash Investigation (PG) **7.30** Ultimate Survival Alaska (PG) **8.30** Yukon Gold (M) **9.30** Alaska Fish Wars (M) **10.30** Australian Pirate Patrol (M) **11.30** Do or Die (PG) **Noon** Street Genius (PG) **12.30** Air Crash Investigation (PG) **1.30** Nazi Megastructures (PG) **2.30** Nazi Megastructures (PG) **3.30** Cold Water Gold (M) **4.30** To Catch a Smuggler (PG) **5.30** Seconds from Disaster (PG) **7.30** Six Degrees (PG) Earth has undergone many changes in temperature since its inception. **9.30** Air Crash Investigation (PG) Aviation experts determine what went wrong after a Concorde burst into flames moments after lifting off a Paris runway. **10.30** Wicked Tuna (M) **11.30** Cold Water Gold (M) **12.30am** Seconds from Disaster (M) **1.30** Six Degrees (PG) **3.30** Air Crash Investigation (PG) **4.30** Wicked Tuna (M) **5.30** Cold Water Gold (M)

History SKY 073

6.30 In Search of Aliens (PG) **7.30** Tony Robinson's Tour of Duty (PG) **8.30** Spirits of the Somme (PG) **9.30** Mysteries at the Museum (PG) **10.30** Canada Over the Edge (PG) **11.30** Mysteries at the Museum (PG) **12.30** Apollo 17: The Untold Story: (PG) **1.30** Brad Meltzer's Lost History (PG) **2.30** World at War (M) **3.30** Battleplan (PG) **4.30** 1945: The Year That Changed the World (M) **5.30** Mysteries at the Museum (PG) **6.30** Canada Over the Edge (PG) **7.30** The Last Dawn (AO) **8.30** Return of the Black Death (PG) Crucial clues concerning the Plague are hidden in the bones of recently unearthed skeletons. **9.30** Tony Robinson's Tour of Duty (PG) **10.30** Royal Cousins at War (PG) **11.30** Great Mysteries & Myths (PG) **12.30am** Mysteries at the Museum (PG) **1.30** The Conspiracy Show (PG) **2.30** Monsters & Mysteries (M) **3.30** Tony Robinson's Tour of Duty (PG) **4.30** The Last Dawn (AO) **5.30** Return of the Black Death (PG)

BBC Knowledge SKY 074

6.25 Orbit: Earth's Extraordinary Journey (PG) **7.25** Brian Cox in Search of Science (PG) **8.20** The Truth About ... The Universe (G) **9.15** Australia with John Bishop (M) **10.10** Paul Merton's Adventures (PG) **10.55** Prairie Dogs (PG) **11.45** Top Gear (PG) **1.40** Engineering the Impossible (PG) **2.30** Operation Grand Canyon (PG) **3.25** Who Do You Think You Are? (M) **4.25** Dragons' Den (PG) **5.30** Top Gear (M) **7.35** Embarrassing Bodies (M) **8.30** Who Do You Think You Are? (M) **9.35** Michael Palin's New Europe (PG) **10.40** Top Gear (M) **11.40** Top Gear USA (M) **12.30am** Engineering the Impossible (PG) **1.20** Operation Grand Canyon (PG) **2.15** Who Do You Think You Are? (M) **3.15** Secrets of Everything (PG) **3.45** Embarrassing Bodies (M) **4.35** Michael Palin's New Europe (PG)

RADIO

RNZ National FREEVIEW 50 SKY 421

6.00 Morning Report
9.06 Nine to Noon with Kathryn Ryan Including: 10.45 Long Time Coming, by David Hill, read Stephen Lovatt (RNZ) (ninetonoon@radionz.co.nz)
Noon Midday Report Including: 12.16 Business News; 12.26 Sport; 12.34 Rural News; 12.43 Worldwatch
1.06 Afternoons with Simon Mercep Information and debate, people and places around NZ (afternoons@radionz.co.nz)
4.06 The Panel with Jim Mora An hour of discussion featuring a range of panellists from right along the opinion spectrum (RNZ) (thepanel@radionz.co.nz)
5.00 Checkpoint (checkpoint@radionz.co.nz)
6.35 Focus on Politics (RNZ)
7.06 Nights with Bryan Crump Entertainment and information, including: 9.06 Country Life (RNZ) (nights@radionz.co.nz)
10.00 News and Late Edition Radio New Zealand news, including Dateline Pacific and the day's best interviews from Radio New Zealand National
11.06 Brian Eno: Eno 101 Eno as Collaborator: Exploring the many collaborations Eno has had with eclectic rockers including David Bowie, John Cale, Robert Fripp and David Byrne (4 of 6, RNZ)
12.04am All Night Programme Including: 12.05 Music After Midnight (RNZ); 12.30 Laugh Track (RNZ); 1.05 From the World (BBC); 2.05 NZ Music Feature (RNZ); 3.05 Tu, by Patricia Grace (3 of 15, RNZ); 3.30 The Week (RNZ); 4.30 Global Business (BBC); 5.10 Witness (BBC); 5.45 Voices (RNZ)

Details available at www.radionz.co.nz

RNZ Concert FREEVIEW 51 SKY 422

News and Weather 6.00, 7.00, 8.00, 9.00, 10.00am, noon, 3.00, 5.00, 6.00, 10.00pm
6.00 Rick Young Classic Morning Including: 9.00 Composer of the Week: William Byrd (1543-1623) See page 72
10.00 Clarissa Dunn with The Works and Lunchtime Classics Including: Works by Breton, Beach, Schumann and Brahms; Noon Recent Releases; 1.00 Afternoon Requests (Box 123, Wellington or concert@radionz.co.nz)
2.00 Upbeat Music news & current affairs with Eva Radich (RNZ)
3.00 David Morriss Presents Including: CD Masters; 4.00 Made in New Zealand
7.00 Sound Lounge Kate Mead hosts a weekly forum for contemporary music, including: **8.00** Music Alive – WOMAD Taranaki 2014: Dub Inc and Moana and the Tribe – Moana and the Tribe, one of Aotearoa's hardest working ambassadors of te reo, and respected French roots and reggae band Dub Inc, a seven-piece multicultural group who prove very popular with NZ's reggae-loving audience (10 of 13, RNZ); **11.00** New Music Dreams
12.00am Music Through the Night

Details available at www.radionz.co.nz

Newstalk ZB

6.00 Mike Hosking 8.30 Leighton Smith Noon Danny Watson 4.00 Larry Williams 7.00 Tony Veitch 8.00 Bruce Russell Talkback 12.00am – 6.00 Tim Roxborogh Talkback

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BILL RALSTON

Costa Rica was more jovial than us, as was Iceland. For heaven's sake, Iceland? All they can do is fish.

Oh, happy day

It's a sad state of affairs when we're only the 13th happiest land on Earth.

I bet you missed it. Friday, March 20 was International Day of Happiness. New Zealand appeared to ignore the United Nations-declared day to commemorate the pursuit of happiness. I wasn't unhappy about that but it does seem to me that we need to shake up our attitude.

I've been pursuing this contented state for several decades and it's a tricky little sucker to catch up with. There are always worries nagging away. Your job, finances, health or the behaviour of others have a habit of getting between you and that fleeting delight we all seek. Still, the UN recognises how important happiness is: Secretary-General Ban Ki-moon got the day under way with a social media pitch to cheer us up and Pharrell Williams, who joyfully made a fortune with a song about it, told UN delegates that "happiness is your birthright".

Sadly, according to a Gallup poll done a couple of years ago, it may be our birthright but we are slow to seize it, for 12 other countries around the world turn out to be happier than us. New Zealand was only the 13th most happy country in the world. Costa Rica was more jovial about life than us, as was Iceland. For heaven's sake, Iceland? It's freezing there, they're bankrupt and all they can do is fish.

Australia came in ahead of us at 10th. Surely we're happier than the Aussies? They have Tony Abbott, bushfires and a cruel penchant for locking up their refugees in concentration camps. How can Australians be happier than New Zealanders?

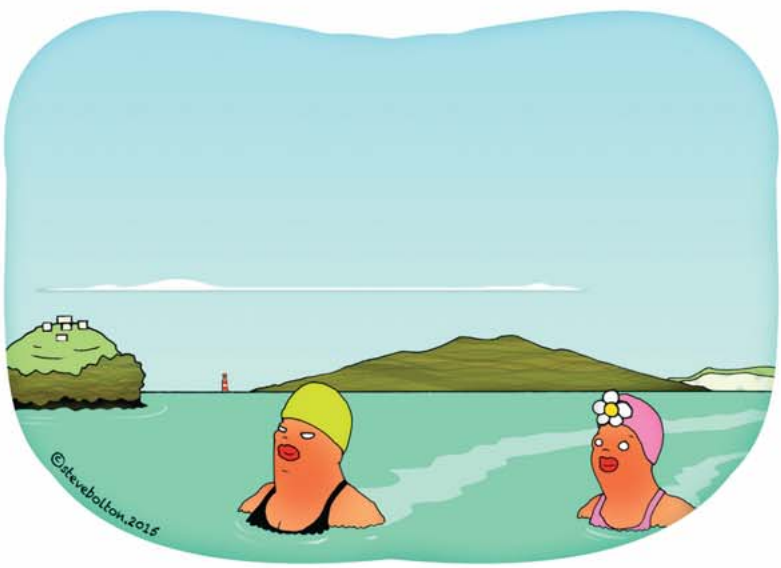
We're so gloomy we don't even celebrate International Day of Happiness. Ask a Kiwi how he or she is doing and the usual dry reply will be "Not bad". What's the matter with us? Not bad? Why not "Bloody great!" "Super!" "Fantastic!" Instead, we opt for the blandly neutral.

It's not as if we face wars, riots, grinding poverty or starvation on a daily basis and no one is queuing up to chop your head off as an act of religious devotion. As I write, the biggest New Zealand news story appears to be about two kids who took a joy ride on an airport luggage carousel and are now fighting through the courts to ensure they can overturn a school punishment that banishes them from a rowing event. The country's news editors must weep with the paucity of real news.

Actually, there's another story worth mentioning that claims our spy agency may have eavesdropped on foreigners in an effort to get Trade Minister Tim Groser a new job at the World Trade Organization. It's worth noting two things. First, their failure to get him the role may please Edward Snowden, but it depresses the hell out of me, because if they can't even pull that off, then God help us if we ever face a real terror threat. Second, eavesdropping on foreigners is about as benign as you get in the secret police. In other countries they're busy conducting purges. We should be happy ours is not; but then, of course, we're not as happy as we could be about most things.

We do like a good old-fashioned whinge. I do. I'll whine about Ports of Auckland strangling the harbour with its wharf extensions and fume at an impotent mayor who shrugs it off. But that doesn't mean I can't be happy about everything else. When you think about it, one of the reasons we don't want to see any more of the harbour reclaimed is that we're happy with the Waitemata as it is.

It's all a matter of attitude. And so, New Zealand, I want to see us moving up the world happiness index in the next survey. Keep calm and stay happy. ▮



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